



HILLTOPPER

MAY 2024

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Felipe Diaz

Office: Lisa Hamernick

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only: (888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

The IRS will never call you about delinquent taxes, the City won't call about parking fines, your grandson hasn't been kidnapped by a cartel, and if you didn't buy a lottery ticket, you probably didn't win.

These are some of the scams you learned about, if you were among the 60 folks who attended the SPARC Lunch & Learn on March 7 over at Rancho Vallecitos, similar to the one we had at Palomar West last November.

There was also a specialist from the S.D. Sheriff Dept, who gave tips on staying safe.

I think I'm reasonably careful, but I had my briefcase stolen from my front seat while I was pumping gas, and one of our employees had her suitcase taken from her rental car. If we had been at the Lunch & Learn, we would have known to keep our cars locked.

Regarding that first item...even if your Caller ID says it's the IRS on the phone, it isn't. There's something called "spoofing," in which your Caller ID shows what looks like a legitimate phone number, but it isn't the actual number of the person calling you.

New cons keep popping up, so the next time SPARC sponsors one of these Seminars, make sure you attend. Come for the information, stay for the FREE lunch!

More News

- Last month, several cars were broken into. One thing they had in common? All were unlocked! I'm pretty sure that was one of the suggestions at the Seminar.
- The Storm Drain fix will be a LOT more expensive than we had hoped. We've spent well over \$100K so far, and we wouldn't be surprised if it tops \$1M. We think we have a good plan for the slope, but the City's drain is an unknown.

That qualifies as this month's Big Expenditure!

- Here's a new one: on March 16, a drunk driver crashed into the entrance wall on Cascade, in front of Space 212A. The driver was arrested, the wall rebuilt and our nerves are almost back to normal.
- Still no word on Stacee's baby, although he isn't due until April 27, which is after my publishing deadline. I'm sure we'll regale you with stories next time.

Speaking of Scams

There's a particularly insidious one that I've warned you about before. If you get an email advertising cans of minced ham with water and salt, don't open it. It's Spam! Best wishes to Stacee, as she celebrates her very first Mother's Day, and to all Palomar moms.

George Turk

From The Residents Board

Greetings from the Board. I wanted to share some information about the 2024/25 Budget that has been submitted to Millennium for consideration for the next fiscal year. Our budget runs from July 1st to June 30th and must be finalized and approved in April.

We reached out to all the events and activities clubs and listened to what they felt their needs were for the next year. We then pulled all this information together and looked at what our projected income was. We then put together a request that, we believe, gives everyone what they need. The goal was to continue to provide all the excellent events, activities, and amenities that we enjoy without 'blowing' the budget. In previous years we have had the luxury of having an excess of funds that built up through Covid, and these funds are now depleted. We saw the problem arising and launched some initiatives to raise more money, which have been successful. The 2024/25 budget is fully balanced.

Most clubs get the same as last year, some a little more and some a little less, the amounts were based on this year's expenditure. A good example is the Social Connection. They will get the same budget as last year and have pledged to put on as many, if not more, events next year. Check out the list of nearly 20 events in the second half of this year, many of them Free to residents, featured in this Hilltopper.

On another topic, we received several requests to consider converting the swimming pool into a saltwater pool. This would mean no chlorine, and the salt is very diluted, not at all like the sea. East converted a few years ago and the residents seem very happy. Millennium is considering the change and will advise us if they decide to go ahead.

A reminder that the final date for nominees to put their names down for consideration to join the board is May 10th. There are three people terming out, however, all three are prepared to stay on if no one comes forward. Let us know if you are interested.

