

HILLTOPPER

SEPTEMBER 2025

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Jorge Martinez

Office: Jessica DuBois

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol Hidden Valley

Security (760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only:

(888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

Offsite Management

**PROPERTY MANAGEMENT
HAVEN MANAGEMENT
SERVICES**

3491 Concourses Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890 Costa Mesa, CA

92626 Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

Jessica tells me that coyotes are still a problem, putting your pets' safety at risk. If you google "coyotes," you'll find lots of advice to scare them, including clapping, making loud noises, installing flashing lights and – my favorite – a liberal dose of Wolf Urine.

We're told that Amazon is a great source of Wolf Urine. I know you can get almost anything from Amazon, but don't you wonder where they get their urine? Actually, I don't want to know that.

It must work, because when we tried spraying urine around the Clubhouse & Laundry Room at Palomar East, coyote sightings dropped off for a bit. I wasn't told if the smell of Wolf Urine affected attendance at Clubhouse Social Events, however.

We aren't allowed to trap the little monsters, but that probably wouldn't work anyway. I tried using a trap once, but every time I caught something, it managed to escape. Apparently, I just can't keep my trap shut.

By the way, I last mentioned my trap issues 6 years ago. Kudos if you remembered.

More News

- We're down to 12 missing Income Certs. That's better than last month's 64 missing certs, but we're SO close to 100%. If you're among the Tardy Twelve, please turn in your Certs now.

I could embarrass you by observing that Palomar East & Rancho Vallejos have been at 100% for a couple months, but I won't do that.

- The latest resident complaint: "residents not controlling the actions of their adult children who are additional occupants." I'm not sure what actions folks are complaining about, but please make sure your occupants behave properly.
- SPARC, our resident services partner, is sponsoring a Scam Seminar on Sept. 10, in partnership with the San Diego County Dept. of Aging & Independent Services.

A resident at one of our other Parks was almost scammed out of \$15,000. She actually sent the money, but the local Police intercepted the package. Does that inspire you to attend this event?

- The Hillside work is FINALLY finished, at a total cost of nearly \$700K – not counting the \$150K we paid the City for their portion. After all that work, including putting pilings into the slope, that hillside should be VERY stable.

Thanks again for your Certs...and have a fun Labor Day!

George Turk

NOTES FROM YOUR PEWRA BOARD

Just a few brief updates from your PEWRA Board,

The installation of our new board members occurred at the July meeting and with the transition from past Treasurer Simon Spears to new Treasurer Susan Friedman, an official audit of the finances and budget was successfully completed. Additionally, Millenium Housing has provided the Board with the final budget for the fiscal year 2025/2026 and we are very thankful that there was an increase in the amount allocated to support PEW activities and social functions. As a result, the PEWRA Board unanimously approved the budget for this fiscal year. A big thank you to Millenium for helping PEWRA to address the increasing costs of almost everything!

The Hillside project is making great progress, the city has finished their portion of the project, and our PEW maintenance staff are working to restore the Laundry and Car Wash.

The RV gate has been installed, with a pedestrian walkway on the side of the gate. Remote controls for the gate are available for purchase. If you have a vehicle in the RV parking lot and if you have any additional questions, please contact the office.

Just few community reminders.

- Please respect your neighbor's privacy and well-being. Be attentive to excessive noise and follow the PEW Rules and Regulations guidelines on hours for noise, construction, gardeners, etc. The rules state that such activities are conducted between the hours of 8AM and 7PM, Monday through Saturday, unless otherwise required by an emergency.
- A reminder to dog owners, when at the dog park or walking your pet around the community, please be sure to pick up after your dog and do not allow your pet to soil your neighbors private landscape. Also, please honor the rules at the dog park, particularly the hours of operation.
- There are plans to resurface the streets in the park and a Map of which streets will be closed on which days is included in this month's Hilltopper and also available at the office. The days scheduled are September 2, 3, and 4. Be sure to check which day your street will be affected and plan accordingly.

Jo Gehringer
Secretary, PEWRA

Thank you seems so inadequate for the love, support, concern and the kindness shown myself and my family with the passing of my husband, Stan. We will be forever grateful to all of you during this difficult time. Your words of encouragement and the kind words about Stan are forever etched in our hearts.

