



HILLTOPPER

JUNE 2026

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Jorge Martinez

Office: Jessica Kane

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1:00 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol Hidden Valley

Security (760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only:

(888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website:

Pewresidents.com

Offsite Management

**PROPERTY MANAGEMENT
HAVEN MANAGEMENT
SERVICES**

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890 Costa Mesa, CA

92626 Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

The Senior Gleaners were back last month, picking fruit from the fertile fields of Palomar West. This is one of my favorite SPARC-sponsored programs, as it not only feeds folks, but also helps residents who are unable to pick the fruit themselves.

Last year, the Gleaners collected 3,214 pounds of fruit. I thought that was a lot, but this year's haul: 3,323 pounds, from just 32 homes in Palomar East & West, mostly Oranges, followed by Grapefruit, Tangerines, Tangelos & Lemons. That's 1 ½ tons!

SPARC's next event is a Color Reading Class. It's not until July 30, but it sounds interesting. In that one, you'll create a work of art, then learn what your creation says about your personality.

Thanks again to Stacey & SPARC for bringing such a diversity of programs to the Park.

Palomar West Is a Senior Community

You knew that, right? That at least one household member must be 55+ and everyone else living in the home must be at least 35? You can read about this in detail in Rule 2B.

I mention this because at least a few residents are letting their grandchildren stay with them, sometimes for months, or so I'm told. This not only violates Rule 2B, but it puts Palomar's status as an age-restricted community at risk.

Going a bit further in the rules, you come upon Rule 3A, which requires you to register any guests with the Office. We need to not only maintain the Age Restriction, but also know who's living in the Park, and their emergency contact information.

Please help us maintain Palomar's Senior Status by honoring these two rules.

A Couple More

- The May 21 SPARC Fire Safety Seminar happened after the deadline for this Memo. I'll have a report for you next month.
- Jessica is awarding this month's Kudo to Shevaun Teegarden, "for helping out so much with Community requests and purchases." I think that means she does too many things to list. Thanks, Shevaun!

Fun Father's Day Memory

Many years ago, my two daughters were in a school play together, so of course I wanted to attend. When I got to the reception table, I was asked: "Do you have any reservations?" "Sure," I replied. "But I want to see the play anyway."

Have a fun Father's Day!

George Turk

NOTES FROM YOUR PEWRA BOARD

The vacant board positions have been filled and new members will be elected to President, Vice-President and Secretary in July. Let us welcome our newest members: Tom Mathews, Dawn Miller and Malia Campbell.

Paint and household chemical recycling will be on May 23rd in front of the clubhouse, we will collect your name, Space number and items collected. Dumpster day will happen on June 4th. Please check the flyers in the lobby to see what items are allowed.

The budget has been approved for next year with some new offerings so keep an eye on the Social Connection calendar to see what's happening. I am very pleased to announce the funding of the Get Moving class has been approved. A perfect way to get your steps in while sitting down! We've also been working on the wish list items, Watch this space for updates.

After four years of hearing your complaints and suggestions we have arrived at the bright orange "Slow Sticks" that you see popping up on our streets to curb the speeding in the park. The speed limit is 15 MPH. It was a long battle, but in the end, it proves that your board hears you and works, albeit sometimes slow to make changes that we can all live with.

A reminder that all streets are Fire Lanes with No Parking allowed. A first offense may get you a ticket and the second may end in a Tow. Monopoly Free Parking cards are not accepted!

As most of you are aware, the land lease for PEW will expire in 11 years. An Action committee will be formed in July to look more closely at the issues and report options and findings.

"Don't sweat the petty things and don't pet the sweaty things " – George Carlin.

Rick Towle



Happy Father's Day! It's a great day to celebrate and show appreciation for all the fathers and father figures in our lives. It's a time to acknowledge their love, support, and the important role they play.

To enjoy summer safely, prioritize staying hydrated by drinking plenty of water, wearing sunscreen to protect your skin, and avoiding heat-related illnesses by staying cool in shaded areas or indoors. When outdoors, be mindful of water safety, wear appropriate clothing, and be aware of potential hazards like bug bites and poison ivy.

