

HILLTOPPER

NOVEMBER 2022

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING COMMUNITY

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

Vice President: Lori Carraway

Project Manager: Diana Welsh

Director of Resident Services: Stacey Price

MILLENNIUM MEMO NOVEMBER 2022

According to the Manager over there, Rancho Vallecitos has coyotes “everywhere.” When I asked Debbie about Palomar West, she told me: “I had gotten several calls about a scrawny looking coyote actually making himself at home on people's porches.”

If he’s “scrawny,” he’s probably hungry, so you’ll want to keep your pets indoors, at least while our not-so-wile-e coyote friend is on the hunt.

We also ask that you not leave food out for stray cats, not matter how cute they are. I know some folks can’t bear the thought of a hungry cat, but by leaving food out, they are also encouraging Palomar’s population of rodents, bugs and, yes, scrawny coyotes.

You’re feeding more than just cats!

SPARC in Palomar

21 of you attended the September SPARC Smartphone Classes—10 for the iPhone, 11 learned about Androids. For those folks, at least, their phones are no longer smarter than they are.

They also learned to take selfies. One attendee commented, “I can’t picture myself without a camera phone.”

SPARC also sponsored a Financial Seminar, Medicare Class, and a warning about current scams. As always, thanks to Stacey, the head of SPARC, for these fine programs.

In Other News

- Recent expenditures: Pool Furniture, Exercise Equipment, driveways, a new Event Signpost (requested by the Social Connection), the new Gazebo by the Pool...some fun items this time.
- Thank you for your patience (those of you who have been patient) regarding the new trash containers. You should have had them by now, but EDCO seems to be pretty disorganized. Maybe you’ll have them by the time you’re reading this.
- A reminder: before you take on a new roommate or bring someone to live with you, that person must be approved by the Office. It likely won’t be a problem, but you can understand why we want to know who’s living in the Park.

Some Fun Thanksgiving Trivia

- Q. What does a Turkey drink from?
A. A goblet.

Have a fun Thanksgiving...and keep your eyes on the pies!

George Turk

- The Park Office will be closed on Thursday & Friday–November 24th & 25th in observance of the Thanksgiving Holiday.
- As always, Doug is on duty for these Holiday closures to open the clubhouse and check chemicals in the pool.
- Remember to always keep your dogs off your neighbor's lot and pick up after your pets.
- All visitors must be accompanied by a resident when using any of the facilities.

That Time of Year

I can't believe another year has come and almost gone since we last asked for changes to the annual Park Directory. This is the time that we ask for everyone to take a look at the current phonebook to see if you want to make any changes to your listing. We cannot make changes without your consent and remember once this goes to print that's the way it stays until next year. Please contact the Park Office if you want to make any changes.

LET'S TALK TRASH

We know everyone, including the office staff have been overwhelmed with all of the changes. We are trying to keep everyone informed in regards to the arrival of larger bins that have been ordered as well as kitchen kaddies.

We want to mention that the changes in pick up do not alter the rule regarding storage of the barrels during the week. We know that the cans do take up more space and that there are now 3 that need to go to curbside, but they still need to be stored at the back of the driveway until after 4pm on Monday and returned by 6pm on pick-up day

Another change that we will have to get used to is Holiday delays in weekly pick up. When there is a Holiday on Monday there will most likely be a delay in pick up. We will do our best to keep you up-to-date either by robo calls or in your Hilltopper.



What Goes in the Trash Container?



INCLUDES BUT NOT LIMITED TO:



PLASTIC BAGS OR FILM*



DIAPERS



RUBBERS HOSES



SNACK BAGS & CANDY WRAPPERS



BROKEN GLASSWARE & DISHES



METAL HANGERS



PLASTIC STRAWS



DISPOSABLE GLOVES & MASKS



PET WASTE & KITTLY LITTER

*PLASTIC BAG OR FILM RECYCLING: PLEASE VISIT PLASTICFILMRECYCLING.ORG FOR PLASTIC BAG AND FILM RECYCLING SOLUTIONS AND POSSIBLE DROP-OFF LOCATIONS NEAR YOU.

