



HILLTOPPER

APRIL 2026

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Jorge Martinez

Office: Jessica Kane

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol Hidden Valley

Security (760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only:

(888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website:

Pewresidents.com

Offsite Management

**PROPERTY MANAGEMENT
HAVEN MANAGEMENT
SERVICES**

3491 Concourse Street, Suite 204
Ontario, CA 91764

Property Supervisor: Katie Davis
(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890 Costa Mesa, CA

92626 Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

The Ground Lease issue has come up again recently—understandably, of course. You are probably wondering what might happen in 11 years, when the Ground Lease expires and Millennium is out of the picture.

Our unsatisfying answer is what it always is: it's impossible to tell. We do know some things, however: San Marcos has rent control, which gives some protection, and has an ordinance that makes it very hard (and expensive!) to close a Park and change the use.

That's today, of course. Whether San Marcos will be as tenant-friendly in 11 years depends on who's on the City Council, something you'll want to consider in your voting decisions.

It wouldn't be surprising for F & M, our landlord, to keep Palomar Estates as is, inheriting two valuable properties with strong cash flows, so I'm not sure they'd want to close the Parks. They'd probably want higher rents, however.

Let's be optimistic and suppose F & M would either sell the land (at a very high price) or extend the lease (in exchange for a BIG increase in the lease payment). If so, your rent would have to go up—a lot—to cover that cost. Is that really what you want?

That's everything we know for now—which, I admit, isn't much. In the meantime, enjoy living in one of the finest, most affordable Communities in San Diego County. That's quite a blessing, isn't it?

In Other News

- Yet another reminder: Guest Parking is for...Guests! Your Roommate or Additional Occupant isn't a Guest, and must Park in your carport, not Guest Parking. See Sec. 9 of the Park Rules for more information on this.
- This month's Kudo goes to Karen King (Sp. 240), for being brave enough to fill Mikkie's shoes with the Breakfast Committee. Thanks for stepping up, Karen.
- On April 9, SPARC, our resident services partner, is bringing a speaker from Bankers Life to discuss Long Term Care. Most of us know very little about that, so this might be of interest.

Next up for SPARC: San Marcos FD is coming on May 21 to discuss Fire Preparedness. You won't want to miss that one.

In Case You Were Wondering

Q. Why did the baby chick cross the road?

A. To meet with her peeps.

Have a Happy Easter. George Turk

NOTES FROM YOUR PEWRA BOARD

The March PEWRA Board meeting was a really brief meeting (the threat of rain?), but the Board would like to remind PEW residents of a few important topics that were discussed at our last monthly meeting.

The Kitchen has had several appliances repaired/replaced; the order is in progress for the repair and additions to the pool furniture and the laundry room drying area is nearing completion. Also, additional orange “slow” posts have been ordered to place around the park as they seem to be effective in reminding vehicles to “slow down.”

Other topics of general interests are-

If residents have comments regarding questions, concerns, issues, and requests, you are encouraged to notify the PEWRA Board by submitting your thoughts in writing. You can SIGN, DATE and email your paperwork to the current PEW Board President or your written communication can be placed in the PEWRA box found in the clubhouse card room. There are detailed instructions on this process on the PEW website, pewresidents.com, under the heading of ‘Questions and Concerns.’

The annual collection of Association dues is currently in process, and close to 300 residences have already enrolled. The annual fee is \$10, and this membership supports the ongoing activities and amenities throughout PEW. Even more importantly it grants the privilege of having inclusion in voting regarding any park wide initiative that require resident approval. It is never too late to join!

In recent months, there have been several announcements regarding the opportunity for residents to fill the 3 PEWRA Board positions that will term out in June 2026. The Board would like to strongly encourage residents to consider these volunteer positions. It is such a positive experience to be able to support the policies and activities that make PEW such an exceptional community. As a member of the PEWRA Board you would serve as a spoke person representing the park residents, interact with management in matters pertaining to the park’s current and future development, oversee the allocation of management funding for the clubs, activities and social functions and assist in ensuring the continuing quality of life we enjoy as residents of PEW.

