HILLTOPPER

SEPTEMBER 2019 PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz Office: Debbie Bartlett

Office Hours:

Monday thru Friday 9:30 a.m. – 12:00 p.m. 1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Kasey Koenig

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453 Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies, only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT HAVEN MANAGEMENT SERVICES

1910 Archibald Avenue, Unit S Ontario, California 91761

Property Supervisor: John Davis

(909) 930-9750 Ext. 303 Fax: (909) 930-9498 jdavis@havenms.com

A MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890 Costa Mesa, CA 92626 Phone: (949) 515-5100 Fax: (949) 515-5101

http://millenniumhousing.com

President: George Turk

Vice President: Lori Carraway Project Manager: Diana Welsh

Director of Resident Services: Nicki Ross

MILLENNIUM MEMO

September 2019

It's been almost 2 years since I reported on Palomar West's home sales activity, so I was curious to take another look at how the market is doing. Here's what I found:

- 46 homes sold in the 12 months ending June 15, the latest month for which I have data. That's up from 28 the year before. We can certainly say that homes are selling.
- The average selling price of those 46 homes was \$225,378, up from \$210K last time I reported. Our new policy of requiring all new Dealer homes to be sold to low-income buyers hasn't hurt values, has it?
- 8 of the last 17 sales were for more than \$300K (with one more at \$299K). There was quite a range of prices: \$119K for the lowest, \$385K on the high end. In all, 21 sales were for less than \$200K, 15 were over \$300K.

That's a lot of numbers to digest, but bottom line: it's great to be a homeowner in Palomar Estates. Anyone who wants to become your neighbor, live the Palomar lifestyle and enjoy the many protections of Millennium ownership will have to pay dearly for the privilege!

This Month's Kudo...

...goes to Portia, our Mail Carrier. Portia alerted Debbie that a resident had not picked up her mail in a few days. We checked the home, then called neighbors, emergency contacts and finally the Sheriff. The Sheriff called nearby hospitals and finally located our resident.

Thanks so much, Mail Carrier Portia. You really delivered! There's a lesson here for next time, however: a simple call to the Office alerting us to a hospitalization would save us a LOT of anxiety.

By the way, when we told Portia about her Kudo, she had a joke for you:

- Q. Did you hear the one about the unstamped letter?
- A. Never mind, you won't get it.

Two Last Items

- 100% of you have returned your Income Certs—and in record time! Your cooperation helps pay for the \$400K in improvements we're planning this year, for which we thank you.
- It isn't just Palomar. Many of our Parks have seen an increase in the rodent population this year, perhaps because of all the rain. They seem to be breeding faster than the Coyotes can get them. One easy way you can help: keep your fruit off the ground. You can also get a FREE rat inspection and trap from S.D. County Vector Control.

I tried using a trap once, but every time I caught something, it managed to escape. Apparently, I just can't keep my trap shut.

Thanks for your Income Certs, thanks again Portia...and have a fun Labor Day! George Turk

California Senior Medicare Patrol

Medicare Fraud Alert

Beware of Genetic Testing for Beneficiaries in Group Settings

We're getting reports of people giving presentations to seniors or offering ice cream socials while also conducting "cheek swabs" for genetic testing and/or "cancer screenings". These genetic tests can help alert people about potentially negative interactions to medications they are taking, as genetically some people don't respond well to certain drug therapies. Yet, Medicare only covers such a test if there are already signs, symptoms, complaints, or personal history of disease or injury warranting a test, and a person's physician orders it. Medicare does NOT cover it as part of a generic group screening.

If you encounter people offering such group screenings, saying Medicare covers this testing free of charge and that all they need is your Medicare number, stop. This is a red flag. Do not give them your Medicare number. They may be committing fraud or abuse and charging Medicare over \$1,100 for unneeded tests.

What can you do?

If you or someone you know comes across such scams, let us know. Call the <u>Health Insurance Counseling and Advocacy Program (HICAP)</u> at 1-800-434-0222, or the <u>Senior Medicare Patrol</u> at 1-855-613-7080.

Together we can stop fraud! Visit: cahealthadvocates.org.

Thank You!



Letter from the PEWRA Board President

Hello neighbors and friends,

Summer is winding down. Grandchildren have visited, given us lots of excitement and full hearts, and returned home to go back to school.

