



# MILLENNIUM MEMO

How much do you remember about 2004? A long time ago, right?

Facebook was born, Ronald Reagan died, the Red Sox ended the Curse, Shrek 2 was the highest grossing movie and Debbie & Doug Bartlett became managers of Palomar West. Doug passed a few years after that, but Debbie has been with us for 19 of our 20 years of ownership.

Back in March, I bragged about the accomplishments of the past 20 years. We can credit the Bartletts for at least 19/20 of that. It's a long list, but I think my favorite is "Doug's Dream," the beautiful landscaping in front of the Clubhouse, done in Doug's memory.

So after 19 years of dealing with complaints about parking, dog poop. Courtesy Notices, income certs and all the other fun that comes with the job, Debbie starts a new adventure. Thanks, Debbie, for 19 great years of service. Lifetime Kudos to you!

## **Meet Lisa Hamernick**

Lisa has the challenging task of following Debbie as your Park Manager. We got a package deal with the Hamernicks: her husband Bert is taking over at Palomar East as the new Maintenance Manager.



Lisa brings a wealth of real estate experience to her new position and should do a great job for you. She's been a leasing agent, worked in military housing while her husband was serving and, for the past 10 years, has managed manufactured home communities.

On a personal note, Lisa has been married to Bert, her high school sweetheart, for 40 years and has "3 children, 5 grandkids & a fur baby named Gizmo."

Please welcome Lisa to the Millennium Family. If you happen to be near the Office, stop in and introduce yourself. Lisa would love to meet you.

## **Speaking of Grandkids...**

Last month, I told you I was expecting two new grandchildren. I'm happy to report that they have arrived. Both little ones—and their mothers—are healthy and doing well. Thanks to those of you who sent your good wishes.

My wife says I spoil our grandkids. I prefer to think of myself as "accommodating."

We'll miss you Debbie, welcome to Palomar West Estates, Lisa...and enjoy the rest of the great Summer, everyone!

**George Turk**

# PALOMAR ESTATES WEST

## WELCOME AUGUST

New month, new chapter, new page, new wishes. May the month give you courage, strength, confidence, patience, self-love, and inner peace.

May everyday in August be filled with hope, love, sunshine and energy. Let there be joy, fun and laughter.



# Manager's Mentions

AUGUST 2023

## REMINDERS

### #9 PARKING

**B. In Streets. No parking at any time is allowed in an area designated as a fire lane. All streets are considered fire lanes.** Vehicles parked on the street may be towed away at vehicle owner's expense. Homeowner and guest vehicles may be ticketed by management as a warning, and may be towed away thereafter if the violation persists or reoccurs. Contractors/workers performing work on a Homeowner's home (i.e., construction, handyman, house cleaner, etc.) may park on the street temporarily but must be available quickly to remove vehicle should an emergency response vehicle come through. Management assumes no liability for service vehicles that get pushed out of the way or damaged by an emergency response vehicle. Anyone parking a vehicle on the street does so at their own risk.

### 6. LANDSCAPING

**A. General Maintenance Standards.** The entire lot with the exception of areas covered by buildings or hardscape (such as concrete), must be landscaped. Landscaping includes all grasses (including artificial), ground cover, shrubs, trees, flowers, rock, stepping stones, planters, irrigation systems, fences, etc. Landscaping must be maintained in a neat, clean, attractive and well-kept fashion. When vacationing or absent for any other reason, it is the responsibility of the Homeowner to arrange for someone to water and otherwise maintain the homesite, pursuant to the R&Rs.

(1) Homesite shall be kept free of weeds and debris.

(2) Trees, shrubs and other landscaping must be kept trimmed in a manner that maintains an attractive shape and prevents the plants from encroaching on a neighbor's property or blocking a neighbor's view of the ocean, the mountain, or oncoming traffic on the street. Upon Homeowner request, management, at its sole discretion, will determine if a tree or bush is blocking another homeowner's view to a degree that warrants the tree or shrub being trimmed or removed. If management determines that a tree or shrub is blocking another homeowner's view, management may require the homeowner who is responsible for the tree or shrub to trim or remove the tree or shrub. Failure of the Homeowner to trim or remove the tree or shrub as requested will be grounds for issuance of a Fourteen (14) Day Notice .