Please give volunteering your consideration. If you are interested or you would like additional information about the positions, you can contact any Board member. The new 2 year term begins in July 2026.

The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi

Jo Gehring

PEWRA Secretary

IF NOT YOU... THEN **WHO??**



JOIN THE PALOMAR ESTATES WEST RESIDENTS ASSOCIATION (PEWRA)

VOLUNTEER BOARD OF DIRECTORS!

OPPORTUNITIES OF BEING A VOLUNTEER BOARD DIRECTOR

- Use your experience, skills, and insights to contribute to discussions, decisions, and policies that can impact not only PEW'S current operations but also its future growth and development
- Serve as a liaison between residents and Park Management
- Manage funds for support of activities at PEW

QUALIFICATIONS and ABILITIES

- A genuine interest in continuing to improve our FIVE STAR PARK!
- Homeowner in PEW
- A belief in creating an environment at meetings that fosters innovation, collaboration, and progress
- Attend two 1-hour meetings per month (*Currently on the first and third Tuesdays 2:30p-3:30p, subject to change by Board members*). Attend the monthly Board meeting (*first Tuesday @ 6:30pm of each month*)

CONTACT CATHIE BYRD @ 530.417.5186 (CURRENT PEWRA PRESIDENT) for more info on how to join! Start time is July 2026.



Happy April everyone, the flower fields in Carlsbad are in full bloom and spectacular to see. If you have time, you should go check it out. Please remember my door is always open and I am here for you if you have any questions or concerns. I hope you all stay happy and healthy this April!

April

- 1 **APRIL FOOLS DAY**
- 2 Nat'l Peanut Butter & Jelly Day
- 3 Nat'l Day of Hope
- 6 **Pillow Fight Day**
- 7 **NO HOUSEWORK DAY**
- 17 **BLAH, BLAH, BLAH DAY**
- 18 **HIGH FIVE DAY**
- 20 Appreciate Your Husband Day
- 22 Earth Day
- 30 NATIONAL HONESTY DAY

Jessica



ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Art Gallery	On Exhibit in Pavilion	Sharon Lubert	909-519-8915
Aquarobics	9 am M-W-F	Trish Coy	760-536-9338
Cardio Aquarobics	9 am Tu, Th, Sat		
Billiards (Men)	9 am Tu	Peter Oberg	760-300-8891
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Karen King	760-755-0802
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Tom Matthews	951-660-0411
Game Night	Friday 6 pm	Linda Kerridge	858-776-6783
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Community Garden	8 am – 8 pm	Robert Fierro	619-339-0433
Get Moving	Mon & Wed 11:15-11:45	Sparc	
Hand and Foot	Wed 1 pm	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1pm M	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Meditation	Tu 10:30 am	Sali Weiss	619-729-3226
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie/Dinner/Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pet Place	Every Day 8 am-8 pm	Vicky Hetrick	760-672-2258
Pickleball	8:00 -10:00 am M-W-F-S	Dana Eads	760-216-7284
Open Play All are Welcome!			
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Strength & Balance	10 am M-W-F	Dean Kelsey	760-519-1909
Social Connection	Dates vary	Merlin Chancellor Simon Spears	661-670-1336 760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566
Yoga	4:30 pm M	LuAnn Foster	480-203-4330
Chair Yoga	10 am Tu		

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com

Hilltopper Distribution – Becky Hall - 858-967-8725

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE.

USE AT YOUR OWN DISCRETION.

To advertise your business in the Hilltopper, call Boe Davis at Mobile Home Park Magazines, 408-744-1011, ext. 3107.



