

HILLTOPPER

NOVEMBER 2026

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Jason (Jay) Hernandez
Office: Pam Esquivel

Office Hours:
Monday thru Friday
9:30 a.m. – 12:00 p.m.
1:00 p.m. – 4:00 p.m.

Office Staff
Gayle Plant

Weekend Relief
Doug Tickner

Security Patrol Hidden Valley
Security (760) 744-1061

Office: (760) 727-5453
Fax: (760) 727-3054
After hours - emergencies only:
(888) 518-6064
E-mail: Palomarestateswest@gmail.com

Resident website:
Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT
HAVEN MANAGEMENT SERVICES
3491 Concours Street, Suite 204
Ontario, CA 91764
Property Supervisor: Katie Davis
(909) 930-9750 Ext. 3005
Fax: (909) 481-7260
kdavis@havenms.com

MILLENNIUM HOUSING
611 Anton Blvd., Suite 890 Costa Mesa, CA 92626 Phone: (949) 515-5100
Fax: (949) 515-5101
http://millenniumhousing.com
President: George Turk
COO / Vice President: Lori Carraway
Director of Asset Services: Diana Welsh
SPARC Director: Stacee Kazmierski

MILLENNIUM MEMO

It took a bit longer this year, but our last holdout finally came in from the cold and turned in his/her Income Cert. Palomar West has once again reached 100%. Way to go, everyone!

You're probably tired of hearing it, but nearly all of Palomar's capital improvement projects are funded by tax savings generated by your Certs. We typically increase rents by only 75% of the inflation rate, so these upgrades can't be funded solely by your rents.

The City's Rent Control Ordinance allows the cost of major projects to be passed on to residents, but thanks to your Income Certs, we haven't had to do that. Thanks again for completing this simple-but-important task. You get this month's Kudos!

More News

- El Nino is coming! You have unclogged your rain gutters, haven't you? Your downspouts are secured and pointing toward the street? The gutters in front of your house are clear? Just making sure that you are ready for whatever comes.

- Congratulations to Jay, a team member who was just promoted to Maintenance Supervisor, based on his "great job getting projects caught up and on schedule." Nice work, Jay.

- Some of you are still leaving food out for Palomar's wildlife. You may have a fondness for coyotes, but have you considered whom else you may be attracting? Skunks, maybe?

  Yes, skunks. We're seeing those at a couple of our Parks, and apparently, they are surprisingly common in San Marcos. You really don't want them here, do you? Please stop leaving food out.

- Do we have your latest Emergency Contact information? I ask because we recently had to contact a resident, and both numbers we had on file were no longer in service. If any of your information changes, let us know.

  Oh, and don't put "ambulance" under "whom to call in an emergency."

Starting a New Tradition

Some people over-indulge on leftovers after Thanksgiving. Not me, however. This year I'm going to quit cold turkey.

Thanks again for your Income Certs, clean your gutters…and have a fun Thanksgiving!

George Turk

NOTES FROM YOUR PEWRA BOARD

It seems that our unpredictable weather never ends. As a reminder the Pavilion Clubhouse is open and air-conditioned if you need to cool off. If a ride is needed call the office during normal hours and they will try to arrange one for you.

IF YOU SIGN UP, PLEASE SHOW UP! It seems of late many residents are signing up to attend events and not showing up. Space is limited in the Pavilion Clubhouse to about 120 people. Many events end up with residents on a waiting list, only to have people who signed up to attend, be no shows. This causes the event planners to have to contact those on the waiting list to let them know that space is available. A lot of work goes into planning these events, not to mention the expense. If you have signed up and can't attend, please cross your name off the signup sheet. If it is past the cutoff date and you can't attend, please contact the event coordinator to remove your name. One of the last events had over **20 NO SHOWS.** As friends and neighbors, we can do better that.

It's that time of year again for the annual **PEW HOLIDAY CANNED FOOD and TOY DRIVE.** This year donations will probably be needed more than ever. Collections will begin from **November 15 to December 15, 2026**. Non-expired canned food may be dropped off at **space 454.** Thanks to Melissa Szilagyi for coordinating the food drive. All donations will go to the North County Food Bank. As a reminder, please don't take donated food from your house of worship and re-donate it to the food bank.