If you will be home on Labor Day, please join the Board Members in the Clubhouse to start your day with "FREE Coffee and Donuts", Monday September 2nd from 8:30am-10:30am. We would love to serve you a hot cup of coffee, a delicious donut and a smile.

Pool passes are ready and can be picked up at the office. If you have an adult guest visiting and would like them to visit the pool without you, please stop by the office to sign for a pass. Please remind them to abide by the posted rules at the pool.

We are still hoping someone will volunteer to coordinate our Community Yard Sale event on October 26th. If you would like to take charge or help with the event, please let us know.

John Davis is still working closely with Coast Landscaping to resolve our weed issue, and we are hopeful our park will be back to pristine condition soon.

Thank you to those residents who attended the August PEWRA Board meeting. We appreciate your support of our community.

Our next PEWRA Board meeting will be Tuesday, September 3rd at 6:30pm. Our next General Meeting will be held Tuesday, October 1st. We are dedicating the meeting to all of our park volunteers. Mark your calendar and come out to show your appreciation for these residents who make a difference in our community.

Thank you and take care of one another. Lu Ann

Manager's Mentions

September 2019

Rent Dayments



Anyone who has their monthly rent paid by an automatic check sent from your bank needs to take a look at your at your account. Please make sure that the check is addressed to *Palomar Estates West – Attention: Park Office.*

Last month we had 5 rent payments sent from banks that a relief postal person returned to sender because they did not have a specified location for delivery. Please, check your online bill pay and make sure your payment is addressed properly. It is ultimately your responsibility to make sure your payment reaches us on time.

Broken Record



You'd think that by this time of the year we would be over talking about cleaning your rain gutters. WRONG!! We think this subject needs a little more emphasis on its importance. When we remind everyone that rain gutters need to be cleaned out and that weeds are growing in the gutters, this doesn't mean just cutting them down so no one can see them. Gutters are on the home for a specific reason. They catch the water that pours off of the roof and directs it to the proper route for drainage that being the street gutters. When the gutters are packed with dirt and the water can't flow properly it runs over the side beating down on not only your plants but could be jeopardizing the integrity of a nearby hillside.

Another Investigation



Living in a community like ours has definite perks. It means having friends, neighbors and service workers who keep an eye out for us. Noticing when something is out of place or different. Recently our postal delivery person Portia came to the office to report that she had noticed that someone had not picked up her mail for several days and her car was in her driveway. This was unusual behavior for this particular homesite so she brought it to our attention. After a phone call to the home and a quick look around by Felipe we became real concerned. After a call to her emergency contact as well as a check-in with some immediate neighbors, a call was made to the San Marcos Sheriff's Department requesting a "wellness check".

September Highlights

- Office will be closed on Monday, September 2nd for Labor Day Holiday.
- 2. Regular household trash will be picked up on Tuesday September 3rd.
- Recycle will be picked up on Wednesday, September 4th.
- Don't forget to sign up for the September 14th - Western

Your next water meter reading date will be: Friday, September 6th

Saturday Breakfast

We know that in September, we will wander through the warm winds of summer's wreckage. September is a wonderful month where the weather is not as hot as in summer, and the air is just getting a little brisk, as people gear up and anticipate that autumn is near.

But Hey! "you knew that" so let's concentrate on breakfast best start to the day, and you also know that we would definitely make it worth your while if you were to join us on

Saturday, September 7th at 8:30.....you know the place! Perhaps another gracious sponsor, will make the cost (O) to you!

Hope to see you there!





9:00 A.M. - 2:00 P.M.

CLUBHOUSE AUDITORIUM

Perfect time to buy unique Holiday gifts and other handcrafted items for yourself or stock up for next years' birthday gifts.

Quilts, jewelry, yummy culinary goods and countless other great buys.

If you would like to be a seller, please contact Ruthann Kirby – 760-734-1340







WESTERN ROUNDUP SEPTEMBER 14, 2019, 5:30 – 9:00 PM

PRESENTED BY PEW SOCIAL CONNECTION FEATURING THE CALIFORNIA RANGERS WESTERN BAND WESTERN STYLE DINNER

BBQ Chicken
Pulled Pork
Cole Slaw
Beans
Rolls / Chips
Dessert
BYOB

\$10.00 PER PERSON
PLEASE SIGN UP AND PAY IN CLUBHOUSE BY
SEPTEMBER 7TH (PAYABLE TO SOCIAL CONNECTION)

Questions? Call Linda Swink at 760-855-2008

RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

<u>Members</u>

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm - Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Cindy Palermo- Treasurer, Claudeen Lindsay- Secretary Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