Kathy Clark	2
Marjorie Farrelly	3
Elaine Saunders	4
Evangeline Hall	5
Valerie Mitsakos	5
Mikkie Sawyer	5
Gina Parisi	6
Peggy Shull	6
Daniel Thompson	6
Shauna Costello	6
Craig Davison	7
Marc Froning	7

Rhonda Longeuy	7
Todd Travis	7
Leslie Weber	7
John Poortenga	8
Bill Schlafer	8
Steven Schmidt	9
Julie Shryock	11
LuAnn Foster	13
Linda Farrington	15
Thomas Hall	15
Susan Darnell	16
Sharon Laponte	17

Christine Bauder	18
Margaret (Jean) McDonald	18
Ernest Stratis	18
Malia Campbell	19
Heike Corbiel	19
Velia Munson	22
Scott Brusseau	23
Malcolm Widdison	23
Dyann Duling	25
Bob Ralston	26
Edward Cosgrove	27
Andrea Hoehn	27

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

HILLTOPPER PRINTING PROBLEMS

THE MARCH ISSUE OF THE HILLTOPPER WAS DELAYED AS A RESULT OF EQUIPMENT ISSUES AT THE PUBLISHER. THEY INSTALLED NEW EQUIPMENT WHICH SHOULD HAVE BEEN A GOOD THING. INSTEAD, THEY EXPERIENCED RECURRING BREAKDOWNS THAT IMPACTED ALL OF THEIR 320 COMMUNITY NEWSLETTERS. WITH THIS PUBLISHER, OUR NEWSLETTER IS PRINTED FOR FREE AND IS PAID FOR BY THE ADVERTISING INCLUDED EACH MONTH.

THEY HAVE A MAINTENANCE PLAN IN PLACE TO HELP PREVENT FUTURE PROBLEMS. WE APOLOGIZE FOR ANY INCONVENIENCE.

APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Breakfast 8:30 Pickleball 8-10am Cardio Aquarobics 9 am
5	6	7 Recycle	8	9	10	11
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Garden Club 2:00 Yoga 4:30	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Board Meeting 6:30	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm	Cardio Aquarobics 9am Tai Chi 9 am Long Term Care 12pm-1pm Darts 6-8 pm Bingo 6:50 LTC Seminar Noon	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Pickleball 8-10am Cardio Aquarobics 9am
12	13	14	15	16	17	18
	Pickleball 8-10 am Aquarobics 9 am Phone Classes Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mexican Train 4:30	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm Movie Night 6 pm	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Pickleball 8-10am Cardio Aquarobics 9 am Art Show 1 pm
19	20	21 Recycle	22	23	24	25
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am READY 2 pm Cooking With Katie 4:00	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm Earth Day Celebration Noon	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Book Club 2 pm Game Night 6 pm	Pickleball 8-10am Cardio Aquarobics 9 am
26	27	28	29	30		
	Pickleball 8-10 am Aquarobics 9 am Phone Classes Strength & Balance 10am Get Moving 11:15-11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mexican Train 4:30	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm Let's Dine In 4:30	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50		



Sweet April Showers, DO bring May Flowers

Breakfast is a great opportunity to get to know your neighbors and spend time with friends.

No need to bring your wallet this month; breakfast will be **sponsored by Michael Fox, from Real Realty**. You might need your wallet for your chance to win at 50/50. You need to sign up before April 2nd to secure your spot and to keep our costs down. We are looking forward to seeing you all.

Saturday, April 4th, 8:30am
Hope we see you there!

Karen King and Crew



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday April 21st
Time: 4:00-5:30pm
Location: Palomar West Clubhouse

Demo: Salads
Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25.



LET'S "DINE OUT" ITALIAN STYLE in the PEW PAVILION!!

JOIN YOUR PEW PALS FOR A *DELIZIOSO* MEAL!

WEDNESDAY, APRIL 29TH

DOORS OPEN AT 4:30PM

DINNER READY AT 5:00PM

COST: \$15.00 PP

MENU: APPETIZER, HOMEMADE LASAGNA, CAESAR SALAD,
GARLIC BREAD, DESSERT, BYOB

TO RESERVE YOUR DINING SPOT:

- Sign your name(s) on signup sheet in lobby by 4.23.26
- BY 4.23.26, place cash (preferred!) or check (made out to Cathy Bassett or Cathie Byrd) into an envelope and mark it "Lets Dine Out"
- Drop check into the Social Connection box in the lobby
- Your payment confirms your seat!

