

HILLTOPPER

FEBRUARY 2020

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Kasey Koenig

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies, only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

1910 Archibald Avenue, Unit S

Ontario, California 91761

Property Supervisor: John Davis

(909) 930-9750 Ext. 303

Fax: (909) 930-9498

jdavis@havenms.com

A MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Nicki Ross

MILLENNIUM MEMO

February 2020

A few months ago, I talked about being prepared for the possibility of a long power outage. It didn't occur to me that we'd have a 23-hour water break instead.

We're so sorry. I've never had to go 23 hours without water so I can only imagine the inconvenience—and appreciate the patience so many of you exhibited. It could have been worse, but your hard-working Park Staff worked far into the night making repairs.

It will be small consolation, but with this break in mind, we are allocating \$50K for Water Isolation Valves, so that in the future we can limit a water shutoff to just the area involved rather than the entire Park. We'll start planning for this as soon as we can.

In the meantime, this month's grateful Kudos go to Dan Timian & his bride-to-be Janet Moynihan, who were kind enough to bring a hot meal to the Repair Crew. They loved it!

Other Projects

Besides the water fix, we also spent \$47,564 on "new office flooring, auto door opener, streetlights, the putting green, a concrete drainage swale and a retaining wall." Oh, and \$2,800 for 2 BBQs by the Kitchen at the Clubhouse. Your Rent Dollars at Work!

SPARC News

A few months ago, I announced that we had just hired Jessie Gomez, who, among other duties, would be Palomar West's new representative with SPARC, our resident services partner. Unfortunately, Jessie resigned her position last month. No, it wasn't anything you said, but we hope to have her replacement soon.

Meanwhile, Nicki Ross, the head of SPARC, will start her Maternity Leave on April 1. We'll be a little short-handed until Nicki comes back, but we're excited that little Hannah is about to have a sibling. Wish Nicki luck!

No Butts!

I know you'd never do this, but we've been getting complaints at some Parks about folks throwing their cigarette butts onto the street.

Just in case that's a problem at Palomar as well...did you know that those butts get washed into our storm drains, then into San Marcos Creek, through Lake San Marcos and, eventually, into the Pacific Ocean? How gross is that! Please...watch your butts.

Sad Valentine's Story

Back in my single days, I once asked a cute-looking pet groomer to be my Valentine's date. She couldn't make it, however. She said she had to wash her hare.

Have a Happy Valentine's Day!

George Turk

Manager's Mentions

February
2020

Robo Calls

In early December a major water repair resulted in the need to put out numerous "robo calls". Shortly afterwards several residents called in to say they hadn't gotten messages so they wanted to check to see if their information was correct. We sadly discovered that most of those contacts were out dated. I know when phone numbers are changed we aren't the first location that you think to notify, but hopefully we could be on your list somewhere. We make every attempt possible to keep everyone up to date on the situation. Millennium and the PEWRA board, provide this tool for us to use, but we need your help also in keeping you informed. If you have any changes, please contact the park office.

Tuesday Trash Pick-Up

Unfortunately our pick-up the day after the Christmas Holiday was a cold and rainy one. Between the winds and the water rushing water, there were many bags that needed to be chased down the street. The men have asked me to request that to everyone avoid setting your trash bags directly into the street gutters so that the flow of water doesn't wash the bags down the street. When we have heavy rains, placing your bags on the driveway skirt or in the street will help keep the trash at each homesite rather than in a huge puddle at the end of the street. We know that this is one of the less glamorous sides to the crew's job, but let's try to oblige them this simple request.

Lost and Found

During the Holidays package was delivered addressed to 1930 It had no name or return address. In an attempt to find its owner, we opened it to find a beautiful 2020 calendar with a family portrait on the cover reading "a year of adventures with the Mowry's 2020". This is a beautiful gift that was apparently intended for someone in the Park. If you know this family and would like to claim your gift please feel free to stop by the Park Office.