NO HHW!



Do not place household hazardous waste (HHW) items in ANY of EDCO's collection containers! Please refer to edcodisposal.com, under the Resource Center tab for HHW and special items disposal solutions.

What Goes in the Recycling Container?



INCLUDES BUT NOT LIMITED TO:



ALUMINUM:

Aluminum, steel and tin cans, such as food and beverage cans for soda, soup, beer, beans, fruit, and vegetables. Clean aluminum foil, clean aluminum trays, and pie tins.



PAPERBOARD:

Paperboard boxes such as cereal boxes, tissue boxes, refrigerated food boxes, boxes from toiletries, and soda/beer cases.



GLASS

Containers: Glass containers including food jars and beverage bottles.



CLEAN CARDBOARD:

Cardboard, including boxes used for moving and shipping or any other box or packaging made of corrugated cardboard.



METAL:

Dry and empty paint and aerosol cans.



CARTON CONTAINERS:

Aseptic cartons, including milk cartons and juice boxes, half-gallon juice cartons, soup/broth cartons, and wine cartons.



STYROFOAM:

Clean foam cups, meat trays, plates, egg cartons, block packaging (no peanuts), rigid polystyrene, and carry-out containers.



SHREDDED PAPER:

Shredded paper (placed in a clear bag is okay for easy identifying).



MIXED PAPER:

Mixed paper, including junk mail, catalogs, magazines, newspapers, & paper used for computer printing.



#1 - #7 PLASTICS: All plastic containers, lids, and packaging with a recycling symbol of #1-7 (all containers accepted with caps and lids): water and soda bottles, peanut butter and other food jars, mouthwash bottles, vegetable oil containers, automotive oil containers, ovenable food trays, milk jugs, juice bottles, shampoo and conditioner bottles, detergent and bleach containers, medicine bottles, bottle caps, butter and yogurt tubs, CD cases, baby bottles, 5-gallon water bottles, CDs, medical storage containers, and rigid plastics such as 5-gallon buckets.

All food and beverage containers should be **EMPTY**: no/minimal food residue and no liquids remaining. Boxes should be broken down and flattened to fit inside the recycling container.

What Goes in the Organics Container?



INCLUDES BUT NOT LIMITED TO:



FOOD SCRAPS:

Cooked or raw meat, poultry and seafood (including bones), cheese, dairy products, fruits, vegetables, grains, pasta, egg shells, bread, coffee grounds, tea bags, tea leaves, baked goods, nuts, jelly, candy, snack foods, leftovers, spoiled food.



FOOD-SOILED CARDBOARD AND PAPER:

Paper bags, paper napkins, paper towels, paper plates, paper cups, paper and cardboard take-out containers and take-out boxes (with no plastic or wax coating, and with any metal removed), coffee filters, tissues.



LANDSCAPE WASTE:

Grass clippings, small branches, small tree limbs, tree roots, flowers, leaves, plants, straw.



Do not use any kind of plastic bags (including certified compostable or biodegradable bags) for any type of green waste, food waste or other organics collection or disposal, as they contaminate the Anaerobic Digester! All organic material must be placed loosely inside the green container for collection. Paper bags are acceptable. Also, do not put rocks in with organic waste or in the green collection container.



ORGANICS

Please place your organic material in the green organics container. Organics must be placed loosely inside the green organics containers only. **Please DO NOT use any type of plastic bags (including certified compostable or biodegradable bags)** as they contaminate the Anaerobic Digester!

