

HILLTOPPER

MAY 2020

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Kasey Koenig

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies, only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

1910 Archibald Avenue, Unit S

Ontario, California 91761

Property Supervisor: John Davis

(909) 930-9750 Ext. 303

Fax: (909) 930-9498

jdavis@havenms.com

MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Nicki Ross

MILLENNIUM MEMO

May 2020

“The health and safety of our customers is our primary concern...”

You’ve gotten canned messages of “concern” from lots of businesses, all sounding like they were written by the same PR person. Well...in our case, we really mean it. We do cherish all of you and are doing our best to “be here for you.”

We’ve closed some amenities, limited access to Park Staff and taken other precautions suggested by the Governor to help keep our employees and Communities safe. Your Park Staff has continued to perform their duties as well as these restrictions allow.

Millennium’s corporate folks are working remotely, and we may be delayed in responding to inquiries on our website. Should you need anything, your Management Team is your best resource. They are just a phone call or email away.

We’ve heard stories about residents helping other residents by picking up groceries, doing errands or just being a good friend to a resident in need. If you’re one of those, Kudos to you!

For your part, we ask that you continue to maintain your yards, park where you are supposed to, pick up after your pets and do your normal fine job following Park Rules.

With your help, we’ll get through this!

There IS Other News...

- Big Kudos to Debbie Bartlett and LuAnn, for reaching out to residents who are elderly and live alone, and especially ones that don't drive...and to those of you who volunteered to run errands for anyone in need. You are great neighbors!
- Paving during the Pandemic? Is that smart, you ask? Actually, it makes sense to get that done now, while we’re supposed to be staying off the streets, doesn’t it? It’s less disruptive for you...and the streets can use the refresh.
- The Clubhouse Bathroom Remodel is done! Of course, with the Clubhouse being closed, you’ll have to take my word for it. The other big expenditure: \$200K for the aforementioned paving, plus tree trimming, some new mailboxes, hillside grading...Your Rent Dollars at Work!

New Pickup Line?

Heard outside the Clubhouse: “Hey, do you need toilet paper? Then I might be your Prince Charmin!” That’s too cheesy to ever work, isn’t it?

Thank you for your patience during this pandemic, Kudos again to everyone who is helping a neighbor...now have a Happy Mother’s Day!

George Turk

Manager's Mentions

May
2020

Palomar Volunteers



We would personally like to thank and acknowledge a few people that stepped up at the very start of this most stressful time and offered to drive, shop for or help any members of the community that were in need. Les and Katie Rodriguez, Michael Czadek, Tina Schneider, Liz Bishop and Delane Johnson all called the office to let us know that if anyone needed help in any way, they would be more than willing to help members of this very special community. I made calls to homes where some of the older single or less abled residents and residents that I knew no longer drove. The following week LuAnn Foster followed up on those same residents so that they heard another friendly voice. She then passed the names off to someone else, in an attempt to bring an additional connection to those truly confined to their homes and offered an outside friendly ear and voice. Thank you all for caring about your neighbors.

No Palomar East Car Washing



Palomar East has asked that we remind everyone not to use their car wash. We have 2 car washes of our own, one in the RV Storage Lot and one by the laundry room. Resident's from Palomar West should be using the facilities at West unless of course under normal circumstances our facilities are under repairs.

Out Going Mail



A resident recently reported that he had put outgoing mail, containing a payment, in his mailbox to cover a bill that was due. Very soon afterwards he received a call from his bank saying that they had a gentleman in the branch trying to cash the check. The check was not cashed, it was retained by the bank but they let the man go. Not much of a lesson for the thief but this resident was saved a lot of grief because his bank was on top of it. I have heard of other cases where checks have been gotten a hold of, "washed" to change the names and amounts causing lots of headaches and trouble. We would like to encourage everyone that mails payments not to put them in your mailbox. There is a mailbox on Rancho Santa Fe Road by the T-Mobile store or better yet, the UPS Store next to the old Von's store. Your payments are much safer being taken to either of those locations to be picked up.



**Your next water meter
reading date will be:
Friday, May 8th**

Letter from the PEWRA Board President

Hello Neighbors and Friends.

I hope you are all staying home and safe. All PEWRA Board business is postponed until it is safe to gather again. The election to replace our current Board members will take place at a future date, and I encourage more residents to volunteer to serve on the Board.

On another note, if you are alone and need help during this health crisis, please contact the Park Office. There are several residents who have volunteered to help. If you have a neighbor who is alone, call them to say hello.

