

# **HILLTOPPER**

**OCTOBER 2019**

## **PALOMAR ESTATES WEST**



### **Onsite Management**

**Maintenance:** Felipe Diaz  
**Office:** Debbie Bartlett  
**Office Hours:**  
Monday thru Friday  
9:30 a.m. – 12:00 p.m.  
1 p.m. – 4:00 p.m.

#### **Office Staff**

Sandy Bolt

#### **Weekend Relief**

Kasey Koenig

#### **Security Patrol**

Hidden Valley Security  
(760) 744-1061

**Office:** (760) 727-5453

**Fax:** (760) 727-3054

**E-mail:** [Palomarestateswest@gmail.com](mailto:Palomarestateswest@gmail.com)

After hour emergencies, only:  
(888) 518-6064

**Resident website:** [Pewresidents.com](http://Pewresidents.com)

### **Offsite Management**

**PROPERTY MANAGEMENT**  
**HAVEN MANAGEMENT SERVICES**  
1910 Archibald Avenue, Unit S  
Ontario, California 91761  
**Property Supervisor: John Davis**  
(909) 930-9750 Ext. 303  
Fax: (909) 930-9498  
[jdavis@havenms.com](mailto:jdavis@havenms.com)

#### **A MILLENNIUM HOUSING COMMUNITY**

611 Anton Blvd., Suite 890  
Costa Mesa, CA 92626  
Phone: (949) 515-5100  
Fax: (949) 515-5101  
<http://millenniumhousing.com>

**President: George Turk**

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Nicki Ross

## MILLENNIUM MEMO

October 2019

### MILLENNIUM MEMO

Last month we had a major electrical outage at one of our Parks—this one in the Fresno area. It took several days to find the problem, then more days to get the needed equipment (including boring machines, as the problem was under a street), then more days to do the work...

In all, it took a couple weeks—and 600' of new high-voltage wiring--to get power fully restored. We brought in generators to service the 90 or so homes affected (at a cost of \$65K!), so those homes were without power for “only” a couple days, but you can imagine the inconvenience.

Why am I telling you this? Because while we're all busy preparing for the next “Big One,” we need to be ready for less dramatic interruptions as well. If Palomar were hit with a prolonged outage, would you be prepared? Do your flashlights work? Any critical devices (medical, for instance) have battery back-up?

Most important of all: do you have a non-electric way to charge your cell phone? You'd hate to be off-line for even a few minutes, wouldn't you? Or maybe not. One resident at that Fresno park had this to say:

My iPad & cellphone were dead, my new surround sound system & TV and even the coffeemaker were shut down...so I sat and talked to my wife for a couple hours. You know, she seems like a nice person.”

Just another reminder to Be Prepared!

#### In Happier News...

- Mayor Jones & Supervisor Desmond are scheduled to attend the Oct. 5 Breakfast. I'm hoping to be there as well, along with my lovely bride Roann, to hear what's happening in our favorite City. See you there!
- Recent big expenditure: \$189,590 for all that Street Work you've endured. Looks great, however, doesn't it? Next up: Automatic Door at Clubhouse, recover the Putting Green, more driveways...Your Rent Dollars at Work!
- This month's Kudo goes to Lisa Kaufman. Per Debbie: “Lisa has been taking care of the Seasonal Tree in the Lobby. She's recognized Mother's, Father's & Memorial Days, 4<sup>th</sup> of July...” Thanks so much, Lisa!

#### As We Approach Halloween...

Q. What did Casper the Friendly Ghost say to the Invisible Man?

A. Long time, no see!

Be Prepared, thanks again Lisa...and see you on the 5<sup>th</sup>.

**George Turk**

## Letter from the PEWRA Board President

Hello neighbors and friends,

I would like to say a BIG “Thank You” to our Board members and all residents who joined us for “FREE Coffee and Donuts” on Labor Day. It was a great success and a really nice way to start the holiday. Two residents who shared a story about coming to the “Coffee and Donuts” event Memorial Day weekend and making new friends. Those residents were all smiles when those new friends came and sat with them again on Labor Day.

John Davis is still working closely with Coast Landscaping to resolve our weed issue. The slopes are looking better, and we are hopeful our park will be back to pristine condition soon.

