

HILLTOPPER

JANUARY 2023

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Stacey Price

MILLENNIUM MEMO JANUARY 2023

Whenever we enter a new year, it's fun to take a moment to look back at the one that just ended. With that in mind, here are a few 2022 highlights:

- The average home price was \$368K, an all-time high. Does that make you feel a bit richer?
- We spent about \$250K on Capital Improvements during the year. Half of that was for streets, but we also added a 4th Pickleball Court and new Sound System. Your Rent Dollars at Work!
- We got TWO visits from Supervisor Desmond and Mayor Rebecca Jones. They were both re-elected, so we appreciate their continued interest in—and support for--Palomar.
- 100% of you returned your Income Certifications, without us having to nag you. That's probably more of a highlight for me than for you, but thanks so much for your cooperation.
- SPARC, our resident services partner, sponsored such events as Band & Bingo, Holiday Party, Scam Seminar, Smartphone & Cooking Classes, FREE tax preparation...oh, and Stacey Price (head of SPARC) got married.

Let's see if SPARC can top that next year!

- The last Kudo of the year goes to Debbie McQuillan, for serving 8 years as Editor of the Hilltopper. I know how hard it is to write a Memo every month, so I can only imagine putting out a complete Magazine.

By the way, I asked Debbie what made her want to be an Editor. Her reply: "Well...to cut a long story short..."

After a couple years of COVID, it's fair to say that 2022 was a very good year.

Have You Made Your New Year's Resolution Yet?

If not, maybe you could resolve to respect the rules on street parking, keeping in mind that you should only park on the street for very brief periods of loading/unloading. That's a lot easier than losing weight or exercising more, isn't it?

As for me...I prefer the term "casual promises to myself that I'm under no legal obligation to fulfill." That sounds a lot more achievable, I think.

Now have a great 2023.

George Turk

**PALOMAR
ESTATES
WEST**

Manager's Mentions

JANUARY 2023

REMINDERS

- **Crew schedule reminder:** The Park Office will be closed on Friday December 30th and January 2nd in observance of the New Year's Holiday.
- Doug will be on call to open the clubhouse, check the pool and be available for any park emergency.
- Remember, we have a 15 MPH speed limit in the Park and lots of walkers. Please observe of posted traffic signs.
- Guests must be accompanied by a resident when using the facilities.
- No one under 18 is allowed in the billiard room.



From the PEW Team

The office and maintenance team of Palomar West would like to say "Thank You" to all of the very generous residents for their thoughtful Holiday Gift. You are truly the people that make this community such a very special place to be a part of. We would also like to take this opportunity to wish everyone a very happy and healthy 2023. Thank you again from Jesus, Gerardo, Jorge, Daniel, Omar, Doug, Gayle, Felipe and Debbie.

A Quick Reminder

Park rules state that any construction activity should be conducted between the hours of 8 am and 7 pm, Monday through Saturday unless required by an emergency repair. Many of us still work and really enjoy a relaxing day without the pounding and sawing associated with building projects.



USPS Mailboxes

In recent weeks we have been finding park business related paperwork in our mailbox. These items have included rent checks, gift donations, home improvement applications and other Park concerns. We realize that losing the rent drop box has been an inconvenience for many of you but using the USPS mailbox is against the law. If you have a problem getting your rent payment to the office, let's talk and maybe we can come up with a solution.

SCHEDULE FOR RECYCLE PICK-UP - 2023

January 4th January 17th January 31st	July 5th July 18th
February 14th February 28th	August 1st August 15th August 29th
March 14th March 28th	September 12th September 26th
April 11th April 25th	October 10th October 24th
May 9th May 23rd	November 7th November 21st
June 6th June 20th	December 5th <i>December 19th</i>

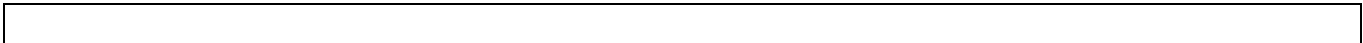
Recycle containers must be set at curbside for pick-up by 6:00 a.m.
(Containers may be set out after 4:00 p.m. the day before)

Please remove all bins from curb and store out of sight
as soon as possible after pick-up is made.