Claudeen Lindsay



"September Calendar"

What happens in the month of September? There's a little for everyone: the last days of summer and the first days of fall.

- **September 1**—the first Monday of the month—is **Labor Day**. Canadians also observe Labor Day.
- **September 2** starts **Rosh Hashanah**, a Jewish holiday that marks the beginning of the new year.
- **September 7** is **Grandparents Day** this year. Honor your grandparents today—and every day!
- **September 11** is **Patriot Day**, held in honor and remembrance of those who died in the September 11, 2001 terrorist attacks.
- **September 17** is **Constitution Day**. This day celebrates the adoption of the U.S. Constitution, which occurred on September 17, 1787 (just five years before the founding of *The Old Farmer's Almanac*, believe it or not!).
- **September 21** is recognized as the annual **International Day of Peace**. Observances range from a moment of silence at noon to events such as peace walks, concerts, and volunteering in the community.
- **September 22** marks the start of fall! This year's **Autumnal Equinox** occurs at

2:19 P.M. EDT. On this date, there are approximately equal hours of daylight and darkness.

- **September 26** is **Johnny Appleseed Day**, celebrating John Chapman and everything apple!
- **September 29** is **Michaelmas**. Michaelmas is an ancient Celtic "Quarter Day" which marked the end of the harvesting season and was steeped in folklore.

"Just for Fun" Days

Have fun with these strange celebrations this month!

- **September is National Happy Cat Month**
- **September 11:** National Hug Your Hound Day
- **September 13:** Kids Take Over the Kitchen Day
- **September 19:** International Talk Like a Pirate Day
- **September 24:** National Punctuation Day

Managers Corner

Happy September everyone! Fall is my favorite time of the year. Thank you to everyone who has been working on their lot inspection, you help keep PEW a beautiful place to live. We have been having problems with people speeding in our community, please remember the speed limit is 15 MPH. Please make sure to remind your guest. Also, a friendly reminder that anyone you want to move in with you must be approved by the office. It is a simple process & gets done quickly.

I feel honored to be your manager.

Palomar Estates Residency Association Board (PEWRA)

President - Cathie Byrd; Vice President - Garry Larson;

Secretary- Jo Gehringer; Treasurer - Susan Freidman

Directors - Jesse Nieto, Michael Ach, Rick Towle

Board Meeting: 1st Tuesday of the month (6:30) in the Pavilion Room

SOCIAL CONNECTION

Merlin Chancellor – Chair, Cindy Palermo – Treasurer, Marilyn Ferri – Secretary,
Simon Spears, Cathy Bassett, Rusty Bassett, Angela Sirota, Shevaun Teegarden, Heike Corbeil,
Carol Godett, Linda Kerridge, Cindy Towle, Rick Towle, Lynne Widdison, Malcom Widdison,
Linda Freeman, Jo Gehringer, Lisa Corrigan

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Becky Hall, Lynn Thomas, Mary Wallace

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace, Cindy Palermo, Debbie McQuillan, Fran Miller, Jo Gehringer,
Lee Tydlaska, Neil Teegarden, Robert Fierro, Ruthann Kirby

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Trish Coy, Cathy Bassett, Karen King, Pat Taylor, Marcia Brown, Sheila
Miller, Denise Hickey, Toni D'Alessandro, Tish Litz

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

RULES COMMITTEE

Jesse Nieto, Mary Wallace, Jo Gehringer, Delane Johnson, Shevaun Teegarden, Christine Parkman

**For Fire, Sheriff, or Emergency in progress, such as break-ins,
health problems or a life-threatening situation, call 911.**

**If you have a non-emergency question or to file a report,
please call the San Diego Sheriff Dept at 760-510-5200.**

Directory Changes

Please make the following additions and corrections to your park directory

Space	Delete	Add	Phone Number
389	McCarthy, Doris	Marchessault, Mike	805-304-2230
		Marchessault, Deb	818-970-7400
416	Parker, James	Wyatt, Mike & Ginger	863-202-0837
135	Jacquez, Maria	Unlisted	

