HILLTOPPER

July 2019 PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz Office: Debbie Bartlett

Office Hours:

Monday thru Friday 9:30 a.m. – 12:00 p.m. 1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Kasey Koenig

Security Patrol

Hidden Valley Security (760) 744-1061

Office: (760) 727-5453 Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies, only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT HAVEN MANAGEMENT SERVICES

1910 Archibald Avenue, Unit S Ontario, California 91761

Property Supervisor: John Davis

(909) 930-9750 Ext. 303 Fax: (909) 930-9498 jdavis@havenms.com

A MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890 Costa Mesa, CA 92626 Phone: (949) 515-5100 Fax: (949) 515-5101

http://millenniumhousing.com

President: George Turk

Vice President: Lori Carraway Project Manager: Diana Welsh

Director of Resident Services: Nicki Ross

MILLENNIUM MEMO

July 2019

It was fun seeing so many of you at the June Homeowners Meeting. I counted about 60 in attendance. Here are some highlights:

- The Fiscal 2020 Budget isn't official yet, but we're predicting Palomar West to generate around \$300K in net surpluses...and spend \$400K+ on Capital Improvements! About half of that amount will be spent on streets.
- We are restoring the \$8,500/year stipend PEWRA had been getting for resident activities. PEWRA plans to increase its financial contribution to PEW's social life, so we are happy to once again partner with them on this. Thanks to Lu Ann & the Board for being proactive.
- We think we've found Lauren's successor as Palomar's representative with SPARC, our resident services partner. I don't want to jinx things with a premature announcement, but I hope to have an update in next month's Memo.
- We have installed 16 new Street Lights (a total of 20 are planned), at a cost of about \$20K. That should help, but if we get the bright idea that some areas are still too dark, we can add even more lighting.

There was more, but this should give you a flavor of the meeting. I hope to see you next time. By the way, regarding that last item:

- Q. Why did the streetlights go out?
- A. Because they liked each other.

In Other News...

• You've probably received your 2019 Income Certification Form by now. Last year your Certs generated a property tax exemption of \$117K, which paid for the new Gym & Kitchen Remodel. Wasn't that more fun than spending those rent dollars on property taxes?

Please take a moment—that's really all it takes—and return your Cert today.

- This month's Kudo goes to Rusty Bassett, if for no other reason than for "rolling 200+ chicken enchiladas for the Cinco de Mayo dinner." Thanks so much, Rusty! I hope your medical insurance covers carpal tunnel syndrome.
- You'll be happy to know that Palomar passed its annual Fire Marshal Inspection. Now if only we can finish clearing out all those weeds...

Thanks again Rudy, turn in your Income Cert...and have a fun 4th of July!

George Turk

Manager's Mentions

July 2019

4th of July



Here we go - we are into the summer holiday schedules and a few extra days that the office will be closed. The 4th falls on a Thursday this year and so a few of our crew members will be taking an extra vacation day to make it a long 4-day weekend. The rest of us will be working with a skeleton crew. But even though the office will be closed on Thursday, all of the amenities are here and open for your enjoyment. And don't forget to sign up for the Social Connection BBQ and Horse Races. Happy 4th of July



🌠 Spray Painting

For many years we were not allowed to spray paint at all in this park. Then times changed along with the rules with the stipulation that any spray painting had to be done by a licensed contractor that carried a \$1,000,000 liability insurance to cover damage to a neighbor's property. So remember, no insurance, then start rolling. Proof of insurance MUST be submitted to the park office prior to beginning the job.

> **ANNUAL COMPLETION OF** INCOME CERTIFICATION FORMS IS MANDATORY!!!!! AND DUE BY JULY 15TH

Don't miss out on a chance at a \$50 gift certificate

Annual Charges

Coming up in July, you will again see two additional \$2 charges on your statement. These appear only in July of every year so you will not see them again until next year. The charge marked HCD is a small portion of the amount that Housing and Community Development requires the Park to pay every year to cover the charge of health and safety inspections that they conduct. The Weights and Measures charge is again a portion of the fees that the Park pays for annual replacement of water meters to comply with regulations. So I will be writing this article again next July. Have a great vear.