Tammy and Don Cardenas volunteered to coordinate our Community Driveway Sale October 26th, from 8:00am-2:00pm. There is a signup sheet on the Bulletin Board in the Clubhouse. If you have questions, you can contact them at [drcardenas@sbcglobal.net](mailto:drcardenas@sbcglobal.net) or place your question in their tube at Space #81.

Thank you to those residents who attended the September PEWRA Board meeting. We appreciate your support of our community. The minutes from the meeting are posted on the bulletin board in the Card Room in case you missed it.

Our next PEWRA Board meeting will be our General Meeting, Tuesday November 5th at 6:30pm. This will be a special meeting to honor all of the volunteers in our park, and we would love to see you all there.

We will not be meeting in the month of October.

Thank you and take care of one another.  
Lu Ann

FREE Coffee and Donuts with the Board in September



# Manager's Mentions

October  
2019

## Let us know



Who needs help in case of an emergency? Are you on oxygen? Do you need a walker to get around? Have you let your block captain know about your needs? Your READY team works hard to be prepared to help you out in case of an emergency. It's very important to keep them informed. It is just as important to keep the office up to date on major changes that may need attention in case of an emergency. Depending on who the "first responders" come in contact with first, the faster we can get someone to help you.

## Pool Passes



If you have read your new rules and regulations, you are aware that we now have "Pool Passes" available at the Park Office. This allows your guests to use the pool without you having to accompany them. If you have visitors who want to use the pool while you're cooking dinner. If your visitors want to enjoy some pool time but you aren't feeling up to the heat, they can partake in the activity without you having to join them, you can send them on their own if they have a visitor's pass. These passes can be obtained by a quick visit to the Park office at which time you will be required to sign a "Pool Pass Agreement" stating that you are ultimately responsible for your guests' actions when they are at the pool without you.

## MORNING WALKERS



We admire those of you who are up and at it early in the morning getting a walk in. It feels good, you feel energized and full of life, but there are many people in the park who are not early morning go-getters. When groups of people get together and everyone is talking, sometimes our voices carry and you may not be aware of it. Remember that you are walking next to someone's bedroom. Depending on the arrangement of their furniture, you could be talking right next to someone's head. Right now, with the warmer weather, a lot more people are leaving windows open for the cooler night air. Please be courteous to your neighbors and keep morning conversations to a lower volume.

### October Highlights

1. No trash at curbside before 4 p.m. on Monday.
2. When you pay your rent, write clearly and only turn in your check. No envelope and no statement.
3. No dog walking on any of the Parks common areas – be sure to pick up after you dog.
4. Don't forget to sign up for the October 19<sup>th</sup> – Mentalist show

**Your next water meter  
reading date will be:  
Monday, October 7<sup>th</sup>**



## Saturday Breakfast

It's Finally time For cozy sweaters, apple picking and Halloween parties--it's October. There's nothing like the weather that we have here in North County... So, let's spark up October and make it a better than September for our monthly breakfast. Sponsors... Special Guests... and by all means another scrumptious meal. Let's share all of that... together! On Saturday October 5th at 8:30am -- and I'm sure, you have already guessed---it's **FREE!**

Mikkie



# PEW SOCIAL CONNECTION INVITES YOU

<b>10/19/19</b>	<b>The Mentalist</b>
<b>12/14/19</b>	<b>Holiday Event</b>
<b>12/31/19</b>	<b>New Year's Event</b>

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## Directory Changes



Please make the following additions and corrections to your park directory

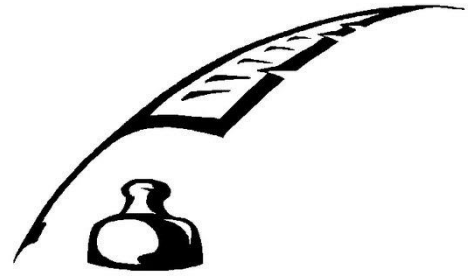
DELETE	ADD	PHONE NUMBER
15	Andy & Jeanine Rowe	760-704-2749
410	Jim Blackburn	Susan Smith 562-965-7142
229	Marilyn Himaka	760-931-1466
70	Grace Himmelsbach	Patricia Stein and Sally Jeans 559-760-3511
166	Elaine Scarbrough	Joe & Dale Musselwhite 719-930-6590
259B	Bob & Ginny Collister	Cheryl Carry & Allan Pearson 619-884-1048
352	Scott & Susan Robertson	Teresa Johnson 619-203-1603
72	Linda Thibodeau	Charles & Margaret McDonald 760-536-9125
331	Sam & Nina Feliccia	Gerry McClelland 858-336-9828
73	Karen & Wally Smith	Diane Ferguson 310-357-4700

### Change of Phone Number

432	Clark and Lynda Moody	760-917-8907
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## Letter from the Editor

Hello everyone! As you know the Hilltopper is written by a committee. The committee members are Debbie McQuillan, Elaine Bassin, Lynn Chialtas, Peggy Cremering, Ruthann Kirby, and Linda Swink. This committee uses the email [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com) for communication.