Thank you and take care of one another.

Lu Ann

From the Hilltopper Editor:

As I pen this short note, it is April 10th and I already feel like I have been on lockdown forever. I know this lockdown will go to the end of April, but I have no idea when it will end. This edition is short since toilet paper is not the only paper that seems to be in short supply, or at least that is what the publisher tells me. We are including the calendar because we would like to dream that this lockdown will end someday. We just don't know when. **The May Breakfast, Social Committee Event and Dine Out are cancelled.** While we wait for this lockdown to end, stay safe and watch out for your neighbors, wave when they walk by and call them when you feel alone. I bet they probably feel alone too. Remember, **THIS TOO WILL PASS.**

With love,

Debbie McQuillan

SPARC IS ON HOLD!

In light of the COVID-19, we will be postponing and cancelling classes/programs until the end of May. We apologize for the break in our programs and regularly scheduled services, but we care about your health. We are hoping to jump right back in for summer, but will keep you posted based on the restrictions in place during that time.

If there are any shut in residents or those in need of help, please refer to your managers for support and they can contact the SPARC team to see if we can assist. Stay healthy and safe!



**POSTPONED EXERCISE CLASSES HAVE YOU DOWN?
PLEASE USE THE YOUTUBE LINKS BELOW TO KEEP
ACTIVE AT HOME!**



Instructions:
Once you are online, access YOUTUBE by typing in this web address:

www.Youtube.com

In the YOUTUBE search bar type in:

- Cara Kircher
- Senior Tai Chi
- Senior Yoga
- Senior Exercise

This will give you endless workout content that will allow you to choose exercises that you enjoy!

RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown
Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

Members

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm – Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Eileen LaLone - Treasurer, Claudeen Lindsay- Secretary
Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

HILLTOPPER COMMITTEE

Debbie McQuillan, Elaine Bassin, Lynn Chialtas,
Peggy Cremering, Ruthann Kirby, Linda Swink

READY ADVISORY PANEL

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas
Clark Moody, Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau
Alternate: Wendy Jones, Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligot,
Bill Paterson, Peggy Cremering

Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening situation call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.”

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 st Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	1:00 pm Tu & 10:30 am F	Danelle	760-888-7018
Golf (Men)	9 am Th	Doug Doucette	760-734-1232
Let's Dine Out	5 pm 2 nd M/ Monthly	Hugh Hatch	760-597-9545
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Clifton McDonald	949-929-1624
		Jessie Nieto	408-666-8088
Mexican Train	4:30 pm Every 2 nd and 4 th Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F 10 am Sa & Su	Dan Timian	619-852-6671
		Chris Craig-Jones	760-908-2330
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 nd W	Kay Lillard	928-486-3365
	10-4 4 th Tu North Multipurpose Room		
R.E.A.D.Y. Panel Emergency Preparedness	3 pm 4 th Tu Card Room	Ruthann Kirby Bryan Cooper	760-734-1340 858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu	LuAnn Foster	480-203-4330
	6 pm M, W 9 am Th (Chair) Pavilion		
Zumba Gold	11:30 am Pavilion	LuAnn Foster	480-203-4330

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by 10th.

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

Need assistance?

PLEASE CONTACT THE SAN MARCOS SENIOR CARE CENTER TO RECEIVE FOOD ASSISTANCE

The San Marcos Senior Center is helping provide free meals to low income seniors in need of food assistance.

If you are in need of assistance, please call and leave a message with all of your contact information at 760-744-5535 ext: 3607 and they will return your call.

Food is not guaranteed, due to high need, but they will be able to add you to a wait list if they are unable to provide food at the time of inquiry.

Best,
SPARC Team

Need assistance?

PLEASE CONTACT EDDIE WHEATLY, RDS MANAGER TO RECEIVE FOOD ASSISTANCE

The food pantry program is persisting during this Shelter In Place protocol at the Rancho Del Sol community.

Most families that are already signed up for the food program will receive a bag of food from Eddie on 4/8 and 4/22.

If you are not currently signed up and are in need of assistance, please call the main office at 909-797-1656 to talk to Eddie about being added to the list.

This program helps provide bread, canned goods, pantry staples and produce.