No Electronics

The men are coming across a lot of electronics and electrical appliances being put out with regular household trash. Electronics/electrical appliances are a special hazardous waste disposal and need to be disposed of separately. Please, do not put any these items out in your regular Tuesday trash. They will not be picked up. For information and guidance regarding disposal of these items please call: 877-713-2784.

Thank you

Your next water meter reading date will be: Monday, July 8th

Letter from the PEWRA Board President

Hello neighbors and friends, Happy Independence Day!



Thank you to everyone who joined our General Meeting on June 4th. It was great to see you there! Special thanks to our new neighbors for attending. We welcome you to our community.

Many thanks to George Turk, President of Millennium Housing, for traveling to our park to be our guest speaker. Mr. Turk shared Millennium's plans for our park for the upcoming fiscal year. The plan includes street improvements, installation of water shut-off valves, remodeling our Clubhouse bathrooms, new carpet on the putting green and a new treadmill for the gym.

The Board shared our past year's accomplishments.

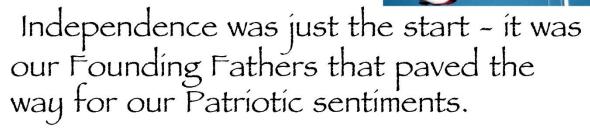
- 1. Revision of our community website, http://www.pewresidents.com. It is a great resource for community information.
- 2. Additional street lighting to dark areas in our park. This project is about 75% complete.
- 3. Converting one of our tennis courts to two pickle ball courts.
- 4. Shifting the responsibility of mowing the grass in the Dog Park to the park landscaping contractor.
- 5. Creation of a Library of Archived Board Documents
- 6. Revision of Park Rules and Regulations. Conversations about this project are complete, and the final document will be mailed to all residents within the next 30 days.
- 7. Converting the PEWRA budget from a calendar year to a fiscal year budget to coincide with Millennium's fiscal year. The new budget will be posted in the Card Room by July 1st.

Thank you and take care of one another.

Lu Ann

Saturday Breakfast





Now it's up to "us" to keep the feeling of pride for this great nation - so how about joining us for a sparkling celebration at breakfast, **July 6th, 8:30** am. Our meal will be mixed with good food, good friends and amazing great human spirits.

\$3 at the door and a welcoming smile that will invite you in.



Hope you had a Happy 4th of July!

FOURTH OF JULY 2019 BROUGHT TO YOU BY PEW SOCIAL CONNECTION







A FREE OLD FASHIONED BARBEQUE HAMBURGERS AND HOT DOGS (WITH ALL THE FIXIN'S) WATERMELON DESSERT BYOB

JULY 4, 2019 AT 12:00 NOON
IN ORDER TO HAVE ENOUGH FOOD,
PLEASE SIGN UP IN CLUBHOUSE BY **JUNE 27**TH
QUESTIONS? CALL LINDA SWINK 760-855-2008

~~HORSE RACING AFTER LUNCH~~
BRING YOUR \$\$\$\$

PEW SOCIAL CONNECTION INVITES YOU

7/4/19	4 th of July Celebration Free BBQ		
9/14/19	Western Roundup Event		
	California Rangers Band		
10/26/19	Fall Event		
12/14/19	Holiday Event		
12/31/19	New Year's Event		

R.E.A.D.Y.

Resident Emergency Assistance Dispatch (For & By) You

Tip of the Month

Let's get back to basics and think about the immediate future. We are anticipating a strong El Nino effect (according to our weather reports) and also approaching vacation season. So, what does this mean to our homes and safety expectations?

If you plan to be away from home for any length of time you may want to be sure that a family member, trusted neighbor or friend has your house key and a contact number. This accomplishes several things:

- 1. Your neighbor will be aware of any unsolicited activity at your home and can contact you or the authorities.
- 2. If a disastrous event occurs, someone will be able to check your home, possibly turn off potentially dangerous services and inform you of the situation.
- 3. Your home being watched and protected can incidentally protect others in your area at the same time.

Your privacy is important for sure, but so may be the additional security and peace of mind that your home and possessions are cared for in your absence.

