

HILLTOPPER

APRIL 2023

PALOMAR ESTATES WEST



Onsite Management

Maintenance: Felipe Diaz

Office: Debbie Bartlett

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

SecurityPatrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

E-mail: Palomarestateswest@gmail.com

After hour emergencies only:

(888) 518-6064

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concourse Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

Director of Resident Services: Stacey Kazmierski

MILLENNIUM MEMO

“Some North County CEA Customers Will See 8% Savings Compared with SDG & E This Year.” Jan. 30, 2023
San Diego Union-Tribune.

As of April 1, the California Energy Alliance (CEA) will be the City’s official electricity provider. That’s a little like saying Little Caesar’s is the NFL’s official pizza: you don’t have to use them, but in this case, you’ll become a CEA customer unless you “opt out.”

Entities like CEA are all the rage these days. Cities partner with them to help meet their Climate goals. According to the flyer you received, you have these choices: (1) using 50% “clean” energy, (2) 75% clean, (3) 100% clean, or (4) stay with SDG & E. The cost goes up as you go “cleaner.” If you do nothing, you’ll be assigned to CEA’s 75% plan.

You have 60 days from April 1 to make your decision. You can change your mind later, but you may have an “exit fee” that’s waived if you become a CEA customer now.

We asked for someone from CEA or SDG & E to come to the Park to explain all this, even offering a free breakfast (we’re talking French Toast!). They aren’t able to do that, but you can visit TheCleanEnergyalliance.org or call (833) 232-3110 with any questions.

I have no opinion on this and am not offering any advice. It’s just that when it comes to electricity, I’m trying to stay current.

In Other News

- The new pool lounges finally arrived. If it ever stops raining and you get a chance to use them, let us know what you think.
- Now that you have individual trash collection, please remember to put your cans at the back of the driveway after they’re emptied. Don’t leave them on the curb or towards the front.
- This month’s Kudo goes to Marcia Brown, for “keeping everything well-stocked with paper goods, soap, hand sanitizer...” Thanks so much, Marcia.
- I’m not sure what it takes to end a drought, but apparently, it isn’t rain. Despite all those storms, San Marcos’s watering restrictions are still in place, at least as of the day I’m typing this. I guess we’ll keep conserving.

As Easter Approaches...

Did you have a good Lent? In my case, I tried giving up luncheon meat, but I just couldn’t quit cold turkey.

Have a Happy Easter and a fun St. George’s Day (April 23).

George Turk

Please join us!

for the

Women for Women's Retreat

No Charge for Admission!

Hosted by SPARC

Deli Lunch Included

Saturday, April 1, 2023

9:00–4:30 p.m.

(you can join us or leave whenever you must)

Palomar Estates East Clubhouse

→ For residents of Palomar Estates

East and West & Rancho Valecitos only.

(40 from East, 20 from West & 20 from Rancho Valecitos)

To register:

See the sign-up sheet in your park's clubhouse.

Questions?

Call:

Michèle Silva
Space #212 PEE
(925) 596-1968



Topics include:

- Enhancing relationships with loved ones
- Increasing self-love
- Medication safety and more!



REMINDERS

- All guests must be accompanied by a resident when using any of the amenities.
- Residents only are permitted to use the gym so please don't give the code to anyone.
- Don't forget that your trash, green waste and recycle bins need to be stored at the back of your driveway, not by the street.
- As always, don't forget to pick up after your dog.

Bank Rent Payments

Many of you that are still paying your rent through your bank are under the impression that when you request the payment it is electronically paid. This is not the case. The request you program to your bank means that they take the money out of your account, send it to a third party vendor who then cuts a check and mails it to us. Some of these third parties are out of state. All of this takes time causing checks to arrive late to the office and therefore resulting in late fees. Please plan ahead when paying your rent in this manner. Remember also that there is still the option of signing up for the online payment portal through our billing company. This option guarantees that your payments will deposit on time.