Signage

We would like to remind everyone that Palomar West Rules and Regulations state that the only signs allowed in yards are those advertising homes for sale. Open house or estate sale signs are allowed only during the actual event. No signs should be posted on homesites advertising businesses, church programs, or pancake breakfasts.

Christmas Decorations

As you are reading this Hilltopper it is the beginning February and all Christmas decorations should be down and packed away for next year. We want to thank everyone for sharing their Holiday Spirit with your friends and neighbors. We also want to wish everyone a very happy, healthy and prosperous 2020.

**Your next water meter
reading date will be:
Friday, February 7th**

Letter from the PEWRA Board President

Hello Neighbors and Friends.

First, I would like to apologize to anyone who came to the Clubhouse for the January Board meeting. I communicated in my January letter in the Hilltopper that we would not meet in January, however, the publication was delayed, and the communication did not reach you. I am sorry and hope to see you again soon.

The Board will resume monthly meetings Tuesday February 4th, at 6:30pm in the Clubhouse.

If you have not already, you will soon receive the envelope requesting your PEWRA Resident dues for 2020. These monies fund resident activities in the park such as our monthly breakfast, Social Connection events and support for our many clubs. Thank you in advance.

In March, we will communicate details regarding the election of new PEWRA Board members. A number of current Board members terms end in June. If you would like to become a Board Member and serve your community, please consider volunteering for a position on the Board. You will be asked to submit a bio for community members to help them decide on the best candidates for their vote. We will need bios in March, so perhaps begin to prepare now.

The Board is organizing a "Grandparents Closet" to provide helpful items that can be borrowed when family visits. Please see the article outlining details in the Hilltopper. Thank you, Cindy Palermo, for organizing this project.