Donations of **un-wrapped toys** can be dropped off at **space 440**. Thanks to Robert and Patricia Taylor for coordinating the toy drive. All donations support Toys for Tots.

Our quarterly meeting this past October, was highlighted by two candidates running in the upcoming election for San Marcos Mayor. We had both current Vice Mayor Mike Sannella and former City Councilwomen Sharon Jenkins in attendance. They both addressed the residents, and held a lively question and answer session, after the regular board meeting. Thanks to all the residents in attendance who provided some great questions for the candidates.

The maintenance crew is working on repainting the **STOP** LETTERING in the streets. Speeders continue to be a problem in the park. Let's remember it's **15 mph** in the park.

Finally, **HAPPY THANKSGIVING** to all our PEW friends and neighbors!

Warmly,

Michael Ach
PEWRA Director

"Thanksgiving is an emotional holiday. People travel thousands of miles to be with people they only see once a year. And then discover once a year is way too often."

Johnny Carson



Managers Corner November 2026

Happy November everyone! As the holidays grow near, I want to just say THANK YOU to all of you for making this transition in my new position a nice experience.

As some of you may be planning Holiday trips to visit family and friends. Take a moment to ensure your house is secure and if needed have a neighbor or friend check on things while you're gone. The sheriff office does offer drive by checks just need to coordinate with them. As we are expecting unknown weather, please also take steps to ensure your home and lot items are protected and secured from the heavy weather we are expecting.

Did you know ? When doing anything outside of your home and lot there is a form you need to complete with the office for review and approval. Depending on the project, the approval time may take a little bit longer and there may also be permits required from the City or the State . This is why it is important to ask before planning for projects. The forms are available at the office for pick up or delivery.

Please continue to prepare for the El Nino rains.

We are Thankful for all of you.

From all of us at Palomar Estates West



November Calendar

- **November 1** is **All Saints' Day.**
- **November 1** is **Sadie Hawkins Day**.
- **November 1** is **Will Rogers Day**
- **November 3** is **Election Day** (U.S.). Don't forget to vote in state and federal elections! Every vote counts. Make an Election Day Cake to celebrate.
- **November 11** is **Veterans Day** (U.S.) and **Remembrance Day** (Canada).
- **November 19** is **Discovery of Puerto Rico Day**.
- **November 26** is **Thanksgiving Day** (U.S.). Understand the history and origins of Thanksgiving.
- **November 27** , is known as **Black Friday.**

"There is Always Always something to be Thankful for "

Palomar Estates Residents Association Board (PEWRA)

President – Rick Towle; Vice President – Jessie Nieto;
Secretary- Tom Mathews; Treasurer - Susan Friedman
Directors - Michael Ach, Dawn Miller, Malia Campbell

Board Meeting: 1st Tuesday of the month (6:30) in the Pavilion Room

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SOCIAL CONNECTION

Shevaun Teegarden – Chair, Cindy Palermo – Treasurer, Marilyn Ferri – Secretary,
Simon Spears, Merlin Chancellor, Cathy Bassett, Rusty Bassett, Angela Sirota, Heike Corbeil,
Carol Godett, Linda Kerridge, Cindy Towle, Rick Towle, Lynne Widdison, Malcom Widdison,
Linda Freeman, Lisa Corrigan

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Becky Hall, Lynn Thomas, Mary Wallace

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace, Cindy Palermo, Fran Miller, Jo Gehringer,
Lee Tydlaska, Neil Teegarden, Robert Fierro

BREAKFAST COMMITTEE

Karen King, Cathy Bassett, Pat Taylor, Marcia Brown, Sheila Miller,
Toni D'Alessandro, Tish Litz, Cyndy Nelson, Dita Kemp, Barbara Waggoner, Sylvia Hellman,
Carolyn Garapich, Cecilia Rodarte

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

RULES COMMITTEE

Jesse Nieto, Mary Wallace, Jo Gehringer, Shevaun Teegarden, Christine Parkman

**For Fire, Sheriff, or Emergency in progress, such as break-ins,
health problems or a life-threatening situation, call 911.**

**If you have a non-emergency question or to file a report,
please call the San Diego Sheriff Dept at 760-510-5200**

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ARE YOU AS CONCERNED ABOUT VOTING IN NOVEMBER AS I AM?