USPS Box

We are still finding rent checks and other office communications in the USPS box. We would like to remind everyone that this is against the law. Even though we maintain the boxes they belong to the Post Office. Please don't a chance that the Postal Carrier won't remove the items you leave in the box.

Late Fee Confusion



There seems to be some confusion on when late fees are applied. So here it is! Rent is due on the 1st of every month but we give you a 5 day grace period to get your payment into the office. That brings the rent due, without penalties, to midnight on the 6th. If the rent is not in the office (or one of the boxes) on the morning of the 7th (or closest business day) it is late and the billing program automatically charges the late fee.

FROM THE PEW BOARD

Remember the saying, “April showers bring May flowers.” I think this year Mother Nature may have gotten confused over which month we are currently in because we have had PLENTY of showers and we are just getting into April. Our May flowers should be spectacular this year! Already the African daisies are turning our hillsides into a carpet of purple and white, a sure sign that spring and warmer days are on the horizon. And, I am looking forward to my little yard changing from a wading pool and again becoming a grassy spot for my dog to sunbathe.

Just a few new topics to report and a few reminders on old topics for everyone.

PEWRA membership – it is not too late to pay your PEW membership dues. The annual dues are only \$5.00 and your membership fee supports a multitude of activities and expenses that are available to you as a resident of Palomar Estates West. In addition, when there are issues that require the input of all residents your membership dues entitle your household to vote on those topics. As an example, there may be an election to determine who will fill vacancies on the PEWRA Board this year and only residents who have paid their membership dues can vote for their choice of candidates.

PEWRA Board positions -there will be 4 open positions on the PEWRA Board for the next fiscal year and residents interested in volunteering to fill these positions should notify Tricia Spears or any board member. I would like to encourage anyone who has an interest in the governance, enhancement and activities of our exceptional community to consider being a candidate. A year ago, while complaining to my daughter about something on my annual inspection report, she challenged me to either ‘be part of the problem or be part of the solution.’ (I really hate when she proves to be a wiser and more rational adult than I.) But her statement did ring true and so..., I have spent this past year witnessing firsthand how dedicated and steadfast so many residents of PEW are in supporting our community. I can personally attest to the admiration I have for the group of board members, management personnel and the many, many selfless volunteers who orchestrate all the monthly activities and their dedication to the welfare of the residents of PEW. The teamwork and support from all is remarkable and the feeling of ‘a job well done’ is so rewarding. Again, I encourage you to join us and consider serving as a board member.

April 15th Dumpster Day – do not forget that on April 15th there will be a dumpster for disposal of items too large for our household trash containers. The dumpster will be located in the parking lot area of the clubhouse and there will be volunteers to assist you with the process. If you have questions beforehand about what can be discarded, etc., you can contact Jesse Nieto. If you would like to hire someone to transport your trash to the dumpster, please reach out to one of Felipe’s crew members. There is also information in a separate Hilltopper announcement.

Pool Furniture – the new lounge chairs have arrived! Thanks to the transit gods, they finally made it to California before the first day of spring (March 20) and now in partnership with the restful pool gazebo, the swimming pool area is ready for residents to use to enjoy our springtime weather.

One final reminder regarding park security. The park security firm performs periodic patrols of the park during evening hours. However, if you have an emergency call 911. If you have a police matter concern that is not necessarily an emergency, call the San Marcos Sheriffs station at 858-565-5200.

Jo Gehringer

Volunteer Board Member

559-779-6404

jogehring@yahoo.co



Mariya Nikoloyev	1
Richard Engle	3
Valerie Mitsakos	5
Marc Froning	7
John Poortenga	8
Bill Schlafer	8
Stan Lindsay	9
Julie Shryock	11
LuAnn Foster	13
Linda Farrington	15
Margaret (Jean) McDonald	18

Christine Bauder	19
Malia Campbell	19
Heike Corbiel	19
Danny Cobb	20
Trish List	21
Suzanne Andrew	27
Edward Cosgrove	27
Andrea Hoehn	27
Chris Craig-Jones	28
Linda Perkins	28
Jane Craig-Jones	29

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.



