



HILLTOPPER

APRIL 2025

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Jorge Martinez

Office: Jessica DuBois

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol Hidden Valley

Security (760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only:

(888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

Offsite Management

**PROPERTY MANAGEMENT
HAVEN MANAGEMENT
SERVICES**

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890 Costa Mesa, CA

92626 Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

Do you have a question about the Rules, and you can't find your copy? Did you get a Courtesy Notice and aren't sure what the Rule you supposedly violated actually says?

You can come to the Office to get a new copy, of course, but you can also read the Rules at our website: millenniumhousing.net. If you click on "Communities," then click on the Palomar West link, you'll see lots of information available to you.

Entries include an Overview of the Park, Calendar of Events, my Memo, the Rules, commonly used forms and an entire copy of the Park Magazine. To access the Rules, you'll need the User ID (PALWEST) and Password (HILLTOP). Pretty clever, huh?

Another resource: the excellent resident website at pewresidents.com. You can find the Rules there, along with PEWRA minutes, a history of the Park and much more. It's one of only a couple resident-produced websites among all our Parks.

While you're perusing the Rules, take a look at Rules 3A & 3B, which require any person staying in your home for more than 7 days to be registered with the Office. You can understand why we'd want to know who's living in Palomar, can't you?

When you get a moment, it's worth checking out both of these sites.

Your New Staff

Have you met Jessica DuBois, your new Manager? Lisa's sudden departure caught us by surprise, but we're very happy to have found Jessica to take her place.

Jessica has experience both as a Community Manager and as Regional Manager and comes highly recommended. She "enjoys everything outdoors, being of service and going to the gym." Welcome to the Park, Jessica!

Jorge Martinez was promoted to Maintenance Manager, taking Felipe's spot. Jorge was born in Mexico, raised in Escondido, "enjoys off-roading with his wife and 3 kids and loves football." You'll be in good hands with Jessica & Jorge. We're lucky to have them.

SPARC in Palomar

SPARC is partnering with "Senior Tech Connect" on a 5-week Tech Class, starting April 9 and running each Wednesday from 1PM-2PM. Take the Class, then you can impress your grandchildren with how tech-savvy you've become.

Senior Gleaners makes its annual visit on April 22 to pick your excess fruit for donation to the Food Bank. Check with the Office for more details.

Happy Easter, and remember: the best Easter is one spent with your peeps!

George Turk

NEWS FROM YOUR PEWRA

Hilltopper Treasurers Report

The purpose of this message is two-fold.

First is to remind all Organization leaders that we are expecting their 2025/26 budget requests by the end of April. As usual, we will do our best to provide the finances you need to make your members as happy as possible.

Secondly, as we approach the final quarter of the current fiscal year, we would like you to look at where you stand with this year’s budget. Here is a quick recap:

Organization		Actual YTD	Balance
Board of Directors	\$ 1,000.00	\$ 201.80	\$ 798.20
Breakfast Club	\$ 4,400.00	\$ 4,400.00	\$ -
Driveway Sale	\$ 50.00	\$ -	\$ 50.00
Darts	\$ 150.00	\$ 70.88	\$ 79.12
Dog Park	\$ 100.00	\$ -	\$ 100.00
Garden Club	\$ 500.00	\$ 219.31	\$ 280.69
Park Signage	\$ 1,000.00	\$ 703.99	\$ 296.01
Kitchen Supplies	\$ 2,400.00	\$ 1,011.90	\$ 1,388.10
PEW Website	\$ 50.00	\$ 70.32	\$ (20.32)
Pickleball	\$ 375.00	\$ 53.63	\$ 321.37
Ready	\$ 250.00	\$ -	\$ 250.00
Social Connection	\$ 5,000.00	\$ 5,000.00	\$ -
Gym Misc Supplies	\$ 50.00	\$ -	\$ 50.00
Bingo	\$ 200.00	\$ 45.13	\$ 154.87
Games Club	\$ 200.00	\$ 99.21	\$ 100.79
Craft Fair	\$ 100.00	\$ -	\$ 100.00
Library	\$ 350.00	\$ 101.76	\$ 248.24
Cooking with Katie	\$ 800.00	\$ 564.24	\$ 235.76
Park Directory	\$ 1,550.00	\$ 1,550.71	\$ (0.71)

As you can see, some Organizations still have budgets available. We encourage you to spend your remaining budget, in line with your members’ expectations, to deliver the best experiences possible.

When I joined the Board as Treasurer, almost two years ago, I asked for everyone’s help in keeping costs down and to look for ways to raise more income. Everyone responded excellently and we are now in better financial shape, and most importantly, have not had to cut budgets or activities.

Some organizations, most notably the Breakfast Club, may be facing significant cost increases, given the expected price uncertainties. When funds are allocated for the 2025/6 fiscal year, this will be taken into consideration.

Thanks everyone and stay happy,

Simon Spears – PEWRA Treasurer.