Delane Johnson and Sarah Johnson in space #378 are willing to help. The ballots can be returned:

1. In the mail.
2. Dropped off at a drop box.
3. Dropped off at the polling place (La Mirada Academy) on Saturday, Sunday, Monday or Tuesday.
4. Someone can deliver for you. See the box in the upper right-hand corner of your ballot to authorize.
5. You can vote in person. (I would suggest Saturday, Sunday or Monday to avoid lines)

Sarah and I are more than willing to help you for #2, 3, 4 or 5. Just contact us. **612-240-4049**

ACTIVITIES DIRECTORY

ACTIVITY	TIME & DAY	CONTACT	PHONE
Art Gallery	On Exhibit in Pavilion	Sharon Lubert	909-519-8915
Arts & Crafts Workshop	W 10:00	Claudeen Lindsay	760-598-0582
Aquarobics **Cardio Aquarobics**	9 am M-W-F 9:30 am Tu, Th, Sat	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Peter Oberg	760-300-8891
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1st Sat 8:30 am	Karen King	760-755-0802
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Tom Mathews	951-660-0411
Game Night	Friday 6 pm	Linda Kerridge	858-776-6783
Garden Club **Community Garden**	1st M 2 pm 8 am – 8 pm	Merlin Chancellor Robert Fierro	661-670-1336 619-339-0433
Get Moving	Mon & Wed 11:15-11:45	Sparc	
Hand and Foot	Wed 1 pm	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1 pm Mon	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Meditation	Tu 10:30 am	Sali Weiss	619-729-3226
Mexican Train	2nd and 4th Tu 4:30 pm	Linda Kerridge	858-776-6783
Movie/Dinner/Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pet Place	Every Day 8 am-8 pm	Vicky Hetrick	760-672-2258
Pickleball	8:00 -10:00 am M-W-F-S	Dana Eads	760-216-7284
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel **Emergency Preparedness**	3rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Strength & Balance	10 am M-W-F	Dean Kelsey	760-519-1909
Social Connection	Dates vary	Shevaun Teegarden Simon Spears	858-603-2293 760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566
Yoga **Chair Yoga**	4:30 pm M 10 am Tu	LuAnn Foster	480-203-4330

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by the 10th of the month.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com

Hilltopper Distribution – Becky Hall - 858-967-8725

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

To advertise your business in the Hilltopper, call Boe Davis at Mobile Home Park Magazines, 408-744-1011, ext. 3107.



NOVEMBER BIRTHDAYS

Mark Martin	1		Eric Lin	11		Kathy Fecteau	23
Karen Sanchez	1		Lorna Little	11		Lori Magnusson	23
Glenda Arnhart	2		Ira Schechtel	11		Dee Bright	23
Rozy Sharma	2		Lee Shull	11		Mary Centanni	24
Linda Suckling	2		LuAnn Scaramella	13		Toni D'Alessandro	24
Kay Kristin	3		Cendy Hansen	14		Yu Yin	24
Karen Ritter	3		Sam Mankins	14		Barbara Claypool	25
Helen Lyons	5		Louise Lane	15		Catherine Schechtel	25
D Fringer	6		Michael Scaramella	15		Shirley Loader	26
Caroline Sue Cooper	7		Mingfang Yang	16		Deborah Mitchell	26
Kea Simental	7		Sylvia Hellman	17		Ann Hacker	27
Neal Teegarden	7		Sharon Nielsen	19		Mike Roberts	27
Karen Williams	7		Marilyn Marvin	20		Barbara Valles	27
Nancy Brady	8		Judy Signorelli	21		Phyllis Durham	28
Michele Newby	8		Carolyn Garapich	22		Michael Guy	28
Paula Gooch	10		Dave Grossman	22		Robin Sherman	28
Cheri Carry	11		Cindy Williams	22		Steve Blair	30
Susan Lawson	11						

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

Directory Changes

	DELETE	ADD	PHONE NUMBER
194	Van Dyke-Kise, Peggy	Vanderbyl, Brian & Amy	909-528-9205
242	Unlisted	Investor	
100	Vacant	Ryan, Susan	760-585-8584
94	Friis, Kai & Bente	Pound, Yoshiko	760-500-8651