Directory Changes



Please make the following additions and corrections to your park directory

DELETE	ADD	PHONE NUMBER
36	Tom & Cristie Christ	760-889-3499
31	Elizabeth Szafranski	760-402-9792

Phone Number Corrections

439	Linda Fraser	760-290-1038
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DUMPSTER DAY!!

PALOMAR ESTATES WEST CLUBHOUSE
DATE: APRIL 15, 2023 – 8:00 AM to 1:00 PM

Discard your old/useless household items. Please read the following list of what is ***NOT*** accepted for dumpster disposal. This service is provided for PEW residents only. No outside trash items will be allowed. For a fee, you can contact a member of the PEW maintenance crew for assistance in getting items from your home to the dumpster.

ITEMS NOT ACCEPTED IN THE DUMPSTER

APPLIANCES (Stoves, ovens, microwaves, water heaters, washer/dryers)

AIR CONDITIONERS/SPACE HEATERS/ FURNACES

AEROSOL CANS

BATTERIES

CERAMIC ITEMS (tiles, dishes, etc.)

CONCRETE ITEMS

COOKING OILS

DIRT

ELECTRONIC DEVICES (VCR'S, cell phones, televisions, etc.)

LIGHT BULBS/FLUORESCENT TUBES

HAZARDOUS WASTE OF ANY TYPE (flammable liquids, car batteries etc.)

MIRRORS

MATTRESSES

MOTOR OILS

PAINT OF ANY TYPE

TIRES

WINDOW GLASS

QUESTIONS: Call Jesse Nieto: 408-666-8088

RESIDENTS ASSOCIATION BOARD

President: Tricia Spears
Secretary: Jo Gehringer

Vice President: Cathie Byrd
Treasurer: Michael Wilkinson

Members

Garry Larson, Katie Rodriguez, Dita Kemp

Board Meeting: 1st Tuesday of the Month at 6:30 pm in the Pavilion

SOCIAL CONNECTION

Merlin Chancellor – Chairperson, Eileen LaLone – Treasurer, Marilyn Ferri – Secretary
Cathy Bassett, Herlinda Mahler, Cathie Byrd, Margaret Scotto
Rusty Bassett, Angela Sirota, Simon Spears

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Jansi Sauer, Linda Swink, Lynn Thomas, Mary Wallace, Becky Zane

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Lee Tydlaska, Liz Larkin

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Alternate: Sheila Miller

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Aqua Exercise	2:30 pm Tu & F	Trish Coy	760-536-9338
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	1:30 pm M	Connie Krell	760-734-6522
Darts	6-8 pm Th Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am- 8 pm Daily	Debbie McQuillan	858-663-2822
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Hand & Foot	1:00 pm W	Kim Stevenson	760-703-4872
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Melissa Szilagyi	760-216-7182
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab	Open as needed.	Rusty Bassett	619-301-9551
Lending Closet		Jesse Nieto	408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8am-10am M-W-F Pickleball Club Group play Beginners are welcome!	Margaret Scotto	714-501-4345
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness		Mary Wallace	619-887-0700
		Bryan Cooper	858-342-3335
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Merlin Chancellor	661-670-1336
Tai Chi	9-10 am Th		
Tennis	9 am W & Sa	Rob Edwards	760-807-5683

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution- Jansi Sauer 509-421-7431

The Hilltopper does not publish articles submitted anonymously. The Hilltopper may edit articles for publication and will not publish anything of a political, medical, or religious nature.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE- USE AT YOUR OWN DISCRETION.