ACTIVITIES DIRECTORY

ACTIVITY	TIME & DAY	CONTACT	PHONE
Art Gallery	On Exhibit in Pavilion	Sharon Lubert	909-519-8915
Aquarobics	9 am M-W-F	Trish Coy	760-536-9338
Cardio Aquarobics	9 am Tu, Th, Sat		
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Tom Matthews	951-660-0411
Game Night	Friday 6 pm	Linda Kerridge	858-776-6783
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Community Garden	8 am – 8 pm	Robert Fierro	619-339-0433
Hand and Foot	Wed 1 pm	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge	858-776-6783
		Cathie Byrd	530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1pm M	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
Meditation	Tu 10:30 am	Sali Weiss	619-729-3226
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie/Dinner/Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8:00-10:00 am M-W-F-S Open Play All are welcome!	Larry Jones	937-478-2500
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel	3 rd Tuesday at 2 pm in	Mary Wallace	619-887-0700
Emergency Preparedness	Card Room	Bryan Cooper	858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Strength & Balance	10 am M-W-F	Dean Kelsey	760-519-1909
Social Connection	Dates vary	Merlin Chancellor	661-670-1336
		Simon Spears	760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com

Hilltopper Distribution – Becky Hall - 858-967-8725

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

**THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE.
USE AT YOUR OWN DISCRETION.**

To advertise your business in the Hilltopper,
call Boe Davis at Mobile Home Park Magazines, 408-744-1011, ext. 3107.



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If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

HELIUM

Someone used the Helium for personal items but did not replace it. The Helium is purchased by the breakfast committee for use for the monthly breakfasts. August did not have balloons at the breakfast because the tank was not replaced. Whoever used the Helium needs to replace it as soon as possible. If you have any questions, please contact Mikkie Sawyer, she can let you know where you can buy it. Thank you for your immediate attention to this problem.

Submitted by Kim Stevenson

SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Labor Day	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Sunset Pickleball 6pm Board Meeting 6:30	CLUBHOUSE AREA UNAVAILABLE DUE TO ROAD WORK	Cardio Aquarobics 9 am Tai Chi 9 am Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	BREAKFAST 8:30 Pickleball 8-10 am Cardio Aquarobics 9 am
7	8	9 Recycle	10	11	12	13
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30 Garden Club 2:00	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Mexican Train 4:30 Sunset Pickleball 6pm	Pickleball 8-10 am Aquarobics 9 am Tennis 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Scam Seminar 12-1 Hand & Foot 1 pm Hilltopper Submissions Due	Cardio Aquarobics 9 am Tai Chi 9 am Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Game Night 6 pm	Pickleball 8-10 am Cardio Aquarobics 9 am
14	15	16	17	18	19	20
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Sunset Pickleball 6pm	Pickleball 8-10 am Aquarobics 9 am Tennis 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Hand & Foot 1 pm Movie Night 6 pm	Cardio Aquarobics 9 am Tai Chi 9 am Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Social Hour 5:00PM Game Night 6 pm	Pickleball 8-10 am Cardio Aquarobics 9 am
21	22	23 Recycle	24	25	26	27
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am READY 2 pm Mexican Train 4:30 Sunset Pcklball 6 pm	Pickleball 8-10 am Aquarobics 9 am Tennis 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Hand & Foot 1 pm	Cardio Aquarobics 9 am Tai Chi 9 am Sunset Pickleball 6pm Darts 6-8 pm Bingo 6:50	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Book Club 2 pm Game Night 6 pm	Pickleball 8-10 am Cardio Aquarobics 9 am Rancho Vallecitos Craft Fair 9 - 1
28	29	30				
	Pickleball 8-10 am Aquarobics 9 am Strength & Balance 10am Get Moving 11:15 - 11:45 Mahjong 1 pm Shuffleboard 1:30pm Women's Billiards 1:30	Cardio Aquarobics 9 am Men's Billiards 9am Tai Chi 9 am Ping Pong 10:30am Meditation 10:30am Sunset Pickleball 6pm				

September 6th Breakfast



Happy September!
"September" tries its best
to have us... forget summer."
That won't happen, especially
when we've had the perfect weather so far!
Now you will see that our breakfast will top it all.
If you Sign-Up, PLEASE Show-Up
If you Show-Up and haven't Signed-Up
For sure, you will be standing-up

Mikkie

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### Reminders from the Rules Committee

Residents need to pick up any fruit that has dropped to the ground from their fruit trees. These droppings attract rodents and other vermin.

