## HILLTOPPER

# FEBRUARY 2024 PALOMAR ESTATES WEST



### **Onsite Management**

Maintenance: Felipe Diaz Office: Lisa Hamernick

**Office Hours:** 

Monday thru Friday 9:30 a.m. – 12:00 p.m. 1 p.m. – 4:00 p.m.

#### **Office Staff**

Gayle Plant

#### **Weekend Relief**

Doug Tickner

#### **Security Patrol**

Hidden Valley Security (760) 744-1061

**Office:** (760) 727-5453 Fax: (760) 727-3054

After hours - emergencies only: (888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

### **Offsite Management**

## PROPERTY MANAGEMENT HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005 Fax: (909) 481-7260 kdavis@havenms.com

#### **MILLENNIUM HOUSING**

611 Anton Blvd., Suite 890 Costa Mesa, CA 92626

Phone: (949) 515-5100 Fax: (949) 515-5101

http://millenniumhousing.com

President: George Turk

COO / Vice President: Lori Carraway Director of Asset Services: Diana Welsh SPARC Director: Stacee Kazmierski

#### **MILLENIUM MEMO**

A resident in one of our Parks complained to us about a contractor he hired from an ad in the Park Magazine. We explained that the ad sales are controlled by the Publisher, not us. We hope these advertisers are quality businesses, but we aren't endorsing them. Our advice: act as you would with any service provider. A recent Hilltopper had great tips from the State Contractor License Board. We can repeat that article, if you'd like. The Park Magazine is a great resource—but do your homework before hiring anyone.

"Why does the Park allow homes to sit vacant for many years?" I'm not sure I'd use the word "let" regarding vacant homes. We don't own the homes, so I'm not sure we can force someone to live there. While this may not be a complete list, we're aware of at least 16 homes that are currently vacant. Of those homeowners, 4 are in assisted living, 4 have died and the heirs haven't figured out what to do, and 8 are owned by various dealers. The Park is getting rent on all of those spaces. We'd assume that, eventually, the homes on dealer spaces will be replaced by new ones, which improves Palomar's look. The other homes will get sorted out, as family members come to a decision.

By the way, a dealer bringing in a new home must sign an agreement that the new buyer will qualify as low- or very-low income, so that we can comply with the City's Regulatory Agreement. Other than that, we don't have much control over home sales.

For what it's worth, 6 homes sold in December—two of them for more than \$400K, with dealers being the majority of buyers. Your home is a hot commodity!

#### A Couple Quick Notes

- 20 Palomar West residents came to the Dec. 19 Band & Bingo over at Palomar East. They enjoyed 4 games of Bingo, a FREE lunch, and the jazz stylings of Tony Merlo, a wonderful sax player. Thanks to Stacee & SPARC for sponsoring.
- Lisa wants me to remind you: before bringing home that cute puppy, make sure your new friend is approved to live in the Park, and that you sign the Pet Agreement. It's a Rule!

Did You Get What You Wanted for Christmas?

My lovely wife got me a great present: a Universal TV Remote. I thanked her, of course, and told her: "this changes everything!"

Or maybe she just thinks I'm a control freak? While I ponder that...have a Happy Valentine's Day.

George Turk

## **Holiday SPARC Event**

Thank you to everyone who participated in our SPARC Holiday event. The residents who attended enjoyed a Band and Bingo event that featured Tony Merlo, a wonderful sax player, lunch, and of course, bingo!

Don't miss out on the next SPARC event! For more information on upcoming SPARC events, please contact your community manager and check the park magazine.







#### From the PEW Residents Board

#### The Evolution of Community

When I arrived here in 2013 things were very different. For \$100k you could buy a home. There was a golf club with its own meeting room. We had a billiards team that played in a league all over North County, pitting us against some pretty good players. The tennis courts were frequently used. There was an exercise room with a few donated pieces of equipment, very few. We had 4 shuffleboard courts under cover, an active quilting club and of course the pool and spa area that was nice, but very outdated. There was a welcoming committee who visited new residents to drop off a phone book and promote neighborliness. Lastly, my favorite, group participation in the San Diego Holiday Bowl Parade holding down massive balloon characters while dressed as Pirates! This afforded our community recognition throughout San Diego County, not to mention how much fun it was!