Thank you and take care of one another.
Lu Ann

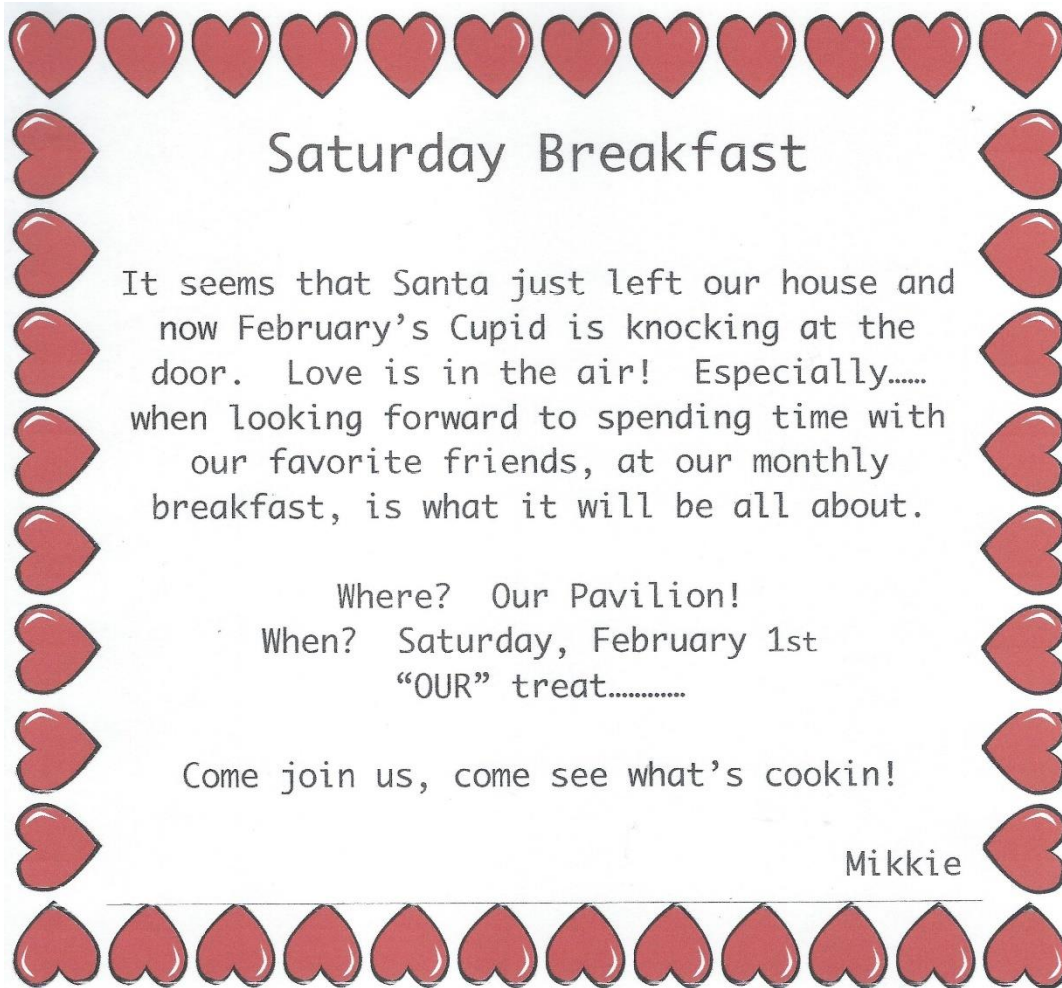


Palomar Estates West is creating a Grandparents Lending Closet to provide residents with items they may need for their visiting relatives. The Grandparents Lending Closet goal is to be able to lend grandparents large items including highchairs, cribs, car seats and strollers for visiting young ones. Other items that would be welcomed include:

- Toys
- Books
- DVD's
- Bathtubs
- Bassinets
- Pack and Plays
- Table boosters
- Potty seats
- Strollers
- Highchairs
- Swings
- Bouncy seats
- Outlet covers

YOUR HELP IS NEEDED WITH OBTAINING/ DONATING ITEMS FOR THE GRANDPARENTS LENDING CLOSET. We also need volunteers to assist with lending and managing the lending closet.

Please contact Cindy Palermo at 760-943-6968/ ccpale@gmail.com if you have something to donate or are interested in helping out.



Saturday Breakfast

It seems that Santa just left our house and now February's Cupid is knocking at the door. Love is in the air! Especially..... when looking forward to spending time with our favorite friends, at our monthly breakfast, is what it will be all about.

Where? Our Pavilion!
When? Saturday, February 1st
"OUR" treat.....

Come join us, come see what's cookin!

Mikkie

Hilltopper Delay

The January Hilltopper was delayed, even though we submitted it on time. The publisher had started using a new printer in November. This is why the Hilltopper is now in color. Unfortunately, there were some hiccups with the new printer. They assure me that it won't be a problem this month. Thank you all for your patience.

Debbie McQuillan

Editor of Hilltopper



RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown
Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

Members

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm – Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Cindy Palermo- Treasurer, Claudeen Lindsay- Secretary
Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

HILLTOPPER COMMITTEE

Debbie McQuillan, Elaine Bassin, Lynn Chialtas,
Peggy Cremering, Ruthann Kirby, Linda Swink

READY ADVISORY PANEL

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas
Clark Moody, Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau
Alternate: Wendy Jones, Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligot,
Bill Paterson, Peggy Cremering

Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening situation call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.”

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 st Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	10:30- 11:30 am W & F	Bill Paterson	760-450-5654
Golf (Men)	9 am Th	Doug Doucette	760-734-1232
Let's Dine Out	5 pm 2 nd M/ Monthly	Hugh Hatch	760-597-9545
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Clifton McDonald	949-929-1624
		Jessie Nieto	408-666-8088
Mexican Train	4:30 pm Every 2 nd and 4 th Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F 10 am Sa & Su	Dan Timian	619-852-6671
		Chris Craig-Jones	760-908-2330
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 nd W 10-4 4 th Tu North Multipurpose Room	Kay Lillard	928-486-3365
R.E.A.D.Y. Panel Emergency Preparedness	3 pm 4 th Tu Card Room	Ruthann Kirby Bryan Cooper	760-734-1340 858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu 6 pm M, W 9 am Th (Chair) Pavilion	LuAnn Foster	480-203-4330
Zumba Gold	11:30 am Pavilion	LuAnn Foster	480-203-4330

Hilltopper Editor Elaine Bassin- bassin1328@sbcglobal.net

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by 10th.