Keep in mind that the park has noise restrictions. Before 8 am and after 7 pm there should not be any disruptive noises such as loud music, barking dogs, construction noise, leaf blowers, other gardening machines, etc. These sounds can disturb your neighbors. All of us enjoy peace and quiet in the mornings and evenings.

Pool Rule Clarification: Children's hours pertain to children being actually in the water at the pool or jacuzzi. However, children can still be in the pool area during **all** pool hours.

**Don't Forget!**  
**The Sale is 1 month away!**  
**The Cutoff for signups is October 4th**

**Palomar Estates West**  
**Community Driveway Sale!**  
**Saturday October 11<sup>th</sup> 8:00AM-3:00PM**  
**Sign Up in the Clubhouse and get**  
**your packet from the office.**

**Questions...contact Cindy Towle 503-317-3544**



**Cooking With Katie**  
**No Class in September**

### **FUTURE EVENT PLANNING**

| <u>ACTIVITY</u> | <u>DAY</u>  | <u>CONTACT</u> | <u>PHONE</u> |
|-----------------|-------------|----------------|--------------|
| Driveway Sale   | October 11  | Cindy Towle    | 503-317-3544 |
| Craft Fair      | November 22 | Lynn Thomas    | 707-799-4416 |



## **Rancho Vallecitos Annual Craft Fair**

We hope to see you for a great shopping experience,  
along with the 29 vendors who will be selling their hand-crafted products.

We want to be able to help folks find new and unique gifts for their everyday & holiday needs.

**Saturday, September 27th, 9 AM to 1 PM**

**Rancho Vallecitos Mobile Home Estates**

3535 Linda Vista Dr. Game Room

Cash, Check & Venmo

**See you on Sept. 27<sup>th</sup> at Rancho Vallecitos!**

All tables have been sold. For other questions, contact Leanne Barilla 718-551-2825

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# *The* **Craft FAIR**



***at Palomar Estates West***

**Saturday, November 22, 9 a.m. – 1:30 p.m.**

At the Clubhouse - Bring a friend!

Handmade Crafts & Baked Goods. Food Vendor for lunch. FREE raffle ticket for \$10 Craft Fair Coupon. Raffle at 10, 11, Noon and 1. Must be present to win. Free coffee and donuts while supply lasts. Lynn Thomas 707-799-4416

# PALOMAR WEST SCAM SEMINAR

SPARC Inc.



## STAY SMART. STAY SAFE.

Aging and Independent services will present on the most recent scams and how to avoid becoming the next victim!

