

# HILLTOPPER

APRIL 2022

## PALOMAR ESTATES WEST



### Onsite Management

**Maintenance:** Felipe Diaz

**Office:** Debbie Bartlett

**Office Hours:**

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

**Office Staff**

Sandy Bolt

**Weekend Relief**

Doug Tickner

**Security Patrol**

Hidden Valley Security

(760) 744-1061

**Office:** (760) 727-5453

**Fax:** (760) 727-3054

**E-mail:** [Palomarestateswest@gmail.com](mailto:Palomarestateswest@gmail.com)

After hour emergencies only:

(888) 518-6064

**Resident website:** [Pewresidents.com](http://Pewresidents.com)

### Offsite Management

**PROPERTY MANAGEMENT**

**HAVEN MANAGEMENT SERVICES**

1910 Archibald Avenue, Unit S

Ontario, California 91761

**Property Supervisor:** Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 930-9498

[kdavis@havenms.com](mailto:kdavis@havenms.com)

**MILLENNIUM HOUSING COMMUNITY**

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

**President:** George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Stacey Price

## **MILLENNIUM MEMO**

**APRIL 2022**

I'll let you in on a little secret: once a month, Palomar West has the best breakfast deal in town—especially if you like French Toast.

That's one of my takeaways from the March 5 breakfast, which my wife & I had the pleasure of attending. The food was great, Supervisor Jim Desmond and Mayor Rebecca Jones made presentations and took questions, and I finally got a chance to see all the upgrades to the Clubhouse Area that Lu Ann described in last month's Hilltopper.

If you haven't been to the Clubhouse lately, you should come and take a look at the new flooring, Cardroom, furniture, bathrooms, Bocce Ball, beautiful landscaping, added Pickleball courts...just when I thought Palomar West couldn't get any nicer!

Apparently, we aren't finished, as Lu Ann regaled me with her ideas for this year's Budget Wish List. Should I be nervous about that?

Kudos to the Management Team for delivering such a quality product for you. By the way, speaking of Bocce...

Two of our NorCal Parks have annual Bocce contests against each other, competing for the coveted Millennium Cup. Would it be fun to try something like that with our 3 San Marcos Parks? Or would Pickleball make more sense? Just a thought.

### **In Other News**

- More than 100 of our San Marcos residents had their tax returns prepared for FREE by volunteers from AARP. Just our way of making tax season less stressful. Thanks to Stacey & SPARC, our resident services partner, for sponsoring.

Next up for SPARC: another Fruit Picking Event (sometime in April) & a Senior Resource Fair over at Palomar East, in honor of St. George's Day (April 23).

- Debbie is awarding this month's Resident Kudo to Debbie McQuillan for "spending lots of time on Dog Park politics lately." THAT merits a Kudo.
- Recent big expenditures: \$148,413.65 for Clubhouse sound system, driveway repairs, street work & slope repairs. The paving part alone was \$119K. We've now spent more than \$1M on Palomar West's streets. Your Rent Dollars at Work!

### **As Easter Approaches...**

My wife Roann asked where I got so much Easter candy. I told her I always have a few Twix up my sleeve.

Have a fun Easter (or Passover) and a Happy St. George's Day.

***George Turk***

## Letter from the PEWRA Board President

Hello Neighbors and Friends. My shout out this month is to my friends who host and cook our Community Breakfast the first Saturday of the month. In March, they knocked it out of the park!! Well done ladies!! County Supervisor, Jim Desmond and San Marcos Mayor, Rebecca Jones sponsored the breakfast. George Turk and his lovely wife were our guests. I was so proud to give George a tour to see all the changes in our park. He was all smiles:)

If you missed the March PEWRA Board meeting, here are some notes. The Board welcomed a new Board member, Dana Eads. A vacancy opened on the Board, and per our bylaws, the Board selected a new member to fill that vacancy. Dana Eads was selected to join the Board and serve until June when that position and two others will become available as Marcia Brown, and I retire from the Board. We have served the maximum time of four years allowed per the bylaws. If you would like to volunteer to serve on the Board, please reach out to our Election Chairperson, Bill Paterson, for guidance about the process. You may also reach out to any Board member with questions about responsibilities.

As of the March meeting, more than 300 residences in the park paid their annual dues. Thank you. These monies contribute to park activities and enable you to vote in park elections and other issues should they arise.