Here's a more detailed breakdown of summer safety tips:

Staying Cool and Hydrated:

- **Hydration:** Drink plenty of water throughout the day, even if you don't feel thirsty.
- **Cool Clothing:** Wear lightweight, light-colored, and loose-fitting clothing to help regulate body temperature.
- **Cool Showers:** Take cool showers or baths to help lower body temperature.

Sun Protection:

- **Sunscreen:** Apply sunscreen regularly, even on cloudy days, and reapply frequently.

- **Wide-brimmed Hat:** Protect your face and head from the sun by wearing a wide-brimmed hat.
- **Sunglasses:** Wear sunglasses to protect your eyes from the sun's harmful rays.

Water Safety:

- **Supervise Children:** Always supervise children around water, including pools, lakes, and oceans.
- **Swim with a Buddy:** Never swim alone, and always swim with a buddy.
- **Life Jackets:** Wear life jackets when participating in water activities, especially when boating or swimming in unfamiliar waters.
- **First Aid:** Have a first aid kit readily available for minor injuries and emergencies.

Happy Father's Day to all the amazing Dads, Stepdad's, Dog Dad's, I hope you all have an amazing day! I hope you are all enjoying the pool & this beautiful weather.

****Fiscal Year End**

Fiscal year end is July 1st – Please be sure to pay your June rent in the exact amount owed. Please make sure the amount you pay is exact.

NEW BOARD MEMBERS – 2026 - 2027



Dawn Miller is a native San Diegan, born at Mercy Hospital, and is proud to call San Diego home once again after spending 20 years in Northern California as a ranch owner and equestrian.

She currently works in Emergency Medical Services, where she values teamwork, service, and building strong connections within the community. Her background in education and culinary arts reflects her lifelong love of learning, creativity, and bringing people together.

Dawn enjoys a 70s-inspired, garden-centered lifestyle and spends her free time practicing yoga, baking, making soap, gardening, and enjoying movies with loved ones. A former surfer, she has always felt a deep connection to the Southern California lifestyle and community.

She is honored to serve on the Volunteer Board of Directors and looks forward to supporting a welcoming, well-cared-for, and connected community.



Tom Mathews

My wife Lynne and I moved from Murrieta to Palomar Estates West on July 4th 2023. We had been looking at this community for a year and were greeted with quite a celebration. This sense of community is what I would like to continue by serving on the PEW board. I am active on the social committee and represent the dog park. I attend exercise class, shuffleboard, lets dine in/out, and most of the park's special events. Keeping the current pool hours and rules for children is important to me and was one of the reasons we choose this park. I am a retired computer programmer. I served 4 years on the HOA board

of my previous residence. I also served 10 years on the board of trustees and 10 years on the finance committee of my church. I hope we can all help to keep Palomar Estates West at a high level for many years to come. Thank you for your consideration.



Malia Campbell

Moving to Palomar Estates West almost five years ago was the best decision we could have made for our retirement years! A native Southern Californian, I grew up in the San Fernando Valley of Los Angeles County and loved being an original "Valley Girl." After graduating from California State University, Northridge, my early career B.C. (Before Children) years found me in the entertainment industry in Human Resources at Capitol Records in Hollywood and then at NBC-Burbank. My husband, Pat, and I married 40 years ago and moved to the Santa Clarita Valley to begin our family. We have two beautiful daughters and one

handsome son. Wanting to spend more time as a mom, and less in the corporate world, I began working for our local church and started a new career in business and facilities operations. I became a civic activist in Santa Clarita when the City Council decided that unbridled mass construction, arbitrarily changing zoning codes, was the goal for the valley. I led a group of 400 households, along with the State Attorney General's office, Army Corps of Engineers, and Sierra Club to fight, and win, a battle against City Hall's zoning mismanagement. The City Council was impressed with our win, and to keep me quiet regarding future development proposals, appointed me to the city's Transportation Committee – planning new trails and transit arteries throughout the valley.