If you notice any errors on the list, please contact the Hilltopper at pewhilltopper@gmail.com

April 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
						Breakfast 8:30 am Tennis 9 am
2	3	4	5	6	7	8
	Live 2 B Healthy Strength & Balance 10 am Garden Club 2 pm Women's Billiards 1:30	Men's Billiards 9am Ping Pong 10:30 am Board Meeting 6:30 pm	Tennis 9 am Live 2 B Healthy Strength & Balance 10 am	Tai Chi 9-10 am Mahjong 1 pm Bingo 6:50 pm Darts 6-8 pm	Live 2 B Healthy Strength & Balance 10 am Hand & Foot 1 pm	Tennis 9 am
9	10	11 Recycle	12	13	14	15
	Hilltopper Submissions Due Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 pm	Tennis 9 am Live 2 B Healthy Strength & Balance 10 am Let's Dine In 5 pm	Tai Chi 9-10 am Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Live 2 B Healthy Strength & Balance 10 am Hand & Foot 1 pm	Tennis 9 am Dumpster At clubhouse 8 am – 1 pm
16	17	18	19	20	21	22
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Dog Park sprayed 9 am Men's Billiards 9 am Ping Pong 10:30 am Cooking with Katie 4 pm	Tennis 9 am Live 2 B Healthy Strength & Balance 10 am Movie Night 6 pm	Tai Chi 9-10 am Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Live 2 B Healthy Strength & Balance 10 am Hand & Foot 1 pm	Tennis 9 am
23 /30	24	25 Recycle	26	27	28	29
	Live 2 B Healthy Strength & Balance 10 am Women's Billiards 1:30 pm	Men's Billiards 9 am Ping Pong 10:30 am Mexican Train 4:30 pm	Tennis 9 am Live 2 B Healthy Strength & Balance 10 am	Tai Chi 9-10 am Mahjong 1pm Bingo 6:50 pm Darts 6-8 pm	Live 2 B Healthy Strength & Balance 10 am Hand & Foot 1 pm	

B R E A K F A S T



A "good day" isn't always PERFECT
It challenges you, It may inspire you
and I know..... it makes me appreciate
all "the little things" in life that we should welcome.
Soooo.....we will always welcome "YOU" to our
breakfast,
simply because...to us...."YOU'RE ALL"
the neighbors that make it special.

April 1st - 8:30, and don't be "foolish enough" to miss it.

Hope to see you there..... *Mikkie*

LET'S DINE OUT PRESENTS: LET'S DINE TOGETHER AT THE PEW PAVILION



WHERE: PEW Pavilion

WHEN: *Wednesday, April 12*

(Doors open @ 4:30p & Dinner served at 5:00p)

MENU: *Chef Rachel Ray's* Rosemary Pork Loin Roast, Garlic Mashed Potatoes, Roasted Seasonal Veggies, Roll and Butter, Dessert. **BYOB**

COST: \$15.00 PP

HOW TO RESERVE YOUR SEAT: *Drop your payment by April 5th (cash preferred) at either #329 (Cathie Byrd) or #86 (Cathy Bassett). THERE IS NO SIGNUP SHEET.YOUR PAYMENT CONFIRMS YOUR SEAT.*

QUESTIONS? Call Cathie @ 530.417.5186

Briggs Property Update

For those of you who don't know, the Briggs property located on West San Marcos Blvd directly across from Palomar Estates West was scheduled to be rezoned from agricultural to very low density residential (four 2-story residences per acre with a minimum 10,000 square foot plot). The vote is to take place sometime in the spring.

The Office of the Mayor informed us this week that the owners (Briggs) would like to rezone the land for condominiums. There is a San Marcos General Plan Update meeting scheduled to take place:

Tuesday, April 11
9:00am – 11:00am at the
Valley of Discovery Room at City Hall
1 Civic Center Drive, San Marcos


The staff has no plans to change the General Plan to rezone the land to high density, however, the City Council can be the final say when it comes up for a vote in the spring. It seems like there are mixed messages coming from the City Council and the Mayor's Office so hopefully we can stay ahead of any potential changes.

A rezoning to high density residential will have a negative impact on the already heavy traffic on San Marcos Blvd and local resident's quality of life. Please notice the date and time of the meeting which means many of our younger neighbors will be working and not be able to attend the meeting. It is up to us older retired residents to show up and make our voices heard.