Submit information on deaths, illnesses and moves to Ruthann Kirby 760-734-1340

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.



LEAP into FUN and FRIENDSHIP!

PEW LEAP YEAR HAPPY HOUR EVENT

FRIDAY 2.28.20

5p-8p in the PEW Pavilion

BYOB and a prepared appetizer to share

**MUSIC PLAYLIST PROVIDED FOR YOUR LISTENING AND
DANCING PLEASURE!**

Coordinated for you by your PEW Neighbors

NO RSVP-NO SIGN UP-JUST SHOW UP!

QUESTIONS? Call Cathie @ 530.417.5186



CELEBRATION BROUGHT TO YOU BY SOCIAL CONNECTION

MARCH 14. 2020 AT 5:00 P.M.

TRADITIONAL CORNED BEEF DINNER
BYOB

VARIETY OF MUSICAL GENRES BY DJ PATRICK HILL

\$10.00 PER PERSON

(Payable to Social Connection)

PLEASE SIGN UP AND PAY AT CLUBHOUSE

BY MARCH 7TH

(SPACE IS LIMITED IN OUR PAVILION)



(Refunds available for cancellations by March 11th)



2020 SOCIAL CONNECTION EVENTS

MARCH 14 – ST. PATRICK’S DAY CELEBRATION

MAY 9 – CINCO DE MAYO CELEBRATION

JULY 4 – INDEPENDENCE DAY CELEBRATION

SEPTEMBER 19 – CASINO NIGHT

OCTOBER 31 – HALLOWEEN PARTY

DECEMBER 31 – NEW YEAR’S EVE CELEBRATION

MARK YOUR CALENDAR!!

Holiday Party December 2019

Fun was had by all



HAPPY FEBRUARY BIRTHDAYS

Marilyn Himaka	1	Fran Miller (#348)	19
Gerald Jameson	2	Terry Brady	19
Peggy Connolly	5	John Primeau	26
Ken Foster (#235)	11	Cynthia Nelson	27
Stephen Villanueva	11	Buz Barlow	28
Cesar Palacio	13	Phyllis Escalante	28
Carole Hallam	18	John Suckling	28
Bente Friis	17	Peter Dyresen	29
Erik Kopp	18	Joan Wessells	29
Billie Faye Cooper	19		



LET'S DINE OUT

On Monday, February 10, we're going to The Spaghetti Factory. We will meet at the clubhouse parking lot at **4:30 pm** (dinner at 5). Transportation will be provided for those who are unable to drive or don't drive at night. Be sure to check in at the parking lot so we don't leave anyone behind. If you go directly to the restaurant, ***PLEASE*** let **Hugh** know. Too many times residents make a reservation and don't show up, or don't make a reservation and do show up . . . so ***PLEASE*** call **Hugh**, 597-9545, so arrangements can be made for seating as well as for transportation. Please let us know if you need a ride to the clubhouse. See you there!



February 2020

Sun Mon Tue Wed Thu Fri Sat

LADIES BILLIARDS- THURS-10 AM
 BIBLE STUDY-THURS-10 AM-CARD ROOM
 MAHJONG-THURS-2 PM
 MEXICAN TRAIN-4:30 PM-2nd&4th TUES
 BINGO EARLY BIRD-6:50 PM-THURSDAY
 INTERFAITH LUNCH-EVERY THURSDAY NOON-\$4