YOU ARE YOUR FIRST LINE OF DEFENSE BE SMART – BE READY – STAY SAFE

BLOCK CAPTAINS NEEDED

Please contact Ruthann Kirby (619) 997-3040

RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

Members

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm - Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Cindy Palermo- Treasurer, Claudeen Lindsay- Secretary Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

HILLTOPPER COMMITTEE

Lenetta Gee, Elaine Bassin, Lynn Chialtas, Peggy Cremering, Ruthann Kirby, Debbie McQuillan, Linda Swink

READY ADVISORY PANEL

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas Clark Moody, Cindy Palermo, Lee Tydlaska, Margie Farrelly, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy, Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau Alternate: Wendy Jones

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligot, Bill Paterson, Peggy Cremering

Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening situation call 911

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	TIME &DAY	CONTACT	PHONE
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 st Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	10:30- 11:30 am W & F	Bill Paterson	760-450-5654
Golf (Men)	9 am Th	Dewayne Hudson	760-727-2389
Let's Dine Out	5 pm 2 nd M/ Monthly	Dewayne Hudson	760-727-2389
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending	Open as needed	Dewayne Hudson	760-727-2389
Closet		John Kirby	760-734-1340
		Hugh Hatch	760-597-9545
Mexican Train	4:30 pm Every 2 nd and 4 th Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F	Dan Timian	619-852-6671
	10 am Sa & Su	Chris Craig-Jones	760-529-2606
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 nd W	Kay Lilland	928-485-3365
	10-4 4 th Tu		
	North Multipurpose Room		
R.E.A.D.Y. Panel	3 pm 4 th Tu Card Room	Ruthann Kirby	760-734-1340
Emergency Preparedness		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu	LuAnn Foster	480-203-4330
	6 pm M, W		
	9 am Th (Chair)		
	Pavilion		

Hilltopper Editor Elaine Bassin- bassin1328@sbcglobal.net

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by 10th.

Submit information on deaths, illnesses and moves to Ruthann Kirby 760-734-1340

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

BIRTHSTONE: RUBY

July 2019

FLOWER: LARKSPUR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NTERFAITH LUNCH	QI GONG 9 AM	YOGA 8:30 AM	FEELING FIT 3	INDEPENDENCE/ DAY BARBE CUE	5 FEELING FIT 10:30 AM	BREAKFAST6 8:30 AM
EVERY HURS-NOON \$4.00	YOGA 6 PM	BOARD MEET 6:30 PM	YOGA 6 PM	CHAIRY 0GA9 AM BING O 7 PM		
7	QI GONG 9 AM LET 'S DINE OUT-5 PM CHILI'S-VISTA	RECYCLE9 YOGA 8:30 AM	10 feeling fit 10:30 AM	11 CHAIR Y OGA 9 AM	12 FEELING FIT 10:30 AM	13
	YOGA 6 PM		YOGA 6 PM	BINGO 7 PM		
14		16 YOGA 8:30 AM	17 FEELING FIT 10:30 AM	18 CHAIR Y OGA 9 AM	19 feelingfit 10:30 am	20
	YOGA 6 PM		YOGA 6 PM	BINGO 7 PM		
21	22 qigong9am	RECYCLE23	24 FEELING FIT 10:30 AM	25 CHAIR¥OGA9 AM	26 FEELING FIT 10:30 AM	27
	YOGA 6 PM	READY PANEL 3 PM	YOGA 6 PM	BINGO 7 PM		
28	29 qigong9am	30 yoga 8:30 am	31 feelingfit 10:30 AM	LADIES BILLIARDS-THURS-10 AM BIBLE STUDY-THURS-10 AM-CARD ROOM MAHJONG-THURS-2 PM MEXICAN TRAIN-2nd & 4th TUE S-4:30 PM BINGO EARLY BIRD-THURS-6:50 PM DEADLINE FOR AUGUST HILLTOPPER JULY 10		
	YOGA 6 PM		YOGA 6 PM			