MANAGER'S CORNER APRIL 2025



April

- 1 **APRIL FOOLS DAY**
- 2 Nat'l Peanut Butter & Jelly Day
- 3 Nat'l Day of Hope
- 6 **Pillow Fight Day**
- 7 **NO HOUSEWORK DAY**
- 17 **BLAH, BLAH, BLAH DAY**
- 18 **HIGH FIVE DAY**
- 20 Appreciate Your Husband Day
- 22 **Earth Day**
- 30 **NATIONAL HONESTY DAY**



Happy April, everyone. I hope you all are staying dry and warm with all the rain we've been having! Please remember my door is always open and I am here for you if you have any questions or concerns. I hope you all stay happy and healthy this April ~ Jessica



Palomar Estates Residency Association Board (PEWRA)

President: Cathie Byrd; Vice President: Garry Larson
Secretary: Jo Gehringer; Treasurer: Simon Spears

Directors

Katie Rodriguez, Jesse Nieto, Larry Jones

**Board Meeting: 1st Tuesday of the Month (6:30)
in the Pavilion Room**

SOCIAL CONNECTION

Merlin Chancellor – Chair, Cindy Palermo – Treasurer, Marilyn Ferri – Secretary
Simon Spears, Cathy Bassett, Rusty Bassett, Angela Sirota, Shevaun
Teegarden, Heike Corbeil, Carol Godett, Linda Kerridge,
Cindy Towle, Rick Towle, Lynn Widdison, Malcom Widdison, Susan Friedman,
Linda Freeman, Jo Gehringer, Lisa Corrigan

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Jansi Sauer, Lynn Thomas, Mary Wallace

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Debbie McQuillan, Fran Miller, Jo Gehringer, Lee Tydlaska,
Neil Teegarden, Robert Fierro, Ruthann Kirby

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Trish Coy, Cathy Bassett, Diana Primeau, Karen King,
Pat Taylor, Marcia Brown, Sheila Miller, Denise Hickey
Toni D'Alessandro, Tish Litz

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

**For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems
or a life-threatening situation, call 911.**

**If you have a non-emergency question or to file a report, please call the San Diego
Sheriff Dept at 760-510-5200.**

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Art Gallery	On Exhibit in Pavilion	Sharon Lubert	909-519-8915
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Tom Matthews	951-660-0411
Game Night	Friday 6 pm	Linda Kerridge	858-776-6783
Garden Club Community Garden	1 st M 2 pm 8 am – 8 pm	Merlin Chancellor Robert Fierro	661-670-1336 619-339-0433
Hand and Foot	Wed 1 pm	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Meditation	Tu 10:30 am	Sali Weiss	619-729-3226
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie/Dinner/Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8:00 -10:00 am M-W-F-S Open Play All are welcome!	Larry Jones	937-478-2500
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates vary	Merlin Chancellor Simon Spears	661-670-1336 760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566
Water Aerobics	9 am Tu, Th, Sat 1 pm Tu, Th, Sat	Trish Coy	760-536-9338

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com

Hilltopper Distribution - Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE.

USE AT YOUR OWN DISCRETION.

To advertise your business in the Hilltopper,
call Boe Davis at Mobile Home Park Magazines, 408-744-1011, ext. 3107.



Kathy Clark	2
Marjorie Farrelly	3
Evangeline Hall	5
Valerie Mitsakos	5
Mikkie Sawyer	5
Peggy Shull	6
Daniel Thompson	6
Gina Parisi	6
Marc Froning	7
Rhonda Longeuyay	7
Todd Travis	7
Leslie Weber	7
John Poortenga	8
Bill Schlafer	8

Stan Lindsay	9
Julie Shryock	11
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Paula McNaughton	19
Danny Cobb	20
Sherry Springer	21
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Dyann Duling	25
Peter Lange	25
Theresa Campbell	26
Bob Ralston	26
Edward Cosgrove	27
Andrea Hoehn	27

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

Directory Changes

Please make the following additions and corrections to your park directory

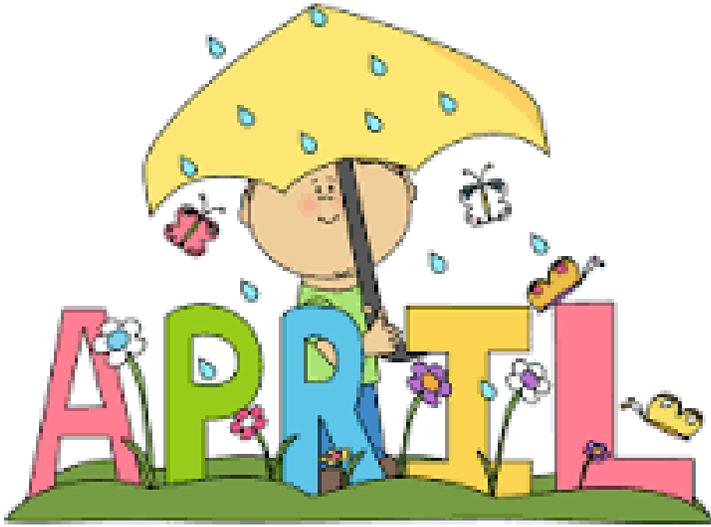
Space	Delete	Add	Phone Number
433	Investor	Johnson, Leslie	714-390-8916
40	Phone Correction		619-729-3226