BREAKFAST 1
 8:30 AM



2 GROUND HOG DAY	3 QIGONG 9 AM YOGA 6 PM	4 RECYCLE YOGA 8:30 AM	5 FEELING FIT 10:30 AM YOGA 6 PM	6 CHAIR YOGA 9AM BINGO 7 PM	7 FEELING FIT 10:30 AM	8
9	10 QIGONG 9 AM LET'S DINE OUT SPAGHETTI FACTORY YOGA 6 PM	11 YOGA 8:30 AM	12 FEELING FIT 10:30 AM YOGA 6 PM	13 CHAIR YOGA 9AM BINGO 7 PM	14 FEELING FIT 10:30 AM FEB. 14	15
16 PRESIDENT'S DAY	17 QIGONG 9 AM YOGA 6 PM	18 RECYCLE YOGA 8:30 AM	19 FEELING FIT 10:30 AM YOGA 6 PM	20 CHAIR YOGA 9AM BINGO 7 PM	21 FEELING FIT 10:30 AM	22
23	24 QIGONG 9 AM YOGA 6 PM	25 YOGA 8:30 AM Mardi Gras	26 FEELING FIT 10:30 AM ASH WEDNESDAY YOGA 6 PM	27 CHAIR YOGA 9AM BINGO 7 PM	28 FEELING FIT 10:30 AM	29

A GIFT OF TIME

By
Lynn Chialtas

*In our youth, time is abundant
There is always enough and then some
A gift we take for granted*

*As we age, time becomes scarce
There is never enough for life's demands
A gift we let slip away*

*During our senior years we are aware of time
And may try to recapture what was lost
A gift we begin to acknowledge*

*But, come our twilight years when we slow down
And look back,
We finally understand the gift of time*

Yes, I Have Turned into a Seenager

by Tom Damron
(Plano, Texas)

I am a confirmed Seenager (Senior teenager) and you may be one also.

I have everything that I ever wanted as a teenager, only 60+ years later.

Here is Where You Takes Notes:

I don't have to go to school or work.

I get an allowance (social security and my pensions).

I have my own pad.

I don't have a curfew.

I have a driver's license and my own car.

I have ID that gets me into bars and the Liquor Store.

The women I hang around with are not concerned about getting pregnant.

And I don't have acne.

Try It! Life as a retired Seenager is fabulous.



Fire Safety

On January 7, 2020, my grandson's house in Virginia burned down. On January 10, 2020, I was sent by the Red Cross to another house fire. This has me thinking a lot about the dangers of house fires: how to prevent them, how to prepare for them and how to respond when they happen.

On the next page, I put a Red Cross fact sheet about fires. The best way to prepare for house fires is to have a smoke detector in every bedroom and the public area, but not too close to the kitchen. Did you know that the Red Cross will install up to 3 smoke detectors free of charge? These smoke detectors have 10-year lithium batteries so you don't have to climb up a chair every six months to change the batteries. If you need one feel free to call me at 858-663-2822 or email me at debora.mcquillan@gmail.com and I will arrange to have them installed. The smoke detector woke my grandson up from his nap, so he had time to get out.

When the Red Cross comes they will do a short presentation on fire safety that includes not leaving items on the stove without watching them. This is what caused my grandson's fire. Remember don't put water on kitchen fires that will just make it spread. If you can, put a lid on the fire or you use a fire extinguisher at the base of the fire. If the fire doesn't go out quickly, get out. My grandson thought he could fight the fire and was lucky to get out when the propane heater exploded. He spent the night in the hospital with smoke inhalation.

The Red Cross will talk about the need to know at least two ways out of the house in each room. Have you thought about how to get out if the doors are blocked? During a fire there is a tendency to panic, but if you have planned ahead, the panic will be less. Stay low to the ground, smoke rises.

Remember mobile homes burn fast, after all most of us have kindling (wood panelling) on our walls. You may only have a few minutes to get out. The fire department will most likely not save your home, but rather just keep the fire from spreading to the houses around you. When the home in Palomar East burned, it was fully engulfed before the fire department arrived and homes on both sides and across the street had damaged siding.

Finally and most importantly, if the water to the park is off, the fire hydrants don't work. You will need to tell the fire department to bring water trucks.

I pray that no one in the park faces a house fire, but it is critical that we are all prepared so both we and our neighbors are safe.

