

HILLTOPPER

OCTOBER 2023

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Lisa Hamernick

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only: (888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

Director of Resident Services: Stacey Kazmiersk

MILLENNIUM MEMO

We're excited to report that SPARC, our resident services partner, is adding to its Staff, and therefore its ability to expand its offerings. Please welcome Ally Sage as the newest member of the SPARC Team.

With Ally on board, Stacey will take the lead on 6 of our Parks – including our 3 San Marcos communities – which is down from the 10 Parks she currently operates. We think this will allow SPARC to devote even more attention to Palomar.

Interviewing for a new position can be stressful, of course. We asked one candidate: "Tell us something about yourself." The applicant replied: "I'd rather not. I really want this job." We didn't hire that person.

SPARC's future in Palomar should be bright indeed!

More News

- 100% of you have turned in your Annual Income Certs. Thanks so much for your cooperation. Because of that, you get this month's Resident Kudos, and even better, I can stop nagging you about it.
- We have two more Kudos this month: to Gustavo & Miriam Zavala (Sp. 442).

Noticing a fire on the porch next door, the Zavalas reacted quickly, getting the neighbors and their pets safely out of the home and putting a hose on the fire until the Fire Dept. arrived. Great work, you two!

- A couple months ago, I reported that a section of the Storm Drain had collapsed, which we knew would be expensive to fix. How expensive? Well, we now have some bids, and it looks like the cost will be...wait for it...\$140K!

You can see why we're grateful for your Income Certs, which will help pay for the repair.

- Other recent expenditures: \$35,654 for "Jacuzzi texture, street sealing, gym equipment and a new maintenance golf cart." We also trimmed Palm Trees around the Park and added 6 new chairs & 2 new benches at the Dog Park.

More of your Income Cert dollars at Work!

Welcome Ally, thanks for your Income Certifications...and have a fun Halloween.

George Turk

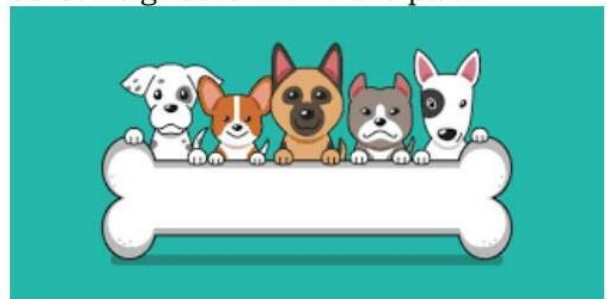


When outdoors, the pet will be walked either on Resident's Homesite, the Designated Dog Park or on the Park Streets **ONLY**. The pet will not be walked on others homesites (without permission), in or near any park landscaped areas (including those adjacent to parking lots), or in or near the clubhouse or other recreation areas. Don't let your pet do its business on other resident's homesites. Pets are not guaranteed permanent residence, and each pet owner must understand his/her responsibility for their pet's.



What is proper dog park etiquette?

Always take responsibility for your dogs' behavior. Make sure he or she is properly socialized and non-aggressive toward strangers and the dogs they're playing with. Pick up after them. If your dog does their business, be prepared to scoop, bag, and dispose of his waste properly. Keep the barking to a minimum so it doesn't disturb other neighbors within the park.



Signs of a SCAM

Scams can take many forms, but there are common signs you can watch out for. Protect yourself from imposters by remembering the **four Ps**:

Pretend Imposters try to gain your trust and pretend to be from an agency or organization you're familiar with. 	Problem or Prize Imposters say there is a problem or prize ...
Pressure ... and they pressure you to act immediately. 	Pay or Provide To "fix" the problem or claim the prize, the imposters want you to pay them or provide them with confidential personal information.

Four Basic Signs of a Scam: www.ssa.gov/scam/



FROM THE PEW RESIDENT ASSOCIATION BOARD

Well...we dodged a bullet during Hurricane Hilary. It left us with 2 1/2 inches of rain which was a blessing. The unusual weather event reminded us to make sure we are prepared with food, water and medication for 7 days in case of power outages and shortages. If you need any help during a natural disaster, we have a group of volunteers who are managed by Mary Wallace 619-887-0700. She is in charge of the Panel for Emergency Preparedness.

We had a wonderful "turn out" at the last Resident Board Meeting. The Hot Topic was the issue about changing the pool hours for children. The Board is encouraging feedback and we are accepting suggestions and concerns from all residents until October 1st. Then, the Board will decide if any changes are necessary.

