

HILLTOPPER

August 2019

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz
Office: Debbie Bartlett
Office Hours:
Monday thru Friday
9:30 a.m. – 12:00 p.m.
1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Kasey Koenig

Security Patrol

Hidden Valley Security
(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies, only:
(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT
HAVEN MANAGEMENT SERVICES
1910 Archibald Avenue, Unit S
Ontario, California 91761
Property Supervisor: John Davis
(909) 930-9750 Ext. 303
Fax: (909) 930-9498
jdavis@havenms.com

A MILLENNIUM HOUSING COMMUNITY
611 Anton Blvd., Suite 890
Costa Mesa, CA 92626
Phone: (949) 515-5100
Fax: (949) 515-5101
<http://millenniumhousing.com>
President: George Turk
Vice President: Lori Carraway
Project Manager: Diana Welsh
Director of Resident Services: Nicki Ross

MILLENNIUM MEMO

August 2019

“Treadmills will get you nowhere.” Common complaint at gyms.

You’ll soon find out if that’s true, as the newly adopted Park Budget includes a \$4K treadmill for the Gym. What else is in the Budget, you ask? Here’s a sampling:

- Streets, driveways, retaining walls--\$246K.
- Remodel Clubhouse Bathrooms to be ADA compliant--\$65K.
- Water Shut-off Valves--\$50K.
- Park Lighting--\$21K
- Putting Green Carpet, Office Flooring, Clubhouse Auto-Door Opener--\$18K.

That’s \$400K—not counting the treadmill. The Surplus for the just-ended Bond Year was “only” \$319,856, so we’re reinvesting every penny you paid in rent—and then some! You see why we pester you about returning your Income Certs?

Your Rent Dollars at Work!

Meet Jessie Gomez

I am delighted to report that Yesenia Gomez has joined the SPARC team and is Palomar’s new SPARC Representative. I hope you get a chance to meet her soon.

Yesenia—or Jessie, as her friends call her--has strong experience working in the social service field and is very excited to begin looking for resources & programs to bring to Palomar. Please give her a warm welcome.

On her first day with SPARC, I took Jessie out to lunch—a French restaurant. They had escargot on the menu, so I asked her if she wanted to order that. “No,” she said. “I prefer fast food.”

“The ground lease expires on March 1, 2037. What happens then?”

The short answer: it’s impossible to say.

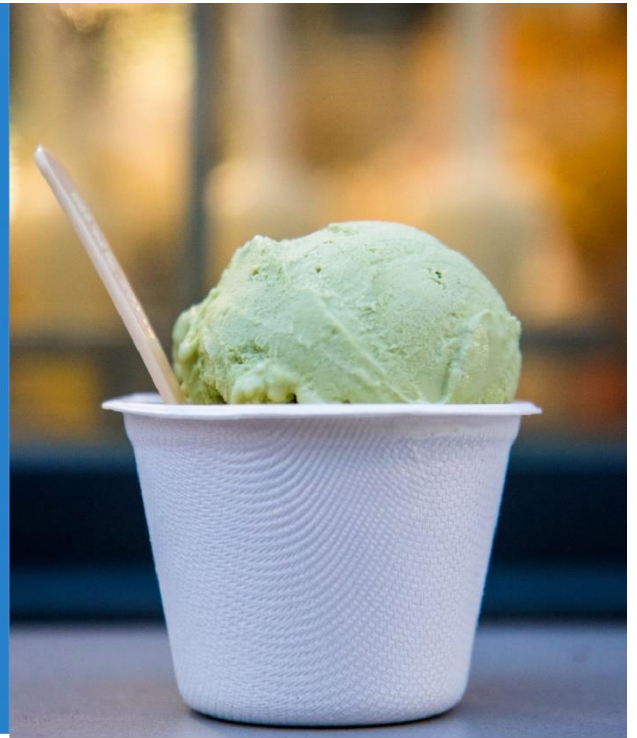
Usually ground leases either get extended or the lessee—that’s us—buys the land. If neither happens, then the ground lease expires in 18 years, Millennium throws a Farewell Party and F & M becomes your new landlord.