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	**2** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Garden Club 2:00 Yoga 4:30	**3 Recycle** Men's Billiards 9am Tai Chi 9 am Cardio Aquarobics 9:30 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am **Board Meeting 6:30**	**4** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10 am Art Workshop 10 am Get Moving 11:15-11:45 Hand & Foot 1 pm	**5** Cardio Aquarobics 9:30 am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	**6** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	**7** Pickleball 8-10am Cardio Aquarobics 9:30 am **Breakfast 8:30** New Art Gallery Hangings
8	**9** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 **Let's Dine In 4:30**	**10** Men's Billiards 9am Tai Chi 9 am Cardio Aquarobics 9:30 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mexican Train 4:30	**11** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10 am Art Workshop 10 am Get Moving 11:15-11:45 Hand & Foot 1 pm	**12** Tai Chi 9 am Cardio Aquarobics 9:30 am Darts 6-8 pm Bingo 6:50	**13** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	**14** Pickleball 8-10am Cardio Aquarobics 9:30 am **Craft Fair 9:00 AM**
15	**16** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	**17 Recycle** Men's Billiards 9am Tai Chi 9 am Cardio Aquarobics 9:30 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am READY 2 pm	**18** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10 am Art Workshop 10 am Get Moving 11:15-11:45 Hand & Foot 1 pm **Movie Night 6:00**	**19** Tai Chi 9 am Cardio Aquarobics 9:30 am Darts 6-8 pm Bingo 6:50	**20** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Balance 10am Book Club 2 pm **Karaoke Potluck 5:00 PM**	**21** Pickleball 8-10am Cardio Aquarobics 9:30 am
22	**23** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	**24** Men's Billiards 9am Tai Chi 9 am Cardio Aquarobics 9:30 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mexican Train 4:30	**25** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10 am Art Workshop 10 am Get Moving 11:15-11:45 Hand & Foot 1 pm	**26** 	**27** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	**28** Pickleball 8-10am Cardio Aquarobics 9:30 am
29	**30** Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30					



Do you need sandbags? Don't wait.

With our homes being higher up, sandbags should not be needed for the homes themselves but may be helpful to keep water from entering shed flooring. And can be used to defer the flows off of the lot as needed.

The City of San Marcos is offering San Marcos residents free, fill-your-own sandbags to help protect streets from flooding and control soil erosion.

The sandbags can be filled and picked up at Hollandia Park, 12 Mission Hills Court; maximum 20 bags per household.

Heavy rains can cause soil erosion especially in areas not covered by lawns, trees, shrubs and plants. Water runoff, and especially mud and debris flows, can damage individual homes and properties and create even wider destruction by flooding roadways and clogging storm drains and culverts.

For more information about the city's sandbag program, please call the City's Public Works Department at 760-752-7550.

Stay Safe and Be Prepared

LET'S "DINE OUT"
in the
PEW PAVILION!!



JOIN YOUR PEW PALS FOR A *DELIZIOSO* MEAL!

MONDAY NOVEMBER 9TH
DOORS OPEN AT 4:30PM
DINNER READY AT 5:00PM
COST: $20.00 PP

MENU

CHICKEN MARSALA, RICE, ITALIAN SALAD,
GARLIC BREAD, DESSERT, BYOB

TO RESERVE YOUR SPOT:

- Sign your name (s) on signup sheet in lobby by 11.6
- PAY WHEN YOU SIGN UP PLEASE.
- Place cash *(preferred!)* or check *(made out to Cathy Bassett or Cathie Byrd)* into an envelope and mark it "Lets Dine Out"
- Drop check into the social connection box in the lobby



The Craft FAIR



at Palomar Estates West

Saturday, November 14th

9 a.m. – 1:30 p.m.

At the Clubhouse - Bring a friend!

Handmade Crafts & Baked Goods. Food Vendor for lunch.
FREE raffle ticket for one chance to win $10 Craft Fair Coupon.

Raffle at 10, 11, Noon and 1. Must be present to win.

Complimentary coffee and donuts while supply lasts.