#### Fast forward to 2024

Some houses sold for nearly 500k. We no longer have a Golf club so that room now hosts darts, ping pong, crafting and the book club. Billiards has declined with very few members although the room remains. It is a rare sight to see someone playing tennis and one of the courts has been converted into 4 pickleball courts, the newest popular game for us elders as well as the youngers that occasionally swarm the courts. The shuffleboard has been mostly replaced by a new beautiful and well-equipped exercise room, still leaving one game board. There are two new bocce ball courts, and other games stored in an area along with Gramma's closet, and finally, the beautiful new Community Garden on the east side of the park.

We would like to fully fund all the clubs, events and improvements but it is not always possible. We would like to ask that whenever or wherever possible each club or unpaid event tries to generate funds on their own. Feel free to contact ANY board member for guidance. The entire Board continually works to make PEW a beautiful, healthy and safe place for all of us. This is an amazing place to call home as we continue to grow and evolve.

Special New Year Thanks to Lisa, Felipe and the crew, for all their hard work!

Kudos to the residents. The North County Food Bank received 1402 pounds of food this past Holiday thanks to the generosity of our community....up from 1238 pounds in 2022.

Happy New Year everyone!

**Garry Larson** 

President

Kindness and politeness are not overrated at all. They're under-used ~Tommy Lee Jones

## MANAGER'S CORNER FEBRUARY 2024





Your PEW Staff: Lisa, Felipe, Gayle, Jessie, Gerardo Jorge, Abraham, Doug.



Super Bowl LVIII is the upcoming American football championship game of the National Football League for the 2023 season and is scheduled to be played on February 11, 2024, at Allegiant Stadium in Paradise, Nevada. This is the first Super Bowl that will be held in Las Vegas.



#### Reminder of GUEST RULES at PEW



#### 3. GUESTS

A. Long Term. All guests must register with the Park Manager when staying with Homeowner for more than twenty (20) consecutive days or thirty (30) days total in a calendar year. Registered guests may be required to pay the guest fee as specified in the Rental Agreement. This fee does not apply if the Homeowner is a sole occupant of the mobile home (please see Rule 2 I above) or an immediate family member (please see Civil Code §798.35). Guest registration includes submission by Homeowner of a completed application for approval, and upon approval, Homeowner and guest must sign documentation acknowledging the rights and duties of occupancy. A "guest" has no tenancy rights or interest.

**B. Short Term**. Homeowners shall inform Management of the number and ages of guests who will be in their home for seven (7) days or more so that Park Management is aware of the occupants in the event of an emergency and persons authorized by Homeowner to enter the mobile home.



A. Laws/Safety. For the safety of Homeowners and their guests, no vehicle may be driven in an unsafe manner. All posted traffic signs must be obeyed. All drivers operating a motor vehicle in the park must drive safely and slowly, and not more than 15 miles per hour. All vehicles operated in the park must be registered and licensed for street usage (except those noted in "E" below). Homeowners in violation will be cited by Park Management.

#### RESIDENTS ASSOCIATION BOARD

President: Garry Larson; Vice President: Cathie Byrd Secretary: Jo Gehringer; Treasurer: Simon Spears

#### **Members**

Katie Rodriguez, Jesse Nieto, Larry Jones
Board Meeting: 1<sup>st</sup> Tuesday of the Month (6:30) in the Pavilion Room

#### **SOCIAL CONNECTION**

Merlin Chancellor and Simon Spears – Co-Chairs, Cindy Palermo – Treasurer, Marilyn Ferri – Secretary, Cathy Bassett, Herlinda Mahler, Cathie Byrd, Margaret Scotto, Rusty Bassett, Angela Sirota, Shevaun Teegarden

#### HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Lynn Thomas, Mary Wallace, Becky Zane, Jansi Sauer

#### **READY ADVISORY PANEL**

Bryan Cooper, Mary Wallace Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro, Ruthann Kirby, Fran Miller

#### **BREAKFAST COMMITTEE**

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy, Helen Lyon, Cathy Bassett, Diana Primeau, Karen King, Denise Hickey Alternate: Sheila Miller, Marsha Brown