Call EDCO at **760-744-2700** for missed pick-up, additional pick-ups,
any exchanges of bins or any questions regarding what they will accept.

Trash and Green Waste pick up is every Tuesday

All trash must fit in provided bins and placed at curbside no earlier than
4:00 P.M. on the day before the trash is collected.



2023 METER READ SCHEDULE

Monday, January 9, 2023
Thursday, February 9, 2023
Thursday, March 9, 2023
Monday, April 10, 2023
Friday, May 12, 2023
Friday, June 9, 2023

Friday, July 7, 2023
Tuesday, August 8, 2023
Friday, September 8, 2023
Monday, October 9, 2023
Thursday, November 9, 2023
Friday, December 8, 2023

FROM THE PEW BOARD

Happy New Year!! I hope everyone had a relaxing Holiday Season. At the start of every New Year, I like to reflect on the previous one and recognize the things I did well and the things I could do better. One thing I did that made me very proud is teaching Cooking With Katie. We are having a lot of fun on the 3rd Tuesday of every month at 4. Please join us.

The Social Connection has planned a fabulous New Year's Eve Party. It is a great way to "ring" in the New Year with friends. And we do not have to worry about being on the road with crazy drivers!

In early January, the Board will be distributing envelopes for PEW dues. Dues are \$5. The money contributes to activities and expenses in the park. And you will be able to vote for future Board members if the situation arises.

The Spa and bathroom tiles were professionally acid washed, cleaned and sealed. Unfortunately this has never been done and the mold and mildew has discolored the grout permanently. Replacing the tile is the next step and will be looked at after the first of the year.

There will be no Board Meeting in January, but I hope lots of you will participate in the Neighborhood Watch Meeting on Jan 3rd at 6:00. We are such a strong community, and that bond can really help us stay safe.

There will be a General Board Meeting in Feb. We are working on a "Resource Presentation." We will have speakers with ideas for saving money. You will be given links and resources along with guidance to find this valuable information.

Hopefully you have all noticed the beautiful event calendars at both entrances to the park. Simon Spears is the one who took the lead on this project. They are absolutely beautiful and informative. I also want to thank Felipe and his team for the installation and lights. Also, Felipe and his guys built a brand new roof and painted the seating structure in the dog park.

If anyone has driven around other parks you will definitely see that ours is exceptional!!! The everyday maintenance is astounding and the attention to detail is amazing. We are so blessed to live in this Paradise!!! HAVE A HAPPY AND SAFE NEW YEAR!!

PS. Thank you Garry Larson for running a very successful food drive. We collected over 1200 pounds of food. That will certainly help a lot of people have a Happy Holiday Season.

Katie Rodriguez

Volunteer Board Member

Hanaleigal@yahoo.com

HILLTOPPER COMMITTEE

Would you like to become part of the Hilltopper team?

The team receives the event announcements and articles provided by various members of our community and assembles them into our monthly newsletter. The time involved is only a couple hours a month and supports all the wonderful activities we all enjoy.

After serving as Hilltopper editors for the past several years, Debbie McQuillan and Mary Wallace have decided it's time for a change. They will work with you on how to copy, paste and format the articles and submit the Hilltopper to the publisher.

If you would like to be involved in the publishing of the monthly Hilltopper magazine, please contact Tricia Spears at

951-203-4945 or spearstricia@yahoo.com

**Sign up to receive
SPARC
text updates and
reminders for
2023 events!**

You will receive reminder texts before SPARC events at your community

Please contact the office to sign up for our new text reminders





SAN DIEGO COUNTY SHERIFF'S DEPARTMENT

NEIGHBORHOOD WATCH MEETING

ABOUT NEIGHBORHOOD WATCH

The Neighborhood Watch program is one of the most successful and least costly crime prevention programs available. Neighborhood Watch is a cooperative effort between the San Diego County Sheriff's Department and members of the community. It is designed to help reduce residential burglaries and other crimes. Participants learn how to identify and report suspicious activity; better safeguard their home and property, be prepared in case of emergencies, and other crime prevention resources.

AT THE MEETING WE WILL DISCUSS HOW TO APPROACH CRIME PREVENTION AND PUBLIC SAFETY MATTERS

MEETING DETAILS

Tuesday, January 3rd 2023

6:00 P.M.