FUTURE EVENT PLANNING

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Craft Fair	TBD	Kim Stevenson	760-703-4872
Garage Sale	TBD	TBD	TBD

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		Water Aerobic 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Water Aerobic 1 pm Mexican Train 4:30 Sunset Pickleball 6pm Board Meeting 6:30	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Hand & Foot 1 pm	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Water Aerobic 1 pm Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	Breakfast 8:30am Pickleball 8-10 am Water Aerobic 9am Water Aerobic 1pm
6	7	8 Recycle	9	10	11	12
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 Garden Club 2pm Let's Dime Out 5pm	Water Aerobic 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Water Aerobic 1 pm Mexican Train 4:30 Sunset Pickleball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Hand & Foot 1 pm	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Water Aerobic 1 pm Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50 Hilltopper Submissions Due	Pickleball 8-10 am Live 2 B Healthy 10am Game Night 6 pm	Pickleball 8-10 am Water Aerobic 9am Water Aerobic 1pm Art Reception 3-5
13	14	15	16	17	18	19
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30	Water Aerobic 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Water Aerobic 1 pm Cooking with Katie 4pm Sunset Pickleball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Hand & Foot 1 pm Movie Night 6 pm	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Water Aerobic 1 pm Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Live 2 B Healthy 10 am Social Hour 5pm Game Night 6 pm 	Pickleball 8-10 am Water Aerobic 9am Water Aerobic 1pm
20	21	22 Recycle	23	24	25	26
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30 pm Women's Billiards 1:30	Water Aerobic 9 am Men's Billiards 9 am Tai Chi 9 am Ping Pong 10:30 am Meditation 10:30am Water Aerobic 1 pm READY 2 pm Mexican Train 4:30 Sunset Pickleball 6pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Hand & Foot 1 pm	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Water Aerobic 1 pm Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Live 2 B Healthy 10 am Book Club 2 pm Game Night 6 pm	Pickleball 8-10 am Water Aerobic 9am Water Aerobic 1pm
27	28	29	30			
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30	Water Aerobic 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Water Aerobic 1 pm Sunset Pickleball 6pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Hand & Foot 1 pm			



**April, time to get out of the rain,
with the April Showers approaching.**

Join the “Breakfast Team”

For another breakfast delight, IN DOORS !

Saturday, April 5th – 8:30 am

In April, you may end up doing foolish things....

So just be sure you do them with enthusiasm.

Hope to see you all there!

Mikkie

Let's Dine Out



Let's Dine Out at Del Lusso's
featuring brick oven pizzas, pastas, salads, sandwiches, and more.
They use flour from Italy and San Marzano tomatoes
along with farm to table ingredients.

Where: 6021 Innovation Way, Carlsbad

When: Monday, April 7th 5 p.m.

Enjoy open menu and separate checks.

Please call or text Linda Kerridge at 858-776-6783 to reserve your seat.
Let me know if you need a ride.

PEW Book Club

Greetings from the Book Club!

Last month we read and discussed "Where'd You Go Bernadette?" By Maria Semple.

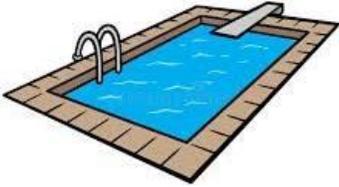
Our April selection is "Taste, (My Life Through Food)" by Stanley Tucci. The author is a well-known actor, writer, director, and producer. The book has been called "An instant classic . . . Take it to bed with you and you will fall asleep dreaming you're in Italy. But take it to the kitchen and you will find yourself using it as often as a pan or a peeler."



The Book Club meets the 4th Friday of the month, in the Multi-Purpose Room at 2:00 pm. Please join us for enthusiastic discussions about our chosen books

Until then, keep reading!
Cynthia (Cindy) Towle 503-317-3544
Towlecandr@gmail.com

"I cannot live without books..." Thomas Jefferson to John Adams June 10, 1815



NEW POOL RULES



News from your PEWRA

PEW Management and Millennium Housing has given permission to reinstate the Pool Pass program for visitors. Homeowners/residents who want to acquire these passes will be able to sign up in the coming months at various events such as breakfasts, game nights, and other park functions. After the initial start up, you will be able to get them at the PEW office. Each homeowner/resident can request two of these wrist passes per unit. When the homeowner/resident does not go to the pool with the guests, the guests will be required to wear them in the pool and jacuzzi area. Each guest wearing the pass is eligible to bring one child. Your guest must be 18 years of age or older to use the pass. When more than two guests are using the pool, the homeowner/resident must attend with their group.

