

HILLTOPPER

JULY 2021

PALOMAR ESTATES WEST



Happy 4th of July

Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Sandy Bolt

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

1910 Archibald Avenue, Unit S

Ontario, California 91761

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 930-9498

kdavis@havenms.com

MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Stacey Price

MILLENNIUM MEMO

JULY 2021

According to scientists, the three fastest objects in the Universe are, in the following order: (1) light, (2) a retracting tape measure, and (3) cars driving in Palomar, at least since the COVID restrictions have eased.

Some of you might disagree with the foregoing, believing that (2) and (3) above should be reversed. What most folks do agree on, however, is that speeds seem to be increasing in the Park.

We share your excitement at things finally opening up, and you're no doubt in a hurry to get to Lunch & Learn, Tai Chi and the new Gardening Club, but we'd ask you to consider Palomar's many Senior Pedestrians, some of whom aren't as nimble at eluding traffic as they used to be, **SO PLEASE SLOW DOWN!**

Notice I said please?

There Is Other News

- I do understand your haste in getting to the Lunch & Learn. If it went as planned, 35 of you were treated to a FREE lunch, Health Q & A with real doctors, blood pressure screening, Health Care Goody Bags...thanks to SPARC, our resident services partner, for sponsoring.
- The deadline for your Annual Income Certification is Aug. 3, same as last year.

If you've already returned your form, your neighbors thank you. Your Income Certs are necessary to maintain Palomar's non-profit status and the rent protections that entails.

It just takes a moment; you'll have to do it eventually...so please take care of this simple task **now**.

- Recent big expenditures: new Water Isolation Valves (\$65K!), Tree Trimming (\$7K) and repair of a wall damaged by a speeding car.

We know how inconvenient the Water Valve project was, so we thank you for your patience. It was for the best, as it is now possible to shut off just a section of the Park during a major water repair. For your patience, you get this month's Kudos.

Another Timely Reminder

"Let us not forget why we celebrate the 4th of July. It is the day Will Smith saved us from the aliens."
Anonymous quote.

Now have a safe & sane 4th!

George Turk



**ICE CREAM
SOCIAL**

come meet the
**Medicare
Ladies!**

**CLUBHOUSE
PARKING LOT**

**wednesday
august 25th
5:30-6:30pm**

**here's
the
scoop!**

*you're in luck -
it's our
ice cream
truck!*

cool off with
a tasty **FREE**
treat!

bring your
chair and
enjoy the
music with
your friends!

 **UnitedHealthcare®**
Medicare Solutions

Ask the Medicare Ladies!



Joanne Hansen
#OH22031
(619) 743-3823



Michelle Montiel
#OI42314
(858) 775-3529



Enrolling in Medicare this year? Have Medicare questions? We have answers!

Signing up for Medicare doesn't have to be complicated or overwhelming. We'll walk you through every step and explain it all in terms you'll easily understand.

SPECIAL ENROLLMENT PERIODS AVAILABLE FOR
Turning 65 Retiring Soon Just Moved Chronic Illness

Looking to change your plan?

We'll be back to visit with you on **Tuesday, October 19th at 1:00pm.**
Come explore your options with us!

**Annual Enrollment Period is
October 15th through December 7th!**

- Recycle Pick Up will be delayed one day because of the Monday 4th of July Holiday. Please do not put your recycle cans at curbside until after 4 PM on Tuesday for a Wednesday pick-up.
- Don't forget to pick up after your dog.
- Dogs should be kept in the streets and not around the clubhouse or any common grounds.
- The strip of land that stretches along Hibiscus and wraps around towards the RV lot is not designated for dog relief. This area backs up to home in another Park and they are voicing negative
- Dogs should not be on any homesite other than your own, unless invited.
- One more thing! Don't forget to pick up after your dog.

INCOME CERTIFICATION FORMS

Remember that annual completion of this form is a requirement of your Park rental agreement. If you turn in your form into the Park Office by May 31st, we will put 3 raffle tickets into a drawing so you might win one of two \$50 Gift Certificates. If it takes you until the end of June 15th you will get 2 chances put into the pot for the drawing. After the 15th of June you will still get 1 chance at the gift certificate drawing. It's quick. It's easy. Turn it in with your July rent payment and you're done for another year. It can be completed in under a minute. Don't put it off.