Palomar West Estates Clubhouse

1930 W. San Marcos Blvd.

PRESENTER

COPPS DEPUTIES

CRIME PREVENTION UNIT

SAN MARCOS SHERIFF'S

More information, please call: (760) 510-5254

FOLLOW US:

@SDSOSanMarcos



WWW.SDSHERIFF.GOV

JANUARY



Margie Machado	1
Hazel Ritter	1
James Preisach	2
Nancy Sims	2
Bill Vaillancourt	2
Rob Edwards	3
Onah Nguyen	5
Leslie Burgess	6
Bill Paterson	8
Claudeen Lindsay	10
Arlene Hansen	11
Richard Kutner	11
Brent Parkman	11

Galla Nikolayev	12
Patrice Richardson	12
Socorro Canales	13
Frank Bauder	17
Karen King	17
Susie Butler	18
Shirley Heller	20
Richard Ebeltoft	21
Kay Lilland	23
Dave Kemp	24
Robert Hess	26
Carolyn Novak	26
Sandy Iacampo	31



RESIDENTS ASSOCIATION BOARD

President: Tricia Spears
Secretary: Jo Gehringer

Vice President: Cathie Byrd
Treasurer: Michael Wilkinson

Members

Garry Larson, Katie Rodriguez, Dita Kemp
Board Meeting: 1st Tuesday of the Month at 6:30 pm in the Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Eileen LaLone - Treasurer, Marilyn Ferri- Secretary
Cathy Bassett, Herlinda Mahler, Cathie Byrd, Margaret Scotto
Arleen Schlafer, Rusty Bassett, Merlin Chancellor, Angela Sirota

HILLTOPPER COMMITTEE

Debbie McQuillan and Mary Wallace, Editors

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Alternate: Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	2:30 pm Tu & F	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Darts	6-8 pm W Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debbie McQuillan	858-663-2822
Garden Club	1 st M 2 pm	Ann Kreile	760-421-8338
Let's Dine Out	Times vary	Christine Parkman	559-779-8380
Library	Open Daily	Melissa Szilagyi	760-216-7182
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8am-10am M-W-F Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness		Mary Wallace	619-887-0700
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Linda Swink	760-855-2008
Tai Chi	9-10 am Th		
Tennis	9 am W & Sa	Rob Edwards	760-807-5683

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical, or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

If you notice any errors on the list, please contact the Hilltopper at pewhilltopper@gmail.com

January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Recycle	5	6	7
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm Garden Club 2 pm	Men's Billiards 9am	Live 2 B Healthy Strength & Balance 10 am Darts 6-8 pm	Tai Chi 9-10 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm	Live 2 B Healthy Strength & Balance 10 am	Breakfast 8:30 am
8	9	10	11	12	13	14
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Hilltopper Submissions Due Men's Billiards 9am Mexican Train 4:30 pm	Live 2 B Healthy Strength & Balance 10 am Darts 6-8 pm	Tai Chi 9-10 am Mahjong 1 pm Bingo 6:50 pm	Live 2 B Healthy Strength & Balance 10 am	
15	16	17 Recycle	18	19	20	21
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Men's Billiards 9 am Cooking with Katie 4:00 pm	Live 2 B Healthy Strength & Balance 10 am Darts 6-8 pm	Tai Chi 9-10 am Mahjong 1pm Bingo 6:50 pm	Live 2 B Healthy Strength & Balance 10 am	
22	23	24	25	26	27	28
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Dog Park sprayed @9am Men's Billiards 9 am Mexican Train 4:30 pm	Live 2 B Healthy Strength & Balance 10 am Darts 6-8 pm	Mahjong 1pm Bingo 6:50 pm	Live 2 B Healthy Strength & Balance 10 am	
29	30	31 Recycle				
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Men's Billiards 9 am				

B R E A K F A S T

Is on....

ALL YEAR LONG

“ Life ” doesn’t have to be “ Perfect ”

To be “ WONDERFUL ”

Just welcome in 2023 with positive thoughts

of a healthier New Year for “ You”

Starting, by joining us each month for a shared

breakfast with neighbors and friends.