MOVIE NIGHT

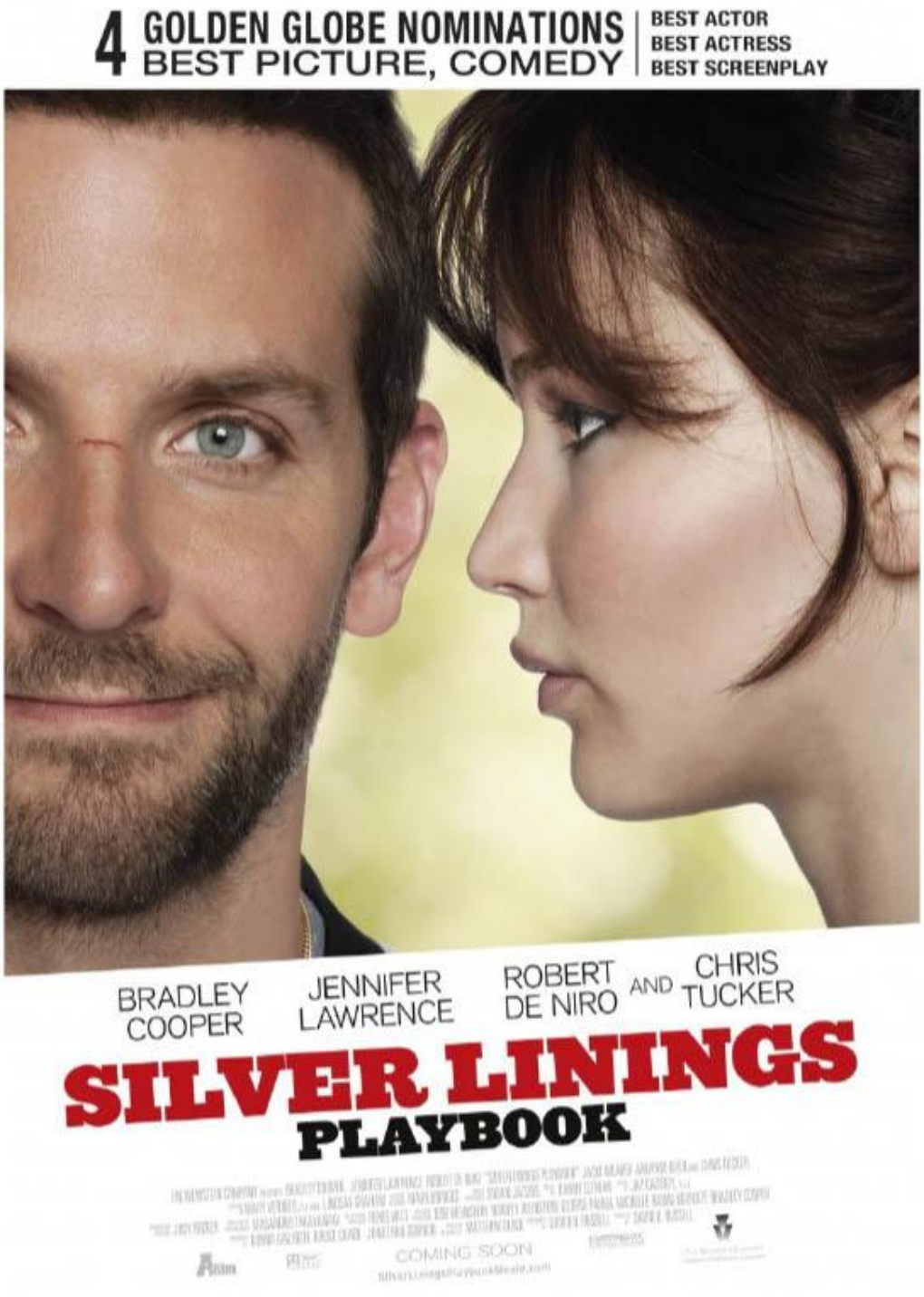
SILVER LININGS

November 18th - 6:00 PM Movie

Please sign-up as spaces are limited to 30 – Thank you

Contributions by Liz and Adam Bishop





Social Connection = popcorn/Soda

Know Your Numbers: Understanding High Blood Pressure

FREE EDUCATIONAL TALK FOR PALOMAR ESTATES WEST RESIDENTS

High blood pressure affects nearly half of American adults, yet many people don't know they have it. Join Dr. Sprague for an informative workshop about what your blood pressure numbers mean, why hypertension matters, and how to protect your heart, brain, and kidneys. Learn how to monitor your blood pressure correctly, explore lifestyle and treatment options, and understand when a high reading requires medical attention.

Thursday, November 19

11:00 AM

The Pavilion



About the Speaker

Dr. Tyler Sprague is a board-certified internal medicine physician and co-founder of Collaborative Health in San Marcos. He provides personalized primary care for adults, with a focus on preventive health, chronic disease management, and helping, patients take an active role in their well-being.