We have such a good group of people on the Board this term. The 1st Tuesday of the Month is when we all get together to listen and talk about your concerns and desires. Your involvement will make our community the best in San Diego. To encourage more participation we will be serving snacks and have a raffle with prizes. We will also have a robocall to remind residents of this important activity.

As we move into the Fall and Holidays, I want to remind everyone of a couple of important dates. October 21st is the annual yard sale. It's time to get rid of things laying around the house that will be a treasure for someone else. Also, we are continuing the tradition of the Annual Food Drive. This is such a rewarding event. Garry Larson, Space 454 collects food for the needy. The official "start" of the drive will be published in the Hilltopper. But now is the time to take advantage of sales on food that you can donate.

I want to close with a big thank you to everyone on the Social Connection who was involved with Luau. This party will go down in history books as one of the best parties EVER!!. The food was amazing and the entertainment was spectacular. I really felt transported to the islands. Mahalo for all you do.

Enjoy the shorter days and cool nights!!

Katie Rodriguez
PEWRA Volunteer
hanaleigal@yahoo.com

RESIDENTS ASSOCIATION BOARD

President: Garry Larson; Vice President: Cathie Byrd
Secretary: Jo Gehringer; Treasurer: Simon Spears

Members

Katie Rodriguez, Dave Brennan, Lori Magnusson

Board Meeting: 1st Tuesday of the Month in the Pavilion Room

SOCIAL CONNECTION

Merlin Chancellor and Simon Spears – Co-Chairs, Eileen LaLone – Treasurer,
Marilyn Ferri – Secretary, Cathy Bassett, Herlinda Mahler, Cathie Byrd,
Margaret Scotto, Rusty Bassett, Angela Sirota, Shevaun Teegarden

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Lynn Thomas, Mary Wallace, Becky Zane

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Alternate: Sheila Miller, Marsha Brown

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	2:30 pm Tu, Th, Sat	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm Monday	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Th Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debora McQuillan	858-663-2822
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Hand & Foot	1:00 pm F	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Melissa Szilagyi	760-216-7182
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8:30 am-10:30 am M-W-F Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Wednesday at 2 pm in Card Room	Mary Wallace	619-887-0700
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Merlin Chancellor	661-670-1336
		Simon Spears	760-583-1549
Tai Chi	9-10 am Th		
Tennis	9 am W & Sa	Rob Edwards	760-807-5683

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com



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If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Recycle	4	5	6	7
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Bridge 1:30 pm Women's Billiards 1:30 pm Garden Club 2:00	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Sunset Pickleball 6 pm Board Meeting 6:30	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm Sunset Pcklbl 6 pm	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Hand & Foot 1 pm	Breakfast 8:30 am Tennis 9 am Water Aerobic 9 am
8	9	10	11	12	13	14
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Bridge 1:30 pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 pm Sunset Pickleball 6 pm Hilltopper Submissions Due	Pickleball 8:30-10:30 am Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm Sunset Pcklbl 6 pm	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Hand & Foot 1 pm	Water Aerobic 9 am Tennis 9 am
15	16	17 Recycle	18	19	20	21
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Bridge 1:30 pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Dog Park sprayed 9 am Ping Pong 10:30 am READY 2 pm Cooking with Katie 4 pm Sunset Pickleball 6 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am Dinner & Movie 4:30 & 6:00	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Darts 6-8 pm Sunset Pcklbl 6 pm Bingo 6:50 pm	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Hand & Foot 1 pm	Driveway Sale 8 am – 1 pm Water Aerobic 9 am Tennis 9 am
22	23	24	25	26	27	28
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am Bridge 1:30 pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 pm Sunset Pickleball 6 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm Sunset Pcklbl 6 pm	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Hand & Foot 1 pm Book Club 2 pm	Water Aerobic 9 am Tennis 9 am Halloween Party 5 pm
29	30	31 Recycle				
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am Bridge 1:30 pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 pm Sunset Pickleball 6 pm				



October

Breakfast

Come on down to the Clubhouse,
You're invited to Spooktacular Halloween Breakfast
Start your day with a ghoulishly delicious breakfast
(if I can find ghoulishly recipes)
Join in with friends and neighbors,
And still end up having a scrumptious meal.

Saturday, October 7, 8:30am

Hope to see YOU there!



