HILLTOPPER JANUARY 2024 PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz Office: Lisa Hamernick Office Hours: Monday thru Friday

9:30 a.m. – 12:00 p.m. 1 p.m. – 4:00 p.m.

Office Staff Gayle Plant

Weekend Relief Doug Tickner

Security Patrol Hidden Valley Security (760) 744-1061

Office: (760) 727-5453 Fax: (760) 727-3054 After hours - emergencies only: (888) 518-6064 **E-mail:** <u>Palomarestateswest@gmail.com</u>

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204 Ontario, CA 91764 Property Supervisor: Katie Davis (909) 930-9750 Ext. 3005 Fax: (909) 481-7260 kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890 Costa Mesa, CA 92626 Phone: (949) 515-5100 Fax: (949) 515-5101 <u>http://millenniumhousing.com</u> President: George Turk COO / Vice President: Lori Carraway Director of Asset Services: Diana Welsh SPARC Director: Stacee Kazmierski

MILLENNIUM MEMO

It's been another eventful year in Palomar West, but then aren't they all. Here are just a few of 2023's many Palomar highlights:

- The most noteworthy event: Debbie Bartlett's retirement, after 19 years of service longer than most of you have lived here. Debbie is a tough act to follow, but we're sure that Lisa is up to the task, as she starts <u>her</u> 19-year term.
- March 18 was the 20th Anniversary of Palomar's conversion to non-profit ownership and its rescue from the Porath Partnership, the previous owners. Debbie started just a year later.
- Stacee & the folks at SPARC continued to sponsor seminars, Band & Bingo, free tax prep, exercise classes...what a great partner for Palomar.
- 100% of you returned your Income Certs, which might be <u>my</u> favorite highlight.
- 28 homes sold during the year, at an average price of about \$325K down somewhat from 2022, but your home remains a very valuable asset.
- Many of you earned Kudos for your service to your neighbors. All of our Kudowinners are special, but those of you who donated toys to children in need might be a bit <u>more</u> special. Palomar has some amazing residents!

Speaking of which...this month's Kudo goes to Susan Balog, for taking over the Librarian position. That's not an easy job, so thanks to Susan for stepping up.

• Finally, we owe a Kudo to Felipe & his team for the job they do maintaining Palomar West's 74 lush acres, hillsides and facilities...and for installing the Christmas decorations. Thanks to them, you live in a beautiful community.

On that note, please welcome Abraham Moreno, the most recent addition to the Maintenance Staff. Abraham "brings skills, motivation and is very hands on," but then Abraham is an ex-Marine, so none of that is surprising.

Just another great year in Palomar!

On a Personal Note

For my part, 2023 was big in a couple ways. We gained 2 more grandchildren, and...I turned 70. Ouch!

My buddy and I went out for drinks to celebrate, as he is also 70. I saw two men across the bar, and said: "That'll be us in 10 years." His reply: "That's a mirror, you dummy!"

Have a fun & exciting 2024!

George Turk

From the PEW Residents Board

The board would like to thank all the residents who so generously provided toys for the Toys 4 Tots campaign and food for the Annual Food Drive. Both drives have exceeded last year's donations and demonstrate what an exceptional community PEW and its residents are.

Another example of how our community works in unison to improve our park is the little marvel the Garden Club has created at the top end of Viewpoint. If you haven't yet visited to see the new 'Community Garden' we suggest you either stroll or drive past it and appreciate the work and dedication of the garden club members and garden plot owners.

Sadly, the board accepted resignations from two of our members last month. Fortunately, we have had two volunteers who have agreed to serve for the remainder of the fiscal year. We are pleased to welcome Jesse Nieto and Larry Jones to the board.

In advance of our annual membership drive and in support of the PEW residents, the PEWRA board has created a public statement which we feel defines the vison and mission of the board and our community members. We hope this statement will encourage all residents to enroll as members of PEWRA. The fee for 2024 is \$10 and this membership ensures that resident members have a vote per household on any matters that require the community's input as well as support various projects and activities.

We envision a community of neighbors working together in private and voluntary associations to achieve a higher quality of life and increasing property values. We envision a community that is considered by residents and non-residents alike to be a desirable place in which to live and thrive.

Mission Statement

The mission of the board members of PEWRA is to uphold and enhance the lives of our residents and value of our community.