We will issue these pool passes to new signees and reassign passes to those homeowners who already have them. The Rules Committee will be in charge of the pool pass sign up program for the next 2 months and we will announce the time and place through RoBo calls. We hope this program gets off to a robust start and hope that homeowners/residents will participate. We are instigating this program to help eliminate some problems from the past (people using our pool and Jacuzzi who don't live here, plus occasional teenagers who get a little too rambunctious without supervision). We will be installing new signs on the pool gates to inform guests of these rules.

Any questions call:
Jesse Nieto, 408-666-8088
PEWRA Director

COME TO THE CLUBHOUSE ON FRIDAY NIGHTS

Bring your neighbors or come meet your neighbors.

Game Night every Friday, starting at 6 PM

Come play cards or domino games or bring a game you want to share/teach.

Social Hour on the 3rd Friday, starting at 5 PM

Bring your own beverage. If you would like to bring a snack to share, that is great also.

Submitted by Linda Kerridge and the Social Connection

PEW ART GALLERY NEWS

“SPRING IS IN THE AIR”

ARTIST’S RECEPTION ON APRIL 12, from 3:00 to 5:00 pm in the PAVILLION

Everyone is Invited. Meet the artists!

This group show includes sea themes and other wonderful subjects.

Refreshments will be served!

We are artists sharing our work with our PEW community.

Some pieces can be purchased, directly with artists who provide their contact information.

Artists – We hang our new show on Saturday **April 5, from 12:00 to 1:00**. Please bring 1 to 4 pieces, and we will choose what we can use in the show, trying to include everyone. *Late entries need to be entered in the next show.* If you cannot be present, please arrange for someone to bring your art work. Also, protecting the wall is imperative! We are using the STAS Moulding Hook System with Perlon cords. They accommodate pictures hung with wire on D-Rings. Our supply is limited. We need more. We have a few Command Hooks, also set up for wire hanging. If you have command strips that won’t harm the wall, we can try them. Ideas, questions, comments, suggestions? Please call Sharon, 909-519-8915:

PEW LIBRARY

Having overseen the library for a year, it has come to my attention that many books are not being returned. This is an honor system lending library. Please check your homes for any books you might have forgotten to return so that others may enjoy them.

I am looking for donations of fiction books in excellent condition no older than 10 years. They can be put in the return book drop. Current magazines are welcome donations also. When you take a magazine from the library, it does not have to be returned.

Thanks for your cooperation and Happy reading!

Susan Balog





Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday April 16th

Time: 4pm-5:30pm

Location: Palomar West Clubhouse

Demo: Soups

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

NO CLASS IN MAY

TRADER JOE'S FAVORITE SNACKS (March)

Double Cream Brie on Meyer Lemon Cookie Thins

Pub Cheese on Fresh Soft Pretzel Twists

Double Cream Gouda

Creamy Toscano with Black Pepper

Elevated Mixed Nuts

Dolmas

White Cheddar Popcorn

Rolled Corn Tortilla Chips (Chili and Lime)