COLLABORATIVE HEALTH

Signup sheet posted in the clubhouse.

The Social Connection Brings You



Friday, November 20th - Doors open 5:00 PM

Potluck – bring a dish to share, sign up by 11/16. BYOB

KJ Patrick Hill, famous for his Rancho Val Karaoke nights will be hosting



Contributions by Liz and Adam Bishop

Social Connection Holiday Dinner Potluck Wed, Dec 9th




We provide the Turkey and Ham; you provide the sides.

Festive music will be playing and people encouraged to dance to their favorite holiday tunes.
Sign up by December 4th. Limited to 120 people






Contributions by Liz and Adam Bishop



3RD ANNUAL HOLIDAY TEA PARTY!

BRING YOUR FAVORITE TEA CUP & A SMALL PLATE OF FINGER FOOD TO ADD TO THE BUFFET

The Palomar Estates West Garden Club cordially invites you & your friends to our 3rd Annual Holiday Tea Party!

Join us for an afternoon of delightful teas, delicious treats, & joyful company as we once again celebrate the spirit of the season!

Monday, December 7, 2026

2:00 pm - 4:00 pm

Palomar Estates West Clubhouse

!!Festive Attire Encouraged!!

INVITE YOUR FRIENDS

Enjoy teas provided, or hot water is available for your preferred brand

R.S.V.P. BY TUESDAY, DECEMBER 1ST TO:

MERLIN CHANCELLOR
Mvchanc@gmail.com
661-670-1336

LYNN THOMAS
zzzennnwoman@sbcglobal.net
707-799-4416

PEW ART GALLERY NEWS

On November 7 we begin our last two-month group show for 2026.
We will try to include some work from all submitting artists/photographers depending on available space.

Thank you everyone for several beautiful shows this year!

Artists: Please bring your pieces to the Pavilion between 1:00 pm and 2:00 pm on 11/7. If you are not available at that time, please arrange for someone to bring your work. You will need to sign the "Artist Agreement and Waiver of Liability." If your pieces are not set up with wire for hanging, please contact us. We have some new hooks which work with some other hanging styles, so we might be able to accommodate some pieces without the hanging wire.

Thank you everyone! Sharon Lubert, 909-519-8915 and Karen Zeluff, 760-712-9813



PEW Book Club

Greetings from the Book Club!

This month's book is "The Correspondent" by Virginia Evans. Through letters to various recipients, Sybil Van Antwerp examines her life and confronts a painful past, learning to find forgiveness and move forward. This novel was hailed by Ann Patchett as "A cause for celebration" - an intimate novel about the transformative power of the written word and the beauty of slowing down to reconnect with the people we love.

The Book Club usually meets on the 4th Friday of each month. However, November's meeting will be on the 3rd Friday of the month, due to the Thanksgiving holiday. Same time: 2:00pm Same place: Cards and Coffee room inside the Pavilion. We would love you to join us for lively discussions on our chosen books.

Until then, keep reading!

Cynthia (Cindy) Towle 503-317-3544 towlecandr@gmail.com

You Are Invited – Arts & Crafts Workshop

Please feel free to join us on Wednesdays in the multi-purpose room from 10:00 am to 12:00 pm for an arts and crafts workshop. You do not have to commit to attend every week, just whenever you can. Bring a project you are working on and it's fun to share our ideas and good conversation while we are there. If you have any questions, please call me at 760) 598-0582 , Hope to see you there soon.

Claudeen Lindsay

2026 Social Connection Events

Date	Event	Time	Cost
Nov-18	Movie Night	6:00 PM	Free
Nov-20	Karaoke Pot Luck	5:00 PM	Free
Dec-9	Holiday potluck	5:00 PM	Free
Dec-16	Movie Night	6:00 PM	Free
Dec-31	NYE party	5:00 PM	$25

Get Involved in Your Local Community – Know where your money goes.

I have been volunteering for Meals on Wheels since 2009. The local office in San Marcos is responsible for providing meals to approx. 600 seniors. While they always need volunteers to deliver meals (even more fun with a friend), **https://meals-on-wheels.org/volunteer/**), there are many ways to get involved. Your Neighbors, Christine Bauder and Jo Gehringer, are also involved all year.