2026 Social Connection Events

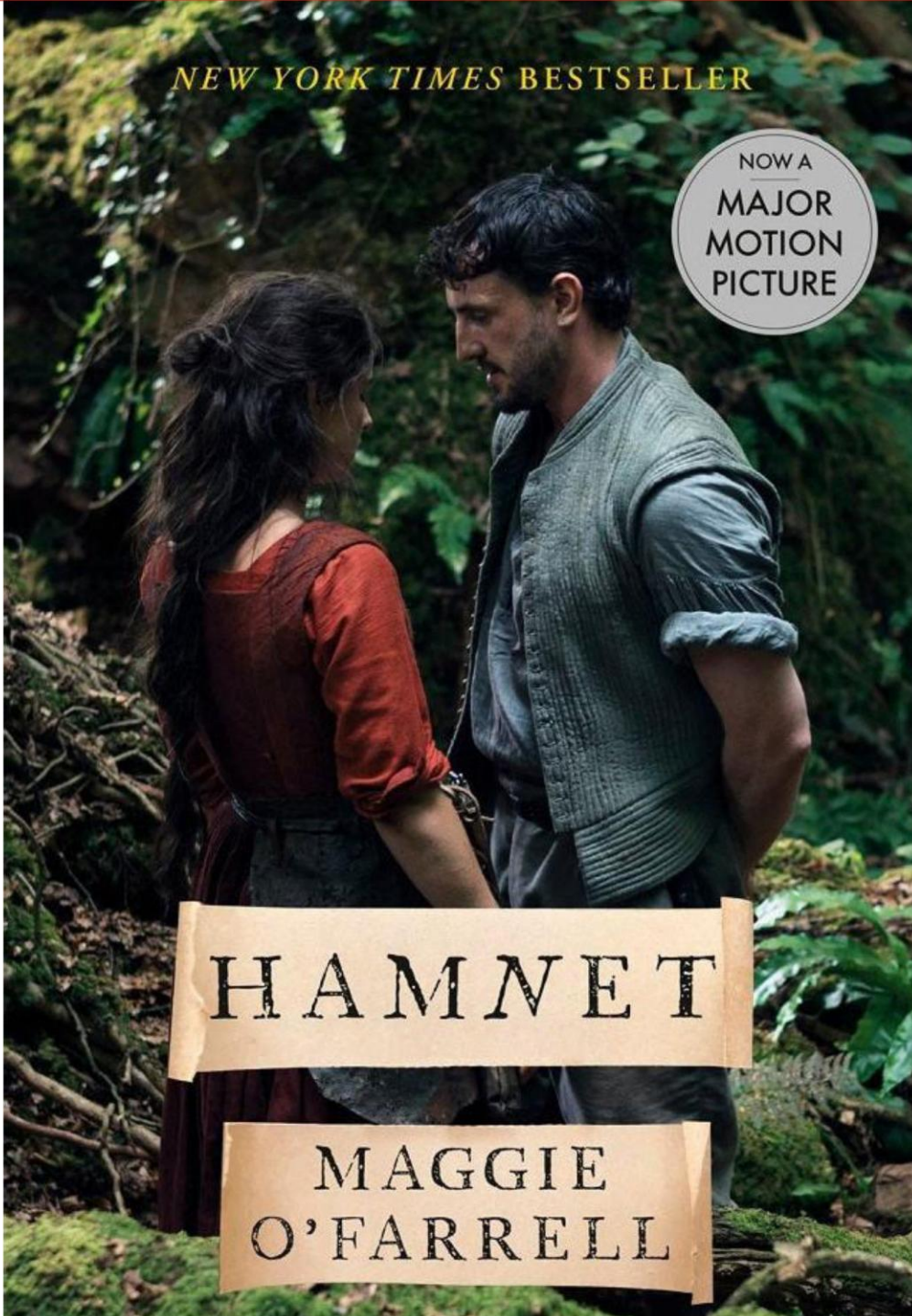
Date	Event	Time	Cost
April-15	Movie Night	6:00 PM	Free
May-3	Cinco De Mayo event	5:00 PM	\$20
May-21	Movie Night	6:00 PM	Free
June-17	Movie Night	6:00 PM	Free
June-19	Blue Suede Crew	5:30 PM	Free
July-4	Independence Day parade and event	3:00 PM	Free
July-15	Movie Night	6:00 PM	Free

MOVIE NIGHT
HAMNET

April 15th – 6:00 PM Movie

Please sign-up as spaces are limited to 30 – Thank you

Movie Night, popcorn/Soda



Social Connection

ANDROID SMARTPHONE CLASSES



Do you want to feel more confident with using your Android? You are invited to learn tips, tricks and ways to stay safe online? Then these free classes are for you!