Annual Charges in July

This month you will notice two additional \$2 charges on your monthly rent statement. These items appear only in July of every year so you will not see them again until next year. The charge marked HCD is a small portion of the amount that Housing and Community Development requires the Park to pay every year to cover the charge of health and safety inspections that they conduct. The Weights and Measures charge is again a portion of the fees that the Park pays for annual replacement of water meters to comply with regulations. So I will be writing this article again next July. Have a great year.

Holiday Schedule

Here we go – we are into the summer holiday schedules and a few extra days that the office will be closed. The 4th falls on a Sunday this year so the Holiday will be observed on Monday the 5th. Even though the office will be closed, Doug will be on duty to open the clubhouse, check pool chemicals and be on call for any Park emergency. Hope to see everyone at the BBQ on the 4th. Don't forget to sign up. Stay safe. Have a Happy 4th of July.

Letter from the PEWRA Board President

Hello Neighbors and Friends:

I hope you are well.

As you read this the State of California should be open, and we can begin looking forward to social events in the park beginning with a 4th of July celebration hosted by Social Connection. The Board will organize a car parade that morning with patriotic music and decorated vehicles. Saturday Breakfast will begin again in August, and the ladies are looking forward to serving you delicious food and smiles.

Good news! Every item on the PEWRA Board's Wish List for Fiscal 2021/2022 was approved! We are excited to add a Bocce Ball Court to our park amenities, convert our current Pickleball courts to a three-court space, and update the Pavilion with new carpet, chairs, and new sound system.

Please take time to notice new landscaping around the Gym and common areas of the park. Thank you to Felipe and crew for doing such a great job to keep our park beautiful.

The PEWRA Board will hold our July Meeting Thursday July 1st, at 6:30pm in the Clubhouse. The meeting will be open to residents.

We would like to make one last request for residents to volunteer to serve our community on the PEWRA Board. In order to have an election, we must have more candidates than positions open. At this time, we do not. If that does not change, the residents who volunteered will automatically fill the empty positions. If you are interested, please contact any Board member. We will discuss the status of the election at the July Board meeting.

Minutes from the PEWRA Board's June meeting are posted on the website, www.pewresidents.com.

And always, if you are alone and need help, please contact the Park Office or any Board Member. If you have a neighbor who is alone, please call them to say hello and check on them. Stay safe and be well.

Thank you and take care of one another. Lu Ann

Help Needed for Hilltopper Distribution

We are so grateful to Larry and Wendy Jones who have faithfully masterminded the distribution of the Hilltopper for the last almost 4 years. It is now time to pass this job along to another volunteer. They will be happy to pass along their list of distributors, packing list and route map for the new persons to use as a guide until they develop their own system, as well as help them in their first month as needed. If you can help out the Palomar Estates West Committee in this vital role, please contact **Larry and Wendy Jones at 937-478-9199.**

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LET'S DINE OUT FOR DINNER AGAIN!

Let's stay in San Marcos again; it makes traveling so easy. This time we're heading to Sammy's Woodfired Pizza in the Grand Plaza Shopping Center. Food isn't just limited to pizza. In addition to their wonderful woodfired pizza they have soups, salads, tacos, burgers, wraps, pastas, and other entrees. Why not make it a date and join us for a great evening out. They will be able to accommodate up to 35 attendees.

WHERE: **Sammy's Woodfired Pizza**
Grand Plaza Shopping Center
121 S Las Posas Road
San Marcos, CA 92078

WHEN: **July 12, 2021, at 5:00 pm**

PLEASE call Christine Parkman, 559-779-8380, to make your reservation today. Please let me know if you need transportation. When calling it is very helpful if you leave your space number.

Can't wait until we get together again.

[Christine Parkman](#)

Garden Club

The first meeting of the Garden club will take place in the clubhouse on July 1st from 1:30 to 3:00pm. Novice gardeners as well as experienced ones are all invited! Please bring your questions and ideas for our new club. It will be fun,

Anne Kriele

760-421-8338



Memorial Day Pickle Ball Fun

These are 13 of the 16 pickle ball players who joined our Open Social Play session on Memorial Day.

We had a great time and are looking forward to the two-court to three-court conversion later this year.

Come out and join us on any Monday, Wednesday, and Friday from 8:00 to 10:00 AM.