## **FROM THE PEW RESIDENT ASSOCIATION BOARD**

It is officially summer and fingers crossed the rains are on hold for a few months. Summer activities in PEW are in full swing and offer all residents the opportunity to enjoy this wonderful community we are fortunate to call home. Be sure to check the activity signs at the park entrances and the Hilltopper for each month's planned events.

The Fourth of July was celebrated as usual with the now traditional vehicle parade around the park. It was a great start to the day to see all the decorated golf carts and cars. And the day just got better that afternoon with the Independence Day party. Good food, good games, good music, all with great friends.

The Volunteer Appreciation event was held June 11 and was a huge success. Attendees were treated to a tasty meal, music to dine by and door prizes, most of them crafted and/or donated by park residents. The PEWRA Board was happy to host the event and recognize the exemplary group of volunteers that make our community so special. Thanks again to all our dedicated volunteers.

A few highlights from July's board meeting are addressing the challenge of continuing all activities despite the impact of inflation costs, further exploration of improvements to the spa and bathroom areas, enhancement of the stop signs at the Viewpoint & Sierra intersection and addressing the safety concerns with increased curbside parking in the park. If you are unable to attend the monthly board meetings, you can find the meeting minutes on the PEWRA website and posted in the clubhouse card room.

Again, on the topic of curbside parking, remember to be courteous to neighbors and not block other driveways. Also, if visitors will be visiting you for any extended length of time it is asked that they utilize the visitor parking spaces. One very important safety aspect that can be negatively impacted is the ability of emergency vehicles to be able to navigate our streets.

Enjoy August, see you at the pool!

Jo Gehringer,  
PEWRA Board, Secretary

## **RESIDENTS ASSOCIATION BOARD**

President: Garry Larson; Vice President: Cathie Byrd  
Secretary: Jo Gehringer; Treasurer: Simon Spears

### **Members**

Katie Rodriguez, Dave Brennan, Lori Magnusson  
**Board Meeting: 1<sup>st</sup> Tuesday of the Month in the Pavilion Room**

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### **SOCIAL CONNECTION**

Merlin Chancellor and Simon Spears – Co-Chairs, Eileen LaLone – Treasurer, Marilyn Ferri – Secretary, Cathy Bassett, Herlinda Mahler, Cathie Byrd, Margaret Scotto, Rusty Bassett, Angela Sirota, Shevaun Teegarden

### **HILLTOPPER COMMITTEE**

Delane Johnson, Fran Miller, Linda Swink, Lynn Thomas, Mary Wallace, Becky Zane

### **READY ADVISORY PANEL**

Bryan Cooper, Mary Wallace  
Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro

### **BREAKFAST COMMITTEE**

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,  
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King  
Alternate: Sheila Miller