If F & M does take over in 2037, Palomar would still be subject to the protections afforded by the City’s Closure Ordinance, Rent Control & the Mobile Home Residency Law. Yes, those laws could be repealed, but with the pressure for affordable housing these days, how likely is that to happen?

Until then, enjoy the amazing Palomar Lifestyle, welcome Jessie...and turn in your Income Certification!

George Turk

**YOU ARE
-CORDIALLY-
INVITED**



**Come cool off at
our ice cream
social!**

Do you have questions about your Medicare or Medicaid? An AGA Medicare Options agent who represents most major Medicare Advantage and Medicare Supplement insurance plans will be available to provide unbiased information and answer any questions you may have with no obligation or cost.

**August 13th
1:30-3pm @
Palomar West
Clubhouse!**

Sign up in the office!



**Enjoy a bowl of ice
cream, refreshments,
and relax with friends**

Manager's Mentions

Returns next month

Letter from the PEWRA Board President

Hello neighbors and friends,

Welcome Summertime and the Living is Easy!

By now, you received your copy of the revised Rules and Regulations. A summary of the changes precedes the document. The meeting to review the changes followed the July PEWRA Board meeting, and the new Rules and Regs went into effect at that time. Please sign your acknowledge and submit that page to the office.

One of the "trial" changes allows guests to use the swimming pool facilities without being accompanied by a resident. We did not change the rule. Rather, we left the rule to say, "Guest use of common area facilities is governed by posted signs." Pool signs will continue to state that guests must be accompanied by a resident, until we are sure the process will work well for our park. You may obtain a pass for your guests (one pass per home) at the office. Guests must carry a pass and comply with the posted rules, so everyone has a safe and enjoyable time at the pool. If you have any questions about the process, please contact a PEWRA Board member for clarification.

Thank you, Linda Swink, Bill Paterson, Larry Jones and Larry Brown, for your time and effort working on this new document. We appreciate you.

The Board continues to remind management of weed overgrowth on the park slopes. John Davis is communicating with Coast Landscaping about this problem.

We are hoping someone will volunteer to coordinate our Community Yard Sale event this year on October 26th. If you would like to take charge or help with the event, please let us know.

Thank you and take care of one another.

Lu Ann



Saturday Breakfast

To some, August is the last "stand" of summer...but for us, it's another reason to be content with any weather ahead that we are given. And... our simple community gatherings are definitely our way of contentment towards bringing us all together for...

BREAKFAST...August 3rd 8:30am

We have no boundaries and we make sure that every 1st Saturday of each month we offer to serve a good meal at the start of your day, and naturally with a smile.

Never believe that your "best days" are behind you - for we will attempt to make time together - another memorable moment.

If you sign up, Show up!



WESTERN ROUNDUP

SEPTEMBER 14, 2019, 5:30 – 9:00 PM

**PRESENTED BY PEW SOCIAL CONNECTION
FEATURING THE CALIFORNIA RANGERS WESTERN BAND**

WESTERN STYLE DINNER

BBQ Chicken

Pulled Pork

Cole Slaw

Beans

Rolls / Chips

Dessert

BYOB

\$10.00 PER PERSON

**PLEASE SIGN UP AND PAY IN CLUBHOUSE BY
SEPTEMBER 7TH (PAYABLE TO SOCIAL CONNECTION)**

Questions? Call Linda Swink at 760-855-2008

RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown
Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

Members

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm – Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Cindy Palermo- Treasurer, Claudeen Lindsay- Secretary
Cathy Bassett, Herlinda Mahler, Sandy Brown, Mary Ahart, Arleen Schlafer, Rusty Bassett

HILLTOPPER COMMITTEE

Lenetta Gee, Elaine Bassin, Lynn Chialtas, Peggy Cremering,
Ruthann Kirby, Debbie McQuillan, Linda Swink