Margie Farrelly



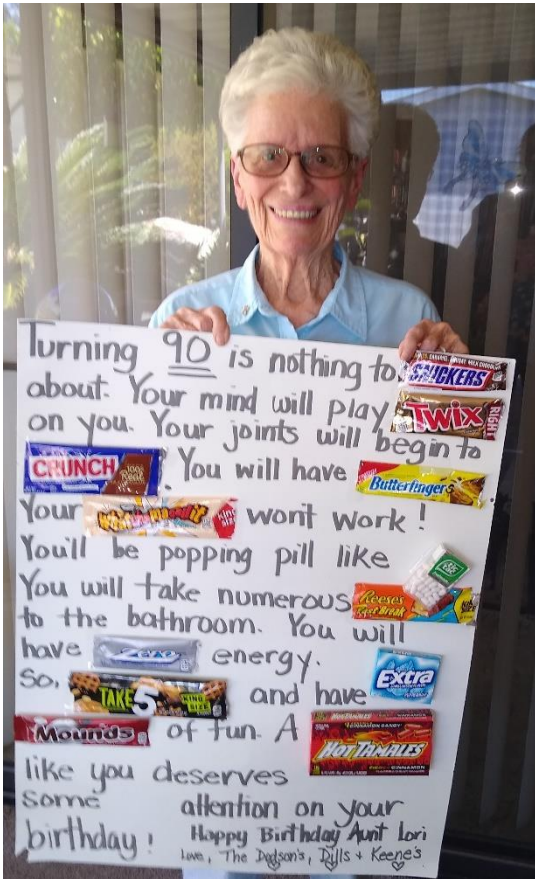
PROFILES OF OUR WISE ELDER NEIGHBORS

Nancy Sims

Volume 3, Interview #3 in the series of Wise Seniors, age 90+, residing in PEW.

On June 5, 2021, I interviewed Lori Lydon.

Hello Lori, Thank you for meeting with me.



When and where were you born? In Massachusetts General Hospital on December 16, 1929.

Where did you grow up? In Dorchester, a suburb of Boston, Mass.

Your education? I graduate high school in Dorchester in 1947. College was out of the question; my father said we must go to work. I worked in Boston for the John Hancock Insurance Co. doing clerical work.

Do you have siblings? I had three sisters; we were very close.

You grew up during the Depression. Did your father work? Oh yes, he was a truck driver for the Boston Fish Pier. We weren't poor or rich ; we always had plenty of good food. Mom was a housewife.

How did you come to California? I came with my parents when I was age 19, to Culver City, west of L.A. My high school sweetheart, Bob, followed me about a year later. We were married in L.A. in 1950. He became a police officer in Torrance, south of Los Angeles, but he

had to retire because he was hurt on the job and was partially disabled. I worked at See's Candy, then at Northrop in El Segundo for 16 years as a secretary; I enjoyed that job. I have worked all my life!

My husband, Bob, subsequently worked for Host International as Security Manager for the Detroit and Houston Airports. We then moved to Sacramento where Bob worked for Sears and I worked for See's Candy for several years in Houston, Sacramento and North County, San Diego.

We moved to San Diego in 1985, to be near our family. Then we both retired in 1990, he from Sears and I from See's. We lived in Rancho Vallecitos, where we met wonderful friends. Bob joined the Golf Club there and at PEW where he had a great time and made many friends. We moved to PEW in 1989 and enjoy living here. We celebrated our 60th Anniversary in 2010; just one-week later Bob passed away. **So very sorry.** Thank you.

Do you have children? Yes, a son, Bill, and a daughter, Denise. **Grandchildren?** No.

Do you have hobbies? Oh yes, I love to read; I read about 4 novels per week. **Do you have a favorite author or genre?** Yes, I like crime mysteries; my favorite author is James Patterson.

I also crochet a lot. I think all my friends have afghans from me, and now I'm making baby blankets for all my daughter's friends' grandkids. I love to do crossword puzzles too; they keep my mind moving.

What about activities? Oh, I love bowling! I bowl twice a week. During the pandemic, when the bowling alley was closed, I practiced lifting hand weights to keep my arm strong; I also walked around the PEW Park every day. I'm thrilled that my bowling League has started up again, although we still must wear masks. I think that mandatory mask wearing will be over by June 15, I hope.