Our second "Cooking with Katie" class is scheduled Tuesday April 19th. The signup sheet and menu for the class will be posted in the Clubhouse on April 1st. Class begins at 4:00pm. Class size is limited, so be sure to sign up.

The Garden Club provided a wonderful presentation with their proposal to enhance the area in front of the Clubhouse and fountain. They also requested we allocate space for a community garden.

The Board is in the process of purchasing benches, umbrellas, and a scoreboard for the new Bocce Ball courts. They may be there by the time you read this.

We are also working on the Wish List for Fiscal 2022/2023. So far, we are looking to complete the Pickleball area with a fourth court and improve the pool and jacuzzi areas.

Our April Board meeting will be Tuesday April 5th at 6:30pm in the Pavilion. Hope to see you there.

And always, if you are alone or need help, please contact the Park Office or any Board Member. If you have a neighbor who is alone, please call them to say hello and check on them. Stay safe and be well.

Thank you and take care of one another. Lu Ann

**RESIDENTS ASSOCIATION BOARD**

President: LuAnn Foster  
Secretary: Clarita Kemp

Vice President: Marcia Brown  
Treasurer: Diana Primeau

**Members**

Chris Craig-Jones Tricia Spears Katie Rodriguez

**Board Meeting: 1<sup>st</sup> Tuesday of the Month at 6:30 pm in the Pavilion**

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**SOCIAL CONNECTION**

Linda Swink – Chairperson, Eileen LaLone - Treasurer, Margaret Scotto - Secretary  
Cathy Bassett, Herlinda Mahler, Mary Ahart, Simon Spears, Cathie Byrd  
Arleen Schlafer, Rusty Bassett, Merlin Chancellor

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**HILLTOPPER COMMITTEE**

Debbie McQuillan and Mary Wallace- Editors  
Linda Swink, Nancy Sims

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**READY ADVISORY PANEL**

Bryan Cooper, Mary Wallace, Lynn Chialtas  
Cindy Palermo, Lee Tydlaska, Liz Larkin

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**BREAKFAST COMMITTEE**

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,  
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King  
Alternate: Wendy Jones, Sheila Miller

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**GYM COMMITTEE**

Larry Brown, Rusty Bassett, Cathy Bassett, Marie McElligott

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**Fire, Sheriff or Emergency in progress, such as break-ins, health problems or a life-threatening situation call 911.**

**If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.**

## ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME &amp; DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Lynn Chialtas	760-310-1354
Bingo	6:50 Th	Delane Johnson	612-240-4049
Breakfast	1 <sup>st</sup> Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Darts	W 6-8 Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debbie McQuillan	858-663-2822
Garden Club	1 <sup>st</sup> M 2 pm	Ann Kreile	760-421-8338
Golf (Men)	8 am Th	Doug Doucette	760-734-1232
Let's Dine Out	Times vary	Jesse Nieto	408-666-8088
Library	Open Daily	Eileen LaLone	858-229-8648
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
Mexican Train	2 <sup>nd</sup> and 4 <sup>th</sup> Tu 4:30 pm	Diana Primeau	442-245-1412
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	M-W-Fri 8am-10am Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness		Bryan Cooper	858-342-3335
		Mary Wallace	619-887-0700
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Social Connection		Linda Swink	760-855-2008
Tai Chi	9-10 am Th		
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340

Hilltopper submissions to [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com). All submissions must be submitted by the 10<sup>th</sup> of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical, or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

If you notice any errors on the list, please contact the Hilltopper at [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com)

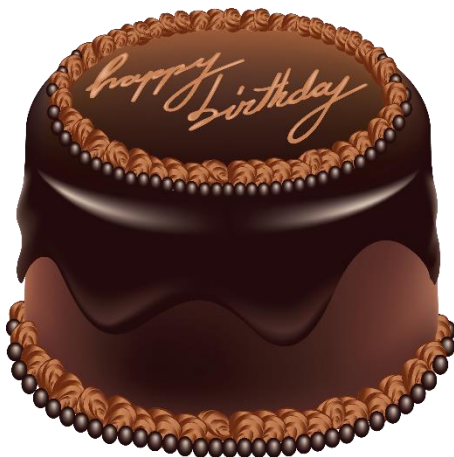


# APRIL

# BIRTHDAYS THIS MONTH

Mariya Nikoloyev	1
Richard Engle	3
Valerie Mitsakos	5
Marc Froning	7
John Poortenga	8
Bill Schlafer	8
Stan Lindsay	9
Jackie Kammerer	10
Julie Shryock	11
Doug Doucette	12
LuAnn Foster	13
Mary Jo King	14
Margaret (Jean) McDonald	18
Christine Bauder	19