THIS MONTH'S TOPICS:

1. PASSWORD MANAGEMENT AND SAFETY
2. ANDROID CARE ESSENTIALS



This is a multi-class series program. You are not required to attend all sessions. Classes will take place twice a month for 6 months. Signups are required for each class and flyers are available monthly for class topics. Deadline to signup is two days prior to the class.

SPARC Inc.

IPHONE SMARTPHONE CLASSES



Do you want to feel more confident with using your iPhone? You are invited to learn tips, tricks and ways to stay safe online? Then these free classes are for you!

THIS MONTH'S TOPICS:

1. PASSWORD MANAGEMENT AND SAFETY
2. IPHONE CARE ESSENTIALS



This is a multi-class series program. You are not required to attend all sessions. Classes will take place twice a month for 6 months. Signups are required for each class and flyers are available monthly for class topics. Deadline to signup is two days prior to the class.

SPARC Inc.



EARTH DAY Celebration

at the Community garden

Wednesday April 22nd, Noon to 2pm

*Bring finger food to share

*Take home free seedlings and worms

*We will be dedicating an owl box to hang in the garden



Join us for music, conversation, and joyous celebration of our mother earth!

Long Term Care and Why It Matters Seminar



SPEAKER: BANKERS LIFE

Topics

»» Why Long Term Care Planning Matters

- Common misconceptions
- Why planning ahead provides control and peace of mind
- Medicare and all major medical do not cover long-term care
- Protect your retirement and assets
- Helps maintain independence longer

»» How Long Term Plans Work

- What it does and does not cover
- Types of care covered

»» Key Statistics and Real-Life Scenarios

- Likelihood of needing long-term care
- Average cost of care

»» Protecting Assets

- Preserve retirement savings
- Reduce financial burden on family

»» Who Should Consider Coverage

- Ideal ages and health considerations
- What happens if someone waits too long



Date: Thursday, April 9
Time: 12pm-1pm
Location: PW Clubhouse



Free lunch will be provided

Signup in the clubhouse by April 7

PEW ART GALLERY NEWS

CELEBRATING OUR ARTISTS

Since 2025 about 24 of our PEW artists have produced eight beautiful shows, combining photography and paintings. Many of the pieces displayed won awards in local shows. To highlight the special talents of our artists, in March we will begin to feature a few solo shows, mixed between group shows.

This month Zak (Thomas Zakery), gifts us with a full show. The show was put up March 21, and will last until May 2. **On April 18th at 1:00 pm** our Gallery will hold a **Reception for ZAK**. Everyone is welcome! Zak will share his passion for art with a fun slide presentation. For example, Zak painted 40 portraits of fallen Heroes in Kern County for The Portrait of a Warrior Gallery, a truly heart -warming project. In addition to numerous murals, Zak's gallery pieces are classical, serious, astounding, and some are beautiful, while incredibly comical. Zak, a serious artist, has a great sense of humor. The show will be lots of fun. **JOIN us April 18, at 1:00 in the Pavilion** for an interesting presentation and reception for Zak.

PEW artists are simply sharing our work with our PEW community. We have accomplished artists with many pieces to share. Some pieces can be purchased, or others commissioned, directly with artists, who provide their contact information on title cards on the wall.

We are not a commercial enterprise, so prices are never displayed.

Artists – Our current show hung March 21, and is a solo show presented by Zak. The reception is April 4, and includes Zak's commentary.
Please let me know if you are willing to do a full show or shared show with one other artist.

The next group show will go up May 2, from 12:00 to 1:00pm.