#### **GYM COMMITTEE**

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

## **ACTIVITIES DIRECTORY**

<u>ACTIVITY</u>	TIME & DAY	<b>CONTACT</b>	PHONE	
Aqua Exercise	9 am Tu, Th, Sat	Trish Coy	760-536-9338	
Art Gallery	On Exhibit in Pavilion	Herlinda Mahler	949-395-0815	
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582	
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681	
Bingo	6:50 Th	Delane Johnson	612-240-4049	
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544	
Breakfast	1st Sat 8:30 am	Mikkie Sawyer	760-690-7825	
Bridge	Varies Call Ann	Ann Webb	702-449-9916	
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623	
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555	
Dog Park	8 am- 8 pm Daily	Debora McQuillan	858-663-2822	
Garden Club	1st M 2 pm	Merlin Chancellor	661-670-1336	
Let's Dine Out	Times vary	Linda Kerridge	858-776-6783	
		Cathie Byrd	530-417-5186	
Library	Open Daily	Susan Balog	916-759-2636	
Mahjong	1 pm Th	Kim Stevenson	760-703-4872	
Medical Rehab Lending	Open as needed.	Rusty Bassett	619-301-9551	
Closet		Jesse Nieto	408-666-8088	
Mexican Train	2 <sup>nd</sup> and 4 <sup>th</sup> Tu 4:30 pm	Margie Farrelly	760-855-8416	
Movie Night/ Dinner &	Dates Vary	Simon Spears	760-583-1549	
Dance Nights				
Pickleball	8:30 am-10:30 am M-W-F	Margaret Scotto	714-501-4345	
	Pickleball Club Group play Beginners are welcome!			
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583	
R.E.A.D.Y. Panel	3rd Tuesday at 2 pm in Card	Mary Wallace	619-887-0700	
Emergency	Room	Bryan Cooper	858-342-3335	
Preparedness		Bryan Gooper	030 312 3333	
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551	
Live 2 B Healthy	10 am M-W-F	Maria Barnabe		
Strength & Balance				
Social Connection	Dates Vary	Merlin Chancellor	661-670-1336	
		Simon Spears	760-583-1549	
Tai Chi	9-10 am Th	-		
Tennis		Jim Catley 360-301-1566		

Hilltopper submissions to <a href="mailtopper@gmail.com">pewhilltopper@gmail.com</a>.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

If you notice any errors or omissions, please contact the Hilltopper at **pewhilltopper@gmail.com** 



## FEBRUARY

Marilyn Himaka	1
Daniel Brennan	2
Nancy Cobb	2
Gerald Jameson	2
Cathy Koenig	3
Jeanelle Higgins	4
Lynne Mathews	5
Denny Uhles	10
Stephen Villanueva	11
Cesar Palacio	13
Bente Friis	17
Carol Hallam	18

Erik Kopp	18
Terry Brady	19
Cita Cook	19
Billie Faye Cooper	19
Elizabeth Szafranski	19
Carol Godett	25
John Primeau	26
Barbara Waggoner	26
Cynthia Nelson	27
Phyllis Escalante	28
Thomas Rauscher	28
Joan Wesells	29

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com
so we can include those birthdays in the future.

## FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Sunset Pcklbll 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am Water Aerobics 1 pm	Breakfast 8:30 am Aqua Exercise 9 AM
4	5	6	7	8	9	10
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 am Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
	Shufflebrd 1:30pm Women's Billiards 1:30 Garden Club 2:00	Sunset Pickleball 6 pm		Mahjong 1 pm Sunset Pcklbll 6 pm Darts 6-8 pm 6:50 Bingo		Hilltopper submissions Due
11	12	13 Recycle	14	15	16	17
	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am 4:30 Lets Dine in/Movie	Water Aerobic 9 am Tai Chi 9 am	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
Superbowl Party in Pavilion 2:30	Shufflebrd 1:30pm Women's Billiards 1:30 pm	Mexican Train 4:30 Sunset Pcklball 6 pm	Happy Valentine's Day!	Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo		
18	PRESIDENTS DAY 19	20	21	22	23	24
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am	Pickleball 8:30-10:30 am Live 2 B Healthy 10 am	Water Aerobic 9 am
	Shufflebrd 1:30pm Women's Billiards 1:30 pm	READY 2 pm Cooking with Katie 4-5:30 pm Sunset Pcklball 6 pm		Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo	Book Club 2 pm	
25	26	27 Recycle	28	29		
	Pickleball 8:30-10:30 Live 2 B Healthy 10 am  Shufflebrd 1:30pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 Sunset Pcklball 6 pm	Pickleball 8:30-10:30 Tennis 9 am Live 2 B Healthy 10 am	Water Aerobic 9 am Tai Chi 9 am  Mahjong 1 pm Sunset Pcklball 6 pm Darts 6-8 pm 6:50 Bingo		



Enjoy the "little things" because one day you may look back, and realize they were the "big things"

So...why not stop in at the Clubhouse, and enjoy a "lovingly made breakfast " as the one " little thing " to do with neighbors and friends? February 3<sup>rd</sup> 8:30 Hope to see you there!