RECYCLABLE ORGANICS INCLUDE, BUT ARE NOT LIMITED TO:

Food Scraps
 Fruit, vegetables, meat, bones, dairy, egg shells, prepared food

Food-Soiled Paper
 Napkins, tea bags, paper plates, coffee filters

Yard Waste
 Plants, leaves, branches, grass

COLLECTING YOUR FOOD SCRAPS

There are many different ways to cleanly move food scraps from your kitchen to your organics cart. Here are some of the most popular options:

- **Wrap Your Scraps!** - Many people find wrapping food waste in any type of non-wax paper, such as paper towels, packing paper, newspaper, or paper bags, is an easy way to move food waste from inside your kitchen to your organics cart. This is especially true for large quantities of fruit, meat, etc., and you can even leave the scraps wrapped in the paper and then just drop it into the organics cart. **Please do not use any kind of plastic bags!**
- **Kitchen Caddies** - A kitchen caddy is an optional container that can be placed under your kitchen sink or another convenient area for your household to use. Any reusable container can be used as a kitchen caddy.
- **Containerize It** - Many people have their own containers, such as coffee cans and Tupperware products that they are comfortable using to hold food scraps. Similar to kitchen caddies, once the container is full, it can be taken and emptied into the organics cart.
- **Freeze It** - Some people choose to freeze or refrigerate their food scraps in containers and paper bags and then empty as needed.

QUESTIONS?

Email Us! csrsm@edcodisposal.com

Text Us! (760) 201-1578

Call Us! (760) 744-2700

Visit our Website! edcodisposal.com

WHAT DOES NOT BELONG IN THE EDCO ORGANICS CONTAINERS?



- ALUMINUM
- ANIMAL CARCASSES
- BIODEGRADABLE, COMPOSTABLE, OR PLASTIC BAGS
- COMPOSTABLE, BIODEGRADABLE, CORN BASED UTENSILS
- CIGARETTE BUTTS AND ASHES
- CLOTHING
- DIAPERS
- DIRT
- GLASS
- HAZARDOUS WASTE
- KITTY LITTER
- LANDSCAPE TIMBERS
- LIQUIDS
- MEDICAL WASTE
- METAL
- MOTOR OIL
- PET WASTE
- PLASTIC BAGS OR FILM
- PLASTIC CONTAINERS
- PLASTIC STRAWS
- ROCKS
- SOIL
- STYROFOAM
- TRASH
- TREATED OR PAINTED LUMBER
- TREATED OR PAINTED WOOD
- TREE STUMPS
- WINE CORKS

EDCO and Bio-degradable Plastic Bags

EDCO's presentation at the recent board meeting was somewhat disappointing, leaving many questions un-answered.

Of particular interest to me and others was why we cannot use bio-degradable 'plastic' bags. A little research (something that EDCO's spokesperson could easily have done) reveals the answer.

In-short, they do not degrade fast enough to be used in their machine.

A sustainability study by MDPI states this:

Bioplastics are gaining interest as an alternative to fossil-based plastics. In addition, biodegradable bioplastics may yield biogas after their use, giving an additional benefit.

However, the biodegradability time in international norms (35 days) far exceeds processing times in anaerobic digestion facilities (21 days).

EDCO uses an anaerobic digestion facility, and these are permitted by state law for Short-lived Climate Pollutants (SLCP): Organic Waste Reductions.

In Section 17402, under Definitions subsection a, 7.5 it states:

"Incompatible Material" or "Incompatibles", means human-made inert material, including, but not limited to, glass, metal, plastic, and also includes organic waste for which the receiving end-user, facility, operation, property, or activity is not designed, permitted, or authorized to perform organic waste recovery activities as defined in Section 18983.1(b) of Article 2, Chapter 12.

The spokesperson was right, we were wrong.

Simon Spears

ATTENTION ALL DOG OWNERS

This is a reminder that all dogs need to be registered with the office. If you have a dog that you have not registered, please go to the office to register it. This is required by our bylaws for pet dogs, service dogs and emotional support dogs alike. This also helps us get lost dogs back to their owners.



FROM THE PEW BOARD

Hello, first of all thank you for electing me to the resident's board.

Please email me at GarryLarson80@gmail.com if you have any concerns questions or ideas. I ran for the board to assist in making PEW a better place for ALL of us. The maintenance crew has finished the walkway to the gazebo and benches. It's a just a gentle uphill walk to relax and enjoy our remarkable views and sunsets.

Many improvements have been made since I arrived here 8 years ago. We don't all use the generous facilities we have but all of us benefit from rising values and the enhanced beauty of the park.