Cheers – Simon Spears - Treasurer



Directory Changes



Please make the following additions and corrections to your park directory

DELETE	ADD	PHONE NUMBER
56	Cendejas, Jesus	760-390-8956
380	Epel, Arnold	760-208-9627
380	Epel, Enrid	760-500-5644
93	Raudabush, Thomas	951-764-0959
93	Page, Billie	951-225-2970

MANAGER'S CORNER

MAY 2024



SWIMMING POOL AND SPA RULES REMINDER

Safety. THERE IS NO LIFEGUARD AT THE POOL, THE POOL IS NOT SUPERVISED BY THE MANAGEMENT, AND NO PARK PERSONNEL HAVE ANY TRAINING OR PROFICIENCY IN LIFE-GUARDING, RESCUE OR MEDICAL TREATMENT AND THE OWNER STRONGLY RECOMMENDS THAT HOMEOWNERS DO NOT SWIM ALONE! PERSONS USING THE POOL MUST DO SO AT THEIR OWN RISK.

The pool, spa, and saunas are for the exclusive use of the homeowners and their guests. **Posted Rules.** Hours and rules for use of these facilities are posted. Children under the age of three (3) years are not permitted in the water. Children under the age of fourteen (14) years are not permitted in the spa or sauna except with homeowner adult supervision. Persons under 18 years are only permitted in the pool and spa areas during the posted children's hours.

10:00AM-1:00PM and 6:00PM-8:00PM

Rules Violations. Homeowners and guests must vacate the pool, spa and/or saunas at the direction of Park Management if they need to be closed for any reason. If a Homeowner or Guest is violating a rule or rules, Park Management may give a verbal warning to the violator(s) and specify the rule(s) being broken. If the violation continues, violators may be asked to leave the area, and the violators shall do so immediately.



Why do we observe Memorial Day?

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2024 will occur on Monday, May 27.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings, and participating in parades. Unofficially, it marks the beginning of the summer season.

RESIDENTS ASSOCIATION BOARD

President: Garry Larson; Vice President: Cathie Byrd
Secretary: Jo Gehringer; Treasurer: Simon Spears

Members

Katie Rodriguez, Jesse Nieto, Larry Jones

Board Meeting: 1st Tuesday of the Month (6:30) in the Pavilion Room

SOCIAL CONNECTION

Merlin Chancellor and Simon Spears – Co-Chairs, Cindy Palermo – Treasurer,
Marilyn Ferri – Secretary, Cathy Bassett, Herlinda Mahler, Cathie Byrd,
Margaret Scotto, Rusty Bassett, Angela Sirota, Shevaun Teegarden

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Lynn Thomas, Mary Wallace, Becky Zane, Jansi Sauer

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro, Ruthann Kirby, Fran Miller

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Marsha Brown, Denise Hickey, Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

**For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems
or a life-threatening situation, call 911.**

**If you have a non-emergency question or to file a report,
please call the San Diego Sheriff Dept at 760-510-5200.**

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Art Gallery	On Exhibit in Pavilion	Herlinda Mahler	949-395-0815
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	Varies Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debora McQuillan	858-663-2822
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8:00 am-10:00 am M-W-F-S Pickleball Group Open Play All are welcome!	Larry Jones	937-478-2500
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Merlin Chancellor Simon Spears	661-670-1336 760-583-1549
Tai Chi	9-10 am Th		
Tennis		Jim Catley	360-301-1566
Water Aerobics	9 am Tu, Th, Sat	Trish Coy	760-536-9338

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution - Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com



MAY

Peter Oberg	1
Cindy Palermo	1
Stewart Gauger	2
Patrick Hurley	2
Deborah VanBeusekom	5
Peter Bitto	7
Bob Lahaye	8
Shevaun Teegarden	8
Elaine Hawkins	9
David King	9
Barbara Lovejoy	9
Melissa Stiak	9
Dorothy Long	10
Dennis Longeuay	11
Kenneth Wilson	11
Bob Rosenberg	11

David Sumlin	11
Kai Friis	13
John Springer	13
Gigi Parisi	13
Cherie Hudson	15
John McClelland	15
Hal Gootee	15
Jim Page	16
Joyce Thom	17
Robin Wilson	17
Debbie Roberson	18
Arnold Epel	20
Vicky Hetrick	22
Susan Friedman	22
Pat Williams	23