Presented by: Breakfast Committee

When: *Saturday.....January 7, 2023 at 8:30am*

Hope to see “ you ” there

Mikkie



TOYS FOR TOTS

Pat and Bob Taylor would like to thank all the generous PEW Residents for ALL the amazing toys that were donated for the Toys for Tots again this year. There will sure be lots of smiling faces because of it. See you again next year!

CRAFT FAIR

A big Thank you to everyone that made the Craft Fair a big success. With 32 vendors and 242 customers it was the best year yet!

FOOD DRIVE

Thank you to Garry Larson for running a very successful food drive and to the many people that contributed. We collected over 1200 pounds of food. That will certainly help a lot of people have a Happy Holiday Season.

WISE ELDER INTERVIEW : ALLAN PEARSON

by Nancy Sims

Thank you for meeting with me , Allan. Certainly.

I'm sure our neighbors here in PEW are interested in learning more about you.

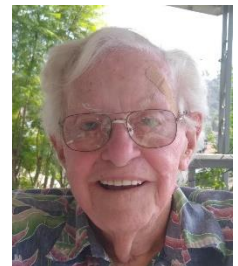
OK

Let's begin with your place and time of birth. I was born in Chicago, Illinois on Oct. 16, 1932; I lived there for 40 + years.

Tell me about your family. I had 3 older brothers, and a mom and dad, of course. They are all gone now.

Any children? Yes, but sadly we lost our daughter at 21 months of age. I have a son, Larry, who lives in Denver and is a CPA.

What about your schooling? I graduated from High School in Chicago in 1950. I also attended a Junior College , and took some advertising classes at Northwestern University, both in Chicago.



Did you start your career in Chicago? Yes, my first job after High school was with Kraft Foods in the advertising department. Then I got drafted into the Army for the Korean War in 1953. I was discharged in 1955.

Did you see any action overseas? No, fortunately; since I had office experience, they held me over to work in the office at Ft. Sheridan, IL before I went to Basic Training.

That was fortunate. Oh yes. **Then what?** Then I went to Ft. Leonard Wood, Missouri for Basic Training, then to Ft. Belvoir, Virginia for advanced schooling to become an Engineer Foreman. This was virtually the same course given to the cadets in Officer Candidate School. I graduated #5 out of 56 in the class. After 17 weeks of school I was ordered to Germany and ended up in the 9th Infantry Division Headquarters. **What was your duty?** I was assigned to the Adjutant General Section; I took care of the publications for the Division. My title was Publications NCO. I was a Private First Class, then a Corporal, then 2 months before my discharge I was promoted to Sergeant. Everyone in my section worked above our pay grade.

What was your job in the Division? I ordered and disseminated regulations, manuals, etc. to the lower units.

When were you discharged? In February 1955. I went back to Chicago to work again for Kraft in the Advertising Department. You see, there was a rule that if you were drafted, you were eligible to get your job back. **Very good!** Yes, I was very happy; I worked in the Advertising Department in the labelling and packaging section. I left Kraft in 1957 and went to a company that you probably never heard of the John Plain Co. in Chicago. They were a mail order house with a good niche market. The catalogue was called the John Plain Book, 350 pages. I worked there from 1957 to 1961; it was a great learning experience; I was the Assistant Production Manager.

Were you married? Yes, I met my first wife at Kraft; we got married in 1956 and had 2 kids.

Where was your next job? At the Wall Street Journal. **Very impressive!** It was a good job; I was there from 1961 to 1965, in the Advertising Production Department. **What did you do?** My title was Coordinator of the National Edition out of Chicago. I was promoted to coordinate all 4 editions in the country: Eastern, Central, Southwestern. and Western. **Sounds like a big job.** **What were your duties?** I was promoted to Makeup Person; it's now called Page Designer. I placed all the ads in the entire paper; I did the Advertising layout every day.

So you left the WSJ in 1965; Then what? I went to work at Austenal Co. in Chicago; they made prosthetics for dentistry and surgery; they were an innovator in the hip replacement industry.

What was your title? I was the Assistant Advertising Manager; I created the company Magazine, titled The Distributer; it was published for the employees and franchisees. The franchisees were mainly dental labs throughout the country. **What were your duties?** I did just about everything! Including layout, writing articles, taking photos; then I sent it all off to the printer. It was my favorite job: something different every day.