HILLTOPPER COMMITTEE

Lenetta Gee, Elaine Bassin, Lynn Chialtas, Peggy Cremering, Ruthann Kirby, Debbie McQuillan, Linda Swink

READY ADVISORY PANEL

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas Clark Moody, Cindy Palermo, Lee Tydlaska, Margie Farrelly, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy, Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau Alternate: Wendy Jones

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligot, Bill Paterson, Peggy Cremering

Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening situation call 911

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	TIME &DAY	CONTACT	PHONE
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 st Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	10:30- 11:30 am W & F	Bill Paterson	760-450-5654
Golf (Men)	9 am Th	Dewayne Hudson	760-727-2389
Let's Dine Out	5 pm 2 nd M/ Monthly	Dewayne Hudson	760-727-2389
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending	Open as needed	Dewayne Hudson	760-727-2389
Closet		John Kirby	760-734-1340
		Hugh Hatch	760-597-9545
Mexican Train	4:30 pm Every 2 nd and 4 th Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F	Dan Timian	619-852-6671
	10 am Sa & Su	Chris Craig-Jones	760-529-2606
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 nd W	Kay Lilland	928-486-3365
	10-4 4 th Tu		
	North Multipurpose Room		
R.E.A.D.Y. Panel	3 pm 4 th Tu Card Room	Ruthann Kirby	760-734-1340
Emergency Preparedness		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu	LuAnn Foster	480-203-4330
	6 pm M, W		
	9 am Th (Chair)		
	Pavilion		

 $\textbf{Hill topper Editor Elaine Bassin-}\ bassin 1328@ sbcglobal.net$

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by 10th.

Submit information on deaths, illnesses and moves to Ruthann Kirby 760-734-1340

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

BIRTHSTONE: SAPPHIRE

September 2019

FLOWER: ASTER

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	LABOR DAY ²	3 yoga 8:30 am	RECYCLE4	CHAIR YOGA 9 AM	6 EELING FIT 10:30 AM	BREAKFAST ⁷ 8:30 AM
		QI GONG 9 AM YOGA 6 PM	BOARD MEET 6:30 PM	YOGA 6PM	BINGO 7 PM		
4	8 tappy scandparent Day!	9 LET'S DINE OUT BU'S CARISBAD (CALGONG 9 AM	10 yoga 8:30 am	11 eelingfit 10:30 AM	CHAIR YOGA 9 AM	13 EELING FIT 10:30 AM	14 social connection "Western roundup"
	<i>7-1</i>	YOGA 6 PM		YOGA 6PM	BINGO 7 PM		5:30 - 9 PM
	15	16 qegong9am yoga6pm	RECYCLE ₁₇ YOGA 8:30 AM	18 eelingfit 10:30 AM	19 chair yoga 9 am	20 EELING FIT 10:30 AM	21
				YOGA 6 PM	BINGO 7 PM		
	22	23 Let DAY OF FALL QI GONG 9 AM	24 YOGA 8:30 AM READY PANEL 3 PM	25 eelingfit 10:30 AM	26 chair yoga 9 am	27 EELING FIT 10:30 AM	28
		YOGA 6 PM		YOGA 6 PM	BINGO 7 PM		
	29	30 1st day of Roshhashanah	BIBLE STUDY - THURS - 10 AM - CARD ROOM				
		QI GONG 9 AM	MEXICAN TRAIN - 2nd & 4th TUES - 4:30 PM				
		DEADLINE FOR OCTOBER HILLTOPPER - SEPT 10					

HAPPY SEPTEMBER BIRTHDAYS

Katherine Belew	1	Ann Kreile	16
Kay Kristin	3	Robert Allen	17
Norma Doucette	4	Ken Hawkins	21
Nicole Purdy	4	Lon Cadis	23
Eugene Grajek	4	Ann Webb	24
Margo Boisvert	4	Shirley Burge	26
Sandi Ebeltoft	5	Jan Young	26
Helen Bubak	5	Ken Foster (#127)	27
Janice Jansing	5	Cheryl Heyer	27
Andy Rowe	6	Jean Broome	29
Debra Ruffner	7	Marilyn Chambers	29
Mary Jobin	8	Mariana Beebe	29
Dan Timian	8	Genie Sakal	30
Jeff Mangan	10	Don List	30
Mary Wallace	16		