HAPPY JULY BIRTHDAYS

Billie Hatch	2	Cindy Stubbs	17
Trish Coy	3	Jim Balog	18
Helen Doherty	4	Annette Jameson	19
Donna Ferguson	4	Beverly Reed	19
Bob Chernis	4	Sandie Brown	19
Stephanie Wright	5	Debra Balmos	19
Pat Balmos	7	Edward Bolton	19
Marcia Brown	7	Pat Tormey	20
Jean Ash	8	Louis Samuels	20
Robin Green	8	Scarlett Osso	21
Michael Webb	8	Leonard Reed	22
Don Cardenas	9	Merrilyn Moore	23
Judy Garber	11	JoAnn Brandon	24
Yvonne Schrock	12	Olivia Williams	26
Ron Brimer	13	Patsy Stokes	27
Frank Escalante	14	Wendy Jones	29
Joyce Smith	14	Dave Herold	30
Dee Enevold	16	Don Flaherty	31
Ron Byrd	16		
Herlinda Mahler	16		



Let's dine out

On Monday, July 8, we're going to Chili's in Vista. We will meet at the clubhouse parking lot at **4:30 pm** (dinner at 5). Transportation will be provided for those who are unable to drive or don't drive at night. Be sure to check in at the parking lot so we don't leave anyone behind. If you go directly to the restaurant, *PLEASE* let Dewayne know. Too many times residents make a reservation and don't show up, or don't make a reservation and do show up . . . so *PLEASE* call Dewayne or Cherie, 727-2389, so arrangements can be made for seating as well as for transportation. Please let us know if you need a ride to the clubhouse. See you there!

Sorry to Report

<u>Joan Watson</u>, space 129, passed away on May 28th, 2019. She had been a resident for 35 years. She was born in Indiana in 1929. With her husband, Al Davey, she traveled in her R.V. to all of the continental United States. She loved to sing and sang in many church choirs including Meadowlark Church. She was a member of to the Lake Church in San Marcos and will be missed by family and friends. She is survived by two of her 4 children, Mark and Marcia, 8 grandchildren and 2 great grandchildren. Submitted by Shirley Burge

We are also sorry to report the deaths of Marge Powell, Gordon Hatch (son of Hugh and Billie) and Joan Van Zelm.

Submitted by Hilltopper Staff

THE CITY SCOOP

We've heard in the movies that "The City never sleeps". Truth or not our Council was busy in May. Of the potentially interesting topics were streets, population growth, resident concerns and the public acknowledgement of persons adding value to our city. Let us explain –

In 2004 there was a vote on a tax bill (Transnet) for the improvement of roads and highways. 69.61 per cent of San Marcos residents voted FOR this sales tax. Now SAN DAC wants a change to the use of that money in a proposal they call "5 Big Moves". This would take money away from its original purpose and put it into more "light rail" service around the county. If the light rail were to get approved our streets and freeways would be put on the back burner once again which for us here in San Marcos that means the \$9 million assigned for the 78 and local road repairs could wait for an undetermined amount of time. Our City Council and the County Supervisor voted against the proposal and want to stay with the 2004 rate. But unfortunately, this vote also goes to every City and County council in the entire San Diego County.

Allen Bros Mortuary on Twin Oaks Blvd wants to incorporate a crematorium on their premises. They sent out notices to the local residents of this application. There is a very distinct negative reaction from said residents. It was noted in the citizens' presentation that not only are there many health reasons for rejecting this facility, there are currently 5 crematoriums in the County now, and one of them is only 7 miles from San Marcos. The Council didn't decide at the open meeting but surely there will be more to come on this issue.

Some think it's time for a 3rd San Marcos High School. Our general population is growing, and construction is evident throughout the City including more affordable multi-family housing projects. Again, no decision was shared at the open meeting

On a lighter side -

The City recognized several San Marcos Sheriff Deputies for the highest number of recovery and arrests in auto theft incidents. It was reported that there were 10,200 auto thefts in 2018. Locally there have been 177 cars stolen. Of those our Deputies recovered 77 of them and made 41 arrests. There were just three Deputies present to receive the awards, but other officers also received recognition. The Captain at our Station 90 was very proud.

Also, the City recognized 49 students from High Tech High on San Marcos Blvd who are part of a Storm Water Partnership Program. These interns look for pollutants and trash in our street gutters and drains to determine the level of harmful chemicals and debris in our city drainage system, water shed areas and vernal pools and then report their findings to authorities. This is a great program that focuses on our City's health and safety and these young people are enthusiastic in their endeavors. They certainly deserved the recognition in our opinion.