READY ADVISORY PANEL

Ruthann Kirby, Carol Spizzirri, Bryan Cooper, Mary Wallace, Lynn Chialtas
Clark Moody, Cindy Palermo, Lee Tydlaska, Margie Farrelly, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Peggy Cremering, Helen Lyon, Cathy Bassett, Diana Primeau
Alternate: Wendy Jones

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligot,
Bill Paterson, Peggy Cremering

**Fire, Sheriff or Emergency in progress, such as break-ins, health problems or life-threatening
situation call 911**

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Aqua Exercise	1:30 MTuWF	Peggy Cremering	760-727-0231
Bible Study- Non-denom.	10 am Th Card Room	Shirley Burge	760-536-9624
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	10:00 am Th	Lynn Chialtas	760-310-1354
Bingo	6:50 pm Th	Delane Johnson	612-240-4049
Breakfast	8:30 am 1 st Sat/Monthly	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	10:30- 11:30 am W & F	Bill Paterson	760-450-5654
Golf (Men)	9 am Th	Dewayne Hudson	760-727-2389
Let's Dine Out	5 pm 2 nd M/ Monthly	Dewayne Hudson	760-727-2389
Library	Open Daily	Ruthann Kirby	760-734-1340
Mahjong	2:00 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Dewayne Hudson	760-727-2389
		John Kirby	760-734-1340
		Hugh Hatch	760-597-9545
Mexican Train	4:30 pm Every 2 nd and 4 th Tu Pavilion	Diana Primeau	503-380-6686
Pickleball	3 pm M-F 10 am Sa & Su	Dan Timian	619-852-6671
		Chris Craig-Jones	760-529-2606
Ping Pong	10:30 am M	Nejla Gharajedaghi	760-536-9583
Quilting	10-4 2 nd W 10-4 4 th Tu North Multipurpose Room	Kay Lilland	928-486-3365
R.E.A.D.Y. Panel Emergency Preparedness	3 pm 4 th Tu Card Room	Ruthann Kirby	760-734-1340
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	George Krell	760-734-6522
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340
Yoga	8:30 am Tu 6 pm M, W 9 am Th (Chair) Pavilion	LuAnn Foster	480-203-4330

Hilltopper Editor Elaine Bassin- bassin1328@sbcglobal.net

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by 10th.

Submit information on deaths, illnesses and moves to Ruthann Kirby 760-734-1340

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

BIRTHSTONE:
PERIDOT

August 2019

FLOWER:
GLADIOLUS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
LADIES BILLIARDS - THURS - 10 AM BIBLE STUDY - THURS - 10 AM - CARD ROOM MAHJONG - THURS - 2 PM MEXICAN TRAIN - 2nd & 4th TUES - 4:30 PM BINGO EARLY BIRD - THURS - 6:50 PM LUNCH - EVERY THURS - NOON - \$4.00 DEADLINE FOR SEPT HILLTOPPER - AUGUST 10				1 CHAIR YOGA 9 AM	2 FEELING FIT 10:30 AM	3 BREAKFAST 8:30 AM
4	5 QIGONG 9 AM YOGA 6 PM	6 RECYCLE YOGA 8:30 AM BOARD MEET 6:30 PM	7 FEELING FIT 10:30 AM YOGA 6 PM	8 CHAIR YOGA 9 AM BINGO 7 PM	9 FEELING FIT 10:30 AM	10
11	12 QIGONG 9 AM LET'S DINE OUT OLD SPAGHETTI FACTORY-5PM YOGA 6 PM	13 YOGA 8:30 AM	14 FEELING FIT 10:30 AM YOGA 6 PM	15 CHAIR YOGA 9 AM BINGO 7 PM	16 FEELING FIT 10:30 AM	17
18	19 QIGONG 9 AM YOGA 6 PM	20 RECYCLE YOGA 8:30 AM	21 FEELING FIT 10:30 AM YOGA 6 PM	22 CHAIR YOGA 9 AM BINGO 7 PM	23 FEELING FIT 10:30 AM	24
25	26 QIGONG 9 AM YOGA 6 PM	27 YOGA 8:30 AM READY PANEL 3 PM	28 FEELING FIT 10:30 AM YOGA 6 PM	29 CHAIR YOGA 9 AM BINGO 7 PM	30 FEELING FIT 10:30 AM	31