### **GYM COMMITTEE**

Larry Brown, Rusty Bassett, Marie McElligott

**For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.**

**If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.**

# ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME &amp; DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
<b>Aqua Exercise</b>	2:30 pm Tu & F	Trish Coy	760-536-9338
<b>Art Gallery</b>	Varies	Herlinda Mahler	949-395-0815
<b>Billiards (Men)</b>	9 am Tu	Stan Lindsay	760-598-0582
<b>Billiards (Women)</b>	1:30 pm M	Gerri Harper	760-500-8681
<b>Bingo</b>	6:50 Th	Delane Johnson	612-240-4049
<b>Breakfast</b>	1 <sup>st</sup> Sat 8:30 am	Mikkie Sawyer	760-690-7825
<b>Bridge</b>	1:30 pm	Ann Webb	702-449-9916
<b>Darts</b>	6-8 pm Th Game Room	Chuck Thomas	707-799-6555
<b>Dog Park</b>	8 am- 8 pm Daily	Michael Wilkinson	760-580-5075
<b>Garden Club</b>	1 <sup>st</sup> M 2 pm	Merlin Chancellor	661-670-1336
<b>Hand &amp; Foot</b>	1:00 pm F	Kim Stevenson	760-703-4872
<b>Let's Dine Out</b>	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
<b>Library</b>	Open Daily	Melissa Szilagyi	760-216-7182
<b>Mahjong</b>	1 pm Th	Kim Stevenson	760-703-4872
<b>Medical Rehab Lending Closet</b>	Open as needed.	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
<b>Mexican Train</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Tu 4:30 pm	Margie Farrelly	760-855-8416
<b>Movie Night/ Dinner &amp; Dance Nights</b>	Dates Vary	Simon Spears	760-583-1549
<b>Pickleball</b>	8:30 am-10:30 am M-W-F Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
<b>Ping Pong</b>	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
<b>R.E.A.D.Y. Panel Emergency Preparedness</b>	3 <sup>rd</sup> Wednesday at 2 pm in Card Room	Mary Wallace	619-887-0700
		Bryan Cooper	858-342-3335
<b>Shuffleboard</b>	1:30 pm M	Rusty Bassett	619-301-9551
<b>Live 2 B Healthy Strength &amp; Balance</b>	10 am M-W-F	Maria Barnabe	619-886-2779
<b>Social Connection</b>	Dates Vary	Merlin Chancellor	661-670-1336
<b>Tai Chi</b>	9-10 am Th		
<b>Tennis</b>	9 am W & Sa	Rob Edwards	760-807-5683

Hilltopper submissions to [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com).

**All submissions must be submitted by the 10<sup>th</sup> of the month.**

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

**THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.**

If you notice any errors or omissions, please contact the Hilltopper at [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com)



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*If you know of any birthdays throughout the year that we don't have on our list, please send an email to [pewhilltopper@gmail.com](mailto:pewhilltopper@gmail.com) so we can include those birthdays in the future.*

# AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1 Recycle</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Tai Chi 9-10 am	Pickleball 8:30-10:30 Live 2 B Healthy 10 am	Breakfast 8::30 Tennis 9 am
		Mexican Train 4:30 pm Board Meeting 6:30		Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Hand & Foot 1 pm	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Bridge 1:30 Women's Billiards 1:30 pm Garden Club 2:00	Men's Billiards 9 am Ping Pong 10:30 am  Mexican Train 4:30 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am  Let's Dine Out 4:30	Tai Chi 9-10 am  Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm <b>Hilltopper submission Due</b>	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Hand & Foot 1 pm	Tennis 9 am
<b>13</b>	<b>14</b>	<b>15 Recycle</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Bridge 1:30 Women's Billiards 1:30 pm	Men's Billiards 9 am Ping Pong 10:30 am  Cooking with Katie 4 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am  READY 2 pm Movie Night Dunkirk 6:00	Tai Chi 9-10 am  Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Hand & Foot 1 pm	Tennis 9 am
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Bridge 1:30 Women's Billiards 1:30 pm	Dog Park sprayed 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Tai Chi 9-10 am  Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Hand & Foot 1 pm Book Club 2 pm	Tennis 9 am
<b>27</b>	<b>28</b>	<b>29 Recycle</b>	<b>30</b>	<b>31</b>		
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Bridge 1:30 Women's Billiards 1:30 pm	Men's Billiards 9 am Ping Pong 10:30 am  Mexican Train 4:30 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Tai Chi 9-10 am  Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Hand & Foot 1 pm Happy Hour 5:00	Tennis 9 am





## August 5<sup>th</sup> Breakfast

Whatever you're thinking about doing on this day,  
why don't you start by having breakfast with us.

Guess who's joining in ?

Our " Mayor " Rebecca Jones

Our " County Supervisor " Jim Desmond and....

