

PEW GARDEN CLUB MINUTES

MONDAY 6th JULY 2026 2:00 PM

NEXT MEETING MONDAY 3rd AUGUST 2:00 PM

COMMITTEE REPORTS • Treasurer: Cindy Palermo – this year's budget allocation is \$400 • Publicity: Hilltopper – Merlin Chancellor, Website Lynn Thomas • Secretary: Lynne Widdison, Roger Frichette, Librarian Helen Doherty • Programs: Merlin Chancellor - Field Trips: Robin Green, Shevaun Teegarden, Cheri Carry

Upcoming Events:

September 7th - Herb Field will talk about insects

October 5th - San Diego Vector Control will talk about rat and mice problems

November 2nd - Craft Workshop - Plant cuttings and soap making

December 7th - 3rd Annual Holiday Tea Party

Note: 6th and 7th September Balboa Park is having a Plumeria Show.

Herb Fields gave a very interesting talk about Regenerative Vs. Modern Industrial Farming. Regenerating farming is a holistic approach to agriculture that focuses on restoring degraded soil, enhancing biodiversity, and fighting climate change. It actively revitalizes ecosystems by sequestering atmospheric carbon and improving the water cycle. Even though we are not farmers, the same principles apply to our small gardens. Herb has many raised beds and does not ever need to spray for bugs etc. He stated that it all begins with healthy soil that is essential for producing healthy plants that can retain moisture and fight off insects. His ideal mix for a good base is 1/3 mushroom mulch, 1/3 potting soil with steer manure, and 1/3 peatmoss. Many potting soils contain microorganisms, important to soil health. He also advised that his favorite seeds come from Urban Farmer.

Since Regenerative Farming is needed to combat increasing climate change issues and the destruction of soil by Industrial Farming methods, he also recommended watching a movie entitled "The Biggest Little Farm" a documentary about an LA couple starting a huge adventure of biodiverse farming. It is on Netflix, Prime and several other media to stream.

Just a side note, Wendy and Larry Jones have a cactus to give away.