My husband's job led up to move to Oceanside in 1995, and we fell in love with the San Diego area. I continued working in church/parochial school operations and management along with new home construction office management for the next 27 years. After the last child moved out of the 4-bedroom, 3-bath house in Oceanside, in 2021, and even though we truly love our children, we decided to down-size so that no one could move back home! We enjoy being empty nesters! PEW became our new favorite place where we could meet new neighbors and friends and enjoy many of the activities our Social Connection organizes. I have signed on to become a Director on the PEWRA board to help the community promote everything that is wonderful about our park and identify needs and improvement opportunities to better PEW for all residents.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Art Gallery	On Exhibit in Pavilion	Sharon Lubert	909-519-8915
Aquarobics	9 am M-W-F	Trish Coy	760-536-9338
Cardio Aquarobics	9 am Tu, Th, Sat		
Billiards (Men)	9 am Tu	Peter Oberg	760-300-8891
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Karen King	760-755-0802
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Tom Matthews	951-660-0411
Game Night	Friday 6 pm	Linda Kerridge	858-776-6783
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Community Garden	8 am – 8 pm	Robert Fierro	619-339-0433
Get Moving	Mon & Wed 11:15-11:45	Sparc	
Hand and Foot	Wed 1 pm	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1 pm Tues	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Meditation	Tu 10:30 am	Sali Weiss	619-729-3226
Mexican Train	2 nd and 4 th Tu 4:30 pm	Linda Kerridge	858-776-6783
Movie/Dinner/Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pet Place	Every Day 8 am-8 pm	Vicky Hetrick	760-672-2258
Pickleball	8:00 -10:00 am M-W-F-S	Dana Eads	760-216-7284
Open Play All are Welcome!			
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Strength & Balance	10 am M-W-F	Dean Kelsey	760-519-1909
Social Connection	Dates vary	Shevaun Teegarden Simon Spears	858-603-2293 760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566
Yoga	4:30 pm M	LuAnn Foster	480-203-4330
Chair Yoga	10 am Tu		

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com

Hilltopper Distribution – Becky Hall - 858-967-8725

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

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If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

Directory Changes

Please make the following additions and corrections to your park directory

SPC	DELETE	ADD	PHONE NUMBER
263	Best, Pamela	Smith, Peter	505-660-7776
263		Smith, Shirley Hickman	442-278-3505

JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Recycle	3	4	5	6
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Shuffleboard 1:30pm Women's Billiards 1:30 Garden Club 2:00 Yoga 4:30	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mahjong 1 pm General Board Meeting 6:30 with Guest Speaker	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm	Cardio Aquarobics 9am Tai Chi 9 am Long Term Care 12pm-1pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Breakfast 8:30 Pickleball 8-10am Cardio Aquarobics 9 am
7	8	9	10	11	12	13
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mahjong 1 pm	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm Let's Dine In 4:30	Cardio Aquarobics 9am Tai Chi 9 am Long Term Care 12pm-1pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Pickleball 8-10am Cardio Aquarobics 9am
14	15	16 Recycle	17	18	19	20
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30 Phone Classes Let's Dine Out 5pm	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mahjong 1 pm READY 2 pm Mexican Train 4:30	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm Movie Night 6 pm	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Blue Suede Shoes 6-9 pm	Pickleball 8-10am Cardio Aquarobics 9 am
21	22	23	24	25	26	27
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mahjong 1 pm	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Hand & Foot 1 pm	Cardio Aquarobics 9am Tai Chi 9 am Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Book Club 2 pm Game Night 6 pm	Pickleball 8-10am Cardio Aquarobics 9 am
28	29	30 Recycle				
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15-11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Yoga 4:30 Phone Classes	Cardio Aquarobics 9am Men's Billiards 9am Tai Chi 9 am Chair Yoga 10 am Ping Pong 10:30am Meditation 10:30am Mahjong 1 pm Mexican Train 4:30				

Upcoming June Breakfast

A warm, flavorful start to your Saturday

Saturday, June 6

8:30 AM

Please sign up by June 4

Breakfast Menu

- Strata
- Vegetarian and gluten-free options
- Delicious fruit salad
- Yogurt
- Array of tasty sweet treats

Bring Your Friends

We're looking forward to meeting some of our newest neighbors.

If you've never been to one of our breakfasts, please check it out —
you'll be glad you did!

Volunteers & Contacts

I am still looking for a few volunteers to help out with breakfast on a regular basis.

If you are interested, please contact
Karen King



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: No Class in June
Time:
Location: Palomar West Clubhouse



Remember Coyotes are our neighbors.

You'll see them anywhere in the park!



DUMPSTER DAY!!