Best,
SPARC Team



2020 SOCIAL CONNECTION EVENTS

MAY 9 – CINCO DE MAYO CELEBRATION (CANCELLED)

JULY 4 – INDEPENDENCE DAY CELEBRATION

SEPTEMBER 19 – CASINO NIGHT

OCTOBER 31 – HALLOWEEN PARTY

DECEMBER 31 – NEW YEAR'S EVE CELEBRATION

MARK YOUR CALENDAR!!

FROM ALL OF US ON THE PEW SOCIAL CONNECTION, PEACE AND HEALTH TO YOU AND YOURS DURING THIS DIFFICULT TIME.

HAPPY MAY BIRTHDAYS

Cindy Palermo	1	John Springer	13
Peter Oberg	1	Cherie Hudson	15
Deborah VanBeuseKom	5	Gerry McClelland	15
Glo Gates	6	Bill Thompson	17
Michael D'Arcy	7	Robin Wilson	17
Bob Lahaye	8	Trudi Steele	22
Shevaun Teegarden	8	Marilyn Ferri	24
Jerry Dunford	9	Susan Kutner	25
Elaine Hawkins	9	Debbie Johnson	27
David King	9	William Egge	27
Debbie Bartlett	10	Jean Tucknies	28
Dorothy Long	10	Candy Dyresen	29
Eileen Piersa	11	Bert Bettencourt	31
Bob Rosenberg	11	Russ Parker	31
Kai Friis	13		



KUDOS

Many thanks to Margo Boisvert (who provided the fabric and the labor) for the beautiful and much needed face masks. Your labor of love is greatly appreciated!

Sorry to all you "Let's Dine Out" friends, but we have to postpone our night out this month. Hopefully we'll be able to resume dinner next month. We'll let you know as soon as we do. Thanks for continuing to join us.



BIRTHSTONE:
EMERALD



May 2020

FLOWER:
LILY OF THE VALLEY



Sun Mon Tue Wed Thu Fri Sat

THOUGH THE NORMAL MONTHLY ACTIVITIES AND EVENTS ARE LISTED ON THIS CALENDAR, ALL INDOOR ACTIVITIES (INCLUDING LET'S DINE OUT) HAVE BEEN CANCELLED UNTIL FURTHER NOTICE. WE HOPE THE ACTIVITIES AND EVENTS ON THE JUNE CALENDAR WILL BE BACK TO NORMAL. ALL WE CAN DO IS STAY WELL AND SELF ISOLATE, IF NECESSARY. THE MORE WE DO TO HELP THE CAUSE, THE SOONER THIS PANDEMIC WILL BE OVER. GOD BLESS YOU, ONE AND ALL!

1	2
FEELING FIT 10:30 AM	NO BREAKFAST
MAY DAY	
3	4
FEELING FIT 10:30 AM	NO SOCIAL CONNECTION
5	6
FEELING FIT 10:30 AM	ARMED FORCES DAY
7	8
FEELING FIT 10:30 AM	
9	10
FEELING FIT 10:30 AM	
11	12
FEELING FIT 10:30 AM	
13	14
FEELING FIT 10:30 AM	
15	16
FEELING FIT 10:30 AM	
17	18
FEELING FIT 10:30 AM	
19	20
FEELING FIT 10:30 AM	
21	22
FEELING FIT 10:30 AM	
23	24
FEELING FIT 10:30 AM	
25	26
FEELING FIT 10:30 AM	
27	28
FEELING FIT 10:30 AM	
29	30
FEELING FIT 10:30 AM	

3	4	5	6	7
QIGONG 9 AM YOGA 6 PM	YOGA 8:30 AM NO BOARD MEET	FEELING FIT 1 PM - TUESDAY YOGA 6 PM	CHAIR YOGA 9 AM BINGO 7 PM	
10	11	12	13	14
QIGONG 9 AM NO LET'S DINE OUT YOGA 6 PM	RECYCLE YOGA 8:30 AM FEELING FIT 1 PM	YOGA 6 PM	CHAIR YOGA 9 AM BINGO 7 PM	
17	18	19	20	21
QIGONG 9 AM YOGA 6 PM	YOGA 8:30 AM FEELING FIT 1 PM	YOGA 6 PM	CHAIR YOGA 9 AM BINGO 7 PM	
24	25	26	27	28
QIGONG 9 AM VETERANS DAY YOGA 6 PM	YOGA 8:30 AM FEELING FIT 1 PM READY [ANEL 3 PM	RECYCLE YOGA 6 PM	CHAIR YOGA 9 AM BINGO 7 PM	

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**DEADLINE FOR JUNE HILLTOPPER:
MAY 10**