We, the board members, will consistently abide by our Rules & regulations, Bylaws, restrictions, and policies to ensure we are always taking a fair, ethical and objective approach in representing the interest of al homeowners. PEW should remain a safe and desirable place to live for all residents. The Association will, at all times, provide a forum for discussing the views and concerns of all members. The board will continue to work together to provide ethical and fiscally responsible solutions that promote a sense of community, enhance our property values, and preserve the community into the future.

Board Objectives:

- Encourage collaborative and diverse participation that includes an involved membership.
- Utilize the experience of The Board members to make and implement responsible decisions and to be good stewards regarding the use of funds and assets belonging to the Association.

- Uphold the rules & regulations, bylaws and policies of the community and association by taking a fair, ethical, and objective approach in representing the interest of all homeowners.
- Treat every issue which comes before the Board with respect. Resolutions and responses will be clearly communicated to affected parties.
- Communicate with homeowners in a timely manner through appropriate mediums and facilitate opportunities for activities and committees promoting a close-knit neighborly community that works together for the good of all.
- Be forever mindful of and preserve the Association's Vision, Mission, and values.

Member Objectives:

- **Good Neighbors First.** There is no better substitute for resolving community issues as neighbors.
- **Volunteerism.** We highly value participation in the Association that extends beyond the normal commitment(s) of being a member/resident.
- Property Maintenance. Property owners/residents will maintain their respective property in accordance with our rules & regulations, bylaws and policies of the community and association that enhances the community.
- **Common Good.** We will evaluate all issues on their merit to the Association, our Mission Vision, and Values, and not with regard to any particular interest/person/group.

~^^^^^

A reminder, there will be no PEWRA meeting in January due to the holiday.

The next meeting will be February 6, 2024, and will be our quarterly General meeting. We are looking forward to our guest speaker, Stacee Kazmierski, the representative from SPARC.

With the beginning of a new year, the board wishes everyone a year of tranquility and happiness.

Jo Gehringer

PEWRA Board-Secretary

MANAGER'S CORNER JANUARY 2024





Office will be closed, Friday, December 29th. And will re open Tuesday, January 2^{nd} .



Your PEW Staff: Lisa, Felipe, Gayle, Jessie, Gerardo Jorge, Abraham, Doug.





PEW HAS RV- BOAT- AND VEHICLE STORAGE SPACES AVILABLE FOR **\$75.00** PER MONTH ON A MONTH-TO-MONTH AGREEMENT.STOP BY THE OFFICE FOR MORE DETAILS.



Reminder to keep your PEW Pet Agreement updated. If you lost a pet or gained a pet, let the office know so we can update the agreement. All pets must be registered with the office and obey the pet rules.



Everyone that took the time to decorate inside and outside your homes for the Holidays, PEW staff says: THANK YOU. It was very nice to walk and drive around the community and see all the beautiful lights and decorations.

RESIDENTS ASSOCIATION BOARD

President: Garry Larson; Vice President: Cathie Byrd Secretary: Jo Gehringer; Treasurer: Simon Spears

Members

Katie Rodriguez, Jesse Nieto, Larry Jones Board Meeting: 1st Tuesday of the Month (6:30) in the Pavilion Room

SOCIAL CONNECTION

Merlin Chancellor and Simon Spears – Co-Chairs, Cindy Palermo – Treasurer, Marilyn Ferri – Secretary, Cathy Bassett, Herlinda Mahler, Cathie Byrd, Margaret Scotto, Rusty Bassett, Angela Sirota, Shevaun Teegarden

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Lynn Thomas, Mary Wallace, Becky Zane

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro, Ruthann Kirby, Fran Miller

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy, Helen Lyon, Cathy Bassett, Diana Primeau, Karen King Alternate: Sheila Miller, Marsha Brown