PALOMAR ESTATES WEST

DATE: JUNE 4, 2026

WHERE: CLUBHOUSE

TIME: 9:00 AM to 3:00 PM

Discard your old/useless household items. Please read the following list of what is ***NOT*** accepted for dumpster disposal. This service is provided for PEW residents only. No outside trash items or contractor disposal will be allowed.

ITEMS NOT ACCEPTED IN THE DUMPSTER

APPLIANCE'S (Stoves, ovens, microwaves, water heaters, washer/dryers)

AIR CONDITIONERS/SPACE HEATERS/ FURNACES

AEROSOL CANS

BATTERIES

CERAMIC ITEMS (tiles, dishes, etc.)

CONCRETE ITEMS

COOKING OILS

DIRT

ELECTRONIC DEVICES (VCR'S, cell phones, televisions, etc.)

LIGHT BULBS/FLORESCENT TUBES

HAZARDOUS WASTE OF ANY TYPE (flammable liquids, car batteries etc.)

MIRRORS

MATTRESSES

MOTOR OILS

PAINT OF ANY TYPE

TIRES

WINDOW GLASS

This free service is sponsored by the board.

QUESTIONS: Call Jesse Nieto: 408-666-8088 or Rick Towle: 503-710-0540

SPARC Inc.
presents

RESILIENT BALANCE WORKSHOP

Join us for a safe and supportive workshop focused on balance and fall prevention.

You will leave with a plan of action to prevent falls that's personalized and specific to you!

Seminar given by Dr. Sarah Manning, PT



WHAT YOU'LL LEARN:

- ◆ Maximize balance
- ◆ Minimize Fall Risk
- ◆ Ways to improve bone density
- ◆ Ways to fall safely
- ◆ Fun facts on fall prevention and balance

SIGNUP IN THE CLUBHOUSE BY JUNE 15TH TO RECIEVE A FREE LUNCH!

Date: June 17
Time: 11:00am-12:30pm
Location: PE Clubhouse

**LET'S "DINE OUT"
in the
PEW PAVILION!!**



**WEDNESDAY, JUNE 10TH
DOORS OPEN AT 4:30PM
DINNER READY AT 5:00PM
COST: \$18.00 PP**

MENU

APPETIZER

BBQ CHICKEN AND VEGGIE KABOB

ROASTED POTATOES AND SEASONAL VEGGIES

BREAD AND BUTTER

DESSERT

ICED TEA

BYOB

TO RESERVE YOUR DINING SPOT:

- Sign your name on sign-up sheet in lobby AND PLEASE PAY by June 5th
- **CASH IS PREFERRED** (but if you pay by check please *make check out to Cathy Bassett or Cathie Byrd*) into an envelope and mark it "Lets Dine Out"
- Drop check into the social connection box in the lobby
- Your payment confirms your seat!

Social Connection

MOVIE NIGHT

FROM HERE TO ETERNITY

June 17th – 6.00pm Showing at the Pavilion

Please sign-up as spaces are limited to 30 – Thank you

Free Popcorn and soda



THE SOCIAL CONNECTION PRESENTS!



FREE
EVENT
potluck,
BYOB
and
50/50



DOORS OPEN AT 4:30 PM

FRIDAY, JUN 19, 6 - 9 pm

PALOMAR ESTATES WEST

1930 West San Marcos Boulevard

San Marcos, CA

by Elvis Tee

AI-generated content

IPHONE SMARTPHONE CLASSES



Do you want to feel more confident with using your iPhone? You are invited to learn tips, tricks and ways to stay safe online? Then these free classes are for you!

This Month's Topics:

1. Emergency Essentials

- Emergency Settings
- Why they are important
- How to make sure they are activated
- Adding In Case of Emergency Contact

2. Organization

- Use gestures to navigate phone
- Managing pages and Apps
- Creating folders
- Removing Apps



This is a multi-class series program. You are not required to attend all sessions. Classes will take place twice a month for 6 months. Signups are required for each class and flyers are available monthly for class topics. Deadline to signup is two days prior to the class.



ANDROID SMARTPHONE CLASSES



Do you want to feel more confident with using your Android? You are invited to learn tips, tricks and ways to stay safe online? Then these free classes are for you!