We are always looking for articles, including information about the park in general, clubs, San Marcos, movie and restaurant reviews and items of general interest, as well as jokes, recipes and cute stories. A few reminders for those submitting articles to the Hilltopper. Articles must give credit to where the information was taken from and include your name as submitter. Submissions need to be respectful of others, so no sexual, political, religious, medical, derogatory or controversial articles will be printed. We cannot accept advertisements, since the publisher sells ad space to cover the printing cost.

We would like submissions between the 5<sup>th</sup> and the 10<sup>th</sup>. Feel free to submit them earlier, but we don't tend to check the emails until 5<sup>th</sup>. Submissions after the 10<sup>th</sup> will generally have to go in the next month's edition. We will be sending a reminder email out on the 5<sup>th</sup>. If your club would like to be included on this email, please send your name to [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com).

Articles can be submitted as text within emails, pdf, jpg, google documents and word documents. We have a wonderful crew that does proofreading for me, since that is not my strong suit. Therefore, we reserve the right to change grammar and spacing, even if submitted as a PDF file.

**THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.**

If you notice any errors or have any suggestions, please submit them to Debbie McQuillan at [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com).

We wish to support the community and increase the sense of community within the park.

Thank You.

The Hilltopper Committee



**SOCIAL CONNECTION INVITES YOU TO A  
"MIND-TO-MIND" SHOW WITH DAVID WINSTON**

# **THE MENTALIST**



**"HE KNOWS WHAT YOU'RE THINKING"**

**OCTOBER 19<sup>TH</sup> AT 6:00 P.M.**

**\$5.00 PER PERSON (\$7.00 PER GUEST)**

**PAYABLE TO SOCIAL CONNECTION BY OCTOBER 12**



**PLUS SALAD, GARLIC BREAD, DESSERT  
BYOB**

**QUESTIONS: CALL LINDA AT 760-855-2008  
(Office Staff cannot help with these events)**

# **AWESOME GARAGE SALE**

 **HERE**

**YOU  
MADE  
IT!**

**HAPPY  
SHOPPING!**

**BUY COOL STUFF!**

## **Palomar Estates West Community Driveway Sale**

**Saturday October 26th  
8:00AM-2:00pm**

**Please sign up either on our website:  
[www.pewresidents.com](http://www.pewresidents.com) "Upcoming Events"  
Or on the sign up sheet in the Clubhouse**

**If you have questions, please contact  
Tammy or Don Cardenas at [drcardenas@sbcglobal.net](mailto:drcardenas@sbcglobal.net)**

**DRESS UP FOR A DIA DE LOS MUERTOS PARTY!!!!**  
**SATURDAY, NOVEMBER 2<sup>ND</sup>, 2019      7:00PM TO 10:00PM**  
**B.Y.O.B. & A FAVORITE COLD APPETIZER TO SHARE**



HOSTED BY:  
Lynn & Chuck Thomas #67  
Cathie & Ron Byrd #329  
& Tricia & Simon Spears #442

LOCATION:  
Palomar Estates West Pavilion

COST:  
\$12.00 per person

MUSIC BY:  
ALIAS Band

SIGN UP AT THE CLUBHOUSE BULLETIN BOARD AND GET YOUR  
PAYMENT MADE OUT TO LYNN THOMAS (#67) BY SATURDAY, OCTOBER 26<sup>TH</sup>, 2019.

**PLEASE NOTE: We will not be using the kitchen for this event.**

Bring your favorite cold appetizer to share with everyone on the tables we'll have set up for them.

DRESS UP FOR DIA DE LOS MUERTOS & PUT ON YOUR DANCING SHOES,  
THIS IS A DANCE EVENT!!!