Date: September 10  
Time: 12pm-1pm  
Location: Clubhouse

Free lunch will be provided! Signup in the clubhouse by September 8



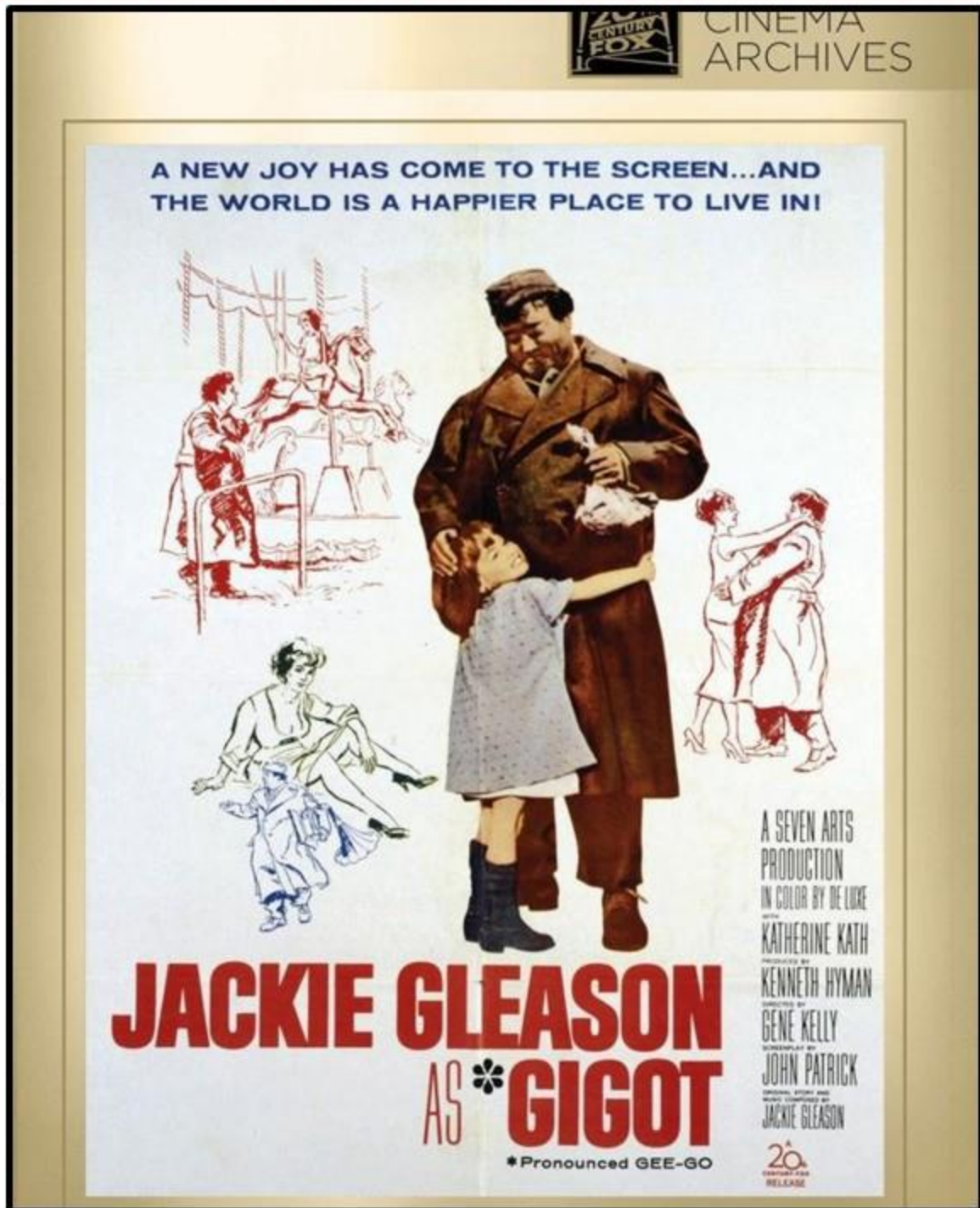
# MOVIE NIGHT

## GIGOT

Sep 17<sup>th</sup> – 6:00 PM Movie

Please sign-up as spaces are limited to 30 – Thank you

Movie Night! Popcorn/Soda



Social Connection



## **GAME NIGHT ON FRIDAY NIGHTS**

**Every Friday, starting at 6 PM**

Come play cards or domino games  
or bring a game you want to share/teach.

Mexican Train, Threes, Sequence, Chicken Foot, etc.

Bring your own beverage.

If you would like to bring a snack to share, that is great also.



**Bring your neighbors or come meet your neighbors.**

*Submitted by Linda Kerridge and the Social Connection*

The Social Connection would like to thank the anonymous contributor who paid for the band Blue Suede Crew last month. Everyone enjoyed the evening! What a joyful night!

If anyone would like to sponsor a band in the future, please let the Social Connection know.



## **NEW EXERCISE CLASS**

**THE NEW BEGINNERS CLASS IS CALLED **GET MOVING**  
STARTING MONDAY, SEPTEMBER 8<sup>TH</sup>  
11:15 TO 11:45, MONDAY AND WEDNESDAY ONLY.**

**IT WILL FOLLOW THE STRENGTH AND BALANCE CLASS**

**AS OF NOW, IT IS A 6 WEEK COURSE.**

**THE CLASS IS SPONSORED BY SPARC.**

**SUBMITTED BY RICK TOWLE**



# BE SCAM AWARE AND STAY SECURE.

## Protect Yourself from Common Scams!

### Important Reminders for the Community

- Never give out personal information (SSN, banking, Medicare ID).
- Don't rush. Scammers create urgency to make you panic.
- Verify the source. Call back using official numbers.
- If it feels suspicious, it probably is. Trust your instincts and check with a family member or law enforcement.



### Top Scams to Watch Out For:

#### **Fake IRS/Medicare/FBI/Utility Scam Calls**

Government agencies like the FBI, IRS, or local law enforcement will NEVER demand money via phone or email.