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

ACTIVITY	TIME & DAY	CONTACT	PHONE	
Aqua Exercise	9 am Tu, Th, Sat	Trish Coy	760-536-9338	
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582	
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681	
Bingo	6:50 Th	Delane Johnson	612-240-4049	
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544	
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825	
Bridge	Varies Call Ann	Ann Webb	702-449-9916	
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623	
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555	
Dog Park	8 am- 8 pm Daily	Debora McQuillan	858-663-2822	
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336	
Let's Dine Out	Times vary	Linda Kerridge	858-776-6783	
		Cathie Byrd	530-417-5186	
Library	Open Daily	Susan Balog	916-759-2636	
Mahjong	1 pm Th	Kim Stevenson	760-703-4872	
Medical Rehab Lending	Open as needed.	Rusty Bassett	619-301-9551	
Closet		Jesse Nieto	408-666-8088	
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416	
Movie Night/ Dinner &	Dates Vary	Simon Spears	760-583-1549	
Dance Nights				
Pickleball	8:30 am-10:30 am M-W-F	Margaret Scotto	714-501-4345	
	Pickleball Club Group play			
	Beginners are welcome!			
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583	
R.E.A.D.Y. Panel	3 rd Tuesday at 2 pm in Card	Mary Wallace	619-887-0700	
Emergency	Room	Bryan Cooper	858-342-3335	
Preparedness	1.20 M	D at Danath		
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551	
Live 2 B Healthy	10 am M-W-F	Maria Barnabe	619-886-2779	
Strength & Balance	Datas Varia	Merlin Chancellor	((1 (70 100)	
Social Connection			661-670-1336	
Tai Chi	9-10 am Th	Simon Spears	760-583-1549	
	9-10 am 1 n	lim Catler		
Tennis		Jim Catley	360-301-1566	

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com



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Socorro Canales	13

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If you know of any birthdays throughout the year that we don't have on our list, please send an email to <u>pewhilltopper@gmail.com</u> so we can include those birthdays in the future.

JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Recycle	3	4	5	6
	HAPPY NEW YEAR	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Sunset Pickleball 6 pm	Pickleball 8:30-10:30 am Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklbll 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Water Aerobics 1 pm	Breakfast 8:30 am Aqua Exercise 9 AM
7	8	9	10	11	12	13
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 Sunset Pickleball	Pickleball 8:30-10:30 am Tennis 9 am Live 2 B Healthy 10 am Hilltopper submissions Due	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklbll 6 pm Darts 6-8 pm	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
	Garden Club 2:00 Let's Dine Out 5:00	6 pm		6:50 Bingo		
14	15	16 Recycle	17	18	18	20
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
	Shufflebrd 1:30pm Women's Billiards 1:30 pm	READY 2 pm Cooking with Katie 4-5:30 pm Sunset Pcklball 6 pm	Movie 6:00	Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo		
21	22	23	24	25	26	27
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
	Shufflebrd 1:30pm Women's Billiards 1:30 pm	Mexican Train 4:30 Sunset Pcklball 6 pm		Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Book Club 2 pm	Concert Movie 6 pm
28	29	30 Recycle	31			
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am Shufflebrd 1:30pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Sunset Pcklball 6 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am			
	Women's Billiards 1:30 pm	Suiset rukindii o pili				



May "This Year "bring new happiness, new goals, new achievements, and plenty of new inspirations To "Your Life "

The Breakfast Club intends on bringing YOU the same, mouthwatering meals, each and every time. Join us, won't you?

January 6th, 2024 – 8:30am Hoping to see you there!

\$3.00 Cost in 2024

Looking forward to 12 brand new chapters with you joining us!



Mikkie

Movie Night A STAR IS BORN

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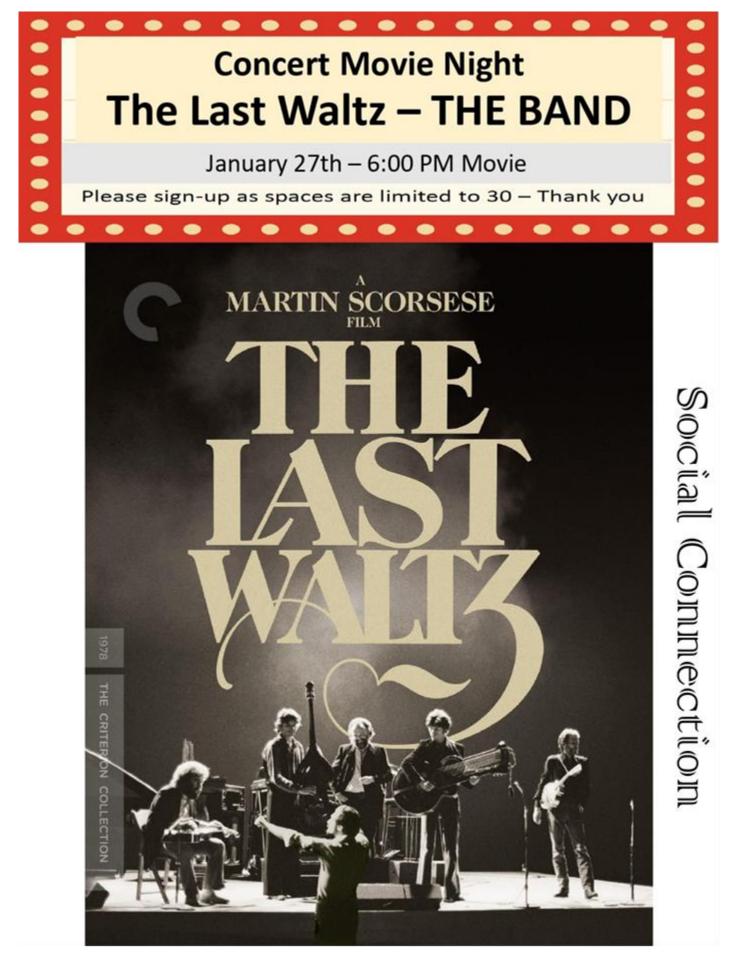
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January 17th - 6:00 PM Movie