# The Craft FAIR *of*

**Palomar Estates West**

**SATURDAY, NOVEMBER 16, 2019**

**9 A.M. TO 2 P.M.**



Quilts & Afghans, Holiday Gifts and Decorations

Baked Goods for Sale, Jewelry, Aprons, Bags, Garden Art & Fine Art Paintings

*Lunch for Purchase and Complimentary Coffee & Donuts*

**PLEASE CONTACT RUTHANN KIRBY AT 760-734-1340 TO BE A CRAFT VENDOR**

**FREE Raffle** for Craft Coupon (spendable same day at the Fair) at 10, 11, 12  
and at 1 p.m. Winners must be present to win – 1 entry per guest.

## PEW Pickleball Club

Are you interested in the fastest growing sport for the 55+ crowd? Our Pickleball club currently has about 20 members, and we welcome all PEW residents to join in on the fun.

Teams are divided up by level of experience, so all games are fair. Playing provides a physical, mental and social event (caution...the game can be addictive). The club also provides paddles and balls to use in the storage shed at the end of the court. Just please return so others can also enjoy the equipment. So, if you, your family, and your guests would like to try this fun game, equipment is available. Guests are welcome to play during club hours if accompanied by a resident and there is an opening. We are all here to experience community healthy exercise and fun. Pickleball is not primarily about competition and dominance, so all players are expected to encourage and support the play of others.

Club hours are Monday – Friday from 3:00 till 5:00 pm. Weekend and holiday hours are from 10:00 am till 12:00 pm. We play by the USAPA rules & regulations, which you can find online at <https://www.usapa.org/ifp-official-rules/>.

Come play or watch this exciting game. I hope to see you on the courts.

Sincerely,

Dan Timian

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## **2019 Holiday Bowl Balloon Parade**

Time to mark your calendars for this year's Big Bay Balloon Parade, the largest balloon parade in the United States. Palomar West will again field a team of balloon handlers. We had a great group of volunteers last year and look to make it even better this year, so mark your calendars for **Thursday December 26<sup>th</sup>, 2019**. This year the timing has changed with the parade starting at **3:00 pm**, not 10 am as in past years.

More information will follow, but don't forget to set aside time to attend and watch, or volunteer with your neighbors to be a part of the parade. Larry and Wendy Jones have agreed to organize the group again this year. If you have any questions, you can call Larry at 937-478-2500 or email to [ldjones2000@gmail.com](mailto:ldjones2000@gmail.com).

Below is a picture of the PEW group from 2011, the first year of our participation, courtesy of Hugh Hatch.



**RESIDENTS ASSOCIATION BOARD**

President: LuAnn Foster Vice President: Marcia Brown  
Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

**Members**

Lynn Chialtas Lenetta Gee Christine Parkman

**Board Meeting: 1<sup>st</sup> Tuesday of the Month at 6:30 pm – Pavilion**

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**SOCIAL CONNECTION**

Linda Swink – Chairperson, Cindy Palermo- Treasurer, Claudeen Lindsay- Secretary  
Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

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**HILLTOPPER COMMITTEE**

Debbie McQuillan, Elaine Bassin, Lynn Chialtas,  
Peggy Cremering, Ruthann Kirby, Linda Swink

**READY ADVISORY PANEL**

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas  
Clark Moody, Cindy Palermo, Lee Tydlaska, Margie Farrelly, Liz Larkin

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**BREAKFAST COMMITTEE**

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,  
Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau  
Alternate: Wendy Jones

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**GYM COMMITTEE**

Larry Brown, Rusty Bassett, Marie McElligot,  
Bill Paterson, Peggy Cremering

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**Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening  
situation call 911**

## ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME &amp; DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 <sup>st</sup> Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	10:30- 11:30 am W & F	Bill Paterson	760-450-5654
Golf (Men)	9 am Th	Dewayne Hudson	760-727-2389
Let's Dine Out	5 pm 2 <sup>nd</sup> M/ Monthly	Dewayne Hudson	760-727-2389
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Dewayne Hudson	760-727-2389
		John Kirby	760-734-1340
		Hugh Hatch	760-597-9545
Mexican Train	4:30 pm Every 2 <sup>nd</sup> and 4 <sup>th</sup> Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F 10 am Sa & Su	Dan Timian	619-852-6671
		Chris Craig-Jones	760-529-2606
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 <sup>nd</sup> W 10-4 4 <sup>th</sup> Tu North Multipurpose Room	Kay Lilland	928-486-3365
R.E.A.D.Y. Panel Emergency Preparedness	3 pm 4 <sup>th</sup> Tu Card Room	Ruthann Kirby	760-734-1340
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu 6 pm M, W 9 am Th (Chair) Pavilion	LuAnn Foster	480-203-4330

**Hilltopper Editor Elaine Bassin-** [bassin1328@sbcglobal.net](mailto:bassin1328@sbcglobal.net)

**Hilltopper submissions to** [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com). All submissions must be submitted by 10<sup>th</sup>.