#### **Tech Support Scams (Phishing Email Scheme)**

Don't allow remote access to any of your devices or pay anyone who calls out of the blue.



#### **Prize or Lottery Scams**

If you didn't enter, you didn't win!

#### **Romance & Grandparent Scams**

Call your family directly to confirm before sending money.

### Need Help or Unsure?

*If you believe you or someone you know is being targeted by a scam, contact your local authorities immediately.*

## **PEW Book Club**

Greetings from the Book Club!

Our September selection is “Wild: From Lost to Found On the Pacific Crest Trail” by Cheryl Strayed #1 New York Times Best Seller. A powerful, blazingly honest memoir: the story of an eleven-hundred-mile solo hike that broke down a young woman reeling from catastrophe and brought her back up again.



The Book Club meets the 4th Friday of the month in the Multi-Purpose Room at 2:00p. Please join us for enthusiastic discussions about our chosen books.

Until then, keep reading!

Cynthia (Cindy) Towle 503-317-3544 [towlecandr@gmail.com](mailto:towlecandr@gmail.com)

*“I cannot live without books...” Thomas Jefferson to John Adams June 10, 1815*

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## **ROAD WORK AHEAD!!!!**

**Tuesday, September 2nd,**

**Wednesday, September 3<sup>rd</sup> &**

**Thursday September 4<sup>th</sup>**

See the next page for the map.

The highlighted streets are scheduled  
to be repaired.

There will be NO Walking or Driving between the  
hours of 8am — 5pm on each day.

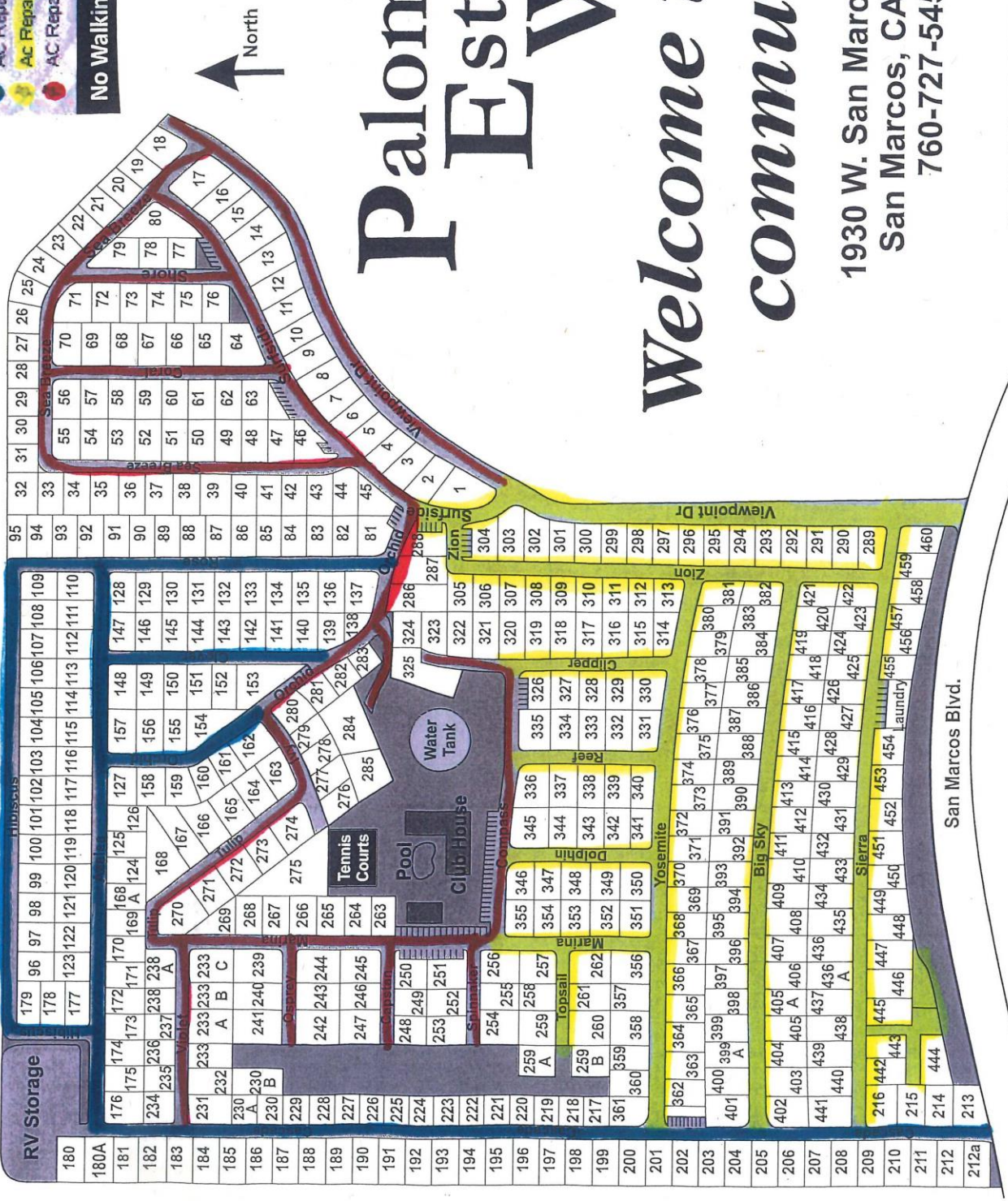
Trash pickup will be rescheduled. Date will be announced.