Mikkie

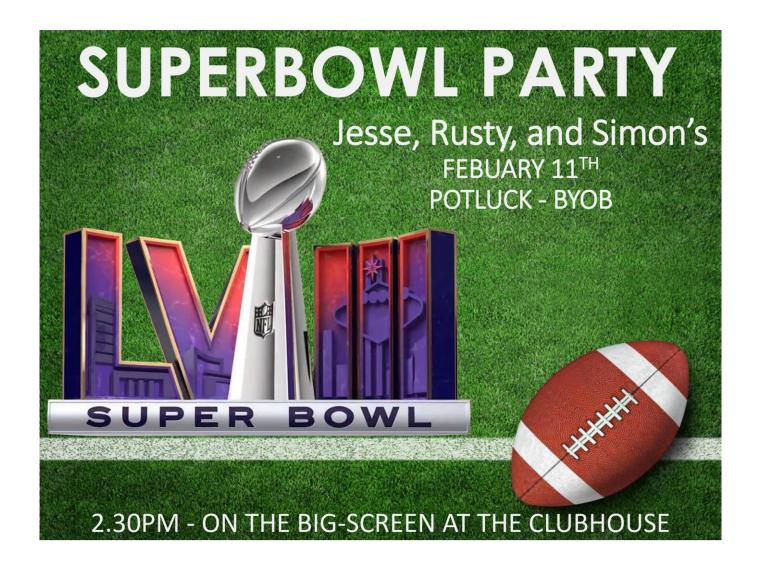
"You only live once, but if you do it right, once is enough."

### **GALLERY IN THE PAVILION**

Come see the works of Kylee McDowell currently on exhibit







## Valentine's Dinner and Movie Four Weddings and a Funeral



February 14th – 4:30 Dinner \$15.00 6:00 Movie

BYOB

Menu-HERB
CRUSTED PORK
ROAST, MASHED
POTATOES, ROASTED
WINTER VEGETABLE
MEDLEY, ROLL &
BUTTER, DESSERT

## BYOB

SIGN UP IN THE
CLUBHOUSE BY
2/09 AND DELIVER
PAYMENT TO
CATHIE BYRD
(#329) OR CATHY
BASSETT (#86)

A Let's Dine
In & Social
Connection
Event





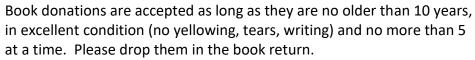
SUNDAY March 17th 5pm-9pm - Pavilion
DINNER — Corned Beef, potatoes, carrots,
cabbage, bread and butter, dessert
Live music and singing with DJ Rob
featuring IRISH MUSIC and Dancing





SIGN UP AND PAY BETWEEN 2/11 AND 3/11 IN THE CLUBHOUSE. YOUR PAYMENT CONFIRMS YOUR SEAT! CANCELLATIONS AFTER 3/15 CANNOT BE REFUNDED MAKE CHECKS PAYABLE TO "SOCIAL CONNECTION"

## **PEW LIBRARY**





Let me know if you have a favorite author you would like to see or subject matter. I will try to fulfill requests but can't guarantee it.

Direct any questions or requests to my email.

Happy Reading!!!

Susan Balog <a href="https://hdestiny@msn.com">hdestiny@msn.com</a>

## PEW Book Club

Greetings from The Book Club!

In January, we read "Wrong Place Wrong Time" by Gillian McAllester. A fantastic read!



February promises to be as good, with our choice of "The 100-year Old Man Who Climbed Out the Window and Disappeared" by Jonas Johnson.

These cold months are great for curling up with a good book! Please join us for discussions on these book choices. We are in the Multi-purpose room every 4th Friday at 2:00 pm.

Happy Reading!

Cynthia (Cindy) Towle 503-317-3544 towlecandr@gmail.com

"I cannot live without books..." Thomas Jefferson to John Adams June 10, 1815



## Let's Dine In



February  $14^{\text{th}}$  in conjunction with the movie, "Four Weddings and a Funeral". See page 12.

\$15.00 in the Pavilion

Sign up in clubhouse by 2/9 and pay Cathie Byrd (#329) or Cathy Bassett (#86)

## Garden Club

We had a fabulous meeting Monday with an awesome speaker Herb Field. The subject was "Garden Tips and Tricks". With nearly 20 gardeners planting new beds in the new community garden it was news we could use. Thanks for joining us again Herb, we always enjoy having you speak and imparting your expertise.

Our garden party was a great success. We're glad we changed the date to avoid the forecasted wet weather. We had a calm, sunny day which helped our event go off without a hitch. There was quite a variety of food and several

dishes featured vegetables harvested from the community garden. We plan to have more street festivals in the future, including July 4th.