**Submit information on deaths, illnesses and moves to Ruthann Kirby 760-734-1340**

**Hilltopper Distribution-** Larry Jones 937-478-9199

**The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.**

**THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.**

BIRTHSTONE:



OPAL

# October 2019

FLOWER:



MARIGOLD

Sun      Mon      Tue      Wed      Thu      Fri      Sat

LADIES BILLIARDS-THURS-10 AM  
 BIBLE STUDY-THURS-10 AM  
 MAHJONG-T HURS-2 PM  
 MEXICAN TRAIN-4:40 PM  
 2nd & 4th TUES  
 BINGO EARLY BIRD-THURS-  
 6:50 PM-

RECYCLE 1

YOGA 8:30AM

BOARD MEET  
 6:30 PM

FEELING FIT 2

10:30 AM

YOGA 6 PM

CHAIR YOGA 3

9 AM

INTERFAITH  
 LUNCH \$4

BINGO 7 PM

FEELING FIT 4

10:30 AM

BREAKFAST 5

8:30 AM

BREAKFAST  
 SPECIAL



6

QIGONG 9AM

YOGA 6 PM

7

YOGA 8:30AM

8

FEELING FIT 9

10:30 AM



YOM KIPPUR  
 YOGA 6 PM

CHAIR YOGA 10

9 AM

INTERFAITH  
 LUNCH \$4

BINGO 7 PM

FEELING FIT 11

10:30 AM

12



13

QIGONG 9AM

LET'S DINE OUT  
 IHOP 5 PM

YOGA 6 PM

14

YOGA 8:30AM

RECYCLE 15

FEELING FIT 16

10:30 AM

YOGA 6 PM

CHAIR YOGA 17

9 AM

INTERFAITH  
 LUNCH \$4

BINGO 7 PM

FEELING FIT 18

10:30 AM

19

SOCIAL  
 CONNECTION

THE MENTALIST



20

QIGONG 9AM

YOGA 6 PM

21

YOGA 8:30AM

READY PANEL  
 3 PM

22

FEELING FIT 23

10:30 AM

YOGA 6 PM

CHAIR YOGA 24

9 AM

ERFAITH  
 LUNCH \$4

BINGO 7 PM

FEELING FIT 25

10:30 AM

26

27

QIGONG 9AM

YOGA 6 PM

28

YOGA 8:30AM

RECYCLE 29

FEELING FIT 30

10:30 AM

YOGA 6 PM

CHAIR YOGA 31

9 AM



BINGO 7 PM

DEADLINE FOR  
 NOVEMBER  
 HILLTOPPER:  
 OCTOBER 10

COLUMBUS DAY-14 th



## HAPPY OCTOBER BIRTHDAYS

Diane Primeau	1	Jannine Oberg	15
Mary Lynn Eakin	2	Allan Pearson	16
Cliff McDonald	3	Lynda Lewis	18
Steve Ahart	3	Sheila Parker	21
Paula Tipton-Healy	6	Eileen Herold	22
John Maxwell	6	Clarita Kemp	22
Bob Wilson	7	Richard Cooper	24
Delane Johnson	8	Lou Collins	24
Janet Bamberger	8	William Jenson	25
Joe Musselwhite	9	John Kirby	26
Susan Egge	10	Barbara Weiland	27
Michael Heyer	12	Martha Cox	27
Melissa Szilagyi	13	Gil Kepner	30
Kate Leslie	14	Rosemary Colquhoun	31
Laura Vaillancourt	15	Sallie Adamson	31
Don Barrett	15	Jeanne Zimmer	31




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## LET'S DINE OUT

On Monday, October 14, we're going to I Hop in Restaurant Row. We will meet at the clubhouse parking lot at **4:30 pm** (dinner at 5). Transportation will be provided for those who are unable to drive or don't drive at night. Be sure to check in at the parking lot so we don't leave anyone behind. If you go directly to the restaurant, **PLEASE** let Hugh know. Too many times residents make a reservation and don't show up, or don't make a reservation and do show up . . . so **PLEASE** call Hugh, 760-597-9545, so arrangements can be made for seating as well as for transportation. Please let us know if you need a ride to the clubhouse. See you there! Dewayne is having back surgery September 24. We all wish him a speedy recovery and look forward to seeing him at dinner again as soon as he's able.