Malia Campbell	19
Heike Corbiel	19
Danny Cobb	20
Trish List	21
Nancy Robinson	25
Charles McDonald	26
Suzanne Andrew	27
Edward Cosgrove	27
Andrea Hoehn	27
Chris Craig-Jones	28
Linda Perkins	28
Jane Craig-Jones	29
Cory Engle	30
Darrell Laird	30



# APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
						BREAKFAST 8:30 am
3	4	5	6	7	8	9
	Women's Billiards 1:30 pm  Garden Club 2 pm	Men's Billiards 9am  Board Mtg 6:30 pm	Darts 6-8 pm	Tai Chi 9-10 am  Mahjong 1 pm Bingo 6:50 pm		
10	11	12 <b>Recycle</b>	13	14	15	16
	Hilltopper Submissions Due  Women's Billiards 1:30 pm  Dine Out 5 pm	Men's Billiards 9 am  Mexican Train 4:30 pm	Darts 6-8 pm	Tai Chi 9-10 am  Mahjong 1pm Bingo 6:50 pm		
17	18	19	20	21	22	23
EASTER  	Women's Billiards 1:30 pm	Dog Park sprayed @9am Men's Billiards 9 am Cooking w/Kate 4:00 pm	Darts 6-8 pm	Tai Chi 9-10 am  Mahjong 1 pm Bingo 6:50 pm		Resource Fair @ PEE 10-12
24	25	26 <b>Recycle</b>	27	28	29	30
	Women's Billiards 1:30 pm	Men's Billiards 9 am  Mexican Train 4:30pm	Darts 6-8 pm	Tai Chi 9-10 am  Mahjong 1pm Bingo 6:50 pm		Driveway Sale 8-1



**April** showers may bring **May** flowers,  
but....we will bring in **Your**  
breakfast and shower you with plenty  
of food for your favorite morning meal.

Be sure to sign up for  
Saturday, April 2<sup>nd</sup> 8:30 am

Hope to see **You** there!

Mikkie



# **AWESOME GARAGE SALE**



## **Palomar Estates West Community Driveway Sale**

**Saturday April 30th  
8:00AM-1:00pm**

**Please sign up either on our website:**

**[www.pewresidents.com](http://www.pewresidents.com) "Upcoming Events"**

**Or on the sign up sheet in the Clubhouse**

**If you have questions, please contact  
Lu Ann Foster 480/203-4330**



## Palomar West Cooking Class

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

**Date:** Tuesday, April 19

**Time:** 4pm-5:30pm

**Location:** Palomar West Clubhouse

**Recipes Demo:** Quick & Easy Casseroles

Sign up at the clubhouse to get a spot for this free, tasty class! Class max of 25

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## LET'S DINE OUT FOR DINNER

Time for some good "old" fashioned spaghetti

**WHERE:** The Old Spaghetti Factory  
111 N. Twin Oaks Valley Rd.  
San Marcos, CA 92069

**WHEN:** Monday, April 11, 2022  
5:00 PM



Call or text Jesse Nieto (408-666-8088) to make your reservation and please leave your space number along with your name. Let me know if you need transportation.

See you there!

Jesse

## Dog Park News

A quick note to all the dog owners in the park.

Please note that the dog park is sprayed for bugs the third Tuesday of the month at 9 am. It is on the Hilltopper calendar.

If you go to the dog park after dark, please be careful to bring a flashlight. The back corner of the dog park is not well lit. We would hate to see someone fall while cleaning up after their dog.

Please remember the dog park is surrounded by our neighbors. These residents have a right to enjoy their yards with peace and privacy. Therefore, **please** let's be courteous, keep our voices low and the dog barking to a minimum and be good neighbors. **Also make sure your dog is on a leash or in your arms until it enters the dog park. Do not allow it to jump up onto the yards of the neighbors.** We discovered plants along the driveway to dog park have been trampled with several dog prints in the dirt.