Wow, you've had a lot of jobs, climbing up the corporate ladder. What next? In 1970 I went to work for the Rust Oleum Corporation as Marketing Services Manager in Chicago. I was in charge of all the printed promotional material; I managed 4 people.

Did you spend most of your career in Chicago? Well, not totally. At age 42 I was getting tired of the 9 to 5 grind, so my wife Ann and I moved to Colorado Springs, CO where we bought a

printing business; it was a small and profitable business, that became a 70 hr. a week grind.

Did your wife work with you? Yes, and my advice to anyone is: never go into business with a spouse or a friend. Our marriage ended in divorce in 1994; our son was in college.

What was the business about? We printed legal documents in addition to general printing. In those days it was quite lucrative because all legal documents had to be original. Now, computers can fulfill that need. We had some government work, printing secret and top secret documents. **Did you need a security clearance?** Oh yes.

I went out of business in 1996 ; I was 61 and getting ready to collect Social Security at age 62. In 1996, I worked for a friend in the printing business: I did everything! I retired in 1996 at age 62.

What did you do? I enjoyed exploring Colorado, then I met my second wife, Roxanne. We married in 1998 and were married for 18 years. Sadly, she passed away in 2006. I then met Cheri through mutual friends in 2009 in Colorado, where she has a daughter and grandchildren; we've been together for 13 years.

How did you end up in San Marcos? Cheri was born and raised in San Diego County, and she wanted to return, so we did. We moved here to PEW in 2009, and we love it here. We have a lovely view and very nice neighbors and friends.

What do you do for fun? I love to read. **What do you read?** Mostly crime and military fiction.

Who are your favorite authors? Michael Connelly, Lee Child, John Sanford.

Any hobbies, or sports? I used to ski in Colorado, and my second wife and I loved ballroom dancing; I also had a private pilot's license for 24 years.

How about travel? Oh yes; Cheri and I love traveling; we've done many road trips to Colorado and Montana to visit family and grandkids. We also enjoy cruising; However, on our last cruise I suffered a heart attack on the open sea between Costa Rica and Panama. Very scary. I was transferred from the ship to a hospital in Panama City, then transferred by air ambulance to California, to Scripps in La Jolla. They were wonderful; I can't say enough about that hospital. I'm sure they saved my life. Their cardiology department is first class.

So now, you are fine? Yes, knock wood. I feel fine.

What would your son and step kids say about you? I'm not sure, but we get along fine; we like each other.

What about your friends, what would they say? Gee, I really don't know. I belong to the Garden Club here; I guess they'd say I'm a nice guy, easy going.

Please give me three words to describe yourself: Curious, friendly, and happy! I'm a happy guy!

Do you have any words of wisdom for us? Be happy! Somehow, find joy in everything. You can find humor in almost everything. LOOK FOR IT.

Thank you, Allan. Thank you, this was fun.

Garden Club

We had a great Holiday workshop. So many members brought something to contribute giving everyone quite a plethora of choices in succulents, decorations, and forms that ran the gamut. It was incredible to see the array of creativity erupting from the whole group! The place was quite a buzz with activity and conversation. We will look forward to having a similar workshop next year.



A great big shout out to Susie Butler for going above and beyond with the refreshments. The hot spiced cider and numerous delectable holiday themed treats were a hit not to mention the table landscape she laid out. Thanks again Susie!



Our next meeting will be on Monday January 2nd at 2pm. Looking forward to next year, remember our March meeting will feature Ron Wood. Ron will present his program on the monarch universe. In addition, there will be California native and butterfly attracting plants. Mark your calendar for March 6th at 2pm

Happy gardening,
Merlin Chancellor

PALOMAR WEST GARDEN CLUB

GARDEN TO- DO LIST FOR JANUARY

- Prune woody shrubs. With the leaves gone, it is easier to visualize the shape you want.
- Just about any herb can be transplanted into your garden now.
- Browse through seed catalogs on cold evenings. Don't get any? Contact Park Seed, Burpees, White's Flower Farm or any of the many others out there. Or visit their websites. Most/many sell live plants as well as seeds.
- Plant spring-flowering bulbs such as agapanthus, crinum, and clivia lily.
- Plant bare-root roses.