Jeffrey Woodworth	23
Marilyn Ferri	24
Susan Kutner	25
Bryan Ferguson	26
Dudley Guilford	26
Vernie Corcoran	26
William Egge	27
Douglas Gunn	27
Debbie Johnson	27
Jansi Sauer	28
David Francisco	28
Linda Swink	29
Nancy Kurczewski	30
Bert Bettencourt	31
Russ Parker	31

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10 am  <small>TheSilverPen.com</small>	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	Breakfast 8:30am Water Aerobic 9am Pickleball 8-10 am Int'l Potluck 5 pm
5	6	7 Recycle	8	9	10	11
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 Garden Club 2:00	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Sunset Pickleball 6 pm Board Meeting 6:30	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10 am Resource Fair 10-12 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm Hilltopper submissions Due	Water Aerobic 9 am Pickleball 8-10 am
12	13	14	15	16	17	18
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm Let's Dine Out 5 PM	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 Sunset Pcklball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10 am Movie Nite 5:00 pm Bottle Shock	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Social Hour 5 pm	Pickleball 8-10 am Water Aerobic 9 am
19	20	21 Recycle	22	23	24	25
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am READY 2 pm Sunset Pcklball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Book Club 2 pm Game Night 6 pm	Pickleball 8-10 am Water Aerobic 9 am
26	27	28	29	30	31	
	 Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 Sunset Pcklball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	



B R E A K F A S T
in Glorious May

Happiness is not by “chance” it’s by “choice”

So choose “breakfast” once in awhile,
With us
Then see how “happy” that makes you!

Saturday, May 4th at 8:30am

Sign up and enjoy!

Mikkie

INTERNATIONAL POTLUCK



WHEN: Saturday, May 4th 5 PM

WHERE: PEW Pavilion

Cost: FREE. Just bring a dish to share

WHAT TO BRING: Your favorite international main dish or hearty side dish to serve 8 and BYOB

SIGN UP: In the clubhouse by Monday, April 29th



BUT WAIT... there's MORE!! There will be a table decorating contest with PRIZES! If you are interested in adopting a table to decorate in an international theme, call Cathie Byrd @ 530.417.5186.

ACT FAST!

There are only 10 tables to decorate!

Resource Fair

Save the Date

Wednesday, May 8

Vendor Booths:

There will be 15-20 informational vendor booths. Some confirmed booths:

San Diego Sheriff's Department
ClearCaption
WestPace
AARP
California Connect

Screenings and Activities:

Bone density screening
Free lunch
Free raffle
Live music
More screenings and activities to be added!

Timeline:

Resource Fair begins: 10:00AM-12:00PM

Health Screenings 10:00AM-12:00PM

Lunch with live music: 11:15AM-12:00PM

Raffle: 12:00PM

Location: Palomar East Clubhouse

PLEASE SIGN UP WITH THE MANAGER IN THE CLUBHOUSE TO ENSURE YOU HAVE A SPOT TO ATTEND THIS AMAZING EVENT!

MAXIMUM OF 20 RESIDENTS MAY ATTEND

Let's Dine Out



Let's Dine Out at Las Brisas Mexican Kitchen & Tequila Bar.

Enjoy a great selection of Mexican dishes including a nice Happy Hour menu with a selection of Street Tacos, Tostadas, Margaritas and Cocktail specials.

Where: 577 South Rancho Santa Fe Road

San Marcos, 92078

(Next door to Bank of America)

I encourage carpooling since it isn't a large parking lot.

When: Monday, May 13th at 5 pm

Enjoy open menu and separate checks. Please call or text Linda Kerridge at 858-776-6783 to make your reservation. Let me know if you would like transportation.