1. EMERGENCY ESSENTIALS

- EMERGENCY SETTINGS
- WHY THEY ARE IMPORTANT
- HOW TO MAKE SURE THEY ARE ACTIVATED
- ADDING IN CASE OF EMERGENCY CONTACT

2. ORGANIZATION

- USE GESTURES TO NAVIGATE PHONE
- MANAGING PAGES AND APPS
- CREATING FOLDERS
- REMOVING APPS



This is a multi-class series program. You are not required to attend all sessions. Classes will take place twice a month for 6 months. Signups are required for each class and flyers are available monthly for class topics. Deadline to signup is two days prior to the class.





JULY 4TH

Parade

Come and join the Parade! - 12:00 midday meet at the Clubhouse. Cars, bikes, golf carts, all welcome. Bring the 4th to all residents as we drive around the park playing music and greeting everyone. Prize for best dressed vehicle.

Palomar West



3:00 PM start
Food at 4:00

Live Music
by the
pool

250th anniversary

July 4th, 2026

Independence Day PARTY

Hot Dogs and Hamburgers

Free to all Residents

Guests pay just \$5.00

Everyone please SIGN UP AND PAY BY 29th JUNE IN THE CLUBHOUSE

Kids are welcome in the Pool all day

JOIN US FOR **Social** **HOUR**

Friday 17th July – Clubhouse – 5:00 PM

The Social Connection Presents

**Live Music featuring
The Palomaros
our very own PEW Band**

POTLUCK – Please sign up at the clubhouse - BYOB

A FREE Event

PEW Book Club

Greetings from the Book Club!

This month's book is "The Book Club for Troublesome Women" by Marie Bostwick.

By 1960's standards, Margaret Ryan is living the American woman's dream. She has a husband, three children, a station wagon, and a home in Concordia--one of Northern Virginia's newest and most picturesque suburbs. She has a standing invitation to the neighborhood coffee klatch, and now, thanks to her husband, a new subscription to *A Woman's Place*--a magazine that tells housewives like Margaret exactly who to be and what to buy. On paper, she has it all, so why doesn't that feel like enough?

It is a humorous, thought-provoking and nostalgic romp through one pivotal and tumultuous American year--as well as an ode to self-discovery, persistence, and the power of sisterhood.

The Book Club meets the 4th Friday of every month in the Multi-Purpose room at 2:00 pm. We would love you to join us for lively discussions on our chosen books.

Until then, keep reading!

Cynthia (Cindy) Towle 503-317-3544 towlecandr@gmail.com

"I cannot live without books..." Thomas Jefferson to John Adams June 10, 1815



PEW ART GALLERY NEWS

LOTS OF NEWS!

Zak's solo show and his presentation was a great success. Thank you Zak!

The next big news is that Karen Zeluff is stepping in as Co-Chair of our Art Gallery Group. With two organizing events, things should run more smoothly! Welcome Karen!

We presently have a two - month group show on display. Here is the schedule for the rest of the year, but there may be some changes.

All these activities are scheduled in the Pavillion.

Date	Show Type	Length	Set -UP Date/Time	Reception Date/Time	Artist
			Saturday	Saturday	
July 11	Group	1 Month	12 to 1	No Reception	All
Aug 8	Solo	1 Month	12 to 1	Aug 22 1-3	Ann Kreile-Painter
Sept 12	Solo	1 Month	12 to 1	Sept 26 1-3	Shelby Asch-Photographer
Oct 10	Solo	1 Month	12 to 1	Oct 24 1-3	Mary Brenda McQueen-Photographer
Nov 7	Group	2 Month	12 to 1	No Reception	All
Jan 9	Group	2 Month	12 to 1	No Reception	All

PEW artists are simply sharing our work with our PEW community. Many pieces can be purchased, or commissioned, directly with artists. who provide their contact information on title cards on the wall. We are not a commercial enterprise, so prices are never displayed.

July 11 Group Show-1 Month

ARTISTS: Please bring 1 to 4 pieces, and we will choose what we can use in the show, trying to include everyone. If you cannot be present, please arrange for someone to bring your art.

Be sure to sign the necessary waiver, providing the names and medium of your work so we can make title cards. All eligible pieces must be set up with hanging wires attached with D-Rings. We are using the STAS Molding Hook System with Perlon cords, we are hanging from the moldings to protect the walls. Please make sure your wires are secure.