I also go to the gym here 6 times a week and work out for 1 hour. I take off Sundays to go to brunch with friends, after visiting my 95-year-old friend who is ill. I used to go to BINGO 4 times a week at venues all over North County; I hope that will start again soon. I really like to watch game shows on TV. **What is your favorite show?** My favorite is The Chase, with the "Beast" as host. I like most game shows, especially, the Price is Right and Let's Make a Deal. I watch mainly the Game Show Channel on Spectrum. **Do you like sports?** I'm an avid Football fan!! I love it. Since I'm from Boston, I follow the Patriots, but now I also follow the Tampa Bay Bucs, as I love Tom Brady. Actually, I watch all the games I can.

You are very healthy, I see. Yes, I take good care of myself, but when I was 14, I came down with spinal meningitis; that was very scary. My temperature was 106.4! I was in hospital for quite a while. Before that I never had any of the typical childhood diseases, like measles, or chicken pox; I think possibly the meningitis made me immune from other diseases. I did get the Covid Vaccine, of course.

What is the secret to your longevity? Well, as I said I take good care of myself.

How so? I eat healthy, only one meal a day, usually. I take a lot of vitamins. I've never smoked. I eat a light lunch; I always have ice cream after lunch. I do have one whiskey and water every day, when I'm out or at home. I go out to Happy Hour after bowling; we usually go to the CA Mining Company or Cocina Del Charro. Of course, as I said, I exercise like crazy; love it! I drink water all day long, I think that is a big contributor to good health at any age.

Can you give me three adjectives to describe yourself? Athletic, generous, a loving mother.

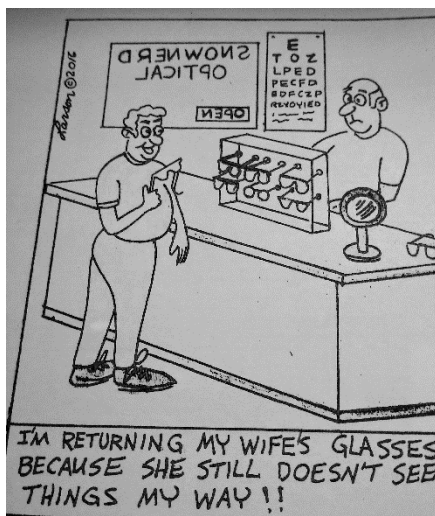
Please describe a perfect day for you: Going to the gym at 9:00 am, having a light lunch at home (with ice cream for dessert), Going bowling and scoring 200 (ha!), then going to Happy Hour with my friends, and having a whiskey and water (one only).

What would your family say about you? My nieces love me, my kids really love me! They tell me they are proud of all the things I do to stay healthy and enjoy life.

What would you friends say? I'm not sure, but I know we treat each other well. "Actions speak louder than words".

Do you have any words of wisdom for us? Use it or lose it! (i.e., keep moving).

Thank you so much for your time and this great interview, Lori. My pleasure.



Billion dollar idea.
A smoke detector
that shuts off
when you yell
"I'm just cooking!"

Letter From the Editor

Hi everyone, this is Debbie from the Hilltopper Committee with some news.

I was recently given two photo albums of pictures from Elaine that her family didn't want. They contain pictures of Elaine with other PEW residents at several activities in the park. If anyone would like any or all of the pictures, contact me, Debbie McQuillan @ 858-663-2822.

I have heard from several residents, that as the weather gets warmer and we open our windows, they would like me to remind everyone that we live close together and sounds travel more than we realize. So, if you use the public facilities, like the dog park and the laundry room, as well as other areas, try to be respectful of our neighbors whose homes are on the edge of these and keep your voices down. Also take a minute and ask your neighbors if your voice on your porch, your dogs, your TV, your wind chimes, etc. bother them. Start a dialog. Sometimes we can make minor changes that can keep the peace before there is a problem. Thank you.

Do you need to get rid of something large like a mattress or recliner, that can't be donated? Did you know that EDCO will schedule a time to pick them up? They charge \$30 for the first item and \$15 for each additional item picked up at the same time.

Did you know that Hilltopper is published free of charge? This is because the publisher sells advertisements that are in the back of the Hilltopper. That is why we cannot publish any advertisements of our own. **To advertise in this magazine, please call 800-828-8242 x3109 or email mike@mobilehomeboard.com.** Now that the clubhouse is reopening, we will be able to list things for sale on the bulletin board in the lobby.

The publisher also puts in puzzles when they need to balance the front part (what we contribute) with the back pages of advertisements. I have no control regarding the puzzles.