By Lynn Chialtas and Linda Swink

Aquarobics

The benefits of aqua exercise:

- Low impact: Water places an upward force on the body buoyancy which basically means you can experience as much as 90% less weight in the water. So not as much pressure on the joints.
- Water aerobics can improve your cardiovascular and respiratory system in the same ways as running and cycling.
- Boosts confidence: Water is naturally supportive. No need to worry about falling. It will support you throughout your exercises.
- Calorie burn: About 400-500 calories per hour of exercise. (Aquatic Exercise Association)
- And it's fun!

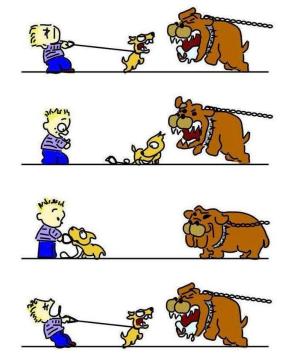
Join us M-F from 9-10:00. Have some fun, meet your neighbors and get fit!

And on Wednesday, July 17 at 12:00 join us for lunch at:
Sublime Ale House 1020 W. San Marcos Blvd
where we will celebrate summer, fitness and friendship.

See you in the pool! Trish Coy

Dog Humor





Submitted by Debbie McQuillan

Cool Ranch Chickpeas



by MAKINZE GORE

MAY 22, 2019

Chickpeas get super crispy in the oven and make the perfect, addicting snack. So much better than snacking on a bag of chips! Make sure your chickpeas are dry before going in the oven and they'll also crisp as they cool!

We know you love cool ranch so check out these baked pickle chips!

YIELDS:6 SERVINGS
PREP TIME:0 HOURS 5 MINS
TOTAL TIME:0 HOURS 55 MINS

INGREDIENTS

2

(15-oz.) cans chickpeas, drained and rinsed

1/2 c. extra-virgin olive oil

2 tbsp. ranch seasoning

DIRECTIONS

- 1. Preheat oven to 400° and dry chickpeas very well with paper towels. Spread chickpeas out on a large baking sheet in an even layer. Bake until golden and crispy, 30 minutes.
- 2. In a large bowl, toss hot chickpeas with oil and seasoning. Spread back out on baking sheet and bake again for 5 minutes more. Chickpeas will continue to crisp as they cool.

https://www.delish.com/cooking/recipe-ideas/a27496150/cool-ranch-chickpeas-recipe/

Submitted by Debbie McQuillan



The Words of Andy Rooney

a man who had the gift of saying so much with so few words

• I've learned....

That the best classroom in the world is at the feet of an elderly person.

I've learned....

That when you're in love, it shows.

• I've learned

That just one person saying to me, 'You've made my day!' makes my day.

I've learned....

That having a child fall asleep in your arms is one of the most peaceful feelings in the world.

I've learned....

That being kind is more important than being right.

I've learned....

That you should never say no to a gift from a child.

I've learned....

That I can always pray for someone when I don't have the strength to help him in any other way.

I've learned....

That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

• I've learned....

That sometimes all a person needs is a hand to hold and a heart to understand.

I've learned....

That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned....

That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

• I've learned....

That money doesn't buy class.

I've learned....

That it's those small daily happenings that make life so spectacular.

• I've learned...

That under everyone's hard shell is someone who wants to be appreciated and loved.

I've learned....

That to ignore the facts does not change the facts.

I've learned....

That when you plan to get even with someone, you are only letting that person continue to hurt you.

• I've learned....

That love, not time, heals all wounds.

I've learned....

That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

I've learned....

That everyone you meet deserves to be greeted with a smile.

I've learned....

That no one is perfect until you fall in love with them.

• I've learned....

That life is tough, but I'm tougher.

I've learned....

That opportunities are never lost; someone will take the ones you miss.

• I've learned....

That when you harbor bitterness, happiness will dock elsewhere.

• I've learned....

That I wish I could have told my Mom that I love her one more time before she passed away.

• I've learned....

That one should keep his words both soft and tender, because tomorrow he may have to eat them.

I've learned....

That a smile is an inexpensive way to improve your looks.

I've learned....

That when your newly born grandchild holds your little finger in his little fist, you're hooked for life.

I've learned....

That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

I've learned....

That the less time I have to work with, the more things I get done.

Submitted by Elaine Bassin