Thanks for listening. As always if you have any questions or suggestions, please feel free to contact me.

Phone/text 858-663-2822

[Debora.mcquillan@gmail.com](mailto:Debora.mcquillan@gmail.com)

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## Hilltopper Distributers Needed

Hello fellow residents of PEW,

I am your Hilltopper magazine distributor, getting the copies from the printer and handing out packets of them to be delivered to a group of residences, usually numbering anywhere from 10 to 25.

It's a nice way to get your exercise, meet your neighbors and do good for your community. We have around 30 residents who deliver the Hilltopper, and at this time I'm looking for some more volunteers, as some are moving away, and for other varied reasons. Would you like to help out your community? It's once a month; I put them on your porch around the 20<sup>th</sup> of each month, and you have a few days to get them put in the round mailboxes. You can either walk or drive the route, and that will take 15 to 30 minutes once a month.

Can you help? Please call or text me at 509-421-7431 and volunteer to be a Hilltopper distributor! It will be appreciated!

Jansi Sauer, #10

[Cruisin222@gmail.com](mailto:Cruisin222@gmail.com)

# Friday Night Music and Dancing is Back

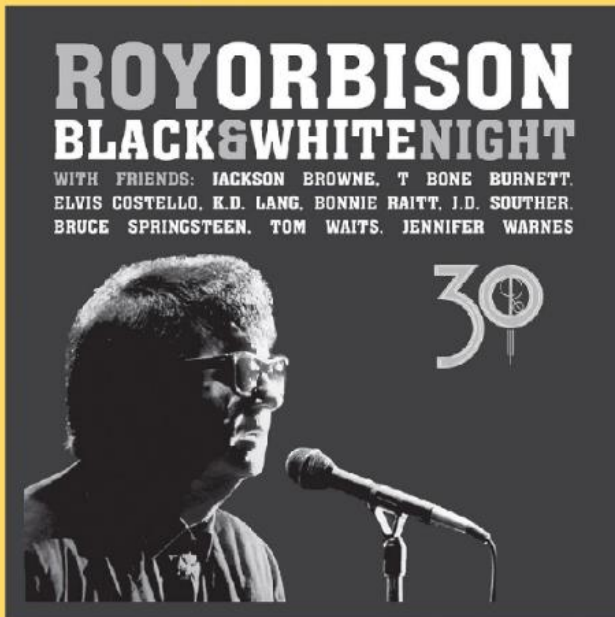
The Social Connection invites you to come to the Clubhouse, meet with friends and neighbors, dance, and sing along to great music, including the Roy Orbison concert on the big screen. The concert is called Black & White Night, so, just for fun, why not come dressed in Black and/or White? The fun begins at 6.00 and Roy Orbison kicks off at 7.00. It's free, but please sign up at the club house notice board.



BYOB and snacks to share - the BBQ's will be fired up!

## Friday 25<sup>th</sup> March

Presented by The Social Connection - Club House



## Concert Movie Night

Roy Orbison & Guests In Concert

Doors Open 6.00 PM

Sign-up Required - BYOB and Dinner



## Garden Club Meeting

Spring is in the air!



\*\*First of all, we would like to wish Ann Kreile a quick recovery from her fall. We should see her out and about soon! Stay safe and heal well Ann!

Rob Wood was our speaker at the Club on Monday. Rob spoke of the beautiful and fascinating Monarch

Butterflies! Some interesting tidbits:

What do you call a large group of crows? Answer: a murder

What do you call a large group of owls? Answer: a parliament

What do you call a large group of zebras? Answer: a dazzle

What do you call a large group of Monarch Butterflies? Answer: a kaleidoscope

They are now in 65 countries! We know they feed and thrive on nectar plants – and they reproduce by laying eggs on milkweed! In 2020, in California, the annual count of these insects was less than 2,000. 2021 saw a rebound with nearly 250,000 monarchs counted. There is not enough data to establish why this rebound occurred. People study monarchs their whole lives to understand them, but don't really know exactly how to project what will happen next. We know they need shelter from wind and rain, partial or full sun, and a water source. If you have nectar plants in your garden, you will entice the monarchs and other pollinators, making for a vibrant garden!