It has come to my attention that residents may be overpaying for simple home maintenance I will be compiling a list of handy men/women, (including some of our own residents) to make available on the website. If you know someone reputable and fair to add to the list, OR you need someone, I will be happy to research, refer and advise as to fair pricing.

It's time again for the ANNUAL Food Drive benefitting the North County food bank. Melissa and I will be collecting from November 11th thru December 5th at unit # 454. Look for the signs and red cans. Most desired are canned goods, (soups, stews, tuna) peanut butter, pasta, cereal. No donation is too big OR too small. We started late last year and still managed to donate 800 pounds of food, a park record. Thank you!



Lastly, but not least, Pat and Bob Taylor are once again and most graciously running the Toys for Tots drive from November 25th thru December 19th. Drop NEW unwrapped toys at space #440. They will be distributed among children's centers and the Children's Hospital As always, your support is crucial and appreciated!



Again, Thank You.

Garry Larson, Board Member



I, Kim Stevenson, want to say thank you to whoever put my EDCO cans back in my driveway, Tuesday. It was a fantastic surprise!



NOVEMBER BIRTHDAYS THIS MONTH

Cheryl Binns	1
Mark Martin	1
Karen Sanchez	1
Glenda Arnhart	2
Linda Belanger	2
Linda Suckling	2
Kay Kristin	3
Helen Lyon	5
Don Stubbs	5
Caroline Sue Cooper	7
Kea Simental	7
Neal Teegarden	7
Michele Newby	8
Susan Lawson	9
Paula Gooch	10
Cheri Pearson	11
Ira Schechtel	11

LuAnn Scaramella	13
Jeff Arredondo	14
Cendy Hansen	14
Michael Scaramella	15
Mingfang Yang	16
Marilyn Marvin	20
Judy Signorelli	21
Dave Grossman	22
Kathy Fecteau	23
Toni D'Alessandro	24
Barbara Claypool	25
Catherine Schechtel	25
Ann Hacker	27
Barbara Valles	27
Thomas Andreas	28
Phyllis Durham	28
Sharle Kinnear	28



RESIDENTS ASSOCIATION BOARD

President: Tricia Spears
Secretary: Jo Gehringer

Vice President: Cathie Byrd
Treasurer: Michael Wilkinson

Members

Garry Larson, Katie Rodriguez, Dita Kemp

Board Meeting: 1st Tuesday of the Month at 6:30 pm in the Pavilion

SOCIAL CONNECTION

Linda Swink – Chairperson, Eileen LaLone - Treasurer, Claudeen Lindsay- Secretary
Cathy Bassett, Herlinda Mahler, Simon Spears, Cathie Byrd, Margaret Scotto
Arleen Schlafer, Rusty Bassett, Merlin Chancellor, Janet Timian

HILLTOPPER COMMITTEE

Debbie McQuillan and Mary Wallace, Editors

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Alternate: Wendy Jones, Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Cathy Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	2:30 pm Tu & F	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Darts	6-8 pm Th Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debbie McQuillan	858-663-2822
Garden Club	1 st M 2 pm	Ann Kreile	760-421-8338
Let's Dine Out	Times vary	Christine Parkman	559-779-8380
Library	Open Daily	Eileen LaLone	858-229-8648
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett	619-301-9551
		Jesse Nieto	408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8am-10am M-W-F Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness		Mary Wallace	619-887-0700
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Silver Sneakers	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Linda Swink	760-855-2008
Tai Chi	9-10 am Th		
Tennis	9 am W & Sa	Rob Edwards	760-807-5683

Hilltopper submissions to pewhilltopper@gmail.com. All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical, or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

If you notice any errors on the list, please contact the Hilltopper at pewhilltopper@gmail.com

NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 G/T	2	3	4	5
		Men's Billiards 9am Board Meeting 6:30 pm	Silver Sneakers 10 am @PEW	Tai Chi 9-10 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm	Silver Sneakers 10 am @PEW	Breakfast 8:30 am Pit Party 7pm
6	7	8 G/T/B	9	10	11	12
	Silver Sneakers 10 am @PEW Women's Billiards 1:30 pm Garden Club 2 pm	Men's Billiards 9am Mexican Train 4:30 pm	Silver Sneakers 10 am @PEW Let's Dine Out 5 pm	Hilltopper Submissions Due Tai Chi 9-10 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm	Silver Sneakers 10 am @PEW	Craft Fair 9am- 1:30 pm Pit Party 7pm
13	14	15 G/T	16	17	18	19
	Silver Sneakers 10 am @PEW Women's Billiards 1:30 pm	Dog Park sprayed @9am Men's Billiards 9 am Cooking with Katie 4:00 pm	Silver Sneakers 10 am @PEW Movie Night "Avatar" 6 pm	Tai Chi 9-10 am Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Silver Sneakers 10 am @PEW	Pit Party 7pm
20	21	22 G/T/B	23	24	25	26
	Silver Sneakers 10 am @PEW Women's Billiards 1:30 pm	Men's Billiards 9 am	Silver Sneakers 10 am @PEW	 HAPPY THANKSGIVING	Silver Sneakers 10 am @PEW	Pit Party 7pm
27	28	29 G/T	30			
	Silver Sneakers 10 am @PEW Women's Billiards 1:30 pm	Men's Billiards 9 am Mexican Train 4:30 pm	Silver Sneakers 10 am @PEW			

EDCO comes on Tuesday. Which cans to put out is listed on the calendar by code:
G=Green/ Compost & Yard Waste B=Blue/ Recycling T= Black/ Trash



B R E A K F A S T

Is on....

The frenzy of fall has subsided. You've **carved pumpkins**, planted fall flowers, and pulled out your cozy sweaters. You've polished off the last of your Halloween candy, and now you get to take a deep breath of crisp air and settle into November.....with friends.

Where: **Our Clubhouse**

When: **Saturday.....November 5, 2022 @8:30am**

Special Sponsor with a bit of information from an Assisted Living Establishment. Join us, won't you - please sign up and show up!

Mikkie



LET'S DINE OUT FOR DINNER

WEDNESDAY, NOVEMBER 9th



We are celebrating this month with a delicious HOLIDAY DINNER with all the trimmings provided by CB Catering, also known to us as Cathie Byrd and Cathy Bassett. The Italian meal they prepared in September was outstanding; it was a fun-filled evening. You won't want to miss the Holiday Dinner!!

In addition to a delicious meal, your dessert will be provided by our talented Arleen Schlafer. She is donating her time and talent providing us with her yummy dessert of homemade Apple Crisp.

Join us to celebrate and give thanks for the many blessings we receive living here at Palomar Estates West.

WHERE: PALOMAR ESTATES WEST, Clubhouse

WHEN: Wednesday, November 9, 2022 @ 5:00 pm

COST: \$15 per person.

Please make your check payable to CATHIE BYRD.

Water provided (**BYOB** Optional)

A sign-up sheet will be posted on October 23rd at the Clubhouse. Please sign up and deposit your payment in the blue box provided. **NO sign up and payment by November 2nd, means NO food and fun for you.**

SIGN UP & PAYMENT DEADLINE: NOVEMBER 2nd.

If you have any questions, please contact:

Christine Parkman, 559-779-8380



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday, November 15th
Time: 4pm-5:30pm
Location: Palomar West Clubhouse

Demo: Comfort Foods
Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

Let's **GET MOVING!**

Fitness is coming to
PALOMAR ESTATES WEST
...it's **FUN and FREE!**

Increase **balance, strength**
and **flexibility** with a
certified fitness trainer



WHEN: Monday, Wednesday & Friday @ 10am

WHERE: The Clubhouse

1930 West San Marcos Blvd., San Marcos, CA 92078

Do you have Silver & Fit® or Renew Active®?

If so, please bring your insurance card

Live 2 B Healthy® Senior Fitness classes are partially covered by participating health plans.

Live2B
HEALTHY
SENIOR FITNESS

FOR MORE INFORMATION:
mtbarnabe@Live2BHealthy.com
Maria Barnabe - 619.886.2779

Hope to see **YOU** there!