Below is a list of City Council members and their contact information:

District 1	Maria Nunez	mnunez@san.marcos.net
District 2	Mike Sannella	msanella@san.marcos.net (Briggs property located here)
District 3	Sharon Jenkins	msanella@san.marcos.net (Palomar Estates West located here)
District 4	Ed Musgrove	emusgrove@san.marcos.net

Submitted by Cindy Palermo



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday, April 18th
Time: 4 pm - 5:30 pm
Location: Palomar West Clubhouse

Demo: Casseroles
Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 35.

PALOMAR WEST GARDEN CLUB

Greetings garden enthusiasts! Spring is just around the corner and our March speaker Rob Wood fit right into the theme of things. The turnout was spectacular and audience participation very inquisitive. His Monarch Universe presentation was quite eye opening and thorough. Native milkweed was sold after the highly educational discussion. We should now have the tools to assist the monarchs on their journey to recovery. Thanks again Rob.

A million thanks to Shevaun Teegarden for the impeccable spread she provided for our enjoyment. The St. Patrick's theme ran throughout the goodies and table decorations. Outstanding display, you really know how to bring it!

This month's field trip was to Water Wise Gardens. Since it was the first Saturday of the month everyone got to pick out a free one gallon succulent. Water Wise has really turned the first Saturday into an event with free activities for the kids and multiple vendors. It was quite a buzz of activity!



Our meeting in April will have Herb Fields speak around the topics of pest prevention and mitigation. Herb also has a seedling event in April. Details are as follows:

On Saturday April 8th from 9am-1pm he will be distributing over 800 organic vegetable seedlings. All plants are \$2.00 each to cover soil and pots. There are 35 varieties of tomatoes, 15 of cucumbers and half a dozen of squash plus some herbs. All plants are in 6" pots so they will be ready to plant. Limit is 10 plants per family.

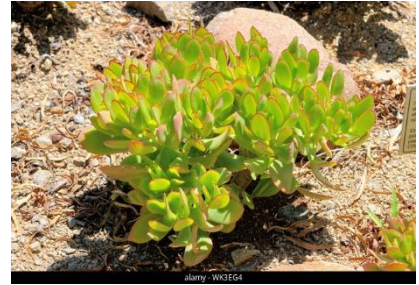
1312 La Granada Drive, San Marcos, CA

GARDEN TO-DO LIST FOR APRIL

- It's time to plant herbs, even tender ones like basil
- Plant summer-blooming bulbs like cannas, irises, and tubers, like dahlias.
- Thin marble-size fruit on apple, plum and peach trees.
- Tip-pinch plants like fuchsia, basil and salvia.
- Feed subtropicals like bougainvillea, hibiscus and ginger to promote spring growth.

FEATURED PLANT FOR APRIL: JADE PLANT *Crassula ovata*, commonly known as jade or

money tree is an easy-to-grow houseplant but in warm climates like Southern California growing jade plants outdoors is an excellent option. In our warm climate the plants look terrific in the garden, but all look just as excellent indoors. As container plants they grow 2-5 feet tall. Outdoors they can top out to 6-10 feet tall. They are slow growers so their size and shape can easily be controlled with regular pruning and shaping. The stems and leaves are quick to form new roots. They need very little water,



and are tolerant of poor, dry potting media and being root bound. This makes Jade a good choice for people who tend to neglect their plants. When growing a Jade plant indoors aim for at least six hours of bright, indirect sunlight per day. A south-facing window is ideal. All parts of the plant are toxic to cats and dogs. In the garden Jade likes quick draining soil, as their roots can easily rot. They grow in full sun to pretty dense shade, however 4-6 hours of direct sunlight is ideal for outdoor plants. Jade can tolerate drought but their foliage can become tinged red or wrinkled and shriveled when stressed from too little water. A deep watering weekly or biweekly is good with an annual spring fertilizer for cacti and succulents. They may form short-lived white-pink blossoms which should be deadheaded after their bloom.