On May 2, please bring your work, one to four pieces to be selected for the show. Late entries need to be entered in the next show. If you cannot be present, please arrange for someone to bring your art work. Also, protecting the wall is imperative!

We are using the STAS Moulding Hook System with Perlon cords.

All pieces must be set up with wire, fastened with D-Rings.

Ideas, questions, comments, suggestions? Please call Sharon, 909-519-8915

PEW Book Club

Greetings from the Book Club!

This month's book is "The Midnight Library" by Matt Haig. It follows Nora Seed, a woman who finds herself in a mystical library between life and death after reaching a low point. Guided by a kind woman from her past, Nora encounters millions of books, each representing a different life she could have lived. By reading a book, Nora is transported into that alternate reality, experiencing what could have been if she'd made different choices.



The Book Club meets the 4th Friday of every month in the Multi-Purpose room at 2:00 pm. We would love you to join us for lively discussions on our chosen books.

Until then, keep reading!

Cynthia (Cindy) Towle 503-317-3544 towlecandr@gmail.com

"I cannot live without books..." Thomas Jefferson to John Adams June 10, 1815

Cooking with Katie - February Recipes

CURRY LENTIL SOUP

2 T EVOO
1 Med. Onion (chopped)
4 cloves garlic (minced)
1 T Curry powder
3 T ginger (minced)
1/4 tsp red pepper flakes
1 can (28 oz) fire roasted crushed tomatoes
1 pkg. cooked steamed lentils
1 box-2 boxes shelf stable Chicken Bone Broth
1 can Coconut Cream
Salt and Pepper
Chopped Cilantro
Frozen Garlic Naan

In a large skillet heat the oil and add the onion and garlic. Cook until soft and fragrant. Add the ginger, curry powder and red pepper. In another pan, heat the broth, tomatoes, coconut cream and lentils. Heat until coconut cream incorporates and everything is hot. Transfer the onion mixture to the broth mixture and heat thoroughly. Top with cilantro and serve with Naan Bread.

7 CAN CHICKEN TORTILLA SOUP

1 Box Chicken Broth	
1 can Cream of Chicken Soup	1 can. Cooked Chicken
1 can corn	1 can diced fire roasted tomatoes (14.5 oz)
1 can diced green chilis	1 can kidney Beans
1 can Black Beans	1 can Pinto Beans
Corn Chips for topping	Shredded Cheese for topping

In a soup pot, combine the broth and cream of chicken soup. Drain and rinse all the beans and corn and add to broth. Heat and add the chilis, tomatoes and chicken. When ready to serve, put in bowls and top with chopped cilantro and grated cheese.

MEDITERRANEAN ORZO SOUP

1 "pouch" Chicken Bone Broth
1 container Mediterranean Orzo Pasta Salad
1 container grilled Lemon Pepper Chicken (chopped into bite sized pieces)
1/2-1 bag (6 oz) Organic Baby Spinach (chopped)
Juice of 1 lemon
Feta Cheese (crumbled)

In a saucepan, heat the broth. Add salad contents and spinach and chicken. Heat until spinach is wilted. Add lemon juice. Sprinkle with feta cheese in bowls before serving.

Garden Club

Spring is on its way. When the citrus starts blooming you know the seasons are changing. It is great to see all the plants blooming everywhere!

Our March meeting was a productive one. We planned our Earth Day event to be held in the Community Garden Wednesday April 22nd from noon to 2 pm. To honor Earth Day there will be a seedling giveaway and owl box dedication. Garden Club volunteers were given seeds and seed starter kits. They will start seeds at home and grow various herbs and vegetables for the giveaway.

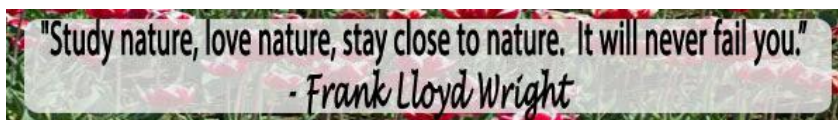


Fabulous St. Patrick Day treats were provided by Georgie and Mary. We enjoyed an array of goodies including warm cobblers, cookies, candies and beverages. The celebratory decos made the whole event very cheery. Mary also

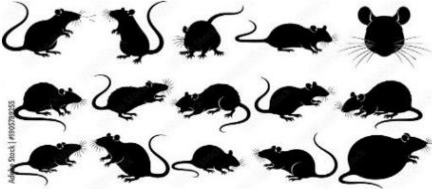


provided a door prize. These glass plant waterers are not only beautiful but useful and functional. Thank you very much, Mary and Georgie, for making our March meeting so memorable.