Please sign-up as spaces are limited to 30 - Thank you



Social Connection



Let's Dine Out



Let's enjoy Steak, Pork, Chicken or Seafood prepared multiple ways at our San Marcos Outback Steakhouse.

Where: Outback Steakhouse 177 San Marcos Blvd San Marcos, 92069

When: Monday, January 8th at 5 pm

Enjoy open menu and separate checks.

Please call or text Linda Kerridge at 858-776-6783 to make your reservation. Let me know if you would like transportation provided.

PEW Book Club

Happy New Year from the Book Club! We hope your Holidays were merry and bright.

Our book for January is "Wrong Place Wrong Time" by Gillian McAllester. We will be discussing this book at our next meeting in January. We hope you can join us.

Our February book will be "The 100-year-Old Man Who Climbed Out the Window and Disappeared" by Jonas Jonasson



Our meetings continue to be the 4th Friday of every month at 2:00 pm. The doors are open to all who would like to discuss our book choices, or to just come in and chat about the club.

We always look forward to meeting new members! Happy Reading!

Cynthia Towle <u>towlecandr@gmail.com</u> 503.317.3544 *"I cannot live without books..."* Thomas Jefferson to John Adams June 10, 1815

Garden Club

Winter is here but we are still enjoying some great weather. The cool season crops in the community garden are loving it and all the citrus around our park looks like it's ready to pick.

Community Garden – If you haven't seen the community garden yet, please stop by and you will be impressed and amazed!!!! Diligent gardeners have done an outstanding job of creating a place that the entire community can be proud of. Well done!!! The shed is now complete, all of the plots are taken, and there is discussion about the possibility of expanding the garden area at some point in the future.

December 21, Thursday – the winter solstice. We had a potluck at the community garden to celebrate the solstice and the success of the community garden. The garden shed was completed thanks to the hard work of Gary Larson and assistance from Bob Rosenberg. Gary not only donated his time but some lumber as well. We had additional materials donated from Michael and Bert. Thank you everyone who helped make the much needed shed a reality.



The Virginia Opossum – they live among us!!! This rather homely nocturnal, and beneficial creature should get more respect. Having them around can clear an area of snails, insects, and small rodents. They breed a couple of times each year and can have as many as 15 offspring! Garlic, peppermint, ammonia and moth balls are good deterrents if you wish to have an opossum free garden. Owls, hawks, and coyotes are their predators.

The refreshments were delicious!! Thank you, Mary Wallace, for going above and beyond with quite an assortment of goodies and beverages. We couldn't have asked for better decorations in the holiday theme, down to the napkins. Thanks again Mary!

Our next meeting will be Monday January 8 at 2pm – Herb Fields will be the speaker covering gardening tips and tricks. He is entertaining, knowledgeable, and supportive of our efforts.

"At the heart of gardening is the belief in the miraculous". Mirabel Osler

Have a great rest of 2023 and prosperous 2024,

Merlin Chancellor

GARDEN TO-DO LIST FOR JANUARY 2024

- Now is the time to order seed and nursery catalogs.
- Check house plants for mites, mealybugs, and scale
- Cut back on feeding house plants.
- Begin planting seeds of warm-season crops indoors including squash, peppers, tomatoes, eggplant and lettuce.
- Direct-sow cooler vegies like carrots, onions, spinach, radish and peas.
- Plant cool season annuals. Try Petunias, Pansies, Verbena, or Dianthus.