Peanut Butter filled Pretzel Nuggets

PB and Bars

Joe's O's Peanut Butter Cereal Bars

Soft and Juicy Dried Mango

Soft and Juicy Mandarins

Dark Chocolate Peanut Butter Cups

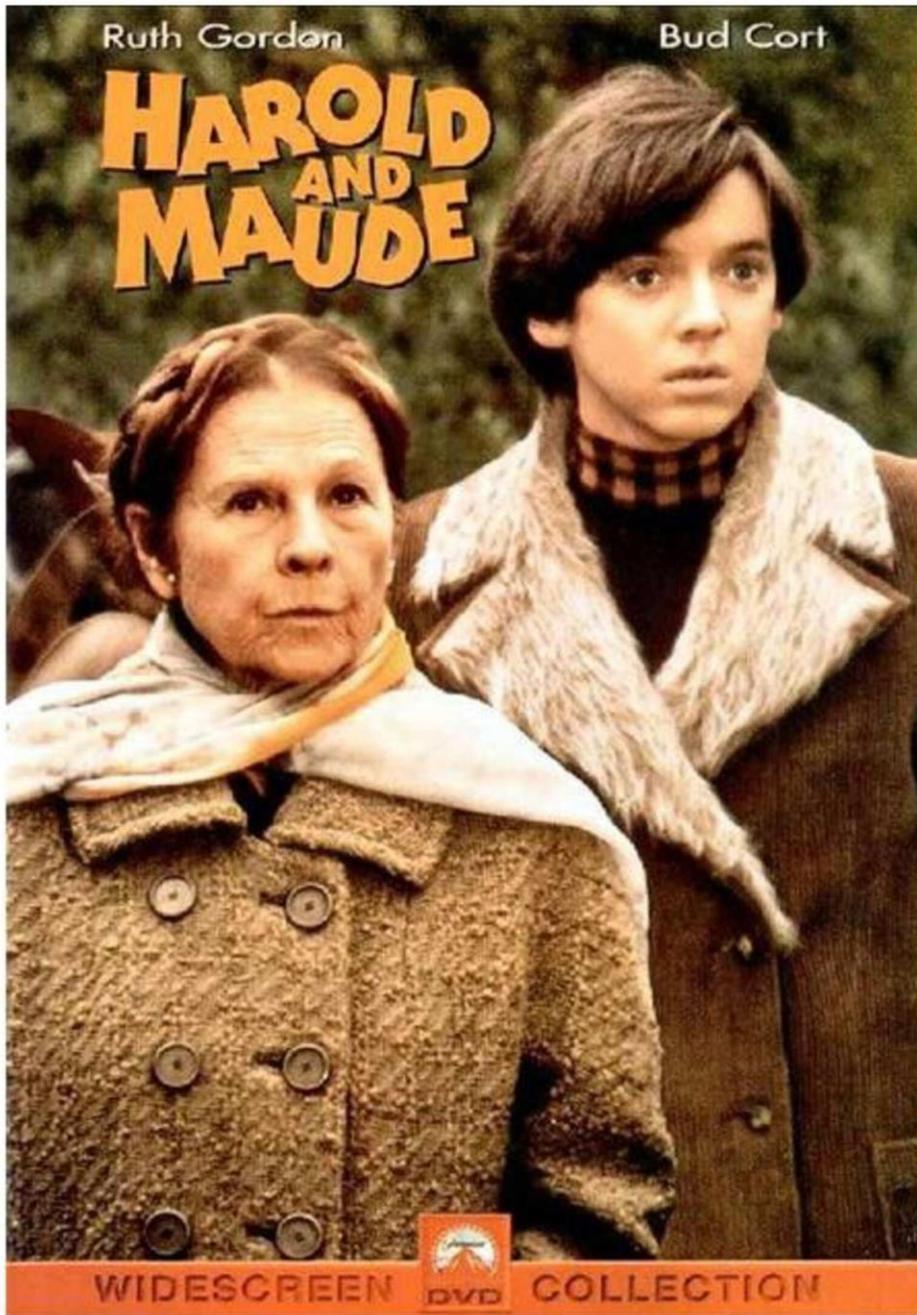
MOVIE NIGHT

HAROLD & MAUDE

April 16th – 6:00 PM Movie

Please sign-up as spaces are limited to 30 – Thank you

Movie Night! Popcorn/Soda!



Social Connection

The Social Connection Presents

SANTANAWAYS

The
Carlos Santana

Tribute Show

POTLUCK & LIVE MUSIC

SAVE THE DATE - SATURDAY JUNE 21, 2025

4:30pm Doors, Music 6:00-9:00pm

SANTANAWAYS, a Carlos Santana tribute band, will be here playing in the Pavilion!

It's a Potluck so please bring your favorite summer entree, side or dessert to share and BYOB.

\$15.00pp ticket covers the cost of the band!!

Sign-up and payment deadline June 17, 2025

Make checks payable to Social Connection

This event will be advertised at Palomar East & Rancho Vallecitos so be sure not to miss out and sign up and pay when the sign-up sheet is available at the clubhouse!

A Social Connection Event

**CINCO
de MAYO**



\$20.00

Music by
Craigsband

8007793004

WHEN: Sunday, May 4th 4:30pm, Music 6:00-9:00pm

WHERE: PEW PAVILION Music by Craigsband

Virgin Margarita Bar-BYOB; Taco Bar; Chips & Salsa

SIGN UP AND PAY BY APRIL 29th IN THE CLUBHOUSE. YOUR PAYMENT CONFIRMS YOUR SEAT! CANCELLATIONS AFTER APRIL 25th NON-REFUNDABLE, MAKE CHECKS PAYABLE TO "SOCIAL CONNECTION"

PEW Garden Club

Spring is fast approaching and there are a few things we can do now to prepare for the Summer growing season. Now is the best time to create a plan for what you will be growing throughout the year. You can get better yield from your plants by adding a small layer of compost. For small spaces, grow your garden in large over-sized pots. Make sure you have adequate sun and shade based on your plants' needs. You don't need a huge yard to grow delicious vegetables & herbs which will produce a great tasting, healthy crop for you to enjoy all season long!

There is still time for planting bulbs! Tuberous begonias, caladium, calla, canna, dahlia, gladiolus, nerine, tigridia **This is the last month to transplant** artichokes, asparagus, broccoli, Brussels sprouts, cabbage, cauliflower, kale and rhubarb. Also strawberry, blackberry and raspberry roots so they'll bear fruit well this year

Right now is a good time to **plant cool season vegetables** such as beets, carrots, celery, chard, chives, endive, leeks, lettuce, green onions, parsley, parsnips, bush peas, radish, rutabaga & spinach.

If you want to start your garden from seed you can start with snap beans, cantaloupes, chayote, corn, cucumber, eggplant, okra, peppers, sweet potatoes, squash, tomatoes and watermelon.