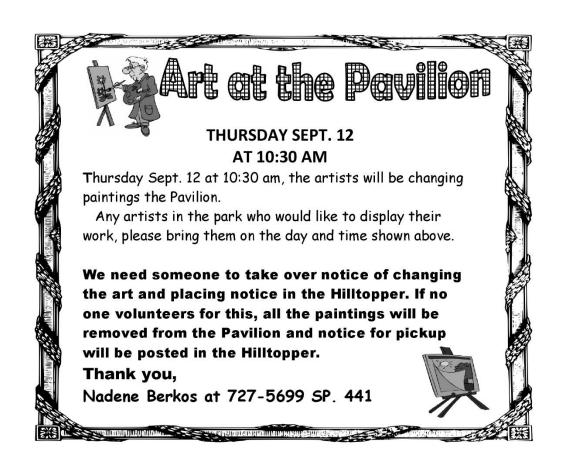
LET'S DINE OUT

On Monday, September 9, we're going to BJ's at 5613 Paseo del Norte, Carlsbad. We will meet at the clubhouse parking lot at **4:30 pm** (dinner at 5). Transportation will be provided for those who are unable to drive or don't drive at night. Be sure to check in at the parking lot so we don't leave anyone behind. If you go directly to the restaurant, **PLEASE** let Dewayne know. Too many times residents make a reservation and don't show up, or don't make a reservation and do show up . . . so **PLEASE** call Dewayne or Cherie, 727-2389, so arrangements can be made for seating as well as for transportation. Please let us know if you need a ride to the clubhouse. See you there!









Calling All Billiards Players (Men & Women)

Palomar Estates West has a sponsored billiards team and I would like to invite you to join us. We practice every Monday and Wednesday at 10:00 am and during the season we play in the North County Senior 8-Ball League and we play on Tuesdays here at Palomar when home games are scheduled and at other facilities when away games are scheduled. All games played are close to PEW when away. The season for the North County Senior 8-Ball League runs from September to the end of March with a break during the holidays.

You do not have to have a certain level of skill to play, just come with a desire to have a lot of fun and play some billiards. The team is open to all residents of the park men <u>and</u> women. If you are interested in joining us or have any questions, please contact me, Stan Lindsay at 760) 598-0582.

Thank you and I hope to hear from you soon.

Stan Lindsay Captain, Palomar Estates West Hilltoppers

PEW SOCIAL CONNECTION INVITES YOU

9/14/19	Western Roundup Event
	California Rangers Band
10/19/19	The Mentalist
12/14/19	Holiday Event
12/31/19	New Year's Event

ARE YOU READY FOR AN EARTHQUAKE?

After the many recent earthquakes, I found myself asking, if I was prepared. Mobile homes, sitting on their piers, are at increased risk of damage after an earthquake.

- Do you know what to do in the event of an earthquake? I'll give you a hint it is
 not standing in the doorway.
- Do you know how to turn off the gas? If your house falls off its piers your gas lines will be broken. Broken gas lines can lead to massive fires that can destroy whole streets of houses.
- Do you have enough water to survive for 72 hours until additional resources can arrive to help? (One gallon per person per day). I guarantee the emergency services in San Marcos will be overwhelmed when a major earthquake hits.
- When was the last time you had your piers checked for rust and had your house levelled? Are your piers attached to the structure of your house or is your house just sitting on them?
- Do you know which of your neighbors will need extra help to evacuate?
- Do you have enough gas in your car to evacuate if your home is destroyed?
- Do you have Earthquake insurance? Homeowner's insurance does not cover earthquakes. My policy is only \$100/ year.
- The next page comes from the RedCross.org with many suggestions to help you prepare.
- The READY group here in Palomar Estates West wants to help you prepare. If you want to learn more about READY call Ruthann Kirby at 760-743-1340.
 Submitted by Debbie McQuillan

Be Red Cross Ready

Earthquake Safety Checklist

An earthquake is a sudden, rapid shaking of the earth caused by the breaking and shifting of rock beneath the earth's surface. Earthquakes strike suddenly, without warning, and they can occur at any time of the year, day or night. Forty-five states and territories in the United States are at moderate to very high risk of earthquakes, and they are located in every region of the country.

Are you at increased risk from earthquakes?

- · Contact your local emergency management office, local American Red Cross chapter, state geological survey or department of natural resource
- Mobile homes and homes not attached to their foundations are at particular risk
- during an earthquake.