#### Save the dates:

\*April 6th @ 9am will be the Spring seedling event at the home of Herb Field, 1312 La Granada Dr, San Marcos. He will be selling over 700 vegetable and herb seedlings. He usually sells out in less than an hour and a half.

\*April field trip will be Saturday April 20th. We'll meet in front of the clubhouse at 9am to carpool. Herb Field will open his garden to us and introduce everyone to his very successful raised bed gardening system. He grows 1500+ pounds of food each year not including produce



from his fruit trees. Most is donated to food banks and offered free in the giveaway box in front of his home.

A big thank you to Cathie Byrd for the stepping stones she made and donated to the community garden. They really add class and an artistic flair to the garden. Contact Cathie if you would like some beautiful stepping stones for your garden.

People are no different from flowers. If you water them, they flourish. If you are not nice to them they shrivel. Richard Branson

Hope your 2024 is off to a grand start, Merlin Chancellor

Our next meeting will be at the clubhouse Monday February 5th at 2pm.



#### **GARDEN TO-DO LIST**

- We can and do have frosts even this close to the coast. Watch for forecasts and protect plants.
  - Watch for frosts and protect just planted sensitive plants
  - Check for winter damage to perennials



#### FEATURED PLANT: GOLDEN BARREL CACTUS

The beautiful Golden Barrel Cactus (Echiinocactus grusonii), covered in golden spines it is native to the southwestern United States and is one of 2 genera of Echinocactus endemic to the desert southwest of North America, adding texture and color to the landscape. The other two are Corypanthus and Cylindrapuntia, Barrel shaped, and so named for its shape. It is a perfectly round orb with a pattern of crisscrossing spines. It is easily grown in well drained soil and in both full and part time sun. And is virtually disease resistant. It is recognized by its magnificent color that comes from vertical yellow ribs that line its edges and is noted for its formidable spines and should be handled with the utmost care when pruning or transplanting. To move it may require some type of tongs (but be careful not to injure the plant if using) or thick layers of newspaper will protect the mover's hands. Only the roots should touch the soil to prevent rot. Insect damage may result from the ½ inch Agave Bug. A scar is formed where the bug has fed on the skin of the cactus. These bugs can reach plague proportions in individual plants in late summer or early fall and should be eliminated. The scars may appear minor but can lead to the death of the cactus. Offsets will form along the base of the cactus and can be removed to form new planting or left in place to add to cluster. It can grow to 7 feet high or be left At maturity it is recognized by its magnificent color that comes from vertical ribs on its pad. It is drought resistant so water it once a month during summer months and plant in well draining soil and is deer resistant as well. The flowers produce nectar and are attractive to pollinators. It is considered an amazing source of food for desert pollinators It prefers full sun and is drought resistant and does not require watering during winter months. They grow to 3 feet high and spreads 2 feet wide. Can be planted in groupings or as a solitary specimen and is used for desert gardens, rock gardens, succulent gardens or Mediterranean gardens. Slow growing, it has a life span of about 30 years and dies from the inside out. Mealy bugs may attack it. Control with pyrethroids such as permethrin. It is hardy in zones 9 through 12. Propagation is usually from seed.

- Order seeds and plants from mail order catalogs. They will tell you how hardy these plants are by USDA zones. Our zone is 10.
- Check for weather and animal damage to your plants.
- Winter is not over yet so continue to protect your delicate outdoor plants.

Marilynn Chambers



WHAT DO THOSE DATES MEAN & HOW LONG CAN I KEEP IT?

#### "SELL BY DATE"

A manufacturer's suggestion to the grocery store for dates by which a product should be sold. This date does not determine quality.



MILK 1 WEEK



HARD CHEESE 6 MONTHS







"BEST BY"/ "USE BY"
When the product's flavor and quality will be best. After this date, the product is still safe to eat even though nutrients and quality slowly decline.



#### BREAD

4 DAYS ON SHELF 14 DAYS IN REFRIGERATOR 3 MONTHS IN FREEZER

HOLE WHEAT FLOUR 6 MONTHS



WHITE FLOUR 12 MONTHS



### SPAGHETTI SAUCE 18 MONTHS PASTA

2-3 YEARS DRY BEANS









#### "EXPIRATION DATE"

Only used on baby formula, medicines, and vitamins, and should not be used after the date. Fresh #HHSA TO THE PROPERTY OF THE PROPERTY OF











### **NEW YEARS EVE PHOTOS**

More NYE photos are available for viewing in the Scrapbook at the clubhouse