Mealybugs are a common pest so check them regularly for these pests, as well as scale and spider mites. *Source: gardeningknowhow.com, the spruce.com.*

THINNING IMMATURE FRUIT

- Thinning is done to increase fruit size and quality and to prevent limb breakage.
- Apples, pears, peaches, plums are usually thinned; cherry and nut trees are not.
- Don't over-thin, as many fruit trees experience "June Drop", a natural occurring event.
- Many gardeners do not thin citrus; limbs of this genera are stronger than most fruit trees.

Ann Kreile ran across a great list for garden tour lovers Take a look

The Feb. 17 edition of the San Diego Union-Tribune published an article called "A Guide to 11 of the Most Vibrant Gardens and Flower Fields" referring to places to go to see spring flowers in San Diego county. Here they are.

Note - the Botanical Building in Balboa Park is not included because it will be closed this spring for renovations.

Alcazar Garden - 1439 El Prado

Alta Vista Botanical Garden - 1270 Vale Terrace Drive, Vista

Desert Garden - northeast side of Balboa Park

Flower Fields at Carlsbad Ranch - 5704 Paseo Del Norte, Carlsbad

Inez Grant Parker Memorial Rose Garden - Balboa Park

Japanese Friendship Garden - 2215 Pan American Road E, San Diego

Kate O Sessions Cactus Garden - 2150 Pan American W Road, San Diego

San Diego Botanic Garden - 300 Quail Gardens Drive, Encinitas

Trees for Health Garden - NW corner of the Cabrillo Bridge at Balboa Dr and Quince St

Water Conservation Garden - 12122 Cuyamaca College Drive W, El Cajon

Wildflowers in Anza-Borrego Desert - County Highway S22, Borrego Springs



MAKE A DIFFERENCE Join the PEWRA Board

There's no better way to get involved in your community than to join the Palomar Estates West Residents Association Board.

If you are interested in representing the interests of your fellow neighbors and wish to contribute to the growth of the community, then this is the perfect opportunity for you.

Please contact Tricia Spears (951-203-4945/spearstricia@yahoo.com) or any board member if you would like more information.

Interested? Send an email and brief Bio by May 5th

CINCO de MAYO

A Social Connection Event

Live Band

\$15.00

938079304

WHEN: FRIDAY May 5th 5:00-9:00

WHERE: PEW PAVILION

Music, Margarita Bar (virgin), Taco Bar, Chips/Salsa

SIGN UP AND PAY BY APRIL 29th IN THE CLUBHOUSE. YOUR PAYMENT CONFIRMS YOUR SEAT! CANCELLATIONS AFTER APRIL 25th NON-REFUNDABLE, MAKE CHECKS PAYABLE TO "SOCIAL CONNECTION"

MOVIE NIGHT

THE FABELMANS

April 19th – 6.00pm Showing at the Pavilion

Please sign-up as spaces are limited to 30 – Thank you



DIRECTED BY STEVEN SPIELBERG

THE FABELMANS

WRITTEN BY STEVEN SPIELBERG & TONY KUSHNER



Have You Noticed Our Lovely Art Gallery?

The PEW Art Gallery is located in the Pavilion (the large room with stage and dance floor) of our Clubhouse. When you come into the main entrance from the lobby, look to your immediate left and right; voila! the walls contain beautiful works of art by our PEW residents. There are actually three walls, one by the pool side wall as well. This gallery has been there for several years; the current coordinator is Ann Kreile, who is a wonderful artist herself. Her medium is watercolor; if you are paying attention, you've seen her work elsewhere. Look at the cover of your 2023 Park Directory and you will see her lovely watercolor entitled "Contemplation". Below is Ann Kreile between two of her water colors

There are presently six artists whose work is displayed every six weeks or so. There are eight pieces hanging currently, and other art work or photography is always welcome.



There are guidelines for submitting your work: it must be framed, with a wire on the back. The coordinator will hang the pieces, and will let you know when to submit your work.

A "Changing of the Guard" is coming up soon. Ann is stepping down after two years, and Herlinda Mahler will be the new Coordinator; welcome Herlinda! Stay tuned for the May issue of the Hilltopper for more info, and some

changes to the gallery. If you are interested in submitting your work, information will be published in the May Hilltopper.