 Buildings with foundations resting on landfill and other unstable soils are at increased risk of damage

Did you know?

Doorways are no stronger than any other part of the structure. During an earthquake, get under a sturdy piece of furniture and hold on. This will provide some protection from falling objects that can injure you during an earthquake

How can I prepare?



- ☐ Become aware of fire evacuation and earthquake plans for all of the buildings you occupy regularly.
- □ Pick safe places in each room of your home, workplace and/or school. A safe place could be under a piece of furniture or against an interior wall away from windows, bookcases or tall furniture that could fall on you.
- \square Practice drop, cover and hold on in each safe place. If you do not have sturdy furniture to hold on to, sit on the floor next to an interior wall and cover your head and neck with your arms.
- Keep a flashlight and sturdy shoes by each person's bed.
- \square Make sure your home is securely anchored to its foundation.
- Bolt and brace water heaters and gas appliances to wall studs.
- □ Bolt bookcases, china cabinets and other tall furniture to wall studs.
- \square Hang heavy items, such as pictures and mirrors, away from beds, couches and anywhere people sleep or sit.
- □ Brace overhead light fixtures.
- □ Install strong latches or bolts on cabinets. Large or heavy items should be closest to the floor.
- □ Learn how to shut off the gas valves in your home and keep a wrench handy for
- ☐ Learn about your area's seismic building standards and land use codes before you begin new construction.
- ☐ Keep and maintain an emergency supplies kit in an easy-to-access location.

Let Your Family Know You're Safe

If your community experiences an earthquake, or any disaster, register on the American Red

Cross Safe and Well Web site available through RedCross.org to let your family and friends know about your welfare. If you don't have Internet access, call 1-866-GET-INFO to register

What should I do during an earthquake?



If you are inside when the shaking

- $\hfill\Box$ Drop, cover and hold on. Move as little as
- \square If you are in bed, stay there, curl up and hold on. Protect your head with a pillow.
- □ Stay away from windows to avoid being injured by shattered glass
- □ Stay indoors until the shaking stops and you are sure it is safe to exit. If you must leave the building after the shaking stops, use stairs rather than an elevator in case there are aftershocks, power outages or other damage
- ☐ Be aware that fire alarms and sprinkler systems frequently go off in buildings during an earthquake, even if there is

If you are outside when the shaking

- $\hfill \square$ Find a clear spot and drop to the ground. Stay there until the shaking stops (away from buildings, power lines, trees, streetlights).
- \square If you are in a vehicle, pull over to a clear location and stop. Avoid bridges, overpasses and power lines if possible. Stay inside with your seatbelt fastened until the shaking stops. Then, drive carefully, avoiding bridges and ramps that may have been damaged.
- \square If a power line falls on your vehicle, do not get out. Wait for assistance
- ☐ If you are in a mountainous area or near unstable slopes or cliffs, be alert for falling rocks and other debris. Landslides are often triggered by earthquakes.

What do I do after an earthquake?



- ☐ After an earthquake, the disaster may continue. Expect and prepare for potential aftershocks, landslides or even a tsunami. Tsunamis are often generated by earthquakes.
- ☐ Each time you feel an aftershock, drop, cover and hold on. Aftershocks frequently occur minutes, days, weeks and even months following an earthquake.
- Check yourself for injuries and get first aid, if necessary, before helping injured or trapped persons.
- ☐ Put on long pants, a long-sleeved shirt, sturdy shoes and work gloves to protect against injury from broken objects.
- Look quickly for damage in and around your home and get everyone out if your home is unsafe.
- ☐ Listen to a portable, battery-operated or hand-crank radio for updated emergency information and instructions.
- \square Check the telephones in your home or workplace to see if you can get a dial tone. Make brief calls to report life-threatening emergencies.
- $\hfill \square$ Look for and extinguish small fires. Fire is the most common hazard after an earthquake
- ☐ Clean up spilled medications, bleach, gasoline or other flammable liquids immediately.
- ☐ Open closet and cabinet doors carefully as contents may have shifted.
- ☐ Help people who require special assistance, such as infants, children and the elderly or disabled.
- Watch out for fallen power lines or broken gas lines and stay out of damaged areas.
- ☐ Keep animals under your direct control.
- ☐ Stay out of damaged buildings
- ☐ If you were away from home, return only when authorities say it is safe to do so. Use extreme caution and examine walls, floors, doors, staircases and windows to check for damage.
- ☐ Be careful when driving after an earthquake and anticipate traffic light outages.



yourself and your family

For more information on disaster and emergency preparedness, visit RedCross.org.