We put together over **1800 "We Care Packages"** in total last year, thanks to the generosity from the community. That Includes Initial Response Bags, Birthday Boxes and Holiday Boxes All items are donated by individuals and organizations.

People keep asking "How do I get involved?" or "How can I help if I can't deliver meals?"
So here are some ideas if you would like to participate.

Things that you can collect from friends and neighbors to donate:

NEW greeting cards & Holiday Cards with envelopes, USED greeting cards - we make beautiful things with them like new cards and gift tags.
Calendars (people get lots in the mail this time of year)

New things that you can purchase: Amazon Wish List - updated regularly
https://www.amazon.com/registries/gl/owner-view/C8UE2ONWPLAZ?ref_=gr_universal_landing_ggr
(Or shop elsewhere for similar items if you prefer)

Together we ARE making a difference!
With a grateful heart,
Lisa Kaufman, Space 262

Garden Club

Our speaker for the October meeting was Skyler Anderson from San Diego County Vector Control. The subject was rats, mice, mosquitoes and other vectors. She covered quite a range of subjects explaining the lifecycles and habits of the vectors. A vector is an organism—such as a mosquito rat, mouse, or tick—that transmits diseases and infections between humans or from animals to humans. Examples of such infections are hantavirus, westnile, zika, dengue fever,lyme disease. Adult mosquitoes live up to 2 weeks and they can go from egg to adult in 3 to 7 days depending on the temperature. If you would like SD vector control to do a free home inspection to insure you don't have any vectors around your home contact them at vector@sdcounty.ca.gov or call 858 694 2888.

Some ways to prevent diseases spread:

- **Eliminate Standing Water:** Dump and drain containers holding more than ¼ inch of water weekly (plant saucers, buckets, old tires, rain gutters). A bottle cap holds enough water to host larvae.
- **Free Mosquitofish:** Pick up free freshwater mosquito-eating fish from the county to control larvae in unmaintained ponds, fountains, or horse troughs.
- **Use Repellents:** Apply EPA-registered insect repellents containing DEET, Picaridin, IR-3535, or Oil of Lemon Eucalyptus.
- **Report Issues:** Call Vector Control to report green pools, potential breeding sources, or dead birds (such as crows, jays, and hawks) which signal West Nile virus activity.



Thank you so much Susie Buttler for the massive spread of fall themed treats. The decorations were flawless and the refreshments really hit the spot. You went all out and we appreciate it!

Our next meeting is November 2nd and it will be our Holiday workshop event, featuring decorating succulent pumpkins and making botanical soaps to take home. All supplies will be provided. Any extra soaps and decorated pumpkins will go to the craft fair.

December 7th from 2:00pm to 4:00pm is the 3rd Annual Tea Party! Break out your favorite tea cup and your fancy tea party hat! Bring a small plate of finger food to add to the buffet. RSVP to Merlin at 661 670 1336 or Lynn Thomas at 707 799 4416.



Submitted by Merlin Chancellor



Fun & Interesting Insect Facts
By Herb Field, Forensic Entomologist

For the past several months we've covered a number of gardening topics so I thought it was time again to feed your brains with something light and fun. So, the following are a collection of insect factoids.

1. The praying mantis is the only animal on earth that has one ear.
2. The peanut bug gets its name from the shape of its head.



3. Adult Atlas moths never eat. They slowly live off the baby fat they stored while they were a caterpillar, hence their mouthparts never form and they live but a short two weeks.
4. Moths can't fly during an earthquake!
5. A Goliath beetle larvae can weigh as much as a McDonald's Quarter Pounder.
6. Silkworms eat enough leaves to increase its weight over 4,000 times in 56 days.
7. Bed bugs are attracted to their host's exhaled carbon dioxide and body heat. An adult bed bug can wait up to a year without feeding.
8. Fireflies are not flies, but are beetles.
9. Most aphids are born pregnant!
10. A tarantula hawk finds and stings a tarantula then carries the paralyzed spider to its lair, where it lays an egg on the spider before burying it alive (sounds like something from the Aliens movies.
11. The Atlas moth is the largest moth in the world, with wingspans up to 10 inches across. It is named after the titan Atlas in Greek mythology.
12. The swallowtail butterfly has the slowest wing flap of any insect, at 300 beats per minute. The midge is the fastest, at 62,760 beats per minute!
13. Delusional parasitosis is a mental disorder in which people think they are being bitten by imaginary bugs.
14. The weirdest looking insect is widely considered to be the Brazilian treehopper.