Come One and All

Come to the clubhouse on Friday nights
Bring your neighbors or come meet your neighbors

EVERYONE IS WELCOME

Social Hour on the 3rd Friday, starting at 5 PM

For May, it will be May 17th

Bring something to share – appetizer, main course, dessert, et cetera

Game Night on the other Fridays, starting at 6 PM

Come play cards or domino games

Or bring a game you want to share/teach (Yahtzee, Uno, Scrabble, ??)

Bring your own beverage. If you would like to bring a snack to share, that is great also.

Submitted by Linda Kerridge and the Social Connection

Movie

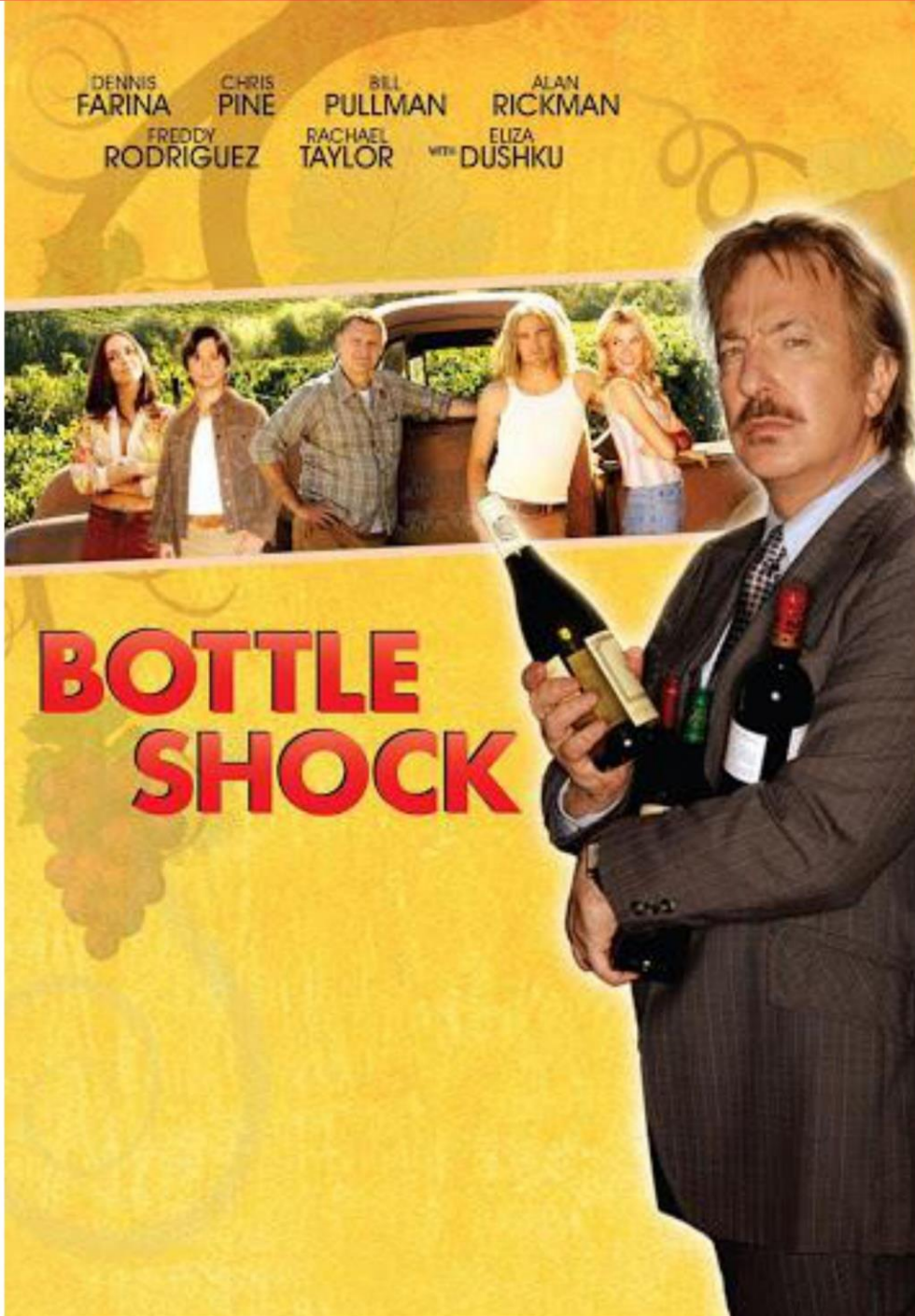
BOTTLE SHOCK

BASED ON A TRUE STORY OF LOVE, VICTORY, AND FERMENTATION.

May 15th 6:00 PM Movie

A Social Connection Event – Please sign up

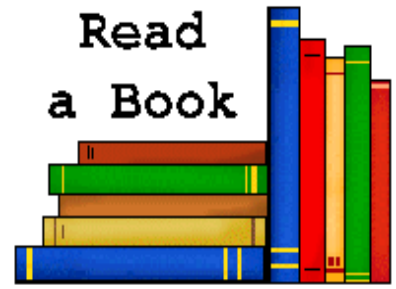
Popcorn and Soda



A Social Connection Event

From The Librarian

We have a lot of avid readers in our park judging by how full the return box gets! It would be appreciated if you would please return books in a timely manner after you have read them so that others have the opportunity to read them. I have noticed that some of the new additions have been out for a couple months. In the past you had to check books out of the library and were called if they were not returned within a reasonable amount of time. We are now on the honor system.



I am still getting books donated that are older than 10 years and/or in poor condition. You can donate them to other organizations or put them in your recycle can. I have to be selective so that the shelves don't get overcrowded.

I have a budget for book purchases, so if you have a book or author you'd like to see in our library, please let me know by email: hdestiny@msn.com with PEW library in the subject line.

Thanks for your co-operation and happy reading!!