Mikkie



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday, October 17

Time: 4 pm - 5:30 pm

Location: Palomar West Clubhouse

Demo: Comforting Casseroles

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

POOL HOURS

It has been proposed by some residents that the children's swimming hours be changed, eliminating the evening hours of 6 to 8 p.m. As it is now, children's hours are 10 a.m. to 1 p.m. as well as 6 p.m. to 8 p.m.

If you would like to make a suggestion to maintain the hours as they are now or to eliminate the evening hours for children, let your voice be heard by placing comments in the PEW Board suggestion box. The box is located on the front table by the tree.

The PEW Board



Halloween Dinner and Movie

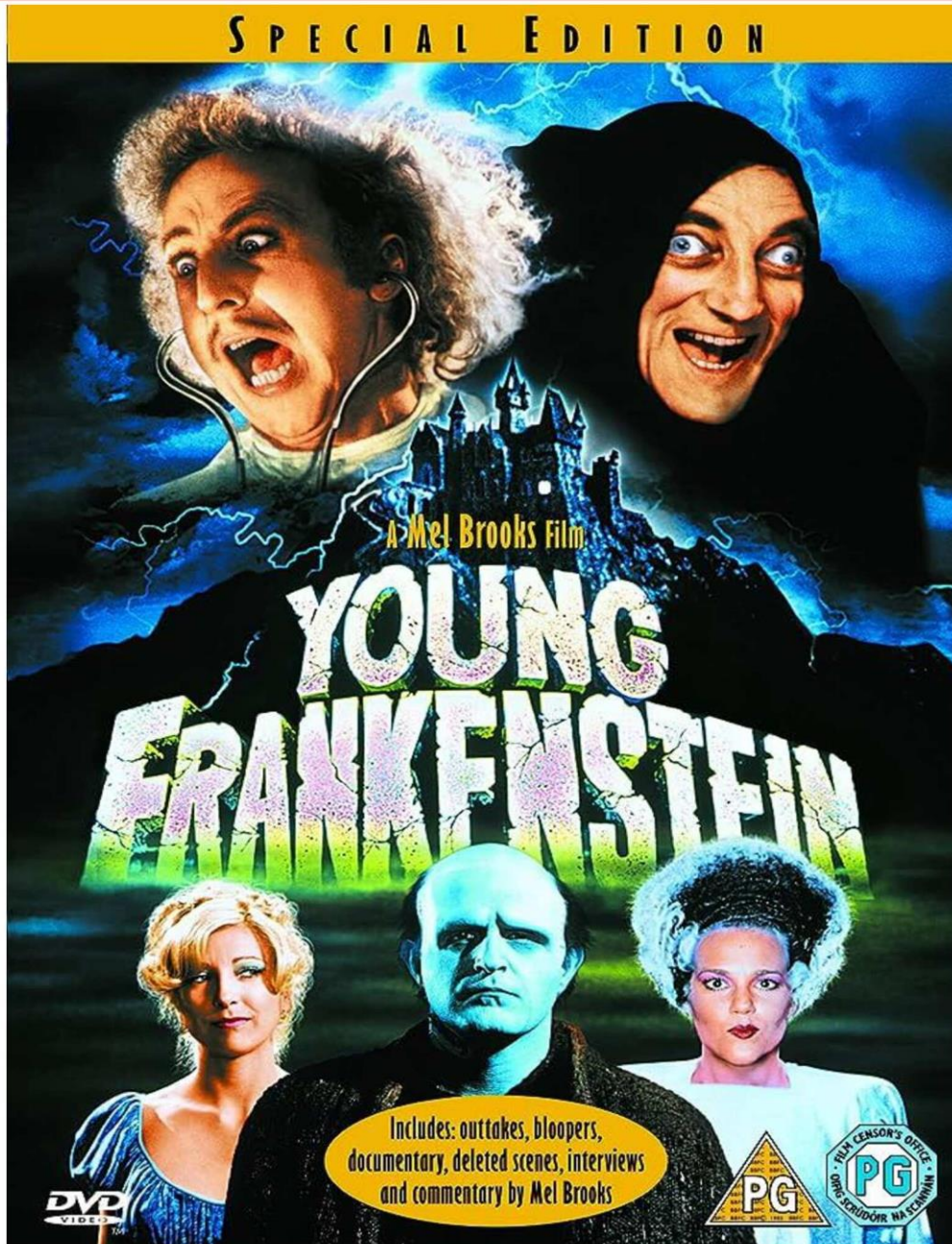
Young Frankenstein

BOYB

BOYB

October 18th – 4:30 Dinner \$15.00
6:00 Movie

Dinner and a Movie **\$15.00**



Social Connection & Dinner In

Deadline for sign-up and payment is Sunday, October 15th



Save the Date!!