Our upcoming speaker will be master gardener Kathryn Blankinship. She will be the speaker for our April 6th 2pm meeting in the clubhouse to talk about earth friendly gardening. She joined us a few years back. We are looking forward to enjoying her entertaining and knowledge filled presentations.



Submitted by Merlin Chancellor



Rodents in Lake San Marcos

By Herb C. Field

Urban Entomologist

I think everyone who lives in LSM knows that along with wonderful neighbors we also have an abundance of wildlife, some that we love and some maybe not so much.

Rodents in the form of rats and mice find our foliage with plentiful fallen fruit, lush ground covers and bird feeders a perfect environment to set up a home, the real issue is when their homes get inside our homes that we have a problem.

So, what we need to focus on is keeping them out of our homes and garages, the idea of elimination of an animal that is part of the natural food chain really makes no sense.

The following are key points in keeping rodents out of your home and in some cases away from your property:

1. As much one likes the idea of bird feeders even those with rodent blocks, feeders spill grain on the ground that will attract rodents to your yard.
2. Never leave dog food or water dishes outside, as you will feed more than your pet.
3. Be sure to inspect the eaves of your home, cut away trees and ivy that touch the house. Rodents use these contact points to gain access into your attic or roof.
4. Inspect all vents into the attic and crawl space, worn out vent screens should be replaced with $\frac{1}{4}$ inch hardware cloth.
5. Remove fallen fruit from the ground around your trees.
6. Check the overhead garage door's gasket, rodents will chew the corners of this gasket allowing access into the garage which then allows access into your home. This also applies to your garage side door, if you can slip your finger under the door a rodent can slide in as well.
7. Inspect access points into your structure for gaps around hose bibs, cable lines and/or exterior light fixtures. Once an animal has entered the wall void access into the home is as easy as chewing through the sheetrock.
8. Do not use expanding foam when sealing holes as rodents will chew through the foam, a better approach is steel, copper or brass wool.

The above list is a good starting point for keeping your home safe from rodents. If you keep them out of your home, then the use of baits to kill rodents should typically be unnecessary and without the use of baits we can eliminate the possibility of getting poisoned rodents into our wildlife's food chain.

If you have rodents feeding on fruits and vegetables in your yard, a stainless-steel wrap around a tree trunk will stop them from climbing in the trees, but for vegetable gardens I use traps in stations as it is a quick kill and as mentioned no possibility of harming other wildlife. If you have any urban pest or gardening questions, write me at entomologyservices@gmail.com

Calling All Musicians in PEW

Attention Musicians in Palomar West

Palomar West is home to a vibrant community of musicians, including both professionals and talented amateurs. Recently, several residents have expressed interest in forming a band and are eager to see if others share this enthusiasm. This message serves as an invitation to all musicians in the park to come together and explore the possibility of creating a band. If you are a musician, or if you know someone here in the park who is, please reach out.

How to Get Involved

If you would like to participate or know someone who might be interested, contact Simon Spears by calling or texting 760 583 1549. Alternatively, you can email Simon at simonspears@gmail.com.

Thank You!

We (Katie and Erin) would like to thank everyone for your enthusiastic support of our house decorations. For those that don't know, we decorate for the holiday or the season of each month. We enjoy doing this for our wonderful community.

[Stop by #121 on Azalea to see what is being celebrated each month.](#)



Some people help out by giving us their cans and bottle with CRV refund value. We pool everyone's donations to help keep the displays looking fresh and bright. You can text me at 760-420-8007 if you would like me to pick up a bag of your refundable cans and bottles.

Katie and Erin

Mardi Gras 2026