15. Each cricket has its own distinct song.
16. There are about 1 quadrillion ants on the earth today, significantly outnumbering all other creatures.
17. Cockroaches can hold their breath for up to 40 minutes, so don't think you can drown them!
18. And the final but most disgusting is…a cockroach can live up to a week without its head.

If you have insect or gardening questions or ideas for future articles (I'll mention your name!) please contact me at entomologyservices@gmail.com



Palomar Estates West Pet Place



- We have had issues with pets getting loose and needing to be identified.
- Please remember to have your DOG or CAT microchipped. Please contact Vicky @ Spc 304 if you need assistance. Vicky does have a micro-chip reader if you're not sure if your animal has been chipped.
- Please make sure your DOG or CAT has a collar on if you're in the park. It should have an ID TAG showing pet's name and your cell number.
- Please make sure a photo of your pet is given to the Park office along with a full description of the pet.
- If you need any help with your pet, such as a vet referral, rehoming and training, contact Vicky@ 760-672-2258. Contact info is listed in the Activities Directory for easy future reference.
- Any donations can be brought to Spc 304. tax receipt provided.

(Submitted by Vicky Hetrick)

Please only bring dog or cat donations - food, medicines, beds, toys, leashes, blankets, etc.
Please put in plastic bags as our weather is somewhat unpredictable.
Vicky Hetrick Spc 304

Pickleball and Tennis Players!!

One of the great attributes living here in PEW offers its residents is a vast array of amenities that rival the best resorts anywhere. We are blessed to have 4 spacious Pickleball Courts to serve our ever-expanding group of pickleball players which are supported through the PEW Pickleball Club. We also have an amazing Tennis Court for our residents and their guests to enjoy.

As residents we need to make sure we are familiar with and obeying court rules which are posted.

In the meanwhile, here are a few reminders which all court users **(including your guests)** should be aware of:

- The maintenance staff closes all courts on the 3rd Thursday of each month for a thorough cleaning and maintenance.
- No food is allowed on the courts and drinks should be water ONLY! If you want to eat and drink your coffee, hot chocolate, etc, please use the tables outside the gym or the pool prior to or after your play.
- If you need to use spray on sun screens, please do so outside of the courts. Some of them are staining the courts, and other players inhaling your overspray is not fun or healthy.
- Please no music on the courts. The neighbors surrounding the courts may not enjoy your choices and it interferes with their quiet enjoyment.
- We have 4 commercial grade benches. They are heavy, and if you need to move them, please pick them up so the court surface is not damaged.
- We have 2 new cantilever umbrellas to provide shade. They operate somewhat differently than many, so please do not force them. If you are not familiar, please ask around for help. When you leave the courts, PLEASE make sure to lower and secure the umbrellas to prevent wind damage.
- Please no play prior to 9am on Sundays!

If you need equipment such as paddles, rackets or balls for you or your guests, extras can usually be found in the sports equipment room located beside the gym entrance. The Pickleball Club has purchased 4 quiet paddles as well as regular paddles, and residents have donated several tennis rackets.

If you are interested in learning more about Pickleball, club members are always available to help new players get started. You can check the Activities Directory in your Hilltopper for times and contact information for both Pickleball and Tennis. Thank you and enjoy our great courts!!

Larry Jones

EL NINO PREPAREDNESS TIPS



Prepare your home:

- Reinforce doors and windows.
- Store loose or fragile items.
- Clear gutters prior to storms.
- Pick up sandbags if flooding may occur.

Get informed:

- Check weather forecasts and warnings.
- Identify shelters and evacuation routes.
- Sign up for local weather updates.

Assemble your Emergency Kit:

- Water (minimum 3 liters per person per day).
- Non-perishable food.
- Flashlight, batteries and radio.
- Replenish first aid kit and medicine.

During the Storm:

- Stay in a safe, enclosed area.
- Turn off electrical appliances if necessary.
- Do not go outside until authorities say it is safe.

Plan your evacuation:

- Learn your community's evacuation routes.
- Follow the instructions of local officials during an evacuation order.
- Create a plan for yourself and family.



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