In April you can add brussels sprouts, corn, cucumbers, and tomatoes to your garden for yields in the late Summer and into the fall. Plant perennial crops, some types of artichokes will grow back each year, many varieties of onions and chives will continue to produce over and over. Asparagus is another vegetable that you can put into the ground and enjoy repeated yields each year.

The 21st home garden tour in Oceanside on Sunday, March 30th at 2pm. Tour 18 gardens!! Meet at St. Mary's School located at 515 Wisconsin Ave, 1 block East of the 101 Café. Contact Buena Vista Audubon Society at BVAudobon.org or Oceanside Coastal Neighborhood Assn. www.OCNA101.org

The free mulch giveaway at San Pasqual Valley Soils is on the second Saturday each month and does not happen if it is raining. But you are able to purchase 2 big tubs for just \$4.00.

Thank you, Lynn Thomas, for the tasty and Spring themed treats.

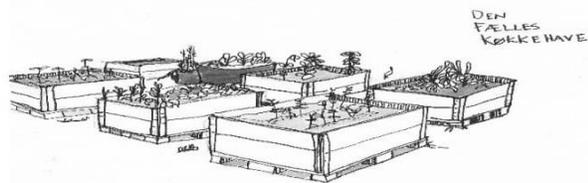
NEXT MEETING – Monday April 7, 2025 2:00 P.M. – Herb Field will be our speaker

Mark your calendars now for our May 5, 2025 meeting and Cinco de Mayo Potluck Happy Hour at Lynn Thomas' home, Spc #67

See you at the next meeting,

Merlin Chancellor





Getting Ready for Spring Planting

Herb Field

April is a great weather month in Southern California. Typically, with it's cool weather with lots of sunshine, this is the perfect climate to be working in the garden or to ask your landscaper to do a few essential preparations that will result in beautiful spring and summer gardens.

Whether you are planning a vegetable garden, planting flowers, or digging for bulbs this is absolutely the best time for amending and prepping for satisfying results in just a few short months.

If you have ever ordered live plants or seeds by catalog, you certainly have received your annual edition by now. For me it's my favorite type of mail! I love looking at the variety of organic seeds or plants that are available and figuring out where I can plant new flowers seeds or bulbs. If you haven't done this before, get online and start looking now. Every season there are new varieties of vegetables and/or flowers. I find there is always one additional square inch in the yard that I can add something. My favorite catalogs are Urban Farmer Seeds, Park Seeds, San Diego Seed Co. and one that I recently added to my list Johnny's Selected Seeds. As many of you know I keep a journal for my vegetable garden, I plan what will go into the 14 raised beds, what worked in the past and what didn't. Several weeks ago, I sat in the garden with a cup of green tea and planned where everything will go in the boxes. The transition from my winter crops to spring/summer will take about a month but I've already planted 60 red and white onions, dahlia, zinnia and sunflower seeds. My fall planted potatoes are now covering the entire box!

Before you start planting you should consider the condition of the soil that you are planting in. Even if you have amended the soil last year you will need to decide about adding more amendments this year. Our native soil is practically useless for growing amazing crops of flowers or vegetables. After a year of growing, the amended soil gets drained of many of the essential nutrients it needs for the new season. For new plants the soil should be turned over and amended with things like mushroom soil, steer manure and peat moss. This will accomplish replacing the needed nutrients. In long established plants this may be accomplished with the addition of a good organic fertilizer. We've talked at length about the use of Mushroom Soil, Mountain Meadow Mushroom Farm in North Escondido offers free soil, you just need to pick it up. It adds so much of the needed nutrients to your existing soil that you will be astounded at the results! Just remember to mix the mushroom soil with other soils as it will burn seedlings if it is used straight. It is very high in nitrogen and salt therefore mixing it 1/3, 1/3 peat moss and 1/3 with a good quality potting soil is recommended.

This is also the time of the year to fertilize plants such as: Citrus, Avocados and bushes that simply bloom and add color to your garden. I will always recommend a good quality organic fertilizer for edible plantings. If you have beds that you only use for vegetables, I always turn over the soil completely as I amend them. I do this to aerate the soil and to pick out scarab beetle larvae that will pupate in my soil. These will include tomato hornworms and June beetles. If you don't turn the soil over and just place new soil on top, the new plantings will not be able to easily send roots deep, as the soil gets compacted. Anyone who has seen my 7-foot-high and 7-foot-wide tomato plants understand that, the amount of preparation done this time of the year pays big dividends in the summer.