Our Community Driveway Sale will be Saturday
October 21st, 8:00am-1:00pm!! Sign up will be
available in the Clubhouse and online at
www.pewresidents.com

Questions, please contact LuAnn Foster at
480-203-4330.



HALLOWEEN PARTY

Saturday October 28th - Doors open 5:00 PM
Taco Bar, Dry Ice Bar, Live Band
Fancy Dress encouraged! There will be

prizes



Live Music
with the
Dave
Gilbert
Band

\$15.00

SIGN UP AND PAY BY October 22nd

YOUR PAYMENT CONFIRMS YOUR SEAT!
CANCELLATIONS AFTER **October 22nd**
NON-REFUNDABLE, MAKE CHECKS PAYABLE
TO "SOCIAL CONNECTION"

Palomar Estates West's Annual

Craft Fair



Saturday, November 11th

9 a.m. – 1:30 p.m.

At the Pavillion (Clubhouse)



Handmade Crafts & Baked Goods. Food Vendor for lunch.
FREE raffle for \$10 Craft Fair Coupon

➔ To be a vendor call Ruthann Kirby at 619-997-3040

Raffle at 10, 11 and 12. Must be present to win. *Free coffee and donuts while supplies last.*

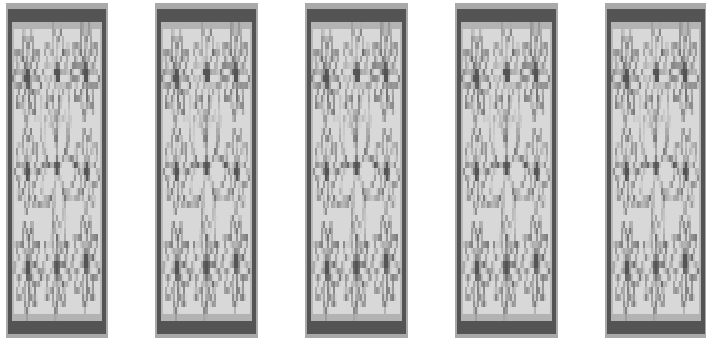
Garden Club

Fall is here and gardening will shift gears. Some of us will start planting cool season vegetables. A great place to start will be the seedling event featuring fall vegetables. For the second time this year, **Herb Field** will be selling seedlings on **October 7th from 9am to 12pm**. If you're interested in the seedling event, his address is [1312 La Granada Drive, San Marcos, CA](#).

We took a field trip to his gardens after our club meeting in September. He has really perfected raised bed and square foot gardening. His produce production is off the charts. He routinely gives away extra produce all summer. We learned a lot about IPM (Integrated Pest Management) which uses no pesticides and lets nature's balance control any pests.

Our community garden area is ready for the raised beds. I have given the layout information to the Board along with the supply list. We should be ready for installation in the near future. The beds will be 4 feet wide and 8 feet long, running East/West (from the fence to the street). There will be 3 feet between the beds and as close to the street as possible as to leave space between the fence and garden beds.

Anyone who would like to donate garden tools and hoses to the community, let me know. My number is 661 670 1336.



Autumn is a second spring when every leaf is a flower ~ Albert Camus

Enjoy the changing season and keep on gardening. **Our next meeting will be October 2nd at 2pm.**

Merlin Chancellor

GARDEN TO-DO LIST FOR OCTOBER 2023

- October is an ideal time to put deciduous trees, shrubs and roses in the ground.
- If you didn't have strawberry runners to add to the strawberry bed earlier (June and July), put in new strawberries plants now so they will have deep root systems for next summer heat.
- Time to start cool weather flowers like sweet peas, pansy and snapdragon toward the end of the month.
- Warm climate bulbs including Lily of the Valley and dahlia can be put in ground now.