Susan Balog

~~~~~

## **Don't have enough bottles for a trip to the Recycling Center? Read on...**

Hi neighbors!

My name is Katie and I live at #121. I save cans, plastic bottles and beer and wine/alcohol bottles to turn into the recycling center for money. Instead of throwing these items in your blue bins, I would love to come and collect them from you.

If you are interested in helping me, just text me anytime at (760) 420-8007 and I'll come right over for a pickup. I appreciate it so much and a huge **thank you** to all my super wonderful friends who already save their recycling for me. You're the best!!

Kate Leslie - [katedleslie@hotmail.com](mailto:katedleslie@hotmail.com)

## PEW Book Club

Greetings from the Book Club!

In April, we read and discussed “Bee Sting” by Paul Murray. This story takes place in Ireland.

May’s book is “Remarkably Bright Creatures” by Shelby VanPelt.

The Book Club meets the 4th Friday of every month in the Multi-Purpose room at 2 pm. We would love you to join us!

Happy Reading!

Cynthia (Cindy) Towle  
503-317-3544  
[Towlecandr@gmail.com](mailto:Towlecandr@gmail.com)

*“I cannot live without books...”* Thomas Jefferson to John Adams June 10, 1815



## Cooking With Katie

**Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!**

**Date: NO CLASS IN MAY**

**Time:**

**Location:**

### **Demo:**

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1<sup>st</sup> of each month. Class max of 25

## **Katie's Recipes from April**

### **LAZYS MAN'S ENCHILADA PIE**

1 Box frozen Taquitos  
1 jar Enchilada Sauce  
1 jar "Chunky Salsa"  
1 can sliced black olives (drained)  
1/2-1 bag Shredded Pepper Jack Cheese  
Crispy Jalapeno Pieces  
Sour Cream

Place taquitos in a single layer baking pan and bake at 400 degree for 15 minutes. Remove from oven. In a bowl, mix the salsa and sauce and pour evenly over taquitos. Sprinkle with cheese and top with olives. Bake at 350 degrees for another 20 minutes. Remove from oven and top with Sour Cream and Crispy Jalapeno Pieces.

### **SOY CHORIZO TACO FILLING**

1 container soy chorizo  
1 jar "corn chili salsa"  
1 jar chunky salsa  
1 can Black Beans (drained and rinsed)  
1/2-1 bag shredded Mexican Cheese.  
Guacamole

Remove the chorizo from the plastic casing and place in a skillet. Add the 2 salsas and the black beans. Warm thoroughly. Spoon into Taco Shells or serve with corn chips. Top with Shredded Cheese and guacamole.

### **SKILLET CHICKEN CASSEROLE OLE**

1/2-1 pkg frozen grilled Chicken Strips (defrosted)  
1 pkg Chimichurri Rice  
1/2 Bag frozen Roasted Corn  
1 container "fresh" Salsa Verde Tomatillo Sauce  
1 pkg shredded "3 Cheese Blend"  
Chopped Cilantro

Combine chicken, rice, corn and salsa in a skillet. Heat thoroughly. Sprinkle with cheese. When melted, serve on plate with chopped cilantro.



# Garden Club

Excitement for the upcoming growing season filled the room at our last meeting. Just look at the flowered hillsides in our park. Many of us attended the seedling event at the home of Herb Field and the tour of his gardens the following week. We discussed rose care after a brief presentation highlighting some key points. Some takeaways were;

1. The rose should get 4 to 6 hours of sun.
2. Plant at least 3 feet apart so they can breathe, air flow is important to cut down on diseases.
3. Amend soil – Miracle Grow, peat moss, and good dirt.
4. Fertilize every 30 days during growing season
5. NPK – nitrogen, phosphorus, potassium. Best to get fertilizer with a high middle number (phosphorus) to promote bloom formation.
6. Use rabbit food (alfalfa) to feed nitrogen to your roses and other plants, you can dig it in or make a tea using the rabbit food pellets.
7. Spray off aphids with a strong stream of water.



## Pruning –

- Reasons for pruning – the 3 "D's" – Deformed, Dead, Diseased.
- Cut above a node in the direction you would like the plant to grow.
- Cut at a point where there are 5 leaves.
- To eliminate future rose "illness" problems, clean old leaves away from the area around the base of the rose

Thank you Maria and Angelina for bringing all the goodies for us to snack on. We love to have sweet treats during our meeting and they really hit the spot. Thanks again ladies.

## Future dates of interest

**May 4th to 27th** – San Diego Botanical Garden orchid show. \$7 admission fee.

**May 6th** Our next meeting, 2pm at the clubhouse

**May 30 (Thursday) Field Trip** – Lunch at Roger's Gardens Orange County. Carpool – meet at clubhouse at 8:30. Drive takes about one hour. Lunch reservation is at 11:30. RSVP to Merlin if interested.

**July 4** – Community garden street party

***"Pull up a chair. Take a taste. Come join us. Life is endlessly delicious."***

***Ruth Reichl***

Submitted by Merlin Chancellor