**Legend**

- AC Repairs - Thursday, September 4th
- AC Repairs - Tuesday, September 2nd
- AC Repairs - Wednesday, September 3rd

**No Walking or Driving from 8AM-5PM**



# Palomar Estates West

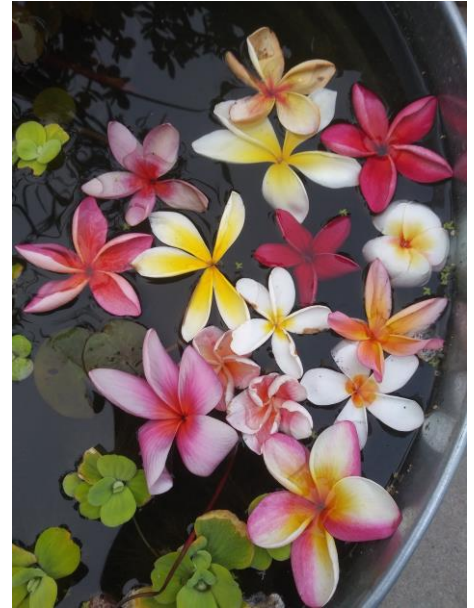
## Welcome to our community

1930 W. San Marcos Blvd.  
 San Marcos, CA 92078  
 760-727-5453

# PEW Garden Club

Our August meeting was pretty thrilling; we had Diana Donnellan from the LA Arboretum join us. Diana covered everything plumeria, from the wide range of cultivars to propagation and best practices for successful growing. She brought flowers from her vast personal collection of plumeria. There are so many different shapes, sizes, colors and scents. In addition to speaking, she brought plumerias to raffle off from Jungle Jacks and other interesting plants to give away. One interesting plant she brought was a Cape Gooseberry; it's now planted in the Community Garden.

I want to extend a special thanks to Nancy Brady for bringing the outstanding organic spread for us to snack on. There was an assortment of fruit, cookies, and delicious tea to wash it all down. Everybody went back for seconds and some for thirds. Great job!



Thank you to Diane Brown for donating the wonderful flower arrangements for us to enjoy at the meeting. The arrangements went home with club members. Kudos to the artist who arranged them, so very creative and professional looking!

The garden group is encouraging PEW residents to plant butterfly, bee, and bird friendly plants and will be recognizing gardens that focus on this goal. There are some available raised beds in the community garden, either 4x4 or 4x8. If anyone is interested, please let Robert Fierro know at 619 339 0433.

**Flowers can't solve all problems...but they're a great start.**

**Anonymous**

**Looking forward:**

**Next meeting - Monday September 8th, 2:00 P.M.**

**September 27th** Vallecitos Craft Faire 9-1pm. We will have a booth, selling artful and unique house and garden plants.

Submitted by Merlin Chancellor



# BEES AND BUTTERFLIES ARE AN ENDANGERED SPECIES

By Roger Frichette

## What can WE do about it????

The aim is to make Palomar Estates West a suitable habitat for bees and butterflies, particularly Monarch butterflies, through cooperative efforts.