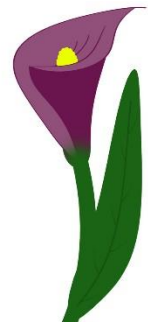
# PEW SOCIAL CONNECTION INVITES YOU

10/19/19	The Mentalist
12/14/19	Holiday Event
12/31/19	New Year's Event

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## SAD TO REPORT

Pat Tormey, a resident of 34 years, passed away peacefully July 13, surrounded by her daughters. She taught Line Dancing for many years and even performed at some functions. She was also a member of a Bible Study Group here and a regular at Thursday night Bingo for years. She faithfully attended the business meetings every month also. There was a service at St. Marks church last month. Maureen and her sisters thank all of you who had them in your thoughts and prayers.



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## THE CITY SCOOP

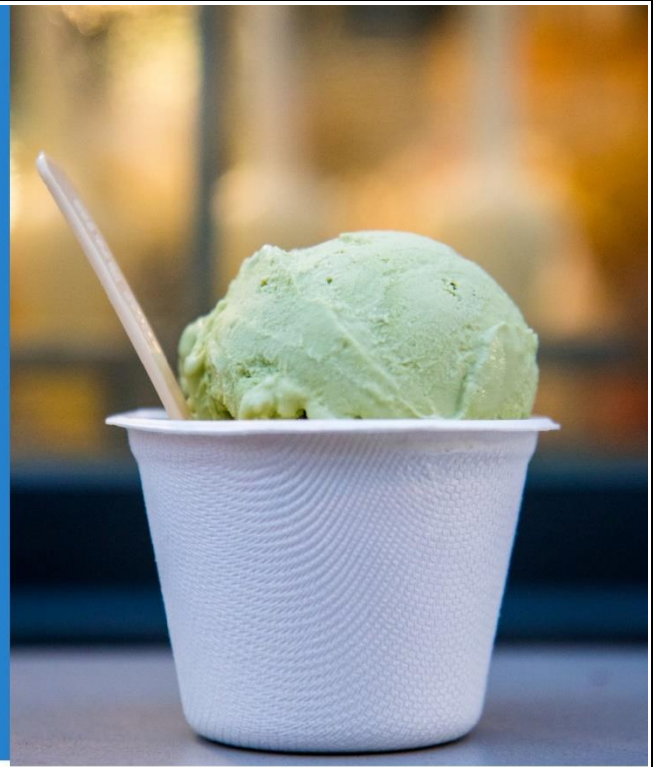
" Know when to hold 'em, know when to fold 'em". This says everything you need to know about this column. We loved the idea of a monthly column that we hoped would provide you with new and interesting information based on what we would learn from attending every City Council meeting. Although this was a great idea, it did not provide us with the valuable information we hoped to obtain and pass on to you.

For those of you who enjoyed our columns, thank you so much for your readership. This will be the last regular installment of this column.

Submitted by Linda Swink

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**YOU ARE  
-CORDIALLY-  
INVITED**



**Come cool off at  
our ice cream  
social!**

Do you have questions about your Medicare or Medicaid? An AGA Medicare Options agent who represents most major Medicare Advantage and Medicare Supplement insurance plans will be available to provide unbiased information and answer any questions you may have with no obligation or cost.

**October 21st  
2-3:30pm @  
Rancho Vallecitos  
Clubhouse!**

**Sign up in the office!**



**Enjoy a bowl of ice  
cream, refreshments,  
and relax with friends**



## Palomar West Free Smart Phone Training Class

- Do you have questions about how to work your phone?
- Do you find yourself constantly frustrated at your smartphone?



SPARC is partnering with California Technology Access Program, to bring free smartphone training classes.

### Topics that will be covered:

- How to make your phone louder and easier to hear
- Sending texts
- Turn your phone into a magnifier
- Connect to Bluetooth
- Operate basic functions and much more!

### Date:

Monday, Oct. 28th

### Time:

Android: 10-12pm  
iPhone: 1-3pm

### Where:

Clubhouse

**SPACE IS LIMITED, REGISTER NOW!**