PICKLEBALL CLUB NEWS

Your PEW Pickleball Club is at 50 members and growing! Pickleball is the fastest growing sport in the US and was played by seniors like us for many years before its popularity exploded to all age groups. We have several Club players who are in their 80's and play regularly!

PEW is blessed to now have 4 beautiful courts provided to us by management!! Since our last Club update in March, we have:

- Finished the 4th court (A big shout out to Katie Davis at Haven and George Turk at Millennium for their support for these courts)
- Sponsored a well-attended Round Robin event followed by a fantastic Potluck dinner and music at the Pavilion
- Conducted 2 skills clinics to help players improve their game (thanks to Scott Higgins and Lisa Kaufman for conducting these!)
- Purchased 4 new pickleball paddles and balls for those who want to try out the sport before purchasing equipment

Upcoming Activities:

- The Club will have a table at the **October 22 Newcomers lunch** to introduce new residents to the Club and our activities.
- We have scheduled a **Round Robin for Saturday November 5th** with play from 3 to 5pm, followed by a potluck and music from 5:30 to 7pm. The Round Robin is open to all levels and is a fun way to meet new friends and players here in our community. [A signup sheet with all the details will be posted in the clubhouse.](#)

If you have not played before but would like to learn, this Club is your ticket to join the fun. We will be happy to provide you with the equipment and basic lessons to get you started. All you need is a pair of tennis shoes and the desire to try it out. If you are interested, please contact Larry Jones at 937 478 2500 or email at ldjones2000@gmail.com See you on the courts!!



Our First Round Robin Group Picture!

EXPERIENCE IT IN realD 3D AND IMAX 3D

NEW DATE



JAMES CAMERON'S

AVATAR

MOVIE NIGHT

November 16th – 6.00pm Showing at the Pavilion

Please sign-up as spaces are limited to 30 – Thank you

Annual Craft Fair

Palomar Estates West

Saturday | November 12th | 9 AM - 1.30 PM

SUPPORT YOUR LOCAL CRAFTER

Beautiful Handmade Crafts & Baked Goods



Jewelry

Christmas Ornaments

Bags

Quilts & Afghans

Aprons

Homemade Candy

Baked Goods

Fine Art Paintings

Garden Art

And Lots More!

CRAFT FAIR RAFFLE

FREE Raffle for \$10. Coupon Given at Entrance

Drawings at 10,11 and 12 PM

Redeemable only at vender booths, must be present to win

Please contact Ruthann Kirby to be a vendor:
619.997.3040

GARDEN CLUB

Hello Gardening Fans,

For the last two months we've been lucky enough to have two Master Gardeners to our meeting to speak to us, Kathryn Blankenship, and Diana Drummy. They both shared an abundance of information. One thing is common when starting your own garden: think of watering/soil/temperature/location. Where is your garden facing? East, 4 hours of gentle morning sun; South, all crops can be planted; West, all crops can be planted having 6 hours of sun; North, is limited. Check what zone you are in as well.

Make sure you use potting soil (which is full of bark, compost, peat moss, and minerals)! It absorbs water and drains well. Mulch holds moisture as well, reduces weeds, and helps with pest control. Fertilize your plants ½ strength every two weeks. And don't forget to read your labels when you buy plants. Work with nature, not against it!

Our new member was Julie – WELCOME!

We had Autumn snacks brought by Debbie S. and Merlin. A nice little spread of pumpkin and cream cheese bread and cinnamon buns – with Apple Cider and fresh Lemonade!

Herlinda won the door prize!

Come to our next Garden Club meeting on Monday, November 7th. Will see you there! Bring a plant to share!

Look at this beautiful, landscaped garden with a well built in! A wonderful idea!



TO DO LIST FOR NOVEMBER 2022

Fall is the best time to plant trees, shrubs, and perennials in our climate.

- Plant daffodils, crocus and most other bulbs for spring bloom late in the month . Tulips and hyacinths need special care.
- Stake tall flowers to protect against wind.
- Dig, store, and clean tuberous begonias.
- Plant seeds now for cool weather vegetables.