\*\* Merlin spoke to the Board at the Tuesday night meeting in March regarding our interest in doing some landscaping directly in front of the clubhouse, and also a community garden.

\*\*Upcoming trip for the Garden Club is the Japanese Gardens in Balboa Park. Information following soon.

\*\*Next meeting is on Monday, April 4<sup>th</sup>. On the same day, we will also have a happy hour gathering. More info to follow.

# Save the Date!

The Social Connection  
Presents



At the Pavilion, indoors and outdoors;  
music, dancing and Taco Bar  
For more event details see sign-up  
sheet at Clubhouse

# **PALOMAR EAST** **Resource** **Fair**

**Save The Date**  
**Saturday, April 23**

**Vendor Booths - Free Lunch - Health Screenings**  
**- Live Music - Raffle Prizes**

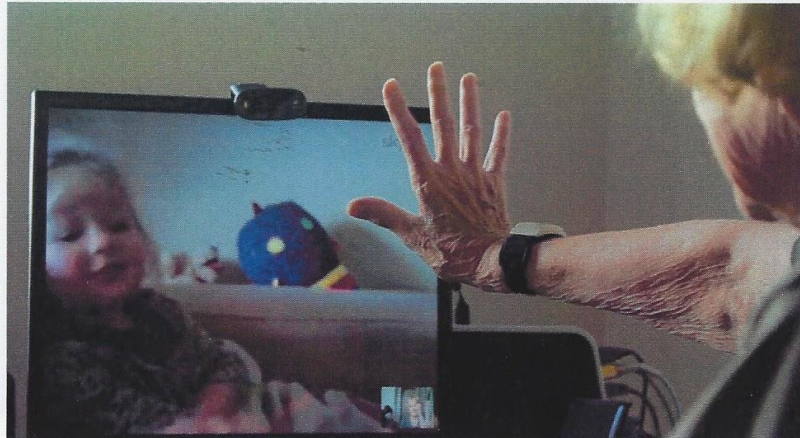
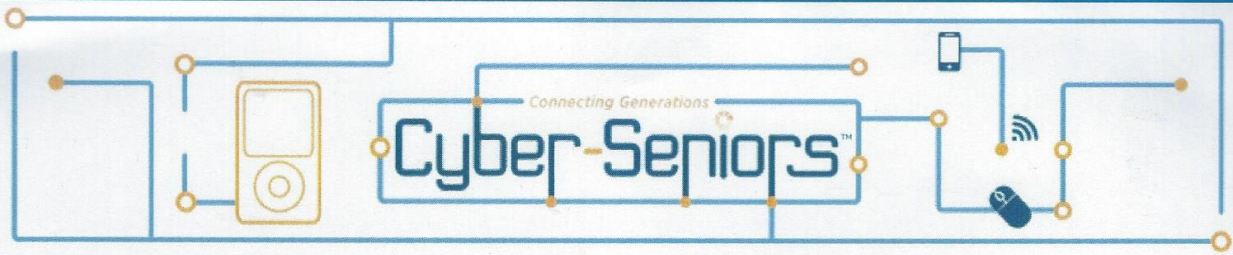
**Timeline:**

**Resource Fair begins: 10:30am-12:30pm**

**Health Screenings: 10:00am-1:00pm**

**Lunch: 1130am-12pm**

**PLEASE SIGN UP WITH THE MANAGER IN THE  
CLUBHOUSE TO ENSURE YOU HAVE A SPOT TO ATTEND  
THIS AMAZING EVENT! MAXIMUM OF 60 RESIDENTS MAY  
ATTEND**



## ***Do you have technology questions?***

***We can help!***

Cyber-Seniors Technology Mentors are young people who have been trained to teach technology to older adults and are standing by to help with your smart phone, tablet or computer. You can also learn to:

- Set up a video call with friends and family
- Order groceries and medication online
- Watch movies, musicals and news shows
- Schedule appointments with medical professionals over video

Call **1-844-217-3057**,  
email **info@cyberseniors.org** or  
go to our website at **www.cyberseniors.org**  
to register for FREE webinars or to schedule FREE 1-on-1  
tech-help over the phone or via video conference

[www.cyberseniors.org](http://www.cyberseniors.org)

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## Sun Rise, Sunset The Beauty Never Ends