## GARDEN TO DO LIST FOR APRIL 2024

No tips this month

## Palomar Estates West's New One-Woman Show

Margaret Scotto is our newest resident Artist. Her exhibit at our Pavilion Clubhouse Gallery is extraordinary!

On April 14th, 2024, we had a "meet-n-greet" reception for Margaret—a multi-talented Fine Artist. It was a lovely opportunity to appreciate her exceptional body of artwork—her retrospective. It's amazing what one can do in retirement!



June 14<sup>th</sup> 5:00 – 9:00 PM

The PEW Residents  
Association invites you to a

*FREE*

# CHILLI COOK OFF



**Competitors:** Sign up as an entrant. Bring a full crockpot of your winningest chili and a card that describes your chili.

**Everyone else:** sign up as an attendee and bring one of the side dishes listed on the sign-up sheet

Judging will be between 5:00 and 6:00 and dinner will follow.

**Prizes: \$30.00, \$20.00 and \$10.00**

**50/50 Raffle**

**Music and Dancing**

Mark your  
calendars

# 2024 Social Connection Events

Mark your  
calendars

| DATE   | EVENT                          | TIME    | COST     |
|--------|--------------------------------|---------|----------|
| 4-May  | International Potluck Dinner   | 5:00 PM | Free     |
| 15-May | Movie Night                    | 6:00 PM | Free     |
| 17-May | Social Hour/Potluck            | 5:00 PM | Free     |
| 14-Jun | Chili Cookoff                  | 5:00 PM | Free     |
| 19-Jun | Movie Night                    | 6:00 PM | Free     |
| 4-Jul  | Fourth of July BBQ             | TBA     | Free     |
| 17-Jul | Movie Night                    | 6:00 PM | Free     |
| 19-Jul | Social Hour/Live Band          | 5:00 PM | \$ 10.00 |
| 16-Aug | Social Hour                    | 5:00 PM | Free     |
| 21-Aug | Movie Night                    | 6:00 PM | Free     |
| 24-Aug | Caribbean Night/Live Music     | 5:00 PM | \$ 15.00 |
| 18-Sep | Movie Night                    | 6:00 PM | Free     |
| 20-Sep | Social Hour                    | 5:00 PM | Free     |
| 28-Sep | Octoberfest/Live Music         | 5:00 PM | \$ 15.00 |
| 16-Oct | Movie Night                    | 6:00 PM | Free     |
| 18-Oct | Social Hour                    | 5:00 PM | Free     |
| 26-Oct | Halloween Party/Live Band      | 5:00 PM | \$ 20.00 |
| 20-Nov | Movie Night                    | 6:00 PM | Free     |
| 22-Nov | Social Hour                    | 5:00 PM | Free     |
| 15-Dec | Holiday Party                  | 5:00 PM | Free     |
| 18-Dec | Christmas Movie Night          | 6:00 PM | Free     |
| 31-Dec | New Year's Eve Party/Live Band | 5:00 PM | \$ 25.00 |



# Pet Disaster Kit: Easy As 1-2-3!

**Do you have an emergency preparedness plan for your pet?** Planning ahead doesn't cost anything, but it does help keep you and your family safe during an emergency. Use this easy guide to make a simple and effective plan for your pet.

## Step 1. DOCUMENTS

Gather important information. Store hard copies in a safe space with this checklist.



- Photocopied veterinary records
- Rabies certificate
- Vaccinations
- Medical summary
- Prescriptions for medications
- Most recent heartworm test result (for dogs)
- Most recent FeLV/FIV test result (cats)
- Photocopied registration information (ex: proof of ownership or adoption records)
- Pet description(s) (ex: name, breed, sex, color, and weight):

---



---



---

- Recent photographs for each of your pets
- Waterproof container for documents
- Microchip information (ex: microchip number, name and number of the microchip company)

---



---



---



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention

## Step 2. FOOD, WATER, AND MEDICATIONS

Put together a kit with these essential items. Keep it ready to go in case you have to evacuate quickly.



- 2-week supply of food for each animal stored in waterproof containers
- 2-week supply of water for each animal
- Non-spill food and water dishes
- Manual can opener
- Feeding instructions for each animal
- 2-week supply of any medications (if applicable)
- Medication instructions (if applicable)
- One month supply of flea, tick, and heartworm preventative

## Step 3. OTHER SUPPLIES

Finish your kit by adding other important items.



- Leash, collar with ID, and harness
- Toys
- Appropriate-sized pet carrier with bedding, blanket, or towel
- Pet first aid book and first aid kit
- Cleaning supplies for accidents (paper towels, plastic bags, and disinfectant)
- Litterbox and litter (cats)



CS336052-B