Our " Representative " on the City Council " Mike Senele

I'm almost sure.....

We will have plenty to talk to them about.

Join us at 8:30am, please sign up, won't you?

Looking forward to seeing you there.

Mikkie

# LET'S DINE OUT INVITES YOU TO CELEBRATE

**"NATIONAL HOLD HANDS DAY"**  
**A DAY TO SPREAD LOVE & SHOW KINDNESS**  
**BY**  
**DINING TOGETHER IN THE PEW PAVILION**



**WEDNESDAY AUGUST 9<sup>TH</sup>**

**4:30 SOCIAL HOUR**

*(BYOB AND AN APPETIZER TO SHARE IF YOU'D LIKE)*

**5:00 Dinner is served**

**Shrimp and chicken tacos, mexican cabbage salad,  
spanish rice, black beans, dessert**

**\$15.00 pp**

**Sign up in the clubhouse and DELIVER PAYMENT TO  
Cathie Byrd (SP 329) or Cathy Bassett (SP 86) by AUGUST 7th**

## PEW Book Club

Greetings from the PEW Book Club!

Member numbers are increasing, we're happy to say!

The book we read for July was "The Elegance of the Hedgehog" by Muriel Barbery

In August we will be reading "The Book of Charlie" by David von Drehle


In September, it's "Trust" by Hernan Diaz

Please feel free to drop by any 4th Friday of the month at 2:00 pm in the Multi Purpose Room and join our discussion. We are always happy to have new members!

Cynthia (Cindy) Towle

**Email:** [towlecandr@gmail.com](mailto:towlecandr@gmail.com)

**Telephone or Text:** 503.317.3544



## Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

**Date:** Tuesday August 15th  
**Time:** 4pm-5:30pm  
**Location:** Palomar West Clubhouse

### Summer Salads

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

# MOVIE NIGHT

## Dunkirk

August 16th – 6.00pm Showing at the Pavilion

Please sign-up as spaces are limited to 30 – Thank you

Free Popcorn and soda



Social Connection

## July Garden Meeting

Great active meeting today. Today's speaker was **Dr. "K" from San Pasqual Valley Soils**. We received a lot of valuable information on the importance of good soil and no till gardening. Feed the soil and it will then feed your plants. He stressed working with nature and we can avoid many plant diseases.

There was one planned garden tour after today's meeting - **Shirley Heller, unit #266** was our host. I thought I had a lot of pots with quite a variety of plants, Shirley has a virtual nursery. You can tell she loves to propagate plants. We had a surprise add on tour across the street from Shirley's at Cheryl and Ron's, space 244. It was as if we stepped into Japan. It was the best Japanese style landscape I've seen in the park. Great job.



Special thank you to Marilyn Chambers for serving up wonderful sweets. We always appreciate a refreshing afternoon treat. Fantastic job Marilyn.

**Saturday August 12 - San Pasqual Valley Soils** will be giving away free mulch, as they do once a month. (Unless they run out, as they did this month!!) **Car pools** will be available in front of the clubhouse departing at 9 a.m. It's about a half hour drive. Look it up on the internet for more information. If you go, be sure to bring your own containers – buckets, trash cans, strong large bags, etc, and a good shovel or pitch fork.

NEXT MEETING – Monday August 7, 2 p.m. The September meeting will be held Sept. 11 since Sept. 4 is Labor Day.

Enjoy the lovely Summer weather and all the bounty erupting from the garden.

Merlin Chancellor

# GARDEN TO-DO LIST FOR AUGUST

- Keep houseplants healthy. Repot them with fresh soil with nutrients.
- Cut back herbs to refresh growth especially mint, oregano and thyme.
- Give producing vegetables a boost by adding compost to base of plant.
- Plant marigolds for fall color.