Thank you everyone!

Sharon Lubert, 909-519-8915 and Karen Zeluff, 760-712-9813

2026 Social Connection Events

Date	Event	Time	Cost
July-4	Independence Day parade and event	Noon	Free
July-15	Movie Night	6:00 PM	Free
Aug-19	Movie Night	6:00 PM	Free
Aug-29	Poolside party	5:00 PM	\$20



NEW TO PEW? ARE YOU A CRAFTER?

Call today to get more information about being a vendor at The Craft Fair at Palomar Estates West!!

This year we are scheduled for Saturday, November 14th, 2026, 9AM to 1:30PM and we would love to give YOU the opportunity to participate. We like to give PEW residents the first right of refusal before reaching out to our extensive list of crafters and artists from outside the park.

We're looking for potters, woodworkers, macrame artists, high end holiday crafters, painters, stained glass creators etc. **We are not accepting jewelers at this time**; we are seeking unique and different craft items to include.

**SATURDAY,
NOVEMBER 14,
2026**

9:00AM to 1:30PM

**1 Free Meal
Voucher per table**

**Customer Raffle
each hour for \$10
in Craft Fair \$\$ to
be used at the
Vendor Tables**

**Over 200
attendees!!**

**CONTACT PEW CRAFT
FAIR VENDOR LIAISON**

**Lynn Thomas
707-799-4416
zzennwoman@sbcglobal.net**



**WELCOME ONE AND ALL TO OUR DARTS
COMPETITION!!**

**WHEN: THURSDAY EVENINGS
TIME: 6:00 PM to 8:00 PM**

WHERE: PEW CLUBHOUSE GAME ROOM

It's been 4 fun years and we're still here and active!! We play 501, Cricket and Killer on any given evening. We're open to all levels of ability... men, women, old or older! We have darts and spare parts available and even instruction if needed.

It's an evening of laughs, friendly competition and meeting your neighbors. Come give it a try. All you need is one good eye, one good arm and an openness to try. Just show up – we're looking forward to meeting you. We even have a weekly winner's trophy!!

Contact Chuck Thomas at 707-799-6555.

Garden Club

On May the forth, aka Star Wars Day, we had a short meeting before heading out to three local garden tours. During the meeting we discussed our upcoming field trip and the June 1st meeting where we will be having a soap making workshop. All supplies will be furnished, just show up and make some soap to take home. Our garden tours were all within walking distance from the clubhouse. Our first stop was Ann and Rogers's bountiful and extensive garden. You can tell they have been working the soil and improving it for years. There is such a variety of ornamentals and edibles nearly 360 degrees around their home. Such team work and creativity, all your hard work shows! After a short stroll down the street we arrived at Cathie and Ron Byrd's home. We were welcomed by our host with greetings and a delightful spread of food and drink. The first vignette we saw as we entered into their oasis was the zen garden. Every detail was so thoughtfully designed and created such a relaxing atmosphere complete with restful sounds. As we wandered through the sensory stimulating pathway, one couldn't help but notice all the artistic touches Cathie created for her garden paradise. At the end of the trail we were able to sit down and partake in the tasty delights presented with care. Down the hill we went to the third and final garden tour. I opened my garden to show what one can do in a small space which is mostly deck on two sides of the house. I used an extensive array of pots and planting boxes to create a lush tropical theme throughout.



The Earth Day celebration at the Community Garden was a great success. Nearly 100 seedlings and plants were offered up. Everyone got to see the owl box up close before it was hung across the street from the garden. There was plenty of lively conversation and quite a variety of food.



I want to thank our garden tour hosts for letting us view the gardens they created and for their generous hospitality. I can not forget the wonderful ladies who provided the luxurious variety of sweets and treats during our meeting. Thank you Cheri and Sylvia, your refreshments were a treat for the eyes and taste buds.

Happiness is to hold flowers in both hands. Japanese proverb

Submitted by Merlin Chancellor



Residential Pest Control: When, Where, Why?

By Herb C. Field
Urban Entomologist

I was recently asked to give my advice on pest control protocols for one of our local HOA's. Since this is supposed to be an article focusing on ecology, I thought that we should have a conversation about pesticide use in our neighborhood.