FEATURED PLANT: FUCHSIA

The genus Fuchsia belongs to the *Onagraceae* family. Approximately 100 species have been recorded. But the familiar garden fuchsias that are widely available in garden centers are mostly hybrids. Depending on the variety, *Fuchsia spp.* can be trained to grow as a bush or tree, in a container, hanging basket, wall-pocket, espalier, or even bonsai. They grow 12-24 inches high and spread 12-24 inches. Colors vary from traditional "fuchsia" to many different combinations of red, lavender-blue, ivory, white, baby pink, pale lavender, deep purple, fiery orange and warm peach. Long slender blossoms drip from branches.



Fuchsia baskets or planters need plenty of dappled shade and daytime temperatures well below 80 degrees. Plant outdoors where the plants receive direct morning sun or filtered sun all day. In hot and dry climates, the plants grow poorly and flower size shrink. Red and orange-flowered varieties take full sun near the ocean. White and pastel hanging basket varieties must be shaded. If there seems to be too much stem between sets of leaves, move the fuchsia to more light. Turning the plants a quarter turn on a regular basis will also make them more symmetrical. Most garden soils will need amendment before planting. For containers use a high-quality potting mix with added peat for improved drainage. Slow-release fertilizers are ideal for outdoor beds. Hanging baskets and containers will prefer liquid feeds. A combination of fish emulsion and seaweed can work well. Start in spring, applying balanced fertilizers once every two weeks. You can switch to a "bloom" formula of fertilizer when the plants are setting buds. Consistent soil moisture is necessary to keep the fuchsias looking their best. Sudden wilt of plants indicates soil has become too dry. Propagation by cuttings is among the most popular means by which fuchsia plants are multiplied. Stem sections can be rooted easily in water. Cuttings placed in soil can root in as little as 1-2 weeks. Prune in late winter or early spring. It's okay to prune back drastically. It will rebound. For trailing fuchsias, remove thin or brittle growth at any time. Remove the dead wood and most of the previous year's growth for upright fuchsias. Leave only a few strong vertical canes. Start feeding as soon as green growth appears. Repeated pinching will produce bushier plants and more blooms. Remember that fuchsia flowers on only new growth. The moment a flower begins to fade, pinch it back to allow for new growth. Fuchsia plants seldom have problems with disease. Insects like mealy bugs or aphids may frequent the plant. Treat the plants with neem oil and insecticidal soap when necessary.

Source: gardenbythesea.org master gardeners; gardeningknowhow.com; www.gardenate.com

- Lily of the Valley has very fragrant white flowers but it can be invasive
- Since it loves shade, a sunnier spot can slow down rampant growth
- Lily of the Valley is toxic to pets and humans

Submitted by Sally Jeans and Marilyn Chambers

From The Librarian

Thanks goes out to our generous neighbors, Mr. Len Reed #290 who donated many, many fine books and Cindy & Rick Towle #113 who designed and re-built the book drop.

YOU ARE APPRECIATED!

Melissa

"Reading is to the mind what exercise is to the body."
—Joseph Addison



PEW Book Club

Fall greetings from the PEW Book Club!

Time to snuggle in with a good book.

We read "Trust" by Hernan Diaz in September.

Our October choice is "Demon Copperhead" by Barbara Kingsolver.

In November we will be reading "The Next Ship Home" by Heather Webb

We meet on the 4th Friday of the month. However, in December, we will not be meeting due to Holiday busyness. Nor will we be picking a book for December. I will post a reminder in the November Hilltopper.

Until then, please continue to drop in and meet the group!

Happy Reading!

Cynthia (Cindy) Towle

Email: towlecandr@gmail.com

Telephone or Text: 503.317.3544



LOST AND FOUND

LOST - PRECIOUS GOLD RING with 3 Diamonds set side by side across the top of the band was LOST IN THE POOL or JACCUZZI late in the evening on AUGUST 4th. The ring belonged to my deceased mother and has a special place in my heart!
PLEASE CALL SANDI EBELTOFT (520) 237-1211 if you may have found it!
I will be forever grateful!

LUAU – SEPTEMBER 9TH - Gratitude & Photos

As an almost 20-year resident here at PEW I, Kim Stevenson, want to send a huge Thank You to the social connection for a fantastic Luau function. Shevaun, you found superb entertainment. Cathy and Cathie, catering another fantastic meal. Spectacular centerpieces kudos to Shevaun and Angela. Merlin and Simon, for great leadership. Eileen, for extraordinary pest control and Herlinda, thank you for looking out for those of us that have hip, knee and walking problems for the special seating for the show! Keep up the good work!







Photos submitted by Margaret Scotto and Merlin Chancellor