## FEATURED PLANT: *Lantana camara*

Lantana plants belong to the Verbenaceae family and are sometimes called “verbena bushes.” Lantana’s blooms are smaller and in tighter clusters than verbena. The flower clusters bloom nonstop from late spring through frost and nearly year-round in warmer climates. It is very drought and heat tolerant and loves the sun. The flowers attract butterflies, hummingbirds, and insect pollinators. There are over 150 species of the lantana genus. They fall into three major groups: 1. Common Lantana, *Lantana camara*, also called shrub verbena; 2. Texas Lantana, *Lantana horridahis*. This lantana is a good choice for a butterfly garden; 3. *Lantana montevidensis*, a weeping lantana also known as Trailing Lantana, is a perfect plant for a hanging basket or trailing over a rock wall; 4. Popcorn Lantana, *Lantana trifolia*. This species grows in clusters. The *Lantana Camara* is the most widely available to home gardeners. The foliage of Lantana is rough textured, oval shaped. The leaves have a pungent, sage-like scent. Plant lantanas in a sunny spot in late spring. When planting in a flower bed use compost. First, dig a hole bigger than the root ball. Make sure the roots are teased out before putting them in the hole. Place mulch or gravel around the flower to keep weeds away and hold moisture. While Lantana can be grown from seed, it is best transplanted from a nursery. Since it tends to have invasive qualities, planting lantanas in containers helps to control its growth. They like a rich, well-draining soil that is slightly acidic. Lantanas can reach 2-6 feet tall and 3-10 feet wide and invade other parts of your landscaping so pruning them regularly is essential for control. Too much shade, lack of air circulation, or high humidity can cause plants to develop powdery mildew. Poor drainage can cause root rot. Whiteflies, aphids, spider mites, mealybugs and lace bugs are problem pests. Lantanas are **toxic** to both humans and animals. The plants are poisonous, with the berries being fatal. Lantana leaves can cause brief skin irritation or a rash.



Source: *MasterClass.com, gardendesign.com*

- Teasing the roots out prevents roots from growing in a circle.
- When plants are kept in a pot for a long period of time, they run out of room to spread and will begin circling around the plant and when planted out, they may continue to do so.
- Pull gently on the roots to spread them out.
- If they are tightly encircling the plant, cut into the roots before planting; this will NOT harm them and will encourage them to produce new outward growth.

PICTURES FROM GARDEN TOURS AT #266 & #244



9<sup>th</sup> September

LŪ'AU

Hawaiian Lū'au Party at the club house and pool.  
Hula Dancers, Kalua pork, white rice, tiki bar.  
Doors open 5:00 PM  
**Grass skirts and Hawaiian shirts encouraged!**



\$15.00

SIGN UP AND PAY BY September 3rd

YOUR PAYMENT CONFIRMS YOUR SEAT!  
CANCELLATIONS AFTER **September 3rd**  
NON-REFUNDABLE, MAKE CHECKS PAYABLE  
TO "SOCIAL CONNECTION"



# HAPPY Fourth of July



# CONNIE KRELL'S CELEBRATION OF LIFE



# PICKLEBALL PICTURES





## Directory Changes



Please make the following additions and corrections to your park directory

	<b>DELETE</b>	<b>ADD</b>	<b>PHONE NUMBER</b>
249		Sherry Kruse	760-828-0124
274		Kathy Clark	760-533-9531
139	Herold, Eileen	Tim Tucker	512-809-8802
		Denise Hickey	281-389-6621
297		Rhonda Petriri	760-402-7621
421	Williamson, Mel	Margaret Wilkin	559-860-5702
321		Cathy Gillin	760-980-5099
272	Bamberger	Carol Letterman	360-301-2552
214		Leslie Weber	760-473-3757
292		Ken & Sherry Springer	562-756-5204
233b	changed of number	D'Alessandro	760-566-8136
250		Tom & Lynne Mathews	951-660-0411
30		James & Debra Roberson	818-605-0506

The monthly Hilltopper articles are posted at the residents' website below along with the calendar, reports, park map, park rules and much more.

<https://www.pewresidents.com/>