HAPPY AUGUST BIRTHDAYS

Jennifer Cook	1	Erin Wolff	16
Scott Higgins	2	Billie Sorenson	16
Carol Benik	2	Pat Lindemann	17
Jim Cately	5	Karen Barlow	20
Marie Witter	5	Lisa Berman	20
Ed Podrouzek	7	Ethel Foster	20
Donna Bettencourt	8	Len Brady	21
Cheryl Halter	8	Scott Robertson	22
Wayne Kirts	9	Lynn Thomas	22
Lynn Chialtas	9	Kim Stevenson	23
Emily Cox	10	David Darnick	23
Ralph Clark	12	Kathy Sims	23
Judy Gano	12	Fran Miller (#101)	25
Jack Palaman	12	George Newby	28
Cheryl Robertson	14	Norma Conner	29
Cathie Byrd	14	Ruthann Kirby	30
Bob Weiland	15	Jeanene Moenckmeier	31
Paul Berkos	15		



Let's dine out

On Monday, August 12, we're going to The Old Spaghetti Factory. We will meet at the clubhouse parking lot at **4:30 pm** (dinner at 5). Transportation will be provided for those who are unable to drive or don't drive at night. Be sure to check in at the parking lot so we don't leave anyone behind. If you go directly to the restaurant, **PLEASE** let Dewayne know. Too many times residents make a reservation and don't show up, or don't make a reservation and do show up . . . so **PLEASE** call Dewayne or Cherie, 727-2389, so arrangements can be made for seating as well as for transportation. Please let us know if you need a ride to the clubhouse. See you there!

I found this article in the July 2013 issue of The Hilltopper and thought it worth repeating here:

“What can be better than friends enjoying stimulating conversation over a good meal, and what can be more appropriate than thanking the couple who have continued to make that happen over the past 86 (then) months? Cherie and Dewayne Hudson have taken us to 36 (then) different restaurants, organized transportation for those who don't drive or don't drive at night and overcome the inevitable obstacles along the way. One San Marcos restaurant would not issue individual checks until Dewayne contacted the corporate office for approval. The result - we are now welcomed with open arms at this establishment. We all owe a debt of gratitude to Cherie and Dewayne for their hard work, perseverance and dedication to keeping our monthly Dine Out dates a pleasure to attend. Kudos to Cherie and Dewayne!” And let us say, once again, thanks to the Hudsons for keeping this fun evening, every month, something many of us look forward to. Hope you keep up the good work for a long time to come . . . we love you!!

THE CITY SCOOP

SanDag made an interesting presentation to the San Marcos City Council at a recent meeting. The title of the presentation was “SANDAG BIG MOVES” which contains 5 Big Moves to help alleviate traffic congestion in our county.

The first Big Move is to add high speed transit service along local streets and roads to get people moving quickly from their home to their place of employment. This would also include the addition of more efficient streetlights.

The Second Big Move would include what they call “transit leaps” like overhead rail systems and/or tunnel for these systems.

The third Big Move would create “Mobility Hubs” in residential areas for residents to get from their home to a larger transit system that could get them to work or elsewhere.

The Fourth Big Move includes the creation of “Flexible Fleets” that would provide smaller transit vehicles similar to busses, etc., that would get people moving from one area of town to another.

The Fifth Big Move is the actual “brains” of the system that would connect all of the above services from areas within different cities but also a light rail that would run from the Mexican Border to Oceanside. This would also include both tunnels and overhead rail systems.

They concluded the presentation by saying that they have no estimate of the cost or any idea where the funds will come from to complete the project. By the time you read this, you will probably know how SanDag intends how to get the funding for this project.

This is a hot topic right now so stay tuned for more information.