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FROM MY HEART



I am fortunate to have so many friends and loving neighbors ready to help me through a difficult time. Saying THANK YOU simply can't reflect my deep gratitude for all the cards, calls, food, flowers, offers of help, much needed hugs and heart felt sorrow for my daughter's passing. My personal pain may ebb over time, but my heart will always hold dear all of you that stayed close and offered me the strength and support to heal.

So, I will say **thank you, from my heart** and hope these simple words will let you know what they mean to my path forward.

In loving memory of my daughter Stephanie who succumbed to ovarian cancer in July 2019 after a long and painful fight.

Lynn Chialtas

CELEBRATION OF LIFE FOR BILLIE HATCH



Residents of PEW, who were with Billie and Hugh on many of their trips, know one of the highlights was going to Rite Aid for Ice Cream.

So.... we will be having an ice cream social on September 7^{th} at 1:00 in the Clubhouse Pavilion.

Please call me if you're joining us.

Ruthann 760-734-1340

Happy Summer all! Aquarobics has been a enjoying a lively group of ladies and gents this summer. Come and see what getting fit while getting all the latest restaurant reviews and other interesting goings on about town is all about! Monday thru Friday - 9:00-10:00.

You really do have lots of interesting neighbors! Come meet them.

The next aquarobics luncheon will be at Casa de Bandini (at the Forum) on September 18 at Noon.

Until then,



See you in the pool
Trish

"FROM THE CITY OF SAN MARCOS FIREWORKS FUNDRAISER COMMITTEE"

Each July 4th is a celebration of our country "America", "The Land Of The Free and The Home of the Brave".

It is with great pride that we remember and celebrate our history and those who have given so much from the beginning of the birth of our Nation up to this year of 2019.

The City of San Marcos and the Fireworks Fundraiser Committee extends their sincere and grateful appreciation to each Palomar Estates West resident, who donated to this yearly event and aerial Fireworks display, as a salute to our country.

P.E.W. did it again, you reached the \$1,000.00 in donations. Two weeks before July 4th, we were just under the \$1,000.00 total, but those donors at the last week of the Fundraiser Drive pushed P.E.W. just over the \$1,000.00 total, and again you are recognized as "SILVER LEVEL DONORS", a much-respected level. "THANK YOU ALL".

DOOR PRIZE DRAWING WINNERS:

This year the Park was divided into four sections, with a drawing in each section for a winner. Each Door Prize was \$10.00 cash.

CONGRATULATIONS to the winners this year:

Section 1. Jim Carley # 71

Section 2. Bill & Joy Jensen #373

Section 3. John & Diana Primeau #286

Section 4. Carol Williams # 153

A special THANK YOU to a Park resident, who donated the Door Prizes, and wishes to remain anonymous.

SPECIAL NOTE: Door Prize drawings are usually held after the 10th of July to allow for any donors that I had not yet received notification of, to be put in their section drawing.

"PRIDE AND PATRIOTISM IN OUR COUNTRY AND COMMUNITY IS ALIVE AND WELL AT P.E.W."

With Appreciation,

The Fundraiser Committee members & the City of San Marcos Park and Recreation Services Department:

Adriana Gonzalez, Director of Parks & Recreation Services Dept. Pat Williams, PEW #8, Committee Member

MY GRANDCHILD'S EYES

My life, I believe, has been quite blessed The love of my family is precious and dear But as I collect these years, and reflect I have sometimes wondered why I am here

I've learned life can be very complex That often there is no reason or answer For joy or pain, for happiness or sorrow And certainly not for why <u>I</u> am here

Whether it's a matter of choice or chance That makes us who we are in life I believe I've found the answers I seek When I look in my Grandchild's eyes

Unassuming and innocent and full of wonder
Those eyes say so much in one look
They tell me of love and trust and faith
And remind me the world is an open book

My Grandchild's eyes are caring and warm
They welcome me in without pause
And tell me how needed and special I am
Then send me a kiss, just because

Those eyes remind me of strength I forgot
And ways I have made others smile
They take me to places hidden deep in my heart
And share dreams put away for a while

My Grandchild's eyes tell me all I need know No words need be spoken for me to hear And I'm sure if I see them regularly I will always be thankful I am here

202

Written by Lynn Chialtas