Debbie McQuillan

pewhilltopper@gmail.com

RESIDENTS ASSOCIATION BOARD

President: LuAnn Foster Vice President: Marcia Brown
Secretary: Mikkie Sawyer Treasurer: Cindy Palermo

Members

Lynn Chialtas Lenetta Gee Christine Parkman

Board Meeting: 1st Tuesday of the Month at 6:30 pm – Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Eileen LaLone - Treasurer, Claudeen Lindsay- Secretary
Cathy Bassett, Herlinda Mahler, Mary Ahart, Margaret Scott
Arleen Schlafer, Rusty Bassett, Lynn Chialtas

HILLTOPPER COMMITTEE

Debbie McQuillan- Editor
Lynn Chialtas, Linda Swink, Nancy Sims

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace, Lynn Chialtas
Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau
Alternate: Wendy Jones, Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Cathy Bassett, Marie McElligott

Fire, Sheriff or Emergency in progress, such as break-ins, health problems or a life-threatening situation call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	9 am M-F	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Lynn Chialtas	760-310-1354
Bingo	6:50 Th	Delane Johnson	612-240-4049
Breakfast	TBD	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Dog Park	8 am- 8 pm Daily	Bob Stevenson	760-822-6746
Feeling Fit	TBD	Danyll Monroe	760-888-7018
Garden Club	1 st Th 1:30- 3:00pm	Ann Kreile	760-421-8338
Golf (Men)	8 am Th	Doug Doucette	760-734-1232
Let's Dine Out	Times vary	Christine Parkman	559-779-8380
Library	Open Daily	Eileen LaLone	858-229-8648
Mahjong	TBD	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett	619-301-9551
		Jessie Nieto	408-666-8088
Mexican Train	2 nd and 4 th Th 4:30 pm	Diana Primeau	442-245-1412
Pickleball	Open social play: M, W, F: 8:00 - 10:00 am Tu, Th: 2:00 - 5:00 pm Sat, Sun 10 am - noon	Jim Fox	760-612-4025
	Arranged match play: Tu, Th: 8:00 - 10:00 am M, W, F: 2:00 - 5:00 pm Sat, Sun 8:00 - 10:00 am	Lisa Kaufman	760-207-2010
Ping Pong	TBD	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	TBD	Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Social Connection		Linda Swink	760-855-2008
Tennis	9 am W & Sa	Rob Edwards	760-807-5683
Walking Group	7:30 am W	Ruthann Kirby	760-734-1340

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Larry Jones 937-478-9199

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical, or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

Please note many indoor activities are on hiatus due to COVID-19. If you notice any errors on the list, please contact the Hilltopper at pewhilltopper@gmail.com If in doubt, please check with the person listed for the activity. As soon as it is safe, we will restart activities. Thank you for your understanding.

HAPPY BIRTHDAY

Trish Coy	3
Kay Cedergreen	3
Helen Doherty	4
Donna Ferguson	4
Bob Chernis	4
John Hall	4
Stephanie Wright	5
Pat Balmos	7
Marcia Brown	7
Jean Ash	8
Robin Green	8
Lee Tydlaska	8
Donald Cardenas	9
Ron Brimer	13
Sheila Miller	13
Frank Escalante	14
Joyce Smith	14

Dee Enevold	16
Ron Byrd	16
Herlinda Mahler	16
Cindy Stubbs	17
Jim Balog	18
Dale Musselwhite	18
Annette Jameson	19
Debra Balmos	19
Edward Bolton	19
Beverly Reed	19
Edward Washburn	19
Scarlett Osso	21
Leonard Reed	22
Merrilyn Moore	23
Olivia Williams	26
Patsy Stokes	27
Wendy Jones	29



JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Garden Club 1:30		
				Bingo 6:50 Pavilion.		
4	5	6	7	8	9	10
Independence Day Parade 10:00 am	Independence Day Holiday	Men's Billiards 9 am	Recycling (delay due to holiday)	Mexican Train 4:30		
	Women's Billiards 1:30			Bingo 6:50 Pavilion		
11	12	13	14	15	16	17
	Women's Billiards 1:30	Men's Billiards 9 am		Bingo 6:50 Pavilion		
	Shuffleboard 1:30					
18	19	20	21	22	23	24
	Women's Billiards 1:30	Recycling		Mexican Train 4:30		
	Shuffleboard 1:30	Men's Billiards 9 am		Bingo 6:50 Pavilion		
25	26	27	28	29	30	31
	Women's Billiards 1:30			Bingo 6:50 Pavilion		
	Shuffleboard 1:30					