By Debbie McQuillan

Red Cross Volunteer and READY block captain





FACT SHEET

- The American Red Cross responded to more than 74,000 disasters in communities across the United States last year and 93 percent of these were fire related.*
- The American Red Cross is responding to 10 percent more home fires today than it was six years ago.*
- Nationally, the number of home fires is on the rise with the number of fires increasing 8 percent since 2000. The average cost of a home fire in 2006 was more than \$17,000.***
- Eighty percent of Americans don't realize that home fires are the single most common disaster across the nation.*
- Only 26 percent of families have actually developed and practiced a home fire escape plan.*
- Fires kill more Americans each year than all natural disasters combined, and affect people from all backgrounds and geographic locations.
- In 2006, a home fire was reported every 80 seconds, and someone dies from a home fire every 204 minutes.***
- Children under five and adults over 65 are more than twice as likely to die in a home fire than the rest of the US population.**
- African Americans in this country are disproportionately affected by home fires, and account for 25 percent of all fire deaths while they represent less than 13 percent of the population.**
- Cooking fires are the leading cause of home fires and home fire injuries. And, two out of three cooking fires start with the range or stove.***
- Heating fires are the second leading cause of home fires.**
- Smoking is the leading cause of home fire deaths.***
- In 2005, 74 percent of home fire deaths occurred in homes with no smoke alarms or no working smoke alarms.***
- Sprinklers and smoke alarms together cut your risk of dying in a home fire 82% in relation to having neither.**
- Each year over 200 people die from carbon monoxide produced by fuel burning appliances in the home including furnaces, ranges, water heaters and room heaters.***
- High-rise fires are more injurious and cause more damage than all other structure fires.***

Sources: American Red Cross,* U.S. Fire Administration,** and the National Fire Protection Association.***



PET RULES

To be posted VERY LOW on the refrigerator door - nose height.

Dear Dogs and Cats,

The dishes with the paw prints are yours and contain your food. The other dishes are mine and contain my food. Please note, placing a paw print in the middle of my plate and food does not stake a claim for it becoming your food and dish, nor do I find that aesthetically pleasing in the slightest.

The stairway was not designed by NASCAR and is not a racetrack. Beating me to the bottom is not the object. Tripping me doesn't help because I fall faster than you can run.

I cannot buy anything bigger than a king-sized bed. I am very sorry about this. Do not think I will continue sleeping on the couch to ensure your comfort. Dogs and cats can actually curl up in a ball when they sleep. It is not necessary to sleep perpendicular to each other stretched out to the fullest extent possible. I also know that sticking tails straight out and having tongues hanging out the other end to maximize space is nothing but sarcasm.

For the last time, there is not a secret exit from the bathroom. If by some miracle I beat you there and manage to get the door shut, it is not necessary to claw, whine, meow, try to turn the knob or get your paw under the edge and try to pull the door open. I must exit through the same door I entered. Also, I have been using the bathroom for years --canine or feline attendance is not required.

The proper order is kiss me, then go smell the other dog or cat's butt. I cannot stress this enough!

To pacify you, my dear pets, I have posted the following message on our front door:

To All Non-Pet Owners Who Visit & Like to Complain About Our Pets:

- 1. They live here. You don't.*
- 2. If you don't want their hair on your clothes, stay off the furniture. That's why they call it 'fur'niture.*
- 3. I like my pets a lot better than I like most people.*
- 4. To you, it's an animal. To me, he/she is an adopted son/daughter who is short, hairy, walks on all fours and doesn't speak clearly.*

Remember: Dogs and cats are better than kids because they:

- 1. Eat less*
- 2. Don't ask for money all the time*
- 3. Are easier to train*
- 4. Normally come when called*
- 5. Never ask to drive the car*
- 6. Don't hang out with drug-using friends*
- 7. Don't smoke or drink*
- 8. Don't have to buy the latest fashions*
- 9. Don't want to wear your clothes*
- 10. Don't need a gazillion dollars for college, and...*
- 11. If they get pregnant, you can sell their children*