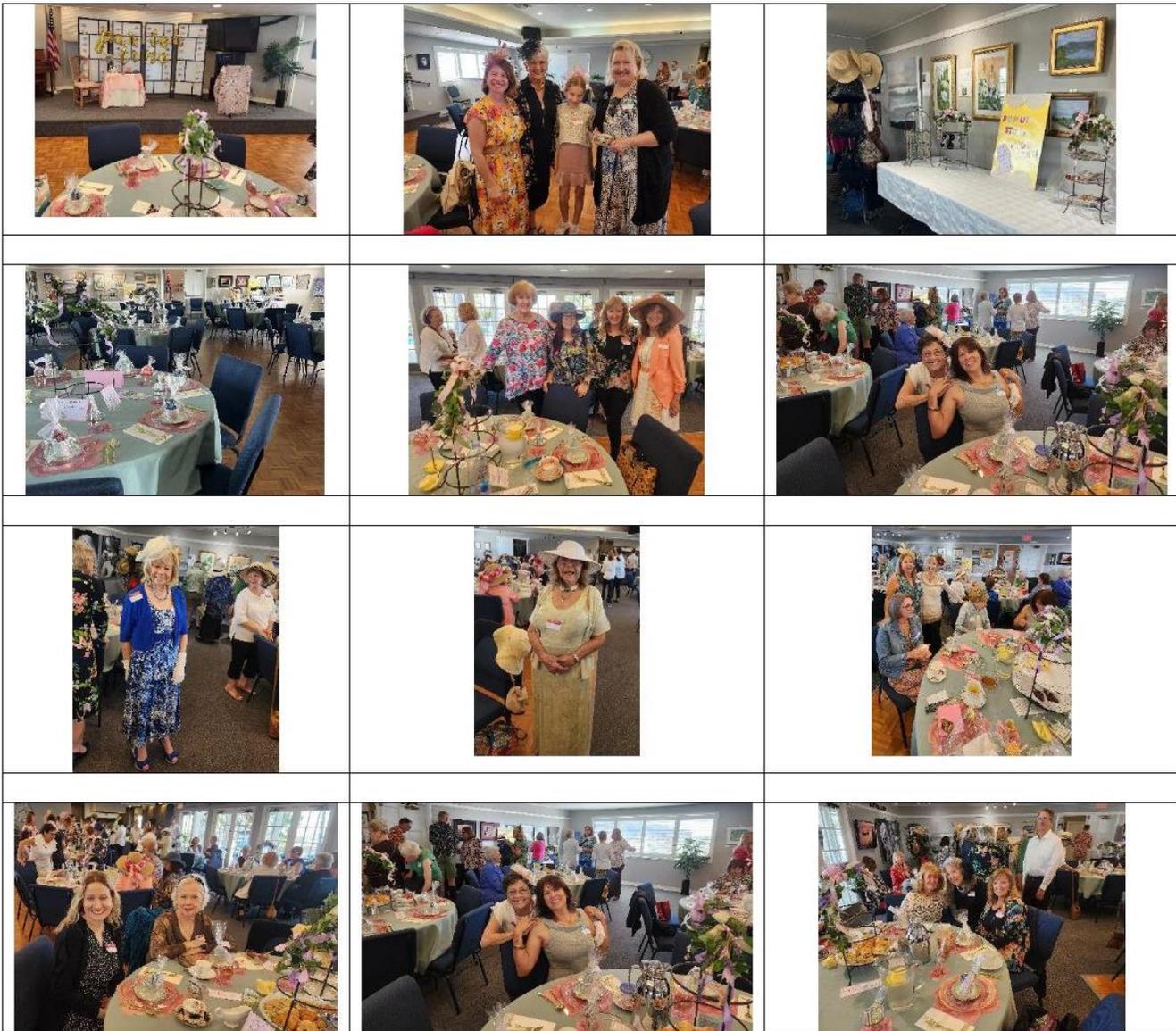
For fruit trees it may still not be too late to do some pruning but once flowers and leaves emerge be careful as it may stress the tree. Again, organic fertilizer on fruit trees should still be done now to support the tree in producing large healthy fruit.

REMEMBER, Saturday April 5th is the 6th Annual Seedling Event, the gates open at 9am. IF THE PRECEDING WEEKS ARE COLD AND RAINY WE MAY NEED TO PUSH THE EVENT FORWARD A WEEK OR TWO, I'LL KEEP YOU POSTED. We should have close to 1000 seedlings, including tomatoes, cucumbers, herbs, zucchini and other squashes, eggplants, dill, basil, cilantro, pea pods and sweet peppers.

If you have further questions regarding prepping your garden for planting contact me at entomologyservices@gmail.com

Par-TEA for a Cause

A GREAT time was had by all at the “Par-TEA for a Cause” event in the PEW Pavilion. 88 guests and volunteers enjoyed a variety of teas, savories and sweets and a fashion show featuring PEW models wearing gently used clothing from the Carlsbad Community Resource Center’s Resale store. All attendees had a chance to win a catered dinner for 4 by renting a teacup (teacups were donated by Lenetta Gee) to use during the event. There were 8 wonderful silent auction items to bid on and a pop-up accessory store selling gently used hats, jewelry, purses and sunglasses. A sincere THANK YOU to ALL of the PEW volunteers, Teen Volunteers in Action group and donors whose valuable contributions were pivotal to the events’ success. This event raised \$1909.00 which will be donated to the Community Resource Center (CRC). CRC serves more than 7,200 people each year with emergency assistance, domestic violence emergency shelter, counseling, housing stability and access to food. Thank you to all who attended and remember to shop RESALE at the Community Resource Center Resale stores!