It's pretty simple really. If we all buy plants that **bees** love, they will be attracted to those plants and thrive. Several park gardens are already filled with bees pollinating flowers and vegetables. Similarly, several park gardens already have ample Narrow Leaf Milkweed that has attracted abundant butterflies. If more of us also plant Narrow Leaf Milkweed, **Monarchs** will be attracted to the park and make it an even more beautiful place to live.

## How to proceed - Butterflies

Narrowleaf Milkweed vs. Tropical Milkweed

**Narrow Leaf Milkweed is GOOD!** It's a California native and is the only way to attract and feed Monarch butterflies. Monarchs only eat milkweed. And they eat a lot of it!!

Go to **[bloomcalifornia.org](http://bloomcalifornia.org)** to find a nursery nearby that sells Native Milkweed

**Tropical milkweed is BAD!!** Eating this milkweed can make the caterpillars sick and deform the subsequent butterfly.

## How to proceed – Bees

A quick search of the internet – **flowers to buy that attract bees** – has the following suggestions –

“To attract bees to your garden, focus on planting a variety of flowers that offer both pollen and nectar, particularly those with blue, purple, or yellow hues. Good choices include lavender, sunflowers, borage, bee balm (Monarda), and coneflowers (Echinacea). Additionally, consider planting catmint, goldenrod, and various salvias”.

So, there you go. Why not make PEW a beacon for providing support for two of the most wonderful creatures in nature? An additional benefit – birds, hummingbirds in particular - will also continue to be attracted to the park.

**Each and every one of you are encouraged to participate in this wonderful project. Just Do It!!!**

For more information, please contact Merlin Chancellor, president of the PEW garden club, at 661-670-1336.



## Wood Destroying Beetles

By Herb Field

Urban Entomologist

In past articles we have discussed termites and most residents in LSM have witnessed the big tents placed over homes in our neighborhood for Drywood Termites. Some of us have experienced having our foundations drilled or baited for Subterranean Termites, but did you know that there are a host of beetles that do extensive damage to wood and furniture?

I remember consulting on a case that took me to a 10,000 square foot home off Mulholland Drive in Los Angeles. The owners had installed hard wood flooring throughout the house at an expense of over \$75,000. Three years after the installation tiny beetles started appearing on their interior window sills and tiny piles of dust on the flooring began to emerge. It turned out that they had installed flooring with the eggs of powder post beetles already inside the wood and it took three years for the beetles to go through its life cycle and emerge as an adult. It turned out that the brand-new flooring milled in Georgia had been stored in a warehouse in Orange County that had an existing population of powder post beetles and they infested the flooring prior to installation.

Have you ever bought a wicker basket or wicker furniture and every few days must wipe up some dust material that just keeps re-appearing? You probably have bamboo borers that have been in the wicker for years, most likely shipped to you with the beetles inside. A little bonus from the Chinese manufacturer.

Most wood-destroying beetles are quite small, just a few millimeters in length but in California we have a couple that are larger ranging from 7mm-20mm. The Black Polycaon beetles can leave exit holes about  $\frac{1}{4}$  of an inch wide. I inspected a home in Barstow that all the cabinetry and fireplace mantels were riddled with holes five years after installation, the question was when did they infest the wood. It turned out that they were already in the wood just after the wood was milled in the south, but the time frame from eggs hatching to the adults burrowing out of the wood took years.

The California Deathwatch beetle has an interesting history; the adults of this species have a behavior of tapping its head against the wood around it. The tapping noise was considered by superstitious people around the turn of the century to be a warning of a pending death.

Control of wood-destroying beetles can be handled in a few ways. The most common is the use of a fumigant, the same methodology that is used to eliminate Drywood termites. The difference is the amount of fumigant is greatly increased to kill the beetle eggs. Another approach is to just allow the adults to emerge, seal the holes and forget about them. This may work if the infestation is localized to a small area but the emergence of these beetles may extend over months and even years. Furthermore, in some species the emerging adults may mate and re-infest the wood. If the infestation is in furniture the simplest approach is to take the furniture to a pest management professional and have it placed in a fumigation chamber for a few days causing no inconvenience to your home.

As always if you have article ideas or questions, please contact me at [ntomologyservices@gmail.com](mailto:ntomologyservices@gmail.com)