FEATURED PLANT : CHRYSANTHEMUMS


Chrysanthemums or “mums” are one of the most popular fall perennials for the garden. The genus *Chrysanthemum* belongs to the aster or daisy family (Asteraceae) and consists of over 200 species. Although we think of fall as being chrysanthemum season, there are actually three different types of blooming mums: early bloomers, early fall bloomers and late fall bloomers. Early bloomers often begin flowering in late July, early fall bloomers show off blooms in September and late fall bloomers start in October. They will continue to bloom for four to eight weeks.

Chrysanthemums are divided into two basic groups, garden hardy and exhibition or florist mums. The mums you buy are frequently referred to as “hardy mums.” They are able to produce an abundance of small bloom with little if any assistance, such as staking and withstanding wind and rain. Exhibition varieties require staking, overwintering in a relatively dry cool environment, and sometimes the addition of night lights. They won’t survive transplanting to a garden. Plant your mums in well-draining soil mixed with organic material such as compost or peat moss. Mums love the sun. The more light that they receive, the better their growth, bloom and hardiness. Mums can reach up to 3 feet in height and width. They require even moisture for best growth. Mums are pinched throughout the growing season. This helps the plant branch out and offer more blooms. When your plant reaches 6 inches tall in the spring, pinch off 1 inch of each shoot. Repeat every 2 to 3 weeks until early summer. Deadhead spent blooms throughout the fall and winter and clean up the dead stems and foliage. Feed monthly from early spring through July with a balanced fertilizer. Over time the center roots of the plant may become old and woody, while the outside roots are younger and healthier. They may need to be divided. Spring is best time to divide your mums. Mums are propagated through division and cuttings. Source: Wikipedia, osuextension, gilmour.com

FALL PLANTING

- Tulips and hyacinths need a period of chilling. Place bulbs in refrigerator for 3 months as a substitute for the cold winter they do not receive in our climate.
- Many of our native plants are just coming out of summer dormancy so fall is the beginning of their growing season.
- Tuberous begonias fare much better near the coast, than they do 15 or more miles inland.

COMING EVENTS IN DECEMBER



THE ULTIMATE ROMANTIC COMEDY
loveactually
In Concert

Social Connection

Hugh Grant Liam Neeson Colin Firth Laura Linney Emma Thompson Alan Rickman Keira Knightley Martine McCutcheon Bill Nighy Rowan Atkinson

The Ultimate Christmas Comedy
'Simon says'

MOVIE NIGHT
LOVEactually

December 14th – 6.00pm Showing at the Pavilion

Please sign-up as spaces are limited to 30 – Thank you



Social Connection

Party in the Park
Mark your calendar
Saturday December 31st 5.00 pm
Join us at the Clubhouse for fun, live-music, food and drinks
Full details in Decembers Hilltopper

Happy New Year



POTLUCK
PLEASE JOIN US FOR A CASUAL FREE HOLIDAY PARTY
December 16th | 5:00 to 9:00 pm

- Bring your favorite main dish, side dish or dessert suitable for 6 people
- BYOB

MUSIC PLAYLIST & DANCING | 50/50 drawing
OPTIONAL WHITE ELEPHANT GIFT EXCHANGE



Gift exchange is optional
→ Bring a wrapped gift maximum value \$15
→ This might be a gift at home you have received and would like to regift

Brought to you by the PEW Social Connection
Please sign up at the club house. Park residents only.



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Holiday Band and Bingo!

Attend SPARC's Band and Bingo event where you can enjoy FREE festive live music and play bingo with neighbors and friends!

Date: Tuesday, December 20th
Time: 11am-1pm
Location: Palomar East Clubhouse

- Free Lunch
- Bingo Prizes
- Live Music
- Max of 40 residents may attend
- Sign ups are mandatory. Call the office to sign up! Sign up in the office!
- Lunch options are being discussed and will be posted in November.

Sign up in the office for this exciting event! Deadline to sign up is December 15. Don't wait, space is limited to the first 20 residents who register. Only those first 20 will be admitted.