FEATURED PLANT: DIANTHUS

The *Dianthus spp.* is a genus containing over 300 species and hundreds of hybrid varieties in the family *Caryophyllaceae*. Dianthus flowers, also known as Carnations, Sweet William and Pinks are treasured for their grass like, blue-green foliage and abundant starry flowers that are often spicily fragrant. Varieties range from tiny creeping groundcovers to 30-inch-tall flowers like the familiar carnation which produces larger full blooms often



used in cut flower arrangements. Pinks and sweet William, are a great fit for ornamental spaces. Most Dianthus are perennial plants and are now known for their longevity in the garden and are most often used in borders, or potted displays. While similar in appearance and flowers, different species of dianthus have varied growth habits and requirements. The cooler months of spring and fall are the ideal time for planting. Depending on the type, space dianthus about 6 to 18 inches apart. Dianthus performs best in full sun, in neutral to alkaline, well-drained soils. Light shade is appreciated in extremely hot climates If you spread mulch, opt for a thin layer, since air circulation is essential to the health of the stem. To encourage dianthus to keep blooming, feed it a balanced fertilizer every six to eight weeks during the growing season. Deadhead a dianthus after the flower heads have started to wilt and drop their petals. This will promote repeat bloom but it will also prevent the production of seeds. For biennial varieties like Sweet William, Dianthus barbatus, allow to self-seed in the garden to ensure its return the following year. Propagate dianthus varieties by seeds. The perennial types are more commonly produced by terminal cuttings taken and rooted in early summer. Divide every few years in early spring or when the centers start to die out. Dianthus won't tolerate overly wet soil. Wait until soil is dry to prevent fungal root rot. Overwatering can cause the leaves to turn yellow. Dianthus plants rarely have problems with common garden diseases or insects. Still, weekly monitoring for slugs or aphids may be needed.

Before you start planting, be aware that some varieties of dianthus aren't safe for pets. *Dianthus caryophyllus* better known as carnations are toxic to dogs and cats. *Dianthus deltoids* or maiden pinks are also toxic to these animals.

Source: gardeningknowhow.com; thespruce.com

Submitted by Sally Jeans and Marilynn Chambers

Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday January 16 Time: 4pm-5:30pm Location: Palomar West Clubhouse

Demo: Mediterranian Food

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

Sign up to receive

text updates and reminders for 2024 events!

You will receive reminder texts before SPARC events at your community

Please contact the office to sign up fo our new text reminders





Christmas Toy Drive

Pat and Bob Taylor want to thank all the PEW residents for their generous donations of toys . This was the best year ever for our park. A special thanks goes to Maureen Gates (sp. 95) for all her efforts to bring toys donated from the La Paloma Book Club and the 1st Congregational Church of Escondido.

We know there will be many, many smiling faces again this year and we want to wish everyone a very Happy New Year.

Bob & Pat

Social Connection

December 9th was our Home For The Holidays potluck at the clubhouse. What a fabulous turnout and the diverse food offerings ran the gamut! Turkey and ham were provided, thank you Cathy for cooking them, but the stars of the show were the tasty sides not to mention the desserts. We had a happy 50/50 jackpot winner and everyone was a winner who brought a white elephant gift to exchange. Thanks Santa Dan and Simon for facilitating the gift exchange.

Everyone entering the room was wowed by the festive decorations. Many thanks to Herlinda for all the hard work and hours she dedicates to each event, ensuring everything in the room is on point. Thanks again Herlinda for the tireless commitment.

Attending this event and many others in the past, I have felt so overwhelmed with my chosen family here at PEW. They never cease to amaze me with their inclusiveness and warmth. I also pondered how lucky we are to be in such a peaceful and giving community. With all the turbulence happening around the world we can be grateful for our corner of paradise.

As we end this year, let us pause and reflect on all the delight we have found in our friends here at PEW. It's a great time of year to reflect and extend kindness wherever we can. Your one simple act of kindness will make someone's day and that action is contagious.

Take care of yourself and the ones around you, Merlin Chancellor

CHRISTMAS POT LUCK













































Steve







THE KITCHEN CREW



CHECK OUT THE ART GALLARY IN THE PAVILION