A NEW GAME IN TOWN?



Hi, ladies.

I am trying to start a Texas Hold 'Em poker group in the card room on Mondays from 11 am to 2 pm. If you are interested, please call or text me at 760-703-4872.

Thanks, Kim Stevenson



Dear Neighbors,

Many of you know that not long ago I had surgery on my right shoulder, which left me unable to do so many things, as I am right-handed.

How very grateful I am to this wonderful community full of amazing individuals, for all of the help and caring I received during this time. From cards, texts, calls and visits to the delicious homecooked meals and treats, flowers and little gifts, every gesture was so appreciated and helped so much in my recovery. I just want to thank everyone so very much from the bottom of my heart.

We all know that we live in a very special place with first class amenities, but it is the amazing people here that set our community apart from anywhere else. Erin and I are blessed to have such lovely friends and neighbors, and we both thank you all for your love and support.

Very sincerely,
Kate Leslie #121

PS. We will be back to decorating in time for Easter!!

From the PEW READY TEAM
TELL US HOW CAN WE HELP YOU

The READY team has been around PEW for about 10 years. Before COVID, we built and maintained a list of residents for two reasons. 1 - Who might need help either during an evacuation or during a “shelter-in-place” situation? 2 – Who has skills or equipment that might be helpful in such situations. We are working on re-establishing this valuable information.

We will be distributing a simple form and a cover letter to your mail tubes in April. Your participation is voluntary. The information you provide will only be available to the READY team members so we can help support you. We especially want to hear from our residents who don't drive and would need assistance evacuating.

When you fill out the form, there are three ways to turn it in.

1 - The cover letter will list the READY team members and you can put the form in any of their mail tubes or hand it to them in person.

2 – There will be a bright red security box labeled READY in the Card Room in the Clubhouse. Just put the form in the red box within two months of receiving the form.

3 – Email the team at READY4PEW@gmail.com and ask us to come by to pick up your form. Include your name, space number and phone number.



We look forward to hearing from you.

HELPFUL RESOURCES for Disaster Preparedness

<https://www.ready.gov>

<https://www.ready.gov/kit>

<https://earthquake.ca.gov>

<https://plan.readyforwildfire.org>

<https://www.pewresidents.com/ready> *(more links and suggested mobile apps)*

Be Smart, Be R.E.A.D.Y

Brought to you by your PEW READY Team

TAXES

FREE TAX PREP RESOURCES

AARP is filing taxes for free (for those that meet their requirements) at the Senior Center. Please call to make an appointment or for more details

(760) 744-5535

Palomar West Smartphone Classes

The series includes five sessions to teach you the basics of using your smartphone, navigating the Internet, keeping yourself safe from online scams and utilizing social media. This class has 20 spaces available, please only sign up if you plan to attend all 5 sessions.



Session 1

Smartphone Essentials
Wednesday, April 9, 2025
1:00pm-2:00pm
Clubhouse



Session 2

Hardware Basics
Wednesday, April 16, 2025
1:00pm-2:00pm
Clubhouse



Session 3

Cybersecurity: Scams
Wednesday, April 23, 2025
1:00pm-2:00pm
Clubhouse



Session 4

Navigating the Internet
Wednesday, April 30, 2025
1:00pm-2:00pm
Clubhouse



Session 5

Social Media: Facebook
Wednesday, May 7, 2025
1:00pm-2:00pm
Clubhouse

Signup in the clubhouse
Deadline is April 7 and is required

Please bring your phones fully charged and a notepad.

These free classes are brought to you by SPARC Inc. and Senior Tech Connect!

We look forward to seeing you there!

PALOMAR WEST FRUIT PICKING PROGRAM



Sign up in the clubhouse to be added to our fruit picking day with Senior Gleaners! Only citrus fruits, kumquats or apples can be picked! Deadline to sign up April 8th

Fruit Picking Date: April 22nd
Time: 8:30am-3:00pm
The volunteers will be coming during this time frame window!



Do you Live Alone? Meet SNUG Safety! The mobile app for daily check in.

*On your own, but never alone.
Snug is a FREE app that checks in every day
at a good time for you!*



Download the free Snug app, add your emergency contacts, and select your daily check-in time.



Snug will check in with you every day. Just tap the green button to confirm you're okay.



If you miss your check in, Snug will alert your emergency contacts to make sure someone checks in on you.

With the FREE version of Snug, text messages will go to your registered emergency contacts!

If you want Snug to CALL your emergency contacts, you will need to subscribe to the paid plan. With the paid plan, if emergency contacts cannot be reached, Snug will request a wellness check by local authorities.