Many thanks to Ann for her excellent work, and welcome to Herlinda; we know you too will do a great job. We are so fortunate here at PEW to have such talented people in residence.

~~~Nancy Sims

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## Are You READY?

### **Resident Emergency Assistance Dispatch (By and For) You**

The PEW Ready Team is being revived. This was an ongoing active team before Covid came along. As one of the original members, I am reviving this team. I have contacted some of the other team members and they are rejoining the team. We will rebuild plans on how to help our community respond in the face of disasters we hope never happen. However, living where we live, we should not just hope for the best.

If you are interested in hearing more about the team or our plans, please contact me. We welcome your suggestions and your participation.

**Mary Wallace – 619-887-0700 (mobile) – [READY4PEW@gmail.com](mailto:READY4PEW@gmail.com)**

## **COOKING WITH KATIE – RECIPES FROM THE LAST COUPLE MONTHS...**

### **THAI WONTON SOUP**

1 box Miso Broth or Chicken Broth  
1 pkg frozen Chicken Cilantro Wontons  
or Pork Gyoza  
1 jar Red Curry Sauce  
1 can Coconut Milk  
4 green onions, diced  
1 pkg Bok Choy, chopped  
Fresh basil

In a saucepan, combine broth, curry, coconut milk and green onions. Heat thoroughly, then add frozen wontons and bok choy. Heat on a low simmer for 5-6 minutes. Finely dice basil leaves and sprinkle on top before serving.

### **MEDITERRANEAN ORZO SOUP**

1 box Chicken Broth  
1 container Mediterranean Orzo Pasta Salad  
1 container grilled Lemon Pepper Chicken, chopped in bite-size pieces  
1 bag organic spinach, chopped (6 oz)  
Juice of one lemon  
Feta Cheese

In a saucepan, heat broth. Add salad contents, spinach and chicken. Heat thoroughly until spinach is wilted. Add lemon juice. Sprinkle feta cheese on top before serving.

### **SALSA SOUP**

1 box Roasted Pepper and Tomato Soup  
1 jar Salsa Authentica  
1 bag Chimichurri Rice  
1 can Pinto Beans, drained and rinsed  
Corn Dipper Chips, crushed  
Cilantro, chopped  
Avocado, diced  
Chicken (optional)

In a saucepan, combine soup, salsa, rice and beans. Heat thoroughly. Serve in bowls with crushed tortilla chips, cilantro and avocado.

**JAZZY JAPANESE FRIED RICE**

1 bag Japanese Fried Rice  
Coconut oil  
2 garlic cloves, minced  
1 T minced ginger  
1 leek or 3 green onions, diced  
½ bag baby corn  
½ bag organic baby spinach  
1 block baked tofu, diced  
Coconut Aminos

Saute the garlic, ginger and onions in coconut oil. When golden, add rice. Microwave baby corn for 2 minutes and cut each ear in half. Add corn and tofu to rice mixture and heat gently. Chop spinach and add. Heat well. When plated, add a few shakes of Coconut Aminos.

**POORMAN'S CAVIAR**

1 tub fresh bruschetta  
1 box pre-cooked lentils  
1 tub crumbled feta

In a bowl, crumble lentils with your hands, and add bruschetta. Mix thoroughly and toss with feta. Serve with chips or add a bag of baby spinach for a delicious salad.

**BEST CRANBERRY CHICKEN**

2 to 3 lbs boneless chicken thighs  
1 white onion, chopped  
1 8-oz can of whole cranberry sauce  
1/3 C ketchup  
1/3 C brown sugar  
2 T balsamic vinegar  
2 tsp Dijon mustard  
White rice

Pre-heat oven to 375 degrees. Arrange thighs in a dish and bake for 25 minutes. In a saucepan, combine cranberry sauce, onion, ketchup, sugar, vinegar and mustard. Simmer until it looks like a glaze. Remove pan from oven and pour over chicken. Return to oven and bake at 400 for an additional 20 minutes. Serve over white rice.