I once had a client ask the question, "Why should I have regular pest control". My response was so one can have the absence of fear. For many people the idea of having one tiny creature roaming their yard even though the probability of that creature getting into your house is low is still a fear that they want to avoid. I completely understand that fear and helped build the 25th largest pest control company in the United States knowing that fear motivated a lot of homeowners to buy contract pest control.

With that said we need to remember that when we spray around our homes in Lake San Marcos a small amount of that product will end up in the lake. It's a fact that we cannot avoid and the more we do to improve the water quality of the lake the more we do to preserve our small but very special community. Many pesticides and their degraded forms will remain biologically active in an aquatic environment for over 700 days!

So, what are our options, pest management professionals (PMP's) offer monthly, every other month, quarterly services and a few offers custom programs. Custom programs are those that you pay a small monthly fee every month but only receive service when you determine you need it without having to pay a large initial fee.

If you are receiving either a monthly, EOM or quarterly services the PMP will treat specifically for ants twice per year. They do that because the most popular pesticide for ant control, Termidor at.06% is restricted to two treatments per year by California regulations. The remaining services are often filler treatments using products that are wide-spectrum synthetic pyrethroids that will kill both beneficial (i.e. bees) and pest insects.

Ant control in the United States is the number one revenue stream for PMP's. This makes sense when you try to remember the last time you had a trail of hundreds of earwigs marching into your home!

So, if we can agree that you are really getting pest control service for ants and that the occasional invaders (crickets, earwigs and spiders) are less important than we have to ask ourselves, why are we spraying our properties in the fall, winter and early spring? Rarely do we have any of the above insects in our homes at this time of year and I assure you it's not due to the spraying. It's because they are not active this time of the year!

My advice would be to either get on a custom plan, where you have the option of calling the PMP when you need services or order a one-time service in late spring when the ant population is beginning to appear. At the same time have the eaves cleared of spider webs and treat the cracks and crevices where they are breeding.

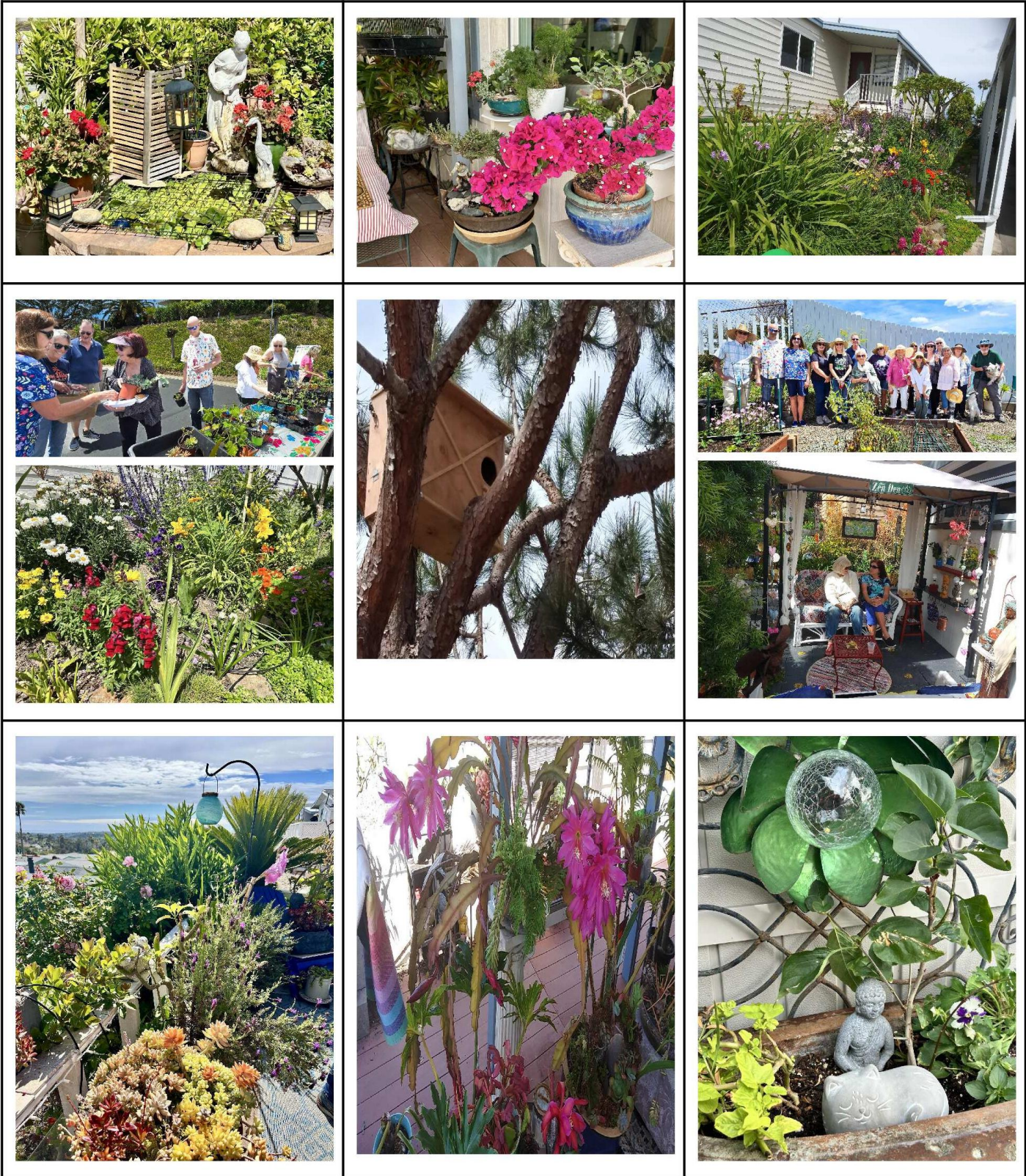
If you are presently receiving service 6x per year going to this type of program will reduce your pesticide footprint by more than 80%!! That means 80% less run-off into our lake and 80% less exposure to you and your pets.