FEATURED PLANT: AMARY

Amaryllis, *Hippeastrum* sp., is a spring flowering plant, flowers continuing for 7 weeks or longer. Their trumpet shaped blooms may grow to be up to 9 or more inches across in a variety of colors such as red, pink, orange, salmon and white. Amaryllis is a long-lived plant that can go into your garden in the spring and, in our climate, may stay out in the garden year around and will bloom annually. Overgrown amaryllis in the garden should be divided in February or March. If potted, it can be brought back inside in fall, or just bring in the bulb to pot indoors. Christmas amaryllis blooms earlier than its normal time because we plant the bulbs 8 to 10 weeks before the holidays. To have it blooming at Easter time, count back 8 to 10 weeks and start your bulb. Choose a large, firm bulb without any decay. There may be some green growth pushing out of the bulb. Soak for a couple of hours and plant in a narrow pot with loose, good soil halfway up. Put the bulb on top and fill in with more soil but leave the top of the bulb above the soil. Use a narrow pot because Amaryllis likes to be pot bound. Place in cool room with bright light, water well and keep the pot moist (not wet) until flowering. You may have to support the canes. Turn the pot to keep the stems straight, or a stake could be used. Fertilize it with a high phosphorus fertilizer. Once mature, it likes to be somewhat dry. We find in Greek mythology the story of the maiden, Amaryllis, in love with cold- hearted Alteo.

thespruce.com

OTHER ROSES

- If hybrid tea roses are the only roses you grow, you might want to try other species, some of which have amazing fragrance and will be available on line if not locally.
- Heirloom roses include Damask which is loved for its fragrance; some scents are used in perfume making.
- Bourbon roses are a cross between *Rosa* 'Autumn Damask' and *Rosa chinensis*.
- Harison's yellow rose, a hardy climber which is still sold and grown, but not easy to find, is believed to be the "Yellow Rose of Texas".
- David Austin roses are both easy to find and easy to grow.
- Many mini roses, which look so dainty, are surprisingly hardy, tolerant of neglect and drought and worth a spot in the garden.

SOCIAL COMMITTEE

THE SOCIAL CONNECTION COMMITTEE IS LOOKING FOR A NEW SECRETARY AND YOU COULD BE THE PERSON FOR THE JOB!

The duties for this position require you to:

1. Become a member of our committee
2. Attend our usually 1 hour monthly meetings and take notes
3. Create the Minutes and email a copy to every member
4. Share your ideas and help in creating new events
5. Help with set up or take down for our events

This job does not require any previous experience as Secretary.

If this sounds like fun to you, please contact Linda Swink at 760-855-2008 for answers to your questions and any other information you want.

I'm looking forward to your phone call!

If you have any interest in joining us, please contact Linda Swink (760-855-2008) for more information or to answer any questions you may have.

Tai Chi Class

In our clubhouse on Thursday mornings at 9:00 is a FREE class of Tai Chi and I want to share why I take the class & why I think you might benefit from it.

As we get older, we become less physically active. The highest we might raise our arms is to put on a shirt and the lowest might be to put on our shoes & socks.

Tai Chi is gentle movements that help us move & stretch in ways we don't normally, as well as some easy balance movements.

My oncologist has prescribed a medication for me that causes me to have joint & muscle pain and stiffness and he highly recommends this class. And I recommend it to you too.

See you there! Sheila Miller





Social Connection

New Years Gala

Saturday December 31st 5.00 pm

Join us at the Clubhouse for live music with Craigsband, Chicken Marbella, Rice, Salad, Bread, Dessert, and 50/50

\$15.00

Sign up by December 21st

Guests welcome.



LET'S DINE OUT FOR DINNER

Let's dine out real close to home. Join us for some fun and delicious Chinese food. Find out what your fortune cookie reveals for the 2023 NEW YEAR as we celebrate Chinese New Year during the month of January.


WHERE: Panda Garden San Marcos 742 S Rancho Santa Fe Road, San Marcos, CA 92078

(next door to the CVS Pharmacy)

WHEN: January 9, 2023, Monday at 5:00 PM

Please call or text Christine Parkman, 559-779-8380 to make your reservation. Let me know if you need transportation, and please include your space number when making your reservation

HAPPY NEW YEAR TO ALL!!



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday January 17
Time: 4pm-5:30pm
Location: Palomar West Clubhouse

Demo: Soups
Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