Submitted by Linda Swink & Lynn Chialtas

CRUNCHY BROCCOLI SALAD

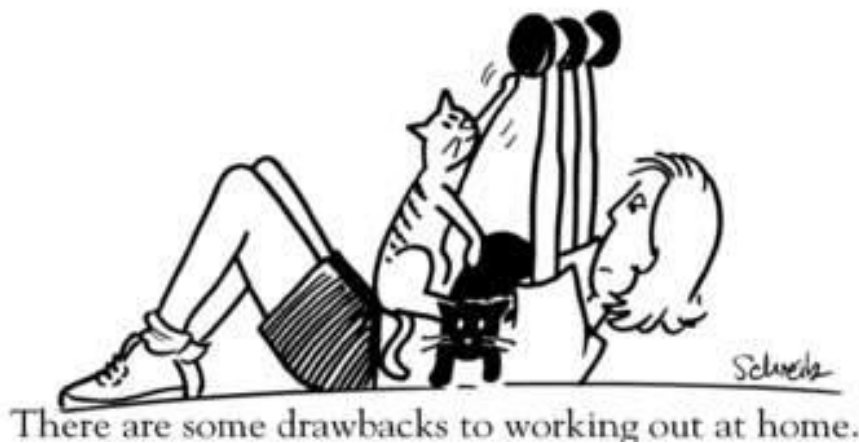
8 cups fresh broccoli florets (about 1 lb.)
1 bunch green onions, thinly sliced
1/2 cup dried cranberries
3 Tbsp. canola oil
2 Tbsp. seasoned rice vinegar
2 Tbsp. sugar
1/4 cup sunflower kernels
3 bacon strips cooked and crumbled.

In a large bowl, combine broccoli, green onions and cranberries. In a small bowl, whisk oil, vinegar and sugar until blended; drizzle over broccoli mixture and toss to coat. Refrigerate until serving. Sprinkle with sunflower kernels and bacon before serving.

YIELD: 10 servings.

Submitted by Linda Swink

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Come check out our many exercise classes at the clubhouse.

Submitted by Debbie McQuillan

Dog Park News

The dog park continues to get more beautiful with greener grass and addition of the shade umbrella. At the PEW meeting we were told that soon we will be getting new benches. The dog park is a place that your dogs can not just do their business, but also a social hub where people can meet and talk. It has been a welcome addition to the park since it was added about 10 years ago.

When the people in the park voted to add the dog park, it was given the hours of 8 am to 8 pm. Recently some people have not respected the hours of the dog park. They have come as early as 6:30 in the morning and as late as 10:30 at night. This isn't fair to the neighbors that have been woken to slamming car doors, people talking on their phones or listening to music in their cars. Therefore, the dog park got a new addition, a padlock on the gate. The gate will be unlocked at 8 am and locked at 8 pm. This is similar to what we do with the gym and clubhouse. They aren't open 24 hrs. At the closing time they are locked.

I hope we can all continue to use this park and enjoy it.

Submitted by Debbie McQuillan





DO YOU KNOW?

Do you know.... that Interfaith Community Services provides minor home repairs such as leaky faucets, repairing screen doors and windows or installing grab bars or smoke alarms?

Do you know.... that Interfaith Community Services provides "How R U?" Calls on a daily basis to check on seniors signed up on the program.

Do you know.... that Interfaith Community Services provides supportive services to seniors who may need referrals for emergency financial support and services to allow seniors to remain independent?

Do you know.... that Interfaith Community Services has a lunch truck that comes to Palomar West every Thursday at 11:30 am and for only \$4.00 you have a choice of 10 entrees to choose from along with a side and dessert or fruit?

Except for the lunch, all these services are free to seniors!!! Please feel free to take advantage of the services which may benefit you.

Submitted by Claudeen Lindsey

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THANKS TO ALL

Billie and I extend our deepest appreciation for all the cards, letters, emails, and calls received regarding the passing of our son, Gordon.

It is with heartfelt thanks that we express what a wonderful thing it is to know that we have a large neighborhood of people who sincerely care for each other.

We thank you for being our neighbors and for caring for us through this time of loss.

Sincerely,

Hugh Hatch



THE JULY 4th BBQ

A Good Time was Had by All



THE JULY 4th BBQ

Lots of Horsing Around