Of course, you could do what I do and that is not have your property treated at all and use bait on the ants once they find a way into your home and make sure all access points into the structure are well sealed.

It's important to consider that you don't live on an island and that we are all responsible for our common environment.

If you have questions and/or comments please contact me at entomologyservices@gmail.com

Garden tours and Earth Day celebration.



Katie's Recipes from April

JENNIFER ANISTON MEDITERRANEAN SALAD

2-3 cups quinoa
15oz can chick peas (drained and rinsed)
1 English cucumber (diced)
1/2 red onion (diced)
1/2 bunch fresh parsley (finely chopped)
1 container fresh dill (finely chopped)
1 container fresh mint (finely chopped)
1/2 c. Roasted and shelled pistachios
1 cup crumbled feta cheese
1/2 jar "slow roasted tomatoes". (Drained and chopped)

Zest and juice of 1 lemon
2 T Red Wine Vinegar
2 T Maple Syrup
1/2 cup EVOO
Salt and Pepper

Cook the Quinoa according to directions and chill. Chop all the salad ingredients. To a large bowl, combine the quinoa and vegetables. In a jar, make the salad dressing. Refrigerate everything until ready to serve. Toss the salad with the dressing

SOUTHWESTERN RANCH SALAD

1 Bag Cold Slaw Mix
1 can Black Beans (drained and rinsed)
1 1/2 cups Grape Tomatoes (cut)
1 Orange Bell Pepper (seeded and chopped)
1 cup Fresh Corn Kernels (Boil cobs for 4 minutes)
1 cup Shredded Pepper Jack Cheese
4 Green Onions (thinly sliced)
1/2 cup fresh cilantro (chopped)
Round corn Tortilla chips
Roasted and Salted Pepitas
Ranch Salad Dressing Mix (Requires buttermilk and mayonnaise)

Mix everything in a big bowl. Toss with dressing before serving. Serve with chips.

ASIAN CITRUS SALAD

3 boneless skinless Chicken Breasts (cooked and shredded)
1-3 heads of Romaine Lettuce (sliced)
1 can Mandarin Oranges (drained)
1/2 cup red onion (sliced)
1 bunch Radishes (sliced)
Chow Mein Noodles

7 oz. Vegetable Oil
2 tsp. Sugar
1 garlic clove (pressed)
1/4 tsp ground ginger
1 1/2 oz Soy Sauce
3 oz. Rice Vinegar

Mix everything in a big bowl. Mix the salad dressing in a jar